

Creative Evolution

Light Intel Article Collection 2014 by Sandra Walter

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Light Flows Entering Gaia This Week

January 13, 2014

I was guided to go up on Shasta yesterday and do Gatekeeper work. Every time this occurs, we get a wave of light – witnessed sometimes as magnetic storms, flares, or solar wind blasts – within 48 hours. Between the light entering right now (good litmus test for your process; it is VERY strong today), the Full Moon on Wednesday, and the intersection with the path of ISON on the 16th, it's definitely a high-vibe week.

ISON's dust trail is highly charged with new light particles bringing new forms of life and support for the upcoming masks-off-kachina months. It is also billions of years old and highly radioactive, so if a rock lands in your yard, don't touch it. And don't call the News. Let it anchor what it is supposed to anchor and keep it outside on Gaia.

More Division of Experiences

(note: this isn't judgment, it is Spiritual Maturity):

1. Folks on the Ascension Path will feel expansive in the chest and crown, Light-Hearted, dizzy from the magnetic balancing act of Gaia, and giggly as our DNA and DMT kicks up a notch. Integrate the Higher Self as deeply as you can; your Higher Levels may make you feel like you're on psychedelics at times. Water, rest, and exercise for the integration into the body.
2. Unawakened-to-the-Light folks will be triggered emotionally, mentally and physically – that is ongoing as the frequencies increase. Confusion, outbursts, and distortions are heightened in the lower levels.

Evolution is Evolution

The collective does not have a conscious choice as to whether or not mass awakening will occur. It already has, and their Higher Levels are in on the plan of how this unfolds in our collective reality. This is one of the fun parts of awakening; remembering you were in on the game the whole time. Keep this in heart as people awaken and remind them of how brilliant this passage is right now.

BE the path of Mastery

- Let us Be patient – patient as the Ascended Ones have been with us. You should feel this now; the patience of true Mastery.
- Don't take the collective shattering personally. Use emergency guidelines here: affix your mask first before assisting others. If someone is flailing, you cannot

save them from drowning if they grab onto you. Get them to relax or brace yourself for a struggle if you insist on engaging with them.

- Anchor this light into the Planet and HUmanity as best you can. Be the Higher YOU in this realm, right here, right now. Bringing Heaven to Earth, one moment at a time.
- Focus, dear Wayshowers. BE the example of Ascension, and treat others with detached compassion. Walk away when it feels like you are trying to fix something that cannot accept your help. I know it's hard to watch, but so be it. The waves are waves for a reason; one big blast of this and ... well, you can see what would have happened to HUmanity if this were a one-moment-one-big-pop kind of dimensional Shift.

I anticipate there will be phases of hide-from-the-crazy-people coming up. Times when we will be so deep in our Ascension that the outside world will have to wait for our assistance. We are not there yet. Be the Light and do not apologize for the affect you have on others. It is purposeful. Level up and be the Unconditional Love for our dear brothers and sisters.

Align with the Heart Center

Put your hands on your chest and feel your Heart Center. That's not a chakra, it is the Source-Point of your existence. Within the Heart Center resides the intense Omnipresent Light from which all of your experience comes from. If you choose to align with pure Source Light Intelligence in this journey through the Shift, everything important will be generated from here.

Take a moment to feel it. Find your Source-Point. Sense where it is in your chest. Put your hand over it and anchor into it. Breathe into it and exhale a Heart breath (Ahhhhh). Align with the Self-as-Source. Feel the flow of pure light through the heart which connects you to Source. Your pure Creator-beingness, without ego, spiritual ego, or separation of any kind. Stillness. Peace. Calm. Feel the entire experience within your Heart. You as an aspect of God, and God itself. No separation, no judgment, absolutely unconditional. Let all of the interruptions of the mind, emotions, ego and the external world be un-created.

Every time you hold this stillness – the absolute calm – even for a second or two – your cells will begin to regenerate in alignment with your true beingness. Rejuvenation is important for DNA activation and keeping up with the increasing frequencies. We spend a lot of time releasing and clearing; be sure to balance the shed of the old with focus on the New.

Grounding in the Body for the Full Experience

Fifth dimensional consciousness and beyond is a consistent, unwavering experience of Unity. Oneness. We say it is a state of Divine Love, Divine Will, Divine Unity because the experience of pure Source-point was not available in 3D or low 4D.

You must stay in the body to integrate the Higher Self into it. Stay with the planetary flow, align with it. Gaia feels like standing on a boat in a storm on some days – we need to be the calm one on deck. There is an underlying energy that IS 5D Gaia – align with this, through your Source-Point in the Heart Center – and stay there. It is your refuge, your balance, your support as the waves rock our collective reality and the mighty ship Gaia.

Tracking the Shift: Clarity on Light Waves

January 22, 2014

Blessings Dear Light Tribe,

After much deliberation, energetic adjustments and clarity from my Cosmic Team, I have accepted my changing role in this unfoldment of New Light of 2014. As always, we have to fully accept missions of service in order to activate them. Divine Will *is* Free Will when you choose higher levels of Ascension. Surrender is much less painful than resistance to the Divine Plan.

Ancient Roots of the Divine Plan are Blooming in this New Light

Some of the intel has been on hold while I went through a series of energetic changes. I feel it is important to be clear and direct in my delivery. There is such joy, both personally and on a Galactic level. I love how it is all coming together for the 2014 Shifts.

It will take me a few articles to share what is occurring, along with the whys and hows, which is part of my role as an Interdimensional Liaison. I may share what is happening in my personal journey as well, for those on the path to Transcendence.

This series will include the New Light Waves of 2014; Side-effects of the New Light; Levels of Awakening, Ascension and Transcendence; and Telepathy/Interdimensional Teleportation. Stay open, beloveds. Here we go.

The New Light Waves of 2014

An overview of the New Light waves coming into our planet and consciousness in the first half of 2014.

What the Waves Are

Surges of highly charged particles of encoded photonic light.

How the Waves Get Here

For energies directed at Gaia, the chain looks like this:

Source -> Multiverse center -> Universal Center -> Galactic Center -> Star Systems (Sirius, Big Bear, Alcyone (Pleiades), and others involved in the Galactic Shift -> our Sun -> our Solar System -> Earth.

It is the waves of light themselves which trigger our Sun, not the other way around. The Sun serves as an interpreter and filter, directing encodements and photonic rays toward areas of the solar system which are up for an activation. Some Solar activity is intended for our neighbors; let us remember that all planets in our system are going through the Shift.

Heightened Activation

The Photon belt is an area of space which creates evolutionary changes. When our Solar System passes through a highly charged area of the Photon Belt, the energy is stepped-down by our Sun. It is a Solar Interpretation of Photonic Light. On a visible, linear, trackable level the Sun creates a Flare, CME, or accelerated Solar Wind stream.

This is an *immediate activation* for those on the Ascension Path. You are feeling the flares when they happen, not when the waves of energy hit our magnetosphere. A day or so after a flare or CME (used to be 36-48 hours - that is getting shorter now), the energetic waves hit the planet in linear time for integration into the grid systems.

Gaia takes the activation from Solar activity as immediately as we do.

If you are one of the folks feeling the flares or CMEs at the instant they happen, or precognitively, you understand that Gaia is receiving the same intel in the same way. Unity consciousness is connection with all of creation, so your connection to our immediate neighborhood (Sun, other planets) will become stronger.

Activations happen upon the flare or CME in accordance with Cosmic timing. If you are precognitively sensing the incoming waves prior to a flare, CME, or Solar wind stream, it means your higher levels are part of the Galactic teams assisting with the waves.

Integration of the New Light Teams

Electro-Magnetic effects are balanced and assisted by grounded Gatekeepers and lightships flying over grid lines and energy vortexes. Grid systems and vortex areas are used to balance the incoming waves for optimum affect and minimal damage.

This is why you may see lightships flying similar patterns. It is also why places like Shasta and Sedona look like busy space-ports: many grid lines, both Earth grids and Crystalline Grids, cross at sacred sites and vortexes. Lightships are working the grid lines and energy flows from above. Lightships tend to signal (hail, flash, send energy through) Gatekeepers on the ground as part of a multidimensional operation – the *Integration of the New Light* teams.

Integration Means Permanent Change

Integration happens quickly now. Primarily because the buffer between cause and effect is disappearing, so our perception is moving into Zero Point. Secondly, we – both on and off-planet teams – are getting much better at all of this.

We are being trained to live day-by-day, moment-by-moment. If you surrender to the not-knowing, truly dropping all of the baggage of past beliefs, emotions, habits and systems, then the wisdom of this New Light can come into your lifestream.

Complimentary material from last Spring on letting go and light codes: <https://www.youtube.com/watch?v=ihI1UVE1Kko>

Side-effects of the New Light

January 24, 2014

It is best not to be preoccupied with the side-effects of these intense waves. The goal is expansion of consciousness and a dimensional shift. The body, if commanded and supported to do so, will complement this journey as best it can.

A lot of folks have been asking about pronounced symptoms. There is a very detailed module on Body Consciousness in the [Ascension Course](#), which covers everything the body will go through during Ascension, and how to support and accelerate that process.

Personally, I AM not one to dwell on symptomatic side-effects of the Ascension Process. Every side-effect is purposeful and will demonstrate:

- what is happening in your process
- present things to you which much be released in order to go further
- pinpoint areas of the body which store deep emotional baggage which cause dis-ease, aging, decay of the physical structure

Remember we are taking the body right through this journey, up to the point of transcendence where it becomes transformed into a more crystalline-based projection.

Every dis-ease is caused by emotion, and amplified by the mind and ego through behavior, habits and beliefs. Symptoms which are not related to releasing are what I would consider a true Ascension side-effect.

Collective Side-effects

We are a collective consciousness here – no matter how independent you get from the collective, you are still subject to the effects of new light on the planet. Some folks synch with the planetary consciousness and feel her adjustments, some align with the Sun and feel the influence of Galactic frequencies coming into our Solar System. Regardless, there are some upgrades, activations and accelerations which occur en masse, affecting many people in a similar way.

Body Vehicle adjustments on a collective level are side-effects of consciousness expansion. The more of us that are ready and willing, the more the collective can receive. This is a multidimensional operation; a coordination between us and the higher teams of light

beings, star families, and guidance realms who are consciously working on the Ascension project playing out here on Gaia.

Magnetic balancing is why we had a group of people falling down with vertigo last month. A big magnetic adjustment occurred, and when we started whirling to the ground, our Higher Selves (who are working with the Galactic teams) made adjustments when they saw us stumbling. Sorry everyone, this is a first time for all of us! This phase is a magnetic balancing act, and there will be strong magnetic shifts for the collective coming this Spring. So we were experimenting with a few volunteers. Great service, everyone. Thank you.

Solar activity hits the cardio vascular system first, so the thymus flutters, pinpoint tingles in the chest, shifting in the chest, spasm and poking sensations are most likely effects of density release – the more you surrender, the more can be released, the easier (and healthier) your journey will be. Meditation and release are very important as the energies rise; don't let them pool in your internal structure – open up.

Pineal-Pituitary complex activations are common now – be sure to drink a lot of activated water, circuit balance, move and stretch often. Headaches show stress to the system, either through activation or release, so step into your Mastery and take care of yourself.

Two pronounced side-effects of our expanding consciousness and new body templates, which may be disturbing to some, are the Buddha Belly and Cranial Expansion.

The Buddha Belly

These amplified waves of light may accelerate the new gland growth in the abdomen, which some call the Buddha Belly. It has been going on for years and may become more pronounced for those who consciously work with Light.

For clarity: the new glands which form just under the diaphragm, and above and below both sides of the navel, are specifically intended for light integration; support for new levels of light frequency in the body. The old body template could not hold the amount of light coming into the planet without breaking down the nervous system, organs and lymphatic systems. Many dis-eases affect those systems first when a new level of light is taken on in the body.

The new glands – which may be dimensional for a period of time before they become physical – swell the area where they form, and then fill with blood and water as they ac-

tivate. My abdomen grows very large from the ribs to just below the belly button when I work with higher levels of light or teach.

You may have big belly weeks; puffed up one day and gone the next. It can feel quite uncomfortable, however it is not consistently so. If your diet is alive and clean (no sugars, low-vibe grains, alcohol, caffeine or processed foods), you drink a lot of water and exercise, and your abdomen is swelling up and down, this may be why. Women seem to be especially sensitive to this, as well those with Sirian lineage. One day I look six months pregnant, the next day it's gone. It is what it is. Let's abandon any beliefs about ideal body type and go with the higher flow. Drink water, pay attention to dietary changes, wear loose clothing and move, move, move. Pooling of energies cause disease if the body cannot keep up, especially now.

Cranial Expansion

This is a doozy of a side-effect, and probably the strangest one I have the pleasure of Wayshowing. Lines of raised bone begin to appear on the skull, running from front to back. Some follow traditional cranial suture lines, some do not. They lift up, then the area between them fills in. It is subtle at first, then the lines may become more pronounced.

Areas of the head may become bumpy or wavy for a while, then smooth out. The top and back of the head may grow to reflect the elongated shape of societies past. It is the reflection of an ancient lineage, which has nothing to do with your current family monad. Dramatic changes to the skull depend upon your Galactic genetic lineage; that's your star family.

Note: it has to be the bone itself which is growing, all over the skull. This is not growths *on* the skull structure; the skull itself is changing. It is a slow progression, however the raised ridges themselves can be startling if you don't know what is happening. Feel your head and track it if you are interested in this side-effect. Get a trusted friend to feel your skull and check in on it once in a while; this helps in the mind-level proof that some around you may need. Wayshow by being comfortable and open about it.

Cranial expansion serves a few purposes:

- Brain reactivation: dormant cells coming online may need more room, and hemisphere rewiring (dissolving of the membrane between hemispheres)
- Activation of new glandular structures around the brain which assist in higher states of consciousness (it may feel like your brain is wriggling around inside your skull)

- Telepathic communication – for me personally, it is like building a room for higher level communication. This relates to my role of interdimensional liaison, and I will get into telepathy and teleportation in this article series. When I was shown where this cranial expansion is going, I looked like an ancient goddess. That probably won't happen in the physical; it is a metaphoric expression of remembering higher communication skills.

Cranial expansion started for me as a teenager – my best friend and I used to refer to it as my *continental drift* back in High School. It accelerated in 2009 and I have been through a series of rapid changes with it in the past two years. It can be uncomfortable, painful, weird, and you may feel like you are wearing a crown at times. It is very physical, and I AM grateful to understand why this is happening to me. It's just me – all part of my prearranged role here, and I embrace it. Sometimes I embrace it with a head scarf.

Discernment

Leveling up means you don't focus on symptoms, you focus on the purpose of the energy and feel the full experience of what it is creating within you.

Remember that no one else can tell you if it is a side-effect or if you need medical assistance, except for your Higher Self. A single side-effect that is consistent is showing you something – and that may require more than writing it off as a collective symptom. Use your discernment.

Activation Notice: Incoming Light Wave

January 29, 2014

Blessings Dear Light Tribe,

Activations are coming much more frequently as we go through the acceleration of 2014. I AM not guided to be an energy reporter, however today marks an acceleration, so I felt I would share. Typically these kind of updates are on my facebook page, not on this site. Just a heads up.

This morning I received the long, high-pitched signal in the right ear of Incoming New Light. Old-paradigmers may associate right ear signals with dark energy or something stepping into your field. That is outdated intel. Level up from battle phase, please. If you're stuck in fight mode, set a new agreement with your Higher Levels to switch the right ear something's-in-my-field signal to a Galactic Level incoming light, energy, or activation signal.

Currently my agreement with my Higher Levels is:

Left ear – Higher Self and Divine Entourage team

Right ear – Attention signal for incoming light to our Solar system and Planet

When a signal comes in that is VERY intense (loud, strong, long tone), I drop everything and pay attention. Today I was guided to lay down. I passed out for 5 hours straight. I awoke with my whole body buzzing and vibrating, with my reality feeling like liquid. That liquid light feeling is 5D/6D frequencies. (Listen to [yesterday's interview on Heavenly Blessings](#) for more on this – I also light-encoded the video for maximum benefit).

An upgrade is taking place on the planetary level. We are only at the end of January, and it has been a vibrant month. However the Higher Teams are saying this is a necessary jump through the weekend. More heart center and crystalline structure activations for those who are open and receiving.

Anchoring teams – keep it calm, integrate through the heart. Get on the ground and be a conduit for Gaia's shift. Send stability and love through your heart intelligence to the HUman grid – the collective of HUman hearts. Rest, meditate, drink a LOT of water, and engage meditative movement to integrate into the cells. Be this light – you are a conduit. Demonstrate it authentically.

Interdimensional portal builders – experiment with new structures and spend some time with them as the frequency rises. My Higher Teams are pushing for this, I AM sure yours are as well.

A Note on This Week's Light Waves

February 3, 2014

Beloved Light Tribe, I will get the article series finished and up this week.

This is not a busy-ness energy coming in; we truly need to pay attention to the inner world, the inner transition, in order to be the calm, loving, centered Wayshowers as the frequency rises.

Kindwhile we all need to breathe, receive the new light, have *responsible clearing sessions* – on behalf of yourself and the collective – and fully accept the Shift. The next waves are deep, core-busting energetics which will get more intense; however, they are also heavily encoded for the activation of *Grace*. These light waves are intended to amplify distortion *on our behalf* - watch the illusion, but don't embody it. Feel the revelations within and without.

The weekend energies may make you feel dizzy and weightless. Welcome to the acceleration!

Note: These energies also amplify agreements which *you set up* to show you where you are giving your power away. Remember the Zero-Point dynamics. Discernment, beloveds. Watch the messages aimed at triggering the collective as the energies rise – Does it feel like fear? Emotion? Then walk away. Lightworkers are vulnerable to savior/martyrdom dynamics – please do not get fired up by false intel and create situations that aren't there. Responsible Creation. Be vigilant with your ability to create PEACE.

Telepathic Communication

February 8, 2014

Telepathy is an energetic transfer of ideas, creations, or light intelligence from one being to another.

When a being is utilizing form to express in denser levels of consciousness, communication is very physical. We used five senses in 3D communication: see, touch, smell, taste, hear. We add a sixth sense when we utilize 4D dynamics of the pineal gland – seeing visions beyond the veil. When we engage with 5D and above, we begin to use a pure telepathic communication combining the pineal gland, the pituitary gland and the heart center.

Let go of any collective attachment to spirituality or expansion of consciousness being accessed solely through the pineal-pituitary complex. It was – and still is, for some – an obsession to open the third eye. Detoxification and focused meditation support the activation of the pineal.

There is a natural detoxification occurring for the planet and all of her life. That is an external factor we cannot avoid. When we support the process by detoxing internally through purification of the mental, physical, emotional and spiritual levels, our journey in the body becomes easier.

The old paradigm valued visions of the astral plane of consciousness. Astral visions can be strongly connected to the mind level, which is why we have had so much interference in that realm. It used to be difficult for HUmans to discern between mind-level visions/emotions, and lovelight intelligence. Our dream-state was about playing with the astral, and much of that information was lost when we arose in the morning. It was an important function of the survival dynamics, the karmic structures and the duality game.

Our relationship with the astral plane is becoming less of a dense mystery, and much more present. We level up and out of relating to the fourth dimensional plane of consciousness as dream-state, or phenomena. As we go through astral collapse (magnetic deterioration of the low 4D planes) we have an opportunity to expand our consciousness quickly via telepathy and teleportation.

True telepathy can be unnerving to the body vehicle at first. It does create clearing effects (doesn't everything along this journey), as well as the challenge of translating tele-

pathic communication into 4D comprehensive ideas. With practice, deciphering the messages, images, and energies of telepathic communication becomes a natural state.

In my current experience, telepathic communication in 5D – 8D involves complete surrender to the unknown. 5D telepathy utilizes heart-pineal-pituitary centers, with intel being felt as it arrives, right through the heart center or high heart area. We may use the mind for interpretation after information is received, or as it arrives, to interpret its application to our individual lifestream. Telepathic communications may be received as light language, symbols, or detailed impressions in the third eye; however, 5D telepathic transfers are received through the heart center. A flash or wave of feeling energy will come in; this is a light-packet of information which contains volumes of information. They may be accompanied by visions to assist your reception.

6D – 8D telepathy goes beyond what I anticipated because it does not engage the mind-level at all. Telepathy in 6D-8D holds nothing to appease or comfort the mind or emotions. It is a communion of beingness which conveys vast knowledge and creativity in zero point time. My Higher Levels and I are experimenting with bridging these worlds in a way people will understand. The great challenge is, as always, *How do we teach nonlinear in a close-to-linear way, so all may engage with this beautiful Ascension process?*

Telepathy is similar to art: you receive what your unique expression desires. Some may be deeply moved by a piece of music, while others rush to turn it off. Some see a vision and find grace, others fear its unfamiliarity.

Metaphor is the interdimensional language of the Universe, delivered from the heart. As we move quickly into life without illusion, transparency through telepathic communication pulls the veils off everything. We know, we feel, we receive, we transmit through our powerful Source-point. The Mastery journey now provides a view without density, which brings about new challenges. It is what it is; try not to dwell on the revelations if you desire to receive more of them.

We used to experience a gap in communication; this was a side-effect of density. We tried to communicate, and there was no response from the higher realms; they tried to communicate, and there was no response from us. We're at the point in our Ascension process where we can dissolve those barriers and experiment with telepathy in a strong way. This means the grounded teams will be more conscious of the work they are doing, making it less of a guessing game. It will be a great confidence-builder and provide clarity for those in service.

Everything is birthed, adjusted, and radiated from the Heart outward. We awaken the crystalline structures of the heart and command/support the replication of those structures into every cell of the body. Heart first, replicate outwards. Work with your Higher Self and Mastery/Guidance realms each day on operating from the heart center. Telepathy will become second nature as you work through the heart.

Remember your unique light signature is transmitted through your right hand. This is why the native tribes of the Americas used the right-hand-up as a greeting, and why paintings of some Masters or Galactic leaders do the same. Be clear before you attempt telepathic communication. What are your intentions? What do you wish to receive? Vibration = vibration. Be sure you are operating from the highest interests of all concerned.

Here is a basic way to receive 5D telepathic communication. You are broadcasting your thoughts, so use your pure light intelligence when sending out vibrations in this way. Be clear in your intent of what you want to experience, and double-check for egoic influence. Never impose controlling, negative, egoic, or emotional thoughts on another.

- State your intent out loud. What do you wish to experience and with whom?
- Place your left hand on the heart and locate your Source-Point.
- Drop the mind-level altogether and focus your consciousness in your heart.
- Breathe into the heart until you are focused in a state of pure love.
- Raise your right hand, palm facing out, and connect the two areas – heart-consciousness and unique signature in the right palm.
- Breathe. Focus all of your consciousness on these areas.
- You may feel the third eye activate as the triad of heart-pineal-light signature connect.
- Send a greeting through the heart: *Blessings beloved Higher Self. Blessings beloved Higher Realms.*
- Breathe into the stillness of the heart.
- Open to receive whatever is perfect for your journey in this now moment.
- Lower your hand when you desire to disconnect.

With practice, your interaction with higher forms of consciousness (Guides, Masters, Galactics, Lightship levels, etc.) will be more direct and clear. The key is to communicate through the heart. Always. Be in a state of love before you open communication. This is an excellent exercise to use when you have the middle-of-the-night sleepless-

ness. Remember the 3am – 5am zone is when collective thought-forms are at a minimum. You may be up because someone wants to communicate with you.

As the veils dissolve, the higher realms celebrate our journeys; they are fascinated by our experience. Treat all of your communications with honor, love, and grace. Listen and receive more than you send out at first. There is much to receive.

[Telepathic Communication: Video Version](#)

The I AM Messages

February 12, 2014

The *I AM Messages* started in late 2010. I used Twitter to share these clairaudient messages until early 2013. They continue to come through, and now I like to share them with photos of Shasta and my mission work.

After a powerful experience with Germain yesterday, this message presented. Feel into it, there is always more in these light-encoded messages than what appears at first glance. Personally, I AM discovering what the Germain Divine Plan was about, and how it is evolving – just like everything else – as we move through the Shift.

A slideshow is building on the [I AM Messages page](#); potent messages from the I AM stream, and new messages received for our Ascension journey. They complement the daily messages from the Pleiadians which came through from 1999 – 2001. I hope to put the best of them into a lovely meditative book this year.

I AM the harmonic of crystalline presence, the spiraling grace of photonic metaphor, and the reinterpretation of Angelic discourse.

And so are you.

I AM the penetration of cosmic gateways, the insatiable quest of photonic clarity, and the holographic liberation of Maia.

And so are you.

I AM the enigma of Royalty, the interdimensional romance of Self, and the silent kiss of mastery attained.

And so are you.

I AM the embodiment of stardust, the rebirth of the crystalline garden, and the deafening amplification of lovelight intelligence.

And so are you.

I AM the Unification of Kingdoms, the Unveiling of Divine Will, and the deactivation of distorted truth.

And so are you.

I AM the crumbling monolith of permission, the poetic justice of unconditional love, and the clemency of authentic intent.

And so are you.

I AM the metamorphosis of self, the forgotten scroll discovered, and the blinding truth born out-of-carnate.

And so are you.

I AM the unwavering demands of photonic order, the emblazoned crest of KRYST on every heart, and the quickening of Galactic purification.

And so are you.

I AM the Cosmic Christ, the boundless Geometry of Self, and the harmonic orchestration of Awakened DNA.

And so are you.

Walk through this passage with grace. When emotions present, feel them – but do not embody the drama. There is so much love available to us – engage UNIVERSAL LAW and send gratitude, love and support to all of Creation. It will be returned a thousand fold. Vibration = Vibration

I AM the sinew of stargate gestation, the magnetic anomaly of Krysthl revealed, and the unveiling of elemental freedom.

And so are you.

I AM the evolutionary matrix of timespace, the abundant commerce of compassion, and the divine wisdom of SUNlight reborn.

And so are you.

Teleportation: Communion of Worlds

February 12, 2014

Teleportation is the transfer of physical matter without the delay of timespace. Because we are taking on a more photonic (light) state, it is becoming possible to transmit the particles of our physical beingness to another location.

We prepare ourselves for a new experience by transmuting the density out of our bodies and energy fields, pulling in more light by activating and exercising our crystalline heart intelligence, and connecting with the Source-point of our true self. Our vibration rises, the platform for our experience (4D Gaia) amplifies, and all is aligned to take the next step.

Teleportation experiments are happening now as preparation for lightship visitation and physical interaction on the ground with a few off-world races who are dedicated to assisting our ascension.

In this now moment, some Gatekeepers/Wayshowers are preparing for physical contact with our Star Families and Galactic Teams. This is exciting to me because, up until now, it has been via visions, dreamstate, lightships, and telepathic communication. While beings will present as sparkly fields, or a pillar of light, or in orb form, we haven't had much physical contact. The plan at this stage is to begin to create interdimensional spaces where grounded folks and higher realm team members may interact.

In order to create a space for interaction/teleportation, an energetic platform is first set up on the ground.

Let me share a basic portal setup from the Pleiadian-Sirian alliances, which is modified depending on the interaction's intention:

We plant crystals in the ground in a specific pattern. Pleadians are very detail-oriented. Sirians are master engineers and precise in their creations. Some of the crystals I have been shown to use are way out of my reach financially, so they are represented by a smaller version with a more powerful encodement. As always, we do our best to represent in the 4D what is actually occurring in the higher 5D/6D planes.

Sometimes the crystals show above ground, sometimes not; it depends on the location. They may follow sacred geometry patterns, or a combination of patterns similar to a crop circle – this is specific to whatever kind of interaction is going to occur.

The main anchor crystals are light-encoded before the structure is set up. The encodings look like light language or symbols planted right in the crystals; you can see them inside the crystal itself.

These main crystals codes may contain: energetic support with the intention of creating an interdimensional space, the light-signatures of higher beings, energy signatures from Gaia's 5D core via the grids, activation codes for future interaction, or aspects of my own higher levels (go team).

The crystals change the vibration of the area where the pattern is set up, connecting to the crystalline grids above it, and tapping into the many Earth grid systems below it.

There were several grid systems within the 3D Gaia which are still active in the 4D projection of that reality. 5D-8D grids expand outward around the planet. These grids were used to support the dimensional shift and continue to serve the merging of 4D/5D platforms (bringing Heaven to Earth).

With a 5D Gatekeeper activation, the portal anchors into the planet creating a sacred space. It is multidimensional, creating an overlap in frequencies – a shared space of higher frequency and lower frequency for interaction between dimensions.

Once it is set up and anchored properly, a lightship may hover above it and send beams of light energy through the pattern. It looks similar to what I do with Gatekeeping, where a 5th/6th dimensional gateway is established and then surrounded by golden crystalline pillars of light. The pillars of light hold a sacred space between dimensions. It is gorgeous to behold. This is not yet visible to the denser eye, which is purposeful, as it would disturb too many folks. I have noticed the usual bird activity (birds love a portal) and more Master interaction since the spaces activated.

Last year when I was doing crystalline corridor work, I was learning how to interact with these gateways. Now these interdimensional spaces are being co-created to have contact in the physical with higher realms of light: Star family, other races, the Masters, the Archangels, etc. This is the beginning stages of preparing for physical contact.

Inside the Gateway

In the sacred space of these portals, we merge our consciousness with the higher realms. It does take a lot of focus within that sacred space. For me, it is providing a very deep understanding of unity consciousness. It is a very natural state of being once you get there. Heart-center focused (no mind or emotions) and quite different than what new age rhetoric has described. I AM attempting to describe the indescribable here; the purity and complexity of this kind of interaction cannot be summarized in linear language.

It is a communion of dimensional experiences; no lower dimensional mind-level, ego or emotions. It is the resurrection of the Source Point; a direct link to all of your higher levels and the higher realms. We use the support of the pineal for vision and receiving information telepathically, but the key is in through the heart center. This is a level of spiritual maturity.

Ongoing Experimentation

We are experimenting with *how can we be in the same space in a physical way*. We have to understand that as foreign as their state of consciousness was to us, our state of consciousness was also foreign to them. On paper, it seems the higher realms know everything; however, the grand experiment of a planetary dimensional shift with the Ascension of an entire race is brand new to everyone. They are as fascinated with this process as we are.

We don't know how long it's going to take, forget the linear schedule. I understand that many people will be having experiences of going on a lightship this year.

Lightship Maneuvers

Teleportation has nothing to do with wanting to go on a lightship, get out there, experience other galaxies, moving to other planets, and so on. There is work to be done right here. This is about uniting the folks on the ground with the teams they have been working with in order to serve the acceleration of awakening. Let us remember this a co-creation; it's not the Galactics doing something to the planet, it is all of us co-creating the shift in consciousness. It always was.

Many lightships fly over energetic lines, lay lines, grid lines, sacred sites, or vortexes because they are working with energy systems already in place. This why there is so much traffic at places like Shasta and Sedona where a lot of grid lines crisscross or converge. It is similar to energy work on body meridians.

People that are getting flashed from lightships are receiving energy which is flowing right through you into the ground. You are a grounding rod for that work – whether you're aware of it or not. Sometimes the flash or beaming may feel like love, grace, or beauty. Sometimes it is recognition of grounded team members. Sometimes it is confirmation that your consciousness has expanded enough to be able to perceive them in that way, like a friendly greeting.

There is a deep humility in this experimentation, so the spiritual ego has to go. We choose ourselves along every step of this path. Our willingness to engage with the process activates our pre-agreements to serve in our own unique way.

Body Adjustments

The body flinches a bit with the brand new experience. Anyone who has had close-to-physical contact knows that there is a learning curve with physical interaction. The body has to deal with the lower levels (ego, mind, emotions) fighting for comprehension of something they do not recognize. Sometimes the flinch happens a day after interaction – like a delayed response. I AM getting better at it as I learn to maintain stability when it feels like my body is dissolving. Oddly enough, it is the *will I be able to get back* sensation I have to overcome. We've all had that in astral travel before – adding the physical aspect is just so ... physical.

The skill set for this job description includes communication skills, opening gateways and interdimensional portals; the ability to stay calm, centered, and focused in the presence of higher dimensional beings, and the maturity to know when things can be shared and when they cannot.

Mastery is not served by impatience, nor is the body vehicle. There are a lot of adjustments to my energy fields and body as this unfolds. We have seen the effects of too much light on friends or family in this tribe – you can collapse physical structures (damage the nervous system) with too much light. True integration is a permanent change which takes heartfelt patience. There's an article I probably won't get around to writing entitled, *How to lose your mind without losing your mind*.

The Home Version

In addition to setting up these outdoor interdimensional portals, there is experimentation with a home version of sorts; something you can set up in your sacred space in order to connect clearly to your guides, higher levels, and star family. I AM playing with that in the Ascension Course this month. It's not something that is ready for public consumption just yet. Patience, beloveds.

The goal is to create sacred space where we may experience lightship level, as well as the physical presence of other races. Little by little, more of these experiences will be anchored in the collective consciousness. It allows the collective to get comfortable with physical interaction, raise the collective vibration, and create liaisons for the divine reunion of worlds.

It is an honor to serve in this way. Light servers with Galactic connections, ask your teams about creating these spaces. I AM consciously aware of 12 grounded HUmans working on this right now. Please don't ask me – ask your team. I understand I AM showing up in many people's dreamstate right now; there is a big multidimensional co-

ordination for this acceleration. My best advice is to anchor your sacred space wherever you have been placed; we are spread out on purpose.

Know in the core of your heart that these experiences are unfolding quickly. Support it energetically with calm, compassionate, and loving intentions for the highest interests of all concerned.

Related discussion: Listen to my interview on [Heavenly Blessings](#) radio show.

[Teleportation: Communion of Worlds - Video Version](#)

Transcendence: Permanent Shift in Vibration

February 19, 2014

As a prerequisite to this article, please review my [definition of Ascension](#). You cannot be pressured into Ascension because it must be a personal choice to raise one's consciousness. Wayshowers set an example, provide intel, teach, and walk hand-in-hand, heart-to-heart with those dedicated to the Shift in Consciousness. Sometimes we run ahead so we can tell people what is down the road, or what is on the other side of an unopened door.

We are all entitled to live out our journeys for as long as the 4D reality is available. We had many tipping points in global consciousness which assisted the Ascension of Gaia and many Higher Selves in December 2012. When the consciousness on this planet reaches a 5D tipping point through frequency acceleration, cosmic alignments (photonic bombardment), and the light-infused consciousness of HUmanity, 4D will no longer be sustainable. That may be a few years or a hundred years.

My focus as an Ascension Guide is on the people desiring the most expansive experience possible. Let us remember that a good portion of the population will experience awakening for the first time this year; either by external or internal factors. They will not be robbed of their Ascension experience, but it is clear that it will be very different from those who awakened earlier.

Transcendence is a permanent shift in your state of consciousness.

In my Ascension Course I describe transcendence as beginning in 2015, and the higher realms say we are still on schedule. Some have called it the Soul Harvest, which can sound a bit frightening. Some call it the first waves of Ascension; however, the wave terminology (first wave, second wave) has been strongly associated with Delores Cannon's work, and refers to how light servers incarnated over the past hundred years. I AM referring to the first waves of complete transcendence; a complete embodiment of your Higher Self. For clarity's sake, I will refer to Transcendence as *Transcendence* rather than waves. Both terms simply refer to the availability of a perfect alignment for those ready, willing, and able to make a permanent shift in frequency.

Transcendent dematerialization means Mastery of the physical vessel and journey: Embodiment of the Solar Cosmic Christed state, either by walking in and out of this realm for a while, or a complete transition to a higher state of consciousness in one instant.

Why transcend? Because you have completed this lower state of beingness, and the 5D/6D planetary consciousness will be ready for boarding.

Preparation

We wayshow in our communities and tribes as best we can; however, the consistent through-line of our journey is the internal work. That doesn't mean burying oneself in a cave to meditate, or panicking that you have not done enough. It does mean a consistent pursuit of a higher state of beingness. Integration of lessons, behaviors, and dominion over the activities of the mind, ego, and emotions.

We prepare the heart, body and mind for a major upgrade in vibration. We establish an active awareness of the 5D/6D realm of Gaia. Active awareness means your thoughts and feelings align with the 5D state consistently. Removing your own veils allows you to experience that realm, and it can be beautiful and overwhelming to your systems. Little by little, we progress to a state of alignment with that higher realm of consciousness.

Personal Choice, As Always

We exist in a free-will Universe. For me personally, Transcendence is the goal of my Ascension process – a conscious choice. It requires aligning everything in your lifestream to complement the higher state of consciousness. Working through the lessons, the contracts, the agreements; releasing, releasing, releasing; infusing the body vehicle with the highest vibration possible – really taking care of it because it is your vehicle for the experience. Learning unconditional love, learning light intelligence, being of pure service to all of creation, and then when the frequency and the cosmic timing is right, we get to move on.

Dissolving the Physical

Turning a carbon based structure into a carbon-silica structure takes dedication. I do feel that the people who will experience this already know that they are going to accomplish this, and are consciously aligning with it.

Many feel they are stepping out of the collective reality already. This is because your crystalline structures are activating, your DNA is activating to bring in and hold more of the new light which is coming onto the planet. The more aligned you are with 5D/6D dynamics, and the less attached to a 4D reality you become, the more you will sense your own Ascension process speeding up. It is always your choice to align. Always. Moment by moment, intention by intention.

The Solar Heart spark is there as Source-in-carnate. The Source-Point amplifies with the support of cosmic timing, individual choices, and the dissolution of illusion through

conscious practice - moment to moment. Every situation, every encounter, every thought, action, deed is an opportunity for alignment. It always has been, that was the point of this reality. We are presented with opportunities to align with Source via your soul's path. When the soul reaches a tipping point in its progress due to the conscious connection of Lower Self and Higher Self, it is released to the higher path, to the benefit of all.

The Merge Happens in the Sun

When I received the message last Autumn, *The Merge Happens in the Sun*, I felt a deep calm and readiness. This merge of Higher and Lower Self won't occur in the way we step in, using the Sun as prism to fractalize our self into Higher and Lower states. Rather we are activating the Solar Cosmic Christed Heart center and merging a trinity of spirit, soul, and form; Higher Self, Lower Self, and Soul aspect within our lifestream.

The planetary Ascension now supports a union of these aspects via the Heart Center, rather than the spirit leaving the body and transitioning through the Sun. The merge happens via the Solar Heart Center, which makes becoming pure conduits of Source Light Intelligence an important part of our journey.

Ignore the mind's linear limitations of how this works. Surrendering to the amplification is key; use what assists your journey and let everything else go. Especially in the first half of the year when all is shifting, purging, coming to align with the new light. Tap into your heart with this message.

Steps presenting to Transcendence:

- Achieve the Solar Cosmic Christed State through participating in your own expansion
- Experience the birth of the Sun within – the full activation and awareness of Source within the Heart Center
- Clear all contracts, agreements, emotional baggage, karma, systems, programs, and habitual behaviors associated with 4D
- Clear the body vehicle of lower level toxins to increase crystalline growth
- Align with 5D-6D Gaia dynamics; pure Mastery in service to Light

We transmute the illusion completely in order to Transcend it.

5D Gaia

5D/6D Gaia is *very* different from what we experience here. All activities are based in an unconditional respect for all life. A deep honoring of all that is, and behavior and creation

which is in alignment with that. In order to exist in a reality of unwavering love, honor, and compassion, you must create that in the here and now.

Everything you do, say, eat, drink, think, and feel must be in alignment with 5D principles in order to transcend the 4D experience. You must be a vibrational match for a higher realm of beingness. No one is disrespecting the planet, kingdoms, elementals or each other in 5D. Of course there are differences of perspective – those lessons and creative explorations continue. The whole Galaxy is Ascending, and it seems no one is untouched by the Shift.

In order to leave the 3D/4D reality, you must build your 5D reality right here, right now. Energize it with your actions, words, thoughts, behavior. When aligned with the vibration of 5D operating systems, you Master this reality and graduate to a higher level. Pure creator dynamics via Self-Empowerment. That is a valuable lesson earned at any level of the process; you must find the Source within to generate pure Source without.

Show me the Light

Demonstrate that states of divine love, grace, integrity, peace, joy, abundance, and unity are possible. It will get more difficult as we encounter these new light waves – this is the Mastery challenge.

Every one of these waves acts as an amplifier. They are here to reveal everything under the masks – and we all get our masks removed. Sometimes we lift them ourselves, sometimes the mask is snatched off and everyone else sees what we have going on under there. Stay ahead of the game by utilizing transparency. It is okay to be vulnerable, wrong, emotional – we all need to unite in this massive healing/awakening right now. Support the process by being authentic. And try not to lash out when it becomes hard for you; respect everyone's journey – and walk away when you have to.

Currently I AM on a two week fast to prepare myself for upcoming service work. The crystals for the teleportal have presented and are on their way to me. I intend to spend more time within, and working alone with Shasta, to deepen my skills and integrate the series of energetic shifts happening for me right now. Blessings to all of us during this powerful time!

[Transcendence: Video Version](#)

This video is light-encoded to assist your process. Give permission (say it out loud) in order to receive the light codes.

Lifestyles of the New Golden Age: Radio Interview

February 28, 2014

Giselle Koy and I had a high-vibe conversation this week on her BlogTalk radio show, *Lifestyles of the New Golden Age*. The interview happened in two parts due to a tech glitch on Wednesday. Thursday's show was a focused update on levels of Ascension, and a potent connection for all of those in Service to the new light.

Listen to the replay of Thursday's show (Part Two) here: <http://www.blogtalkradio.com/gisellekoy/2014/02/28/where-are-we-in-our-ascension-process-with-sandra-walter-part-2>

Part One: (I come in 30 minutes into the show) <http://www.blogtalkradio.com/gisellekoy/2014/02/27/giselle-koy-and-sandra-walter-where-are-we-in-our-ascension-process>

March Magnetism

March 1, 2014

Blessings Dear Light Tribe,

March promises to be an exciting month for our process: challenging, yet beautiful. While planetary magnetic shifts do their best to shake things up energetically – the physical structure as well as old systems – keep in heart that the purpose is to shake loose the collective fear of change. Sometimes when we know dramatic change is upon us, we tend to tense up and hold our breath energetically. Please breathe freely and act from abundance to balance the collective inhale as things change. Hands to heart, stay calm and centered.

Magnetism may create physical imbalance (vertigo or whirling sensations). My technique is to lean into it, feel it, and comfort/coach the body as it adjusts. Demagnetize and re-polarize often.

Extra water is vital during increased Solar activity; the incoming new light is aimed at crystalline structures in the heart center right now. Charge your water with the intention to support the new light in your body.

Elevated electron counts increase the pure light penetration of our cells at an atomic level. Welcome it, and be sure to oxygenate with exercise and movement to support the expansion.

The crystals are here!

The crystals arrived for the teleportation project and they are stunning. I wept with joy and continue to do so when working on this project. It's all so fascinating to me! Blessings to everyone who has said they are working on teleportation; it is truly a magical passage as we learn to build these structures for physical interaction with our off-world teams. I AM following guidance to keep details at a minimum as we work on this, and no photos will be posted of the crystals at this time.

The fast has ended.

I was on a 14 day fast which ended today. It provided SO much clarity on where I AM in my personal process and what the body is capable of. I highly recommend trying a good fresh juice or water fast for a few days as a check-in for both the lower and higher levels. Even if you have fasted in the past, try it again – it feels different, and the energetic support for the body has changed dramatically. It is an excellent way to level up the

crystalline structures and advance DNA activation. I AM implementing a 3 day water fast each week because it will accelerate my process quickly.

Observations on the Energies Through the Equinox

March 6, 2014

I AM called to the Mountain tomorrow for *new gateway* work. I have no idea what that means just yet. It feels like a big amplification is coming our way. The pre-cog tribe is getting the same messages: *Keep it clean, calm and focused through the Equinox. As anxious as we all may feel as the veils get thinner (magnetic squeeze and Solar activity), remember it is purposeful. Break through the last of your barriers (fears) about the internal and external Shifts. If a fear is getting too close for comfort, by all means face it and clear that baggage. We need the Ascension tribe empowered by the new light, not startled by phantoms under your own mask.*

A clear focus on simplicity, stability, purity, and mastery will serve this phase. Eat and drink clean, operate from the heart, act from the highest integrity in order to create as much stability in your fields as possible. Forget the busy-ness; burn off the excess shakey-quakey energies with movement (cardio for solar activity, yoga/tai chi/qigong/dance for balance), creativity (light-ground ideas and connect to Higher Self), and assist with stabilizing Gaia (get your hands and feet on the Earth and be neutral in pure love). Please don't stimulate the grids too much; notice the balancing act going on at the moment. Meditate as often as possible; it helps you and the collective.

CMEs are not Solar flares (nor the other way around). When the Sun experiences CME activity, awakened bodies/lightbodies feel it. It may feel like shaking in your core, anxiety, nervousness, or confusion. Sleep doesn't feel like sleep (again). The current energies are aimed at distortion, so disharmony appears to be amplified. Please deal with conflict and disharmony in your personal lifestream NOW in order to serve the collective clearing of 2014.

Many of us who hold brighter light quotients are being used – in a very good way – to transmute on behalf of the collective. It isn't like it used to be, we don't have to do anything but watch these things sail past our fields. All is well, no need to engage with it AT ALL. Feel the sense of victory ~ it is so much easier for folks to awaken now, thanks to those in service.

Please hear/see/read that the symptoms are not part of transmuting on behalf of the collective as they used to be. This month it gets very personal – your lifestream and the remnants of what **you** are still carrying at a cellular level. Vibration = vibration: let the magnetics show you what is needed to level up, preferably before your body does. That

is it, the body vehicle's role right now – no judgment on death and dis-ease within others, I know that is coming up a lot. It is what it is.

That said, know that leveling up is very personal this month – clean out the closets so the new you can move in. Remember we – the light tribe – are anchoring new energies for a whole collective. Let the service to the new light be true, pure, and unaffected by the external drama. I love you all so very much, many blessings beloveds!

Synchronized Events for the Equinox Gateway March 20th

March 7, 2014

Blessings Beloved Light Tribe,

We have a major Gateway opening on the Equinox, Thursday March 20th at 9:57 AM PDT, 16:57 UTC. (Check your local time for the Equinox [here](#).)

The energies we are experiencing right now are the prequel to this new light wave – and it is 11 days away as of this post. It is that vibrant! It continues through Solstice, with amplifications in April and May. It is a perfect storm of Ascension energies. You might feel like you're standing aboard the great ship Gaia as she sways in this new light wave.

This new light provides BALANCE, ORDER, PEACE, and SOLAR COSMIC CHRIST initiations. Since we all have the game book now, we may utilize this cosmic trigger to accelerate divinity, purity, and a cosmic dissolution of all which does not complement the whole. This is not about judgment. Ever. It is about BEing the Christed Light. Vibration = Vibration.

Our Participation Assists the Collective

We have tremendous support at the Ascended Master, Archangelic, Supreme Light Creator, and Galactic levels. As the high-vibe tribe understands, Cosmic Law must be obeyed – so the collective consciousness can only receive the maximum benefit of any incoming light by welcoming it in, and transmitting it to the collective and higher realms.

In order to receive this new light which holds codes for Divine Will, Divine Love, and Divine Unity, we must send out the same to all of creation. To every Brother and Sister on the planet, in divine neutrality. The focus here is on HUmanity – we welcome in and broadcast this pure lovelight as it enters on the Equinox in a Unified way. Separation is over, we have to prove that we desire that reality, right now.

Light Servers, Feel into this Message

I know many have received *pay attention on the Equinox* messages, however we have an opportunity to anchor pure light and amplify it – that means welcoming the light and being in a state of reception and transmission on the Equinox itself.

Preparation includes everything we have been writing about – purification of body, mind, ego, emotions, and a focus on heart-based peacefulness. End all of the conflict and disharmony possible within your own beingness. Do not attack others or throw opinions

around. Stop those energies in their tracks; resist the push-back or sharing of unsolicited advice/opinions. Those energies will get the full boomerang effect of this new wave; Zero Point dynamics are going to become intense for many with distortions or disharmony in their fields or body vehicle. We're beyond the put up or shut up cutoff point; please get through whatever keeps you from your Mastery.

Be Masterful in Your Expression and Intentions

Please, no drama or symptom talk – set all the emotional triggers to rest for yourself and others – and be heartfelt when you speak about the Equinox. I AM not guided to create a global event page on facebook or anything of that nature. Why? Because many people are triggered by light encodements when they have baggage or unresolved issues, which leads to them getting too fired up (panicky), or asking a lot of questions when our focus needs to be Peace, Stability, Harmony, and Balancing the incoming light. These energies will get intense; let us focus on the grid of HUman hearts and our intention to serve the collective, making it as easy as possible for all to experience the divine Christed activations. You may feel like you're in a love bubble – that is 5D/6D activations. Set aside the symptom talk and focus on the incoming Divine Light.

Equinox Unified Intentions

All Sources are encouraging GATHERINGS and UNIFIED FOCUS on the Equinox itself. Get together right where you are placed – find the local collective (hang up a flyer, try meetup.com, holistic centers, anywhere awakened folks tend to gather). You will be surprised at how widespread the awakening has become. No assumptions that your town or neighborhood is asleep. That is impossible at this point. Let's all step into the Leadership roles with grace and harmony.

The new light creates a sense of urgency because it is targeting crystalline cellular structures. As they vibrate faster, the emotional body can get triggered. Be the calm. There are many on the planet who are capable of assisting in a harmonious way; no judgment if you cannot. Breathe. As Gaia always says, it is a birth not a funeral. If you are guided to a Sacred Site, gather with others in Peace and Unity consciousness. Any kind of peaceful meditation at the Equinox hour is appreciated. As always, visualize the harmonious new paradigm in the Now.

Gridwork, Gatekeepers, and Benevolent Intentions

Let's use our high-vibe creativity and plan on being in meditation – perfect inner balance and harmony – for the Equinox. Gatekeepers and those in service to the new light, we will be anchoring for the usual three days before/three days after this Gateway.

On the Equinox

As awakened and Ascending beings – Wayshowers – we have a Gateway which holds light-encodements, electronic surges, photonic-magnetic demands, and a big acceleration of the Solar Cosmic Christed state. All of these can be in your anchoring intentions before, during, and after the Equinox.

On the day itself, be offline and tune in to the collective intentions for Peace, Love, Light, Harmony, Balance, and the Ascension of HUmanity. We know it is easier to work with elementals and kingdoms, however our focus is on HUmanity, who are the main decision makers for the planetary experience (that's YOU and everyone around you). We may provide beautiful balancing and stability if we are able to Unify in Oneness. As this wave comes through, everything is changed. Permanently. We can amplify this for everyone on the planet by BEing in our Oneness, Grace, and Higher BEingness.

We are proving to the Higher realms and our Higher beingness that we are ready, willing, and capable of holding more light and peaceful intentions. If we hold this intention in our meditations, ceremonies, and gatherings, the amplification of that light will be miraculous. Vibration = vibration. Higher vibration = Higher vibration. Give more love-light = receive more lovelight.

Please share or repost this message in Unified Intention to receive and transmit the embodiment of Divine Love, Peace in all nations, Balance in all systems, and Divine Will in the hearts of all of HUmanity. <3 Blessings Be <3

Equinox Gateway Preparations

March 14, 2014

Blessings Beloved Light Tribe,

As this wave comes in for Equinox, I AM offline more than on as this Gateway becomes my focus. Obviously the energies are growing more intense. Remember this energy is consistent through June Solstice, with a turning point in the dimensional energies sometime in June. While we expect a mass awakening to light for the population, and a bit of chaos from the collective as they interpret/misinterpret the new light, it can also be a challenging time for our Ascension process as choices are presented for what we want to experience. Day by day, moment by moment, we must be conscious in selecting what serves our Mastery.

Use these days wisely. Do not get entangled in the collective emotional/egoic/mental levels. Let them have their experience – without judgment or unsolicited advice – and be very aware of your influence if you have taken on a higher level of light.

It is extremely helpful to global service to be in a pure state of love during this passage. Calm, focused, centered, balanced. We are not carrying others through this phase; we are amplifying the new HUman state as Wayshowers. As we have learned, busy-ness as usual does not work for many levels of this process – it changes constantly now, and we need to let it BE.

At a minimum I recommend staying grounded, hydrated, rested. Detoxify body, mind, ego, and emotions so you may hold as much of the new light as possible. BE in the new levels of stillness which are available now; this connects to you to Source-as-Self and you will feel pure Source light flowing through you. Meditate on Unifying all aspects of Self; breathe as the Multiverse and radiate stability and neutrality through HUmanity as a whole.

Service is personal and collective at once – you are probably feeling that unification already. This is not a passage for drama; zero point magnetics are intense as the veils become thinner, and your actions, words, thoughts will be amplified. If you have done the prep work, you will find your thoughts are changing, fading away. The new light supports this transmutation of thought form; work with it and witness the results.

We are in a rapid growth period; however, the energies coming into and out of the planet for the next three months might lay us flat on our backs. This photonic light is evolutionary, and we need to welcome it without doubt, without judgment on what it is doing

to us, and without complaint. It is teaching us (forcing in some situations) to be right here, right now, in the new flow of a new dimensional experience. Let the Ascension show you what your unique expression has to offer.

Support the planetary detoxification. Do your best to give up the distractions of the old. Get offline when you can. The frenetic energy of social media can be distracting as the collective worries and assumes what is or is not the truth. There are far too many trigger stories which misguided ones are irresponsibly spreading around. Hold true to responsible creation – only share what contains light encodements of the highest integrity and love.

It is our responsibility as true Wayshowers and guides to maintain stability, love, harmony, and peace through this passage. Sometimes the best way to teach is to be silent. It gives others the opportunity to have an AHA moment; they may see their addiction to mental or emotional stimulation, and learn that they need to be still right now.

Guidance for Newly Awakened

Many are asking *Where do I begin to catch up and understand all of this?* We knew this passage was coming, and I purposely redesigned my site to make it as easy as possible.

Newcomers will be lost if they scan the blog now; it is not intended for the newly awakened. I suggest beginning with the [What is Ascension](#) tab, then go to the [Free Tools](#) section for e-books, article collections, [What is Happening to my Friend](#) (in 10 languages), and [YouTube channel](#) links (work from oldest to newest). Everything is free. I encourage [donations](#) if my work helps your journey. I intend to keep it this way as long as possible.

The accelerated, comprehensive, work-with-Sandra process is in [The Ascension Course](#). It may be overwhelming for new folks – it is technical and not intended to be a basic course in Ascension at all. It is my legacy work, very detailed, and the only thing I charge for in my services.

Equinox Intentions

If you missed the article on Equinox, we have a major Gateway opening on Thursday March 20th at 9:57 AM PDT, 16:57 UTC. Read that article [here](#). Kindwhile, I AM journeying to the Southeast side of the mountain for Equinox gateway preparations. Gateway work has been very *Solar* this past week, and the Higher realms are creating so much balance as the light intensifies. Be grateful for all those in service, it is challenging work as the new light emerges. It has been a powerful gate so far, and I expect deep

Shifts in consciousness through the Equinox. BE the Ascension. Many blessings to all of us; it an honor to share this journey with you.

[Equinox Preparations and Unifications: Video Version](#)

This video is light-encoded to accelerate your Ascension. Simply accept and welcome forth the light codes consciously (out loud) prior to watching/listening. Many blessings to all of us during this powerful passage.

The Cosmic Christ Return: Fulfilling the Promise

March 27, 2014

Blessings Beloved Light Tribe,

The Equinox Gateway opened a powerful flow of Solar Cosmic Christ energetics. Deep gratitude to everyone who is participating in welcoming this new wave of Cosmic Christ light. It is GLORIOUS and continues to amplify and pour into the grid systems. It will be fully anchored by the Eclipse on April 14, steadily increasing the demand for Peace within and without. It is a divine service to all of HUmanity; please remember that as the timeline split sensation grows more intense.

I hold everyone in my heart who is going through this activation. There is much to reveal here, and I will do my best to be clear. My communication is changing, primarily because of a recent commitment, and partially because of steps to first contact. There is so much going on; I would love to have a complete telepathic exchange with you. Words don't capture the intensity of some of these experiences. However there are still 3 months of work left to this Gateway which require clarity in my current role of service. I will attempt a play-by-play style to get the details grounded here.

The Equinox Gate

In the days before the Equinox as the wave came in, I saw giant thick rays of light pouring into the gates around and on Mount Shasta. It looked different from the usual pillar-type light we see during a gate opening. More like streams of golden crystalline light arching into the gates; the curved light, which in my experience, indicates divine assistance focusing the streams into specific channels. It indicates caution with magnetic balancing as well. As we were told prior to the Equinox, the Higher Realms are amplifying this wave of Solar Cosmic Christ light.

Gateways are typically 7 days long (very biblical), opening 3 days before and 3 days after. They are a window of opportunity to elevate consciousness. Since we have so many HUmans demanding acceleration (though many are not prepared for the results of those demands), and quite a few who are ready to take on new levels of consciousness, it triggers a pre-arranged agreement. This is why it is so important to open your heart right now to all that is. We have turning points where co-creation between lower and higher realms fulfill the criteria of the Golden Age.

This passage though the June Solstice is pure divinity. I now realize why all of those shadowy beings were vacating prior to this wave – it's a disharmony killer, and anything

caught sticking around too long will be destroyed. Kindwhile, the harmony amplifications are intense and pushing the first-wavers of transcendence to the surface.

Preparations

A week before Equinox my heart center began expanding in a very physical way. I heard the message to isolate, so I spent a few nights alone in the wilderness on the east side of the mountain doing gatework. I felt consistent activity in the chest, paired with crystalline activations in the spine, brain, and high heart. It was different from the usual activity. It became so strong that I created a guided activation for the Ascension Course to open up the participants for what was coming.

The Commitment

Weeks before the Equinox, I was presented with a new level of commitment. It came through like a marriage proposal; a complete dedication to embody the Solar Cosmic Christ, forsaking all other choices and timelines. I was given some time to consider this, and in that passage I watched timelines of lower choices play out and dissolve. Not lower choices as in bad or negative, just simpler, more comfortable ways of going through the Shift. Some choices contained peaceful homes, some were shared with others in relationships, some had me back in the city teaching Ascension, one had me traveling and meeting up with the tribe, some showed a sheltered life of dedication to spirit. I have deep love and compassion for those I have spent many lifetimes with, and saw timelines where we get to cross paths again. While all of those are lovely experiences, I have had them over and over during my incarnations here.

Clearly this new commitment was a vow to the New, which I thought I had taken already. What was being asked of me was a commitment to the unknown which would go beyond the surrender I was engaged to. You see the terms I AM using here: Engaged to surrender vs. Committing to the permanent relationship *'til Ascension do we merge*.

I had a few hours of conversation with my Divine Entourage about all of this, as I was frustrated that the journey was somehow not good enough yet. I set it aside as the gateway began, knowing my choice would change everything for me. My own worthiness nonsense dissolved as I received answers the night before Equinox.

My Higher Self, looking more like my Christed Self, stepped forth and spoke a message which mirrored Yeshua's message last year about his Gethsemane experience. I received a glimpse into the affect it will have on our global Ascension process, Gaia herself, and my Soul Group. This was the potent part of the message for me:

If you forgo all of the lower self's desire for stability, companionship, or the need to serve in a recognizable way, and commit to aligning everything with a complete embod-

iment of the Christ, you will affect hundreds of thousands of people, including the loved ones of your Soul Group for whom you care so deeply.

Visions of the transformation came to me and I burst into tears. I saw others taking this on – the Solar Cosmic Christ in its true embodiment. We lit up around the globe, amplifying each other. We can see and feel each other, and the Higher realms are clearly visible. After the message and vision sank in, I made my choice. In the middle of a freezing cold night on Shasta, I said a final Yes to complete embodiment and surrendered my other timelines.

It is not martyrdom or becoming a savior; I have had those kinds of journeys laden with vows of poverty, preaching, ridicule, and isolation, and they no longer serve. No one is becoming a Nun or a Priestess again, that is not necessary. It is the welcoming forth of a Divine frequency of Universal agenda, with an unwavering focus on bringing in pure Source Consciousness. It is a level of alignment with the greater mission – forsaking all other possibilities, moment by moment, for as long as it takes to raise the consciousness on this planet. A commitment to Source-as-Self as the gateways open for the return of Solar Cosmic Christ Consciousness.

Personal Experience of the Solar Cosmic Christ Activation

Powerful gateway work and many global meditations assisted on the Equinox. Thick channels of Christed light came rushing into the grid systems, and the encodements for harmony were, and are, strong. Most gatekeepers were focused on stabilizing magnetics since this light has such a supreme frequency. We continue to do so as it amplifies through the eclipse.

That day I was experiencing a new merge of Source consciousness in my lifestream. Golden light rushed out from my heart without effort or warning. It pushed apart my shoulders and I felt my ribcage popping and adjusting to its demands. The great tractor beam from my High Heart to Source kept strengthening, surging for hours on end. At Sunset, as I stood atop a high ridge sungazing and taking in all that is, I experienced the effects of my commitment. My I AM presence surrounded me, like the classic Ascended Master tube of light. My Christed Self began to merge with me, pushing forth through the heart center. Infinity symbols traced up and down my spine and across my chest. My heart center encompassed the multiverse in a flash. The frequency of love was so overwhelming that I sobbed at the setting Sun, deeply and completely in love with all that is.

Since then life feels even more dream-like, very romantic, and very Solar in the Heart. I AM aware of the final falling away of what I was. The activations continue, and some of the heart center movement is radical. Dreamstate is laden with mission work and pre-

cognitive metaphors. I tested myself by engaging with a few conversations online, as if I needed to prove that I could still do both worlds. It didn't serve, and I don't desire that right now, so I AM at minimal participation. This activation is anchoring a permanent state of beingness, and the commitment is more important than anything else.

The Timeline Split Sensation

This Solar Cosmic Christ light coming onto the planet right now is of a supreme nature. We have been able to experience glimpses of our own divinity in the past, and now we are at the stage of fulfillment of the prophecy. It may feel like we are lifting out of the collective reality for good. I do feel this is true for those making the choice to prioritize active participation in their own Ascension. Little by little, more and more of us are disappearing through these gateways. We felt it last year and now we see why; timelines drop away – sometimes with people attached to them – as we make our choices. Blessings upon everyone making the choice to level up.

Dreamstate Metaphors

For your own interpretation: I had two significant dreams yesterday. In the first dream I was in a park, picking up eagle feathers which were lying in the grass, like a path to follow. The feather trail led to a very leafy tree where a golden eagle (brown eagle) was hiding. He was huge, and sitting in the tree with his wing extended downward, like he was pointing to the feather trail left for me. He looked like a native drawing with his beak tucked toward his chest. As I approached, he took flight and swooped in a huge arc, turned into a bald eagle, then landed on the ground in the grass. The dream ended. St. Germain uses eagles in our exchanges, and since he has been very busy with the financial system overhaul, I feel this is a good omen.

The second dream was about timelines. I was in Chicago, where many of my timeline dreams occur (I used to live there). The roads were full of electric cable cars (like the elevated train, only on the ground) with hundreds of overhead cable lines. The trains were changing routes consistently until an intersection presented, a corner I used to run by regularly when I lived there, and the trains chose their paths at the last second. I decided before the turn in the road to follow a train car marked WT-6. Oddly enough, on that corner there is a giant statue of Goethe with an eagle on his knee. This morning as I wrote it down, my Higher Self hinted that it was W T minus 6, as in 6 days until WT. I have not heard confirmation of what the letters represent; World Transmission keeps coming up.

Both dreams feel like indications of a significant change very soon, which would coincide with the messages that April is going to be pivotal for the Shift.

The Gatekeeper's Passion

These intense waves of light are my passion, and I intend to spend my consciousness on bringing them in, experiencing them, and balancing whenever called to do so. The Cosmic Christ anchors through the April 14-15 eclipse, which is our next Gateway. The waves continue through June with increasing intensity. We don't know what the aftermath will be after receiving waves of Divinity like this, let's just open up to whatever is available for our personal journeys. Welcome forth the Divine Love, it is asking us to commit to our highest acts of service.

Dynamics of the Cosmic Christ Return

April 3, 2014

Blessings Beloved Light Tribe,

Can you feel the freedom, the expansion, the LIGHTness of being here as the Solar Cosmic Christ returns? This light wave will be fully anchored by the eclipse on April 14th/15th.

April holds challenging energies; an opportunity for divine Mastery indeed. The great Cosmic Christ Light pouring in since the Equinox amplifies our experiences and our Ascension process. It not only activates Heart centers for Christed states of consciousness, it activates a long-awaited prophesy of our Divine HUman birthright.

Experiences of elevation and disharmony are both amplified. Let us remember that the volume is being turned up on disharmony in order to create peace. Prepared hearts feel their Christ returning, while fearful hearts may clutch at the familiar as it crumbles beneath them. It is the light frequency itself which creates the separation of love and war, peace and violence, harmony and disharmony. We begin the passage of the great sorting-out of personal choices, a stronger experience of self-judgment day.

Embodying the Solar Cosmic Christ

In the past, our planet could not hold more than a few embodiments resonating at the Christed state. Celebrate that we are entering the era of many embodiments, leading to an entire planet of Christed beings! Feel the prophesy coming into our reality at last.

You may choose to embody this light if prepared to do so. It is available for you to receive. It is MAGNIFICENT. As more HUMans embody this light, choosing the higher path of Ascension and a higher state of consciousness, the entire collective is affected. It will have a tremendous effect on the evolution of consciousness, accelerating the planetary shift and the collective vibration.

This light holds a pure photonic form, so the demand for order, peace, and harmony hits systems as well as individuals. When the volume is turned up, when the light reveals everything which does not belong in a Golden Age, we see what must be surrendered. Foundational structures we have built for ourselves in the old way suddenly dissolve. Let it be, let things crumble a bit. It is part of your Mastery journey to have faith in your own Self-as-Source power through this passage.

Stabilizing Earth Templates

Many have asked about stabilization of Earth plates to prevent further Earthquake activity. I keep receiving *Let it be*. In the past we were balancing old timelines and imposed grids of negativity; we are not dealing with that any longer. Our off-world brethren, Master realm, Gridworkers, and Gatekeepers are balancing the influx of Cosmic Christ activation light with Gaia's magnetic systems. Those in vortex or Sacred site areas may notice the elevator effect; great lifting sensations one day, and pulling into the ground the next. Notice the threads of light looping through the grids during this passage.

The planetary detox is well underway. Magnetics are shifting to accommodate the new light, and stability becomes difficult. We cannot prevent Shifts which must occur both globally and personally. Remain in your hearts to stabilize, rather than imposing personal will over Divine Will. Send Divine Love to all for balance and stability whenever you can, and be sure to reinforce that within yourself.

Activation Comes in a Relaxed State

Surrender the stress. It is a month for simplicity and releasing what does not align with where evolution is taking us. Stress can come from trying to fit the old paradigm into a new paradigm. Take a look at why you cling to things, ideas, beliefs, or habits. Throw out old blueprints and agendas. Bridges from the old to new may serve as we step to a new beingness, as long as we keep moving forward. Bridges are for crossing, not lingering. They are not permanent structures, and we cannot serve two Masters.

Putting Down the Cross so We May Embody the Truth

We are not carrying anyone else's journey, nor are we carrying the burden of our own. That includes the journey of the planet and the Shift itself. We assist as needed, while casting off all martyrdom and savior programs. Throw down the burden of the distorted old cross. Do you see the cosmic symbols playing out here? Equinox light codes showed us every version of the ancient symbol of the balanced solar cross; symbols that have been in our history for hundreds of thousands of years. We drop all distorted crucifixion dynamics (and those symbols) at the same time we have the return of the true Christ activating, followed by a Grand, balanced cross in our planetary chart. It is showing us the revelation of truth in a direct way.

Please release all agreements and entanglements with drama – they do not serve the embodiment of your divine birthright. The zero point mirror is very close now. It may be difficult for some who have followed, rather than self-empowered, to watch others embody these new levels of light. All is well, and your personal free will choices are always honored – and amplified on your behalf.

When things become challenging, remember you are larger than all of this. Hands on the heart center – tell yourself *I Love You*. Feel it, know it. When things crumble which do not serve your journey any longer, surrender in your Mastery and affirm:

I AM larger than the external illusion.

I AM larger than the experience of Lower Self.

I AM larger than circumstances or temporary challenges.

I AM larger than the Shift itself.

I AM Divine Love. I AM Divine Light. I AM Divine Will.

So be it.

Observations on This Prophetic Passage

April 11, 2014

Blessings Dear Light Tribe,

We are into the three-days-before anchoring of the initial wave of the *Return of the Christ* light, with the gateway point April 14 – 15 during the lunar eclipse. It has been a steady stream of new light, activations, and balancing since Equinox. I AM sure the Light Tribe can feel the intensity of it building, building, and building. April is riddled with cosmic triggers, and this particular passage can trigger emotions as well. It is designed this way on purpose; we have opportunities for deep inner growth and self-empowerment if we honor this light and its divine affects.

Gatekeeper Observations

I AM blessed and grateful to be a 5D/6D Gatekeeper. I get to share when new waves of light will be anchored onto the planet, I get to see Higher realm creations (Heaven) and Master retreats, and interact with those assisting us during the Shift in consciousness. To be honest, I could spend all of my days in gate work. It is fascinating to assist with bringing in something brand new to this reality, and then witness the effects that it has on the Shift. In my experience, this current wave of *Return of the Solar Cosmic Christ* is the most profound wave since the 121212.

When incoming energies and gateways align, utilizing cosmic events or triggers to amplify the dimensional Shift, it becomes very physical. Since the days prior to the Equinox a couple of weeks ago, I have the deep drowsiness of a very strong gateway. This has been a long stretch – a few weeks rather than days – and there are many moments when I have no choice but to lay down. I understand that many people are experiencing this right now, because this particular wave is providing deep resets to the physical. I have spent many nights in that deep blackout sleep for 8 to 12 hours at a time. I feel more rest in complete solitude coming up – a deep rewrite which will require undivided attention.

The Brilliant Light of You

Besides the typical brighter-with-eyes-closed-than-with-eyes-open experience, this *return of the Christ* light is dissolving the veils between Lower Self and Higher Self. The image of my Higher Self, which has been projected into my awareness over the last few years, has been helpful in our reconnection. My Higher Self has appeared as a light being, sometimes appearing as the giant Galactic Self for emphasis; however, when close

instruction is needed, my Higher Self projects in a close-to-grounded-HUMAN size. Higher Self shows up like a coach, showing me *this is how you hold your hands, or this is the symbol we're using right now, or go here, go there, this is what we're bringing in*, etc.

Since my big Equinox activation, my Higher Self appears as Christed Self and is showing me the intensity of its radiance. As I welcome the merge, the light can be blinding in meditation. My Divine Team is brighter as well. It is beginning to look like the radiance I experience in Heaven, or a Master's home, right here on our Earthly plane – every day. This is the effect of the Solar Cosmic Christ light on our perception; we are adjusting to the radiance of our true Self and the Higher Realms, as well as the reality of the Ascended planetary consciousness. Gaia is luminous, and so are we.

A few might misinterpret those vibrating beams of radiance as something outside of themselves. If you are consciously Ascending, it is YOU reuniting your divine aspects at last. We must learn this as the false perception of separation comes to a close. It may take a while for folks to accept their own divinity, their own power. With Ascension comes responsibility, and that can be difficult for some. It has been a long road of outside-of-self assistance, as if we had no direct connection to our personal divinity. That illusion is over, and the faster we embody the True Self – the Christed Self for some of us – the brighter this collective reality will become. The energies of April are focused on throwing down the old cross and engaging with divine alignment. From distortion to Cosmic perfection, if we choose that experience.

This *Return of the Christ* light changes the way I interact with my Higher Self. I AM consciously choosing to welcome forth my Christed Self (and teaching this in my Course), which is the beingness I chose to take on prior to the 121212. This is why many are aware that we have already ascended, and we attune our perception in the time-space lag of density to that truth. Because of our choices and engagement with the Ascension process, we are merging with that higher expression. For me personally, I experience parts of my consciousness disappearing/merging up into that higher beingness during major gateways. Each time I wonder, *how will we function while walking in both worlds so consciously*, but that's all part of the Mastery journey now. Treat it as such – stay fascinated with the uniqueness of this experience – and you'll have a much easier time of it.

Unfortunately the division of realities on the ground becomes wider, and this will probably be our biggest Mastery challenge when the dimensional energies shift in June. Despite how physical the activations are, despite our huge experiences, it is still not visible to the untrained eye. This is not unfamiliar; it is something that every Master had to endure. It is what it is.

Heart Center Activity

The Solar Cosmic Christ activation, which I received during the Equinox, continues to be extremely physical. The constant dramatic movement, light, shifting, pain, popping, vibrating, and expansion in my heart center is overwhelming at times. There is a LOT going on in there. I do comfort the body often and stop everything as I breathe through some of the more dramatic expansions. When it gets intense, I remember what the embodiments of the crystalline consciousness will do for the Shift.

Resurrection and Revelation

In the [Ascension Course](#) we utilize commands and decrees to retrain the lower levels. Most Mastery programs do this; it has been around for a long time. Commands and decrees assist the lower mind to consider other patterns of thought and divine power, and eventually align with them. Currently the new light is using encoded phrases like *I AM the Resurrection and the Life* to provide revelations of the Cosmic Christed state.

As we wash the residue of religion off of our consciousness, we begin to experience the pure essence of these phrases. We are not commanding a new identity to be imposed upon our personal identity. It is not personal; there is no identity associated with the I AM state. It is not me, nor you, nor any other being or Master in that statement of *I AM the Resurrection*. Rather it is pure Source light – the pure Presence of Source – flowing through the conduit of our lifestream without inhibition, judgment, worthiness issue, or egoic embodiment. It is an entire divine template creation – a pure state of Source-in-carnate. When we abandon waiting on divine intervention, and focus on a commitment to serving as a conduit of divinity, we emanate divine love, divine will, and divine light in a powerful way.

As this *Return of the Christ* energy comes in there is great support for a point of revelation, where you feel the attachment to your identity leaving; a surrender to the Divine. As attached as we all are to the visions we've seen of our Higher Selves or our multidimensional expressions, I feel it is best to let all of that go for the moment. I know I said this last Summer, that we need to let go of our identification with Galactic, Master, angelic selves, or titles/beliefs of the past.

Many are getting challenged by what they thought or felt they would be doing, where they were headed, or how all of this is going to unfold. First contact can be distracting; feel free to take it down a notch if you want to explore the *Return of the Christ* energies right now. Beings and star family are showing up now because of the frequency shift, and because it is absolutely fascinating to watch us transform. They want to show support, which is lovely, but sometimes we desire to be in the experience of the moment. There is a level of revelation that is available to us, which will deepen your understand-

ing of what the Solar Christ consciousness truly means. Not just for you personally, but its presence on the planet at this time. Feel into this; it is not something I can honorably describe in words at the moment.

How powerful do you want your self-empowerment to be?

I AM maintaining a higher perspective on the day-to-day challenges since I made my commitment during Equinox. As my indoor sublet in Shasta comes to a close, there was a great temptation to get a lot of work done and spend time searching for a new place. However, the commitment to this embodiment and the Gateway overcomes the mind chatter. In all honesty, even with a physical need for comfort during this passage, there is still a great desire to be up on the mountain through June solstice. I AM letting it be because I want to be available to the new and unknown, and of the highest service. I AM pushing the envelope on my own journey in order to learn divine will and responsible creation.

Closure: Ending Crucifixion Programs

This passage provides opportunities for closure on all of the old beliefs, habits, judgments, and control. The power-over-others programs were our agreement and are now our responsibility to deactivate and de-program. The photonic demand for order requires every individual to release judgment of everything which has occurred here, so it will not be co-created by any of us any longer. It has been hundreds of thousands of years of collective experience. It is over and everyone is released from blame. Get off the cross.

This frequency of resurrection recognizes and honors Source intelligence returning to your awareness after a long absence. It does not linger in the past recreating what was, so there is no point in ruminating over what happened. We are merging with Spirit – all that IS, not all that was. Spirituality becomes integrated; it is not something we do on Saturdays, Sundays, during a morning meditation, weekend workshop, or activation call. Spirituality becomes you, your lifestream - consistently expressing love, harmony, balance, peace, divine light, divine will, moment by moment. We retrain ourselves to be Presence.

Surrender includes finding and feeling that Source presence within. The divine return knows divine love consistently and strives to increase it, radiate it forth in each interaction. Conversation as an expression of love of Source, food ingested as an expression of love of Source, interaction with water, plants, the kingdoms as expressions of love of Source, your presence here as an expression of divine love. When I wrote back in 2012 that Self-love was the checkmate move in the end game, this is what I meant. Self-love is an expression of love of Source itself, and will increase as we welcome it forth con-

sciously each moment. Nothing can control or penetrate that vibration. It is *The Resurrection and the Life*. It is not a person, not an individual expression; it is the pure power of Source consciousness. To consciously amplify it and express it as best we can – and it does take practice – is our greatest act of service. Everyone has roles to play and different missions, but our purpose is Unity with all that is.

Light Fields and Activation

The new light supports perceiving the truth. Many of us have seen our Star family or guides pushing through the veils to reveal eyes, faces, hands, entire bodies in our physical, eyes-open space. Some of these activations may appear as a wall of light or energy field which gets closer until it surrounds/overwhelms you. You may fall asleep right afterward (or as it approaches). Personally I find going unconscious (going to sleep) more comfortable. For the most part, I cannot remember what happens while I am unconscious/asleep during those 2 to 3 hour periods after that energy washes through me. I AM trusting every inch of this journey because that is part of my own Mastery challenge; no fear, doubt, or disharmony. Here in the hyper-charged passage of April 2014, it is the perfect time to bring all of the old mind-level *have to understand everything completely* game to a close.

Weeping with Gratitude

Every time the mind wants to hold a concern, or the emotions want to reassemble a frustration or doubt, I drop into my heart space and feel the truth shining within. I feel the divine love surging through this planet, myself, and all that is, and I absolutely love the experience of it. All of it turns to love. All of it has divorced spiritual ego, that false sense of empowerment which comes from judgment rather than the purity of presence. Even when I sense overwhelm with everything that this passage holds: the Gateways, the Return of the Christ frequencies, the Solar Heart activations, the revelations, the resurrection, first contact, walls of light, the sleepiness, the living situation, the physical intensity, the squeeze on the collective ... it is all overcome by deep gratitude for this experience of transformation. Tears of grace welcome this divine return.

[Video: The Resurrection Gateway](#)

A video compilation of my last three articles for the YouTube tribe.

Solar Crossing: Bringing in the New

April 19, 2014

Blessings Beloveds,

This passage continues to be awe-inspiring. It is difficult to encapsulate in a few words the magnificence of this new light. Each wave is stronger than the last; we understand why the higher realms keep calling them *tsunami waves*. You can feel the pull of the outgoing current in between them; the shoreline dragging out before the next wave comes crashing in. As we felt the energetic sands sucking out between our toes the last few days, we anticipate the rush of new light to be delivered tonight. Easter's resurrection gateway continues through the Grand Cross this week, and promises to be glorious.

Glorious is defined as deep integration of what we have taken on so far, and an amplification of our journey here. No matter where you have focused your consciousness, the zero point mirror provides a clear view for that focus.

I understand that many have allowed the energy to sway them into anxiety about this gateway. Remember that a gateway is an opportunity to expand your consciousness. You may utilize it to further your ascension journey; it will show you what needs your attention. Activations are plentiful, and the amplification of the Solar Cosmic Christ is very strong.

This is a resurrection of the true divine HUman, the template of Source-in-Carnate. This is what many of us are consciously choosing to welcome in this moment. It feels like a big passage because of external influences on your consciousness – we are being steered by these light waves into the truth of our selves. Some ride the light waves, unafraid to meet their true self, while some resist and get caught in the current, pulled in and out by the waves (or dragged under). Relax into the divine flow. Release your expectations of what it will look like or feel like, so you may have your own unique experience and expression. Honor the divine return; embody the light if you choose to ride the waves. Feel the purity, the divinity in this new light. Breathe. All is unfolding in divine perfection.

I love you so very much. Many blessings for this Divine Gateway.

I AM Message

April 25, 2014

I AM the penetration of cosmic gateways, the insatiable quest of photonic clarity, and the holographic liberation of Maia.

And so are you.

Some reflections on this message ~

Insatiable: Impossible to satisfy, or ever-expanding? Perhaps they mean both. It feels like Source is on a search for absolute clarity after digging into the depths of separation. The rewrite of this Universe is supposed to include an exploration of absolute brilliance. A refreshing shift.

Note they said *the holographic liberation of MAIA* – not MAYA. They speak of the star itself, indicating that the templates imprinted upon Gaia from Maia (Pleiades), which were designed to heal that star system's distortion, are now complete in their task. That is huge for the Galactic rewrite. Let us remember that we are healing much more than our planetary/karmic issues here. This is what I meant by creating a Galactic Legacy – we are changing everything through our dedication to light right here, right now.

Link to the I AM messages slide show:

<http://www.sandrawalter.com/the-i-am-messages/>

Blessings to all of us during this amazing passage!

Prime Triggers and Self-Creation

April 27, 2014

Cosmic triggers, or Prime timelines, are something that cannot be avoided. They are pre-arranged events utilizing cosmic forces, set in place by creator beings and us in our higher Galactic consciousness, to create circumstances and shifts. Some utilize the alignment of planets and stars to open floodgates of energies from other systems, galaxies, and Source itself. Remember we create possibilities in the future, then go back and experience it in density as if it is unfolding with a past, present, and future. One of the keys to being a (well-behaved) precog is to honor the experience of powerful passages in the now space, and not get caught up in the *what is going to happen next*.

As a collective, we are able to alter the experience of cosmic triggers by using our free-will choices of fear or love, chaos or peace. With the return of the Christ light fully anchored and doing its work, Light server skills are getting amplified to increase (technically, to keep up with or hold) the new light of pure love on the planet. Those skills were revealed during the Grand Cross. If you missed it, the energy flows through the next week to utilize for self-examination. Take a look at what occurred for you from the Equinox through tomorrow's eclipse on April 28. The information is purposeful; put on your Shaman's cap, focus on your creation and what you pulled in, and pay attention to the AHA moments.

The second eclipse of April marks another jump in frequency, I AM sure you can feel it already. Please honor it with sacred intent, and welcome the expansion.

The Cosmic Shuffle

As the energies amplify the balancing gets precise, right down to individual Light Servers. Many in service are moving, relocating or taking on missions involving travel in May/June. It isn't the distance that matters; it is the ability to heed the intuition or guidance.

Why the shuffle in the middle of these intense changes? A few reasons: the balance of mission work as the new light emerges from the grids (note the work is changing, stay open to new guidance); last-moment adjustments to the grid of HUman hearts for a best-possible-scenario in the May-June Gateway; exchange of codes between Light Server and planetary portals; Server-to-Server exchanges as you *just happen to cross paths with people* (many incredible Light Servers have passed through Shasta in the past two weeks); placement for balancing soul groups (your new neighbors are old friends); and Gatekeeper prep for optimal leveling-up of HUmanity. It is an active pas-

sage, and we sense the magnitude of it; the mind cannot comprehend it, trust in love and the service.

In my personal journey, I have to laugh at how on-point the housing situation can get. My sublet was set to expire prior to the Equinox, then was magically extended to the second eclipse. I was told to wait until April 24 for a new space, just days before my sublet ran out. As perfection would have it, a space manifested on the 24th. The next house-hop begins literally hours prior to the eclipse tomorrow (April 28) and ends on May 22, the day before the next major Gateway (May 23). It feels purposeful to be pulled out of the center of town at the moment, that's all I can share for now.

Tension in the Grids

The new light is a VERY high frequency vibration. It is intended for a 5D/6D planet, I hope folks are understanding this. Now that the encodements for Christ consciousness have infiltrated the grid systems, we are in a quickening of the Shift. Photonic light brings intense expansion of consciousness. Many of us feel like our bodies or hearts are going to explode (and sometimes our minds) as the light enters, willing and opening crystalline structures within us. It is very physical. Every body vehicle will react differently as the merge of Higher and Lower Self grows stronger. As you know, the symptoms talk is not my priority unless it gets very unusual or dramatic.

In general, folks do not like to change until the external forces them to change. The idea of change creates anxiety, such as the massive focus on the Grand Cross last week. This creates tension, and extra work for those who are balancing magnetics at the moment. For the record, balancing does not include intentions for absolutely-no-damage-to-anyone. Our job is not to keep the plates from shifting or the winds from howling. There is so much pressure within the planet right now, it is miraculous we haven't popped a fault line yet. You can feel this in your personal piece of Gaia (your body).

As systems-busters, take a counteractive approach and help with balance. Take a run, get on your bike, sing from a hilltop, host a collective release session, kickbox in a rain-storm; make it vocal, physical, authentic to you. Then bring it back to a centered calm. Amplify peace and abundance as the collective gets triggered by scarcity fears; folks tend to contract when they think the banking system is going down. Go buy something new paradigm to counteract the contraction and fuel the new energy.

Grand Cross Revelations: Creating the New True Self

The Grand Cross stripped us down to the core of our intentions. Review what was revealed during this eclipse sandwich around the Cardinal cross: What did you discover about your intentions, integrity, the core-of-you, your creation? If you are resistant to

changing, what must be altered to shine as brightly as possible - do the collective a favor and face the dragon, right now. The whirlwind of frequency from April won't be dying down; we're speeding toward the June shift now. Take a breather if you can find one mid-May. For those on the accelerated path, be aware for the deep three-day rewrites in the next few months. Just a heads up; you'll know when it hits; it is not something you can impose on your journey.

A Galactic Shift Note

This is a note for the Galactic tribe; a little over-the-top for most, but needs to be shared. The last I AM message mentioned the clearing of a Galactic karmic tether to Maia – a star in the Pleiades which has been very involved in our experience here. In brief, what was intended to be accomplished has been completed. I find it very purposeful that this confirmation came through during the Grand Cross and prior to the June shift (the June intel is from the Pleiadian-Sirian alliance). It means the May Gateway is wide open for new possibilities and pure creation that is directed by US, the bold folks who incarnated here, without the bleed-through baggage from other Universes or Galactic karma. Anyone connected to that will feel the magnitude of what has been accomplished here, and the freedom it provides. More tears of gratitude flow.

Blessings to all of us! Deep gratitude to those honoring responsible creation, peaceful intentions, and embodiment of the highest light possible.

May Daze: Love the Experience of YOU

May 12, 2014

Blessings Beloved Light Tribe,

The current wave (May 8 -14) is powerful, yet refined. Apologies for not writing about it sooner, thank you for your patience. I have been finishing up some things before going up on the mountain for the Summer.

This wave feels subtle and strong at once; peaceful yet purging. Wayshowers and gatekeepers, I understand the need for rest ... grab it now. Try not to impose personal will on the transformation, this is a wave to flow with, not steer.

Obviously the energies are getting more refined in their demand for order. Our next gateway is May 25, indicating May 22 – 28 for the full wave of energies. This month is focused on preparation for June, stay true to your heart and your journey's intentions.

A Focus on Divine HUmanity

This month is a great opportunity for Gridworkers and light servers to focus on the individual journey. Why? Because the June wave feels like the collective is going to get shaken up a bit. My timeline vision goes golden-white mid-June, so I anticipate a good acceleration in the Ascension crowd. Typically that means the collective feels us leaving (leaving a lower state of consciousness), which can bring about anxieties, fears, and emotions for the unawakened. No one wants to be left behind, and those separation scars run deep.

As the division of experiences gets wider (no judgment, it won't be that way forever) we need to be strong, confident, and centered in our hearts. We're holding a vibration that intimidates the shadow of the old paradigm, and sometimes that shadow is fighting for survival within our beloved friends, family, or connections. Gosh some folks can be awful right now. The boomerang effect of Zero Point will take care of things; you have divine permission to love them anyway – from a compassionate, detached distance.

The increase in light this month brings personal disharmony to the surface. Take a look at what arises, but don't drown in it. Learn from it; re-train your lower levels to deal with fears in a new way, rather than falling back to old comfortable (outdated) coping mechanisms. Pure love emanating through an activated heart center overrides all of that easily. Parent the reactions, direct your own journey diligently, and remember that you are

the creator of your experience – both your individual reality and your *reaction* to the external collective experience.

There is a focus on restoring purity and divinity as the Crystalline activation energies grow stronger. Assist it with detoxification, fasting, and rest. Avoid the yo-yo detox/retox that may be your own programming fighting for survival. Go for dominion of the lower levels; test yourself now (gently if needed) so it will be easier down the line. Remember that activation and healing take place in calm, focused vessels.

Swimming with the New Current

Last month, the energies aimed at dissolving martyr and savior dynamics (and will continue to do so). Let's remember that evolution is most challenging for those walking through first. We are conscious during the process, and it gets weird sometimes. We are doing this out of love, not to be gurus, self-righteous heroes, or slaves to the Shift.

Yes, the physical effects of Ascension can get tedious and exhausting at times. Yes, the beings and visions and *what-the-heck-was-that?!* moments can be bizarre (and funny). You might feel isolated, lonely, bored. That's nothing to be concerned about at all. It is what it is. What is a little loneliness, or aches and pains, or strange experiences compared to the end result? Let us not dwell on how difficult or bizarre or challenging it is to be one of the first to embrace evolution. Wayshowing was difficult work as we swam against the old current. It used to be much, much harder than this. The new waves of light flow in the direction of Ascension, changing the current in our favor. It's all love, love, love. And it is gaining momentum.

This is a passage of joy and miraculous transformation. To experience pure divine love, divine light, and divine will is something to be celebrated. Acknowledge your own progress with little victories, little celebrations; make sure that you infuse this journey with joy.

Ascension is a Tremendous Gift to All of Us

Treat it like the precious jewel that it is, the precious gift that it is. Even when the body vehicle is having a hard time keeping up, even when the mind is scrambled, even when the ego demands victory *right now or else*, even when the emotions wail for no reason, come back to your heart center, breathe in the multi-verse, and feel yourself as Source in this experience. Honor the experience of Source-as-Self. Love the experience of YOU.

Gaia is Glowing

Anyone else notice the golden glow lately? As if someone turned up the exposure? I will write more about recent experiences with dimensional bleed-through, first contact, wormholes, the glow, all the funky stuff, very soon. Kindwhile, Gaia is beaming with this new light. Get out in nature, even if it is just to walk, sit, and BE. The frequency available is healing; it may induce involuntary joy. Shine as directed.

A Note on Energetic Intensity

May 16, 2014

Blessings Beloved Light Tribe,

I understand that many of us, including myself, are feeling the intensity increasing as May progresses. As I have mentioned before, and will emphasize again so everyone is reminded, we are in a great acceleration of the Shift – especially since the return of the Christ energies began back in March. The ebb between waves is not like before, we are in a steady increase of these photonic amplifications. This means the days in-between gateways/waves is not a drop-off as it used to be, which is why I mentioned grabbing a breather if you could find it early in May.

We are building and managing ever-increasing light quotients on this planet. It is purposeful and you know this. To be conscious of our evolution is a gift; to realize what is occurring, engage with divine will, and choose your experience moment-to-moment is wisdom. Dig into the deeper aspects of what your Higher Levels desire to experience as the body morphs to your intentions. Feel the intensity; guide the body, mind, emotions, ego, spirit through the process day by day. This is why we trained so much for these energies – to be in the Now, knowing what is occurring and consciously participating with our Ascension process.

Note where your attention is focused. Realize just how high of a vibration the level of Christ consciousness is, and what it takes to embody it. It brings about deep cellular rewrites as the crystalline activates in the body. It can be painful, uncomfortable, unusual. Do you feel how challenging the Master's journeys have been here? Embodiment is challenging. A reminder of what we have said so often: Ascension affects all aspects of your journey – mental, emotional, egoic, spiritual, karmic, and the physical. It's not something that is bestowed upon you, it is offered as a possible experience.

Realize this light is a NEW level of divine intensity, and cannot be dismissed as the same old symptoms, or an astrological event, or the collective vibration, or an external program if you desire to level up. It is very personal right now.

FEEL what it is doing for you, showing you. Consciously welcome it, and trust your higher guidance with the moment-to-moment activations. More people are feeling the unexpected and the unknown as the energies increase. It is a great litmus test for where you are at with your process. Apply your knowledge, listen to your higher wisdom. Feel the LOVE of it, the divine love of Source realigning everything to its command for divine order. The mind cannot control or comprehend what is occurring here. You can only ap-

pease the mind-level for a limited time in this evolution. Let the higher wisdom operating through the heart center dominate the process. Whether it feels ecstatic, good, bad, awful, weird, or overwhelming, All is beyond well.

June Wave: Take it Personally

June 2, 2014

June is a deeply personal passage for those on the Ascension path. We have been fortunate to share common experiences, side-effects, and phenomenon through the Shift, however this may change for you as the June wave begins to arrive.

The Cave Before the Wave

You may have noticed a resistance to sharing your journey lately; a need to be silent, quiet, reclusive. I call it the *Cave before the Wave*. The personal revelations have begun and they must be honored. Often that means keeping the information to oneself, and integrating the brand new experience without external interference. We have an opportunity now to see our true self, meet our divine teams in the physical, and experience dramatic shifts in our reality.

During this time we may experience a separation from our Ascension tribe, our spiritual friends, or the people we have been able to share experiences and side-effects with in the past. For me personally, I have not wanted to speak to anyone. It is not the (sometimes exhausting) energies; it is because my personal revelations need to be honored. Many of these experiences – first contact, DNA changes, revelations of Self, merging with the Higher Realms – cannot be accurately described. It belittles the experiences to put them into words right now.

There is a lot going on; June insists on my attention. I set up camp and spent a few chilly nights on the mountain (campers; it has been in the 30s at night at 7000 ft., but is warming up this week), and the contact, energy, and lightship interactions have been powerful. This cranial expansion of mine is coming online, like a telepathic crown, and I AM amazed at how different communication feels with my higher levels. This type of communication cannot be translated easily into words, which may be another reason for keeping quiet at the moment.

It tends to lessen the personal experiences when we describe it to people who need to react/judge/comment rather than feel into/honor what is unfolding for us. Let's keep that in heart as we move through these months of personal revelations. The conversation has changed for many of us, so the litany of symptom talk or regurgitation of what is or isn't happening will not serve us at this time.

Honor this passage properly – its new and deeply private level will show you the truth of You. The series of veils between you and your Higher Self (Christed Self, I AM Pres-

ence, Multidimensional Self), your Divine Team, the Masters, your Star Families, and Galactic levels are disappearing for a while. It is a divine opportunity for advancement, clarity, acceleration of your process, and private AHA moments. It is happening already, however it will grow very strong as we move through June.

Some notes to assist; more on these topics later:

Intense Energies: The current energy is provided by the area of space we have moved into. Certain areas of the photon belt have different effects, and they are laid out perfectly for our Ascension process.

The eyes-wide-open experience: If your focus is on 5D and above, the 4D realm may appear like a field of orbs, sparkles, zipping light in front of the beings you are connecting with. You are looking through lower levels of consciousness to connect with these Higher realms, so the 4D layers may look like a meteor shower or pinpoints of light. Attune (look) past these layers if you desire to connect with 5D and above. High 4D light effects still occur in most of my contact experiences so far.

The Afternoon Activations: Many of us are receiving the afternoon activations from 1-3pm. This happened back in March, and we all know what Equinox brought in. It isn't every day, and they are different each time. It is remarkable that folks all over the world are experiencing this in the same hours in their time zone. Brilliant. If you welcome it, energetic upgrades and adjustments are available to assist in this passage of revelation. *You need to upgrade in order to experience something new.* Some of the upgrades can be overwhelming, as they expand our consciousness in a quickened way. If you feel the energy coming in, lay down, go into a meditative state, or just be still and feel it. Depending on the day and circumstances, you can receive a lighter activation by acknowledging when the activation hits, and accepting it consciously into your energy fields and body. Say thank you.

Viewing Your True Self: You may see your higher twelve aspects if you are on the Cosmic Christ path. Or your Divine team, which might expand as you Level Up. Typically, Wayshowers in service have hundreds of high-level beings working with them. Again this is not third eye vision, it is a blending, merging of the third eye with our grounded vision, so it becomes an eyes-open perception. Easier when it is nighttime (less distraction from the grounded scenery), however daytime is stronger since our perception is willfully attuning to the truth.

Interaction with your Higher Levels, Star Beings, etc.: This is new to both sides of the veil, so work out a comfortable exchange for your experience. I was asked to describe the experience when we connect; what I see, feel, hear as I interact with my Higher levels, Team, and Higher Beings. Go ahead and tell them out loud what you see.

Example: *I see the giant swirling field of light, it is magenta colored, as it enters my body and fields I feel expansion and clearing ... or I see 12 tall beings, your facial features are clear but the body looks like a pillar of light. Beyond you I see rows of other beings, some with gold, violet, or diamond auras.* etc. This assists your own personal team with interaction, so they may know what you are or are not perceiving. I ask questions or state *I don't know who that is* when describing the scene. The beings respond and adjust accordingly. It is beautiful and fascinating to bridge our worlds in this way.

Every contact should feel good, calm, loving. I understand there are many fears about first contact, the *who is benevolent and who is not* game. Take a look at your belief systems if suspicion is your first reaction. Are you in command of your energy and lifestream, or not? Understand that HUmans resonating with Divine Love are being held in a sacred space for this to unfold. Many of us have pre-arranged timelines to serve as liaisons, or to simply experience the truth of first contact before others in order to feed the truth into the collective consciousness. Frankly, first contact is not what you might think it is. Keep your sovereignty in check and remember vibration = vibration. Always.

Pay no attention to lower consciousness. It may sound less than compassionate, however the high vibe tribe must step into the brand new, right now. There is a significant drag on the collective consciousness from fear programs, and that includes the *When are they going to land* and *As soon as the reset happens* waiting games. Please do not write me about these topics, or the Earth changes expected this year. If the awakened tribe cannot handle change with grace, calm, and wisdom, what does that say? How long do we want any sort of mass awakening to take? Level up, please. Pretend the Shift depends completely upon you. In your own lifestream, it does. In the collective experience, the sorting out of experiences continues. Choose wisely.

The Waves get Bigger, and it is Perfect.

I understand that many are dismayed by the intensity of the energy. Yes, it is hard on the body. Yes, you need to support it in every way possible. These waves are working at a cellular level. Many of our Divine HUmans codes are in our bones, which can make you feel heavy, slow, aching all over on some days. There is a complete description of body changes and how to support them in the [Ascension Course](#).

Many have asked when the energies will calm down. Let me state again: They won't be easing up. We are in prime time; the great moments we prepared for all of these years is upon us. These are insistent commands from Source itself which cannot be ignored by awakened beings choosing to experience the New. Treat it with gratitude, let things get bizarre for a while. All is well.

For the June gateway, I choose the most powerful experience available. To honor that, I will be up on the mountain a lot for the next few weeks. This is a powerful gateway and Shasta is changing. I have limited internet at the moment, however I promise to post more on the above topics soon.

Healing Conversation with Lauren Galey and Sandra Walter

June 3, 2014

I had the pleasure of connecting with Lauren Galey on the *Healing Conversations* show.

Highlights of the topics we shared include the June energetic Shift, Mount Shasta's crystalline cities, and a powerful tool of forgiveness. It was truly a healing conversation, and I AM joyful to connect with Lauren to have these high-vibe interactions. By expanding our level of conversation, we raise the level of the collective!

This Healing Conversation discusses the Ascension Process and:

- What is a Gatekeeper and what roles do they play for the planet?
- True HUmanity is now emerging
- Watch what happens when you learn to let go of steering your own journey and Trust
- Divine Neutrality as a Creator-State of BEingness – Conscious interaction moment by moment from the heart
- Multidimensional levels are all within us and around us
- How to raise your frequency moment by moment
- YOU and WE are a Fractal of Source, God, All That Is
- How to Solve Problems in the 3D world from a Higher State of Consciousness
- What are Crystalline Cities and how do we access them?
- Tap into telepathic communication with your Higher Self

[Healing Conversation: Video Version](#)

June Gateway: Meeting the Ultimate Guide

June 10, 2014

Welcome to the June Gateway

Everything is shifting as we enter this new energy field. You may recognize its effect on the Sun and our planet as the waves of light grow more intense. Those of you with third/ fourth eye vision or higher skills may notice the intense shift in tones, colors, beings, and fields of light around you. Senses can be willfully attuned to this higher light, and it is quite a show. This new light is pure consciousness, revealing how busy it is on the other side of the veils.

Although this phase of our Ascension began back in March, with significant developments and adjustments to our body, heart center, mind, and energy fields in April/May, our Gateway is June 11 – 27. The classic 7 day Gateway with a break before/after seems to be a thing of the past, and the energy will not be decreasing. There is deep work unfolding in this photonic bombardment, which is why many of us are feeling that *moment before* sensation. We can feel the profound intensity approaching; the *something is about to shift dramatically* sensation.

The Ultimate Guide

Last month I experienced three weeks of intense preparation of my body, reality, and perception. I AM not the same embodiment, and the shifts grow bolder as this Gateway approaches. Some recognize it in my eyes or my voice. The internal changes I went through, and continue to go through, seem to be invisible to the external world. This is how it may be for a while, and I accept that things will be a little bizarre during this passage. All is well.

All of us who radiate love and gratitude to the Higher realms feel their presence very strongly right now. They are holding space for the grandest meeting of our process; the merging of the realities of our Higher and Lower Self. Much of the work last month, which continues, is a shedding of old realities and an absolute demand for Presence in the Now. That may sound cliché; however, the deeper meanings of our New Paradigm phrases and ancient guidance are unfolding quickly.

Aspects of the Self return to teach us, to reveal the truth to us. They may appear as individuals who are separate from us. That was the illusion we employed, which is now dissolving in magnificent ways. When face to face, heart to heart with an aspect of one-self, there is deep knowledge exchanged. It is a profound level of expansion, and deeply healing.

I stand in a hall of mirrors, asking to know more of myself.

That was Source's intention for this holographic creation, and as the veils lift the mirrors are removed. You will find less reflection in the external, which can be challenging as we all know. Focus on the merge; you are reflecting the higher planes of consciousness into this reality in order to dissolve the illusion. You become a reflection of the truth. This passage leads to a profound understanding of Self, our perceptions, and how intertwined we are with all we have created on this planetary consciousness. Then we experience a great dropping-away of all that was.

As the merge within grows stronger, we are unifying with huge portions of the hologram, which purifies and dissolves it. We are eliminating tremendous amounts of distortion/illusion by leveling up in this manner. It creates dramatic Shifts in our consciousness, which affects the collective experience by dramatically raising the vibration of the noosphere; Transmutation on a grand level.

First Contact

One of the areas receiving focus right now is first contact. As I mentioned before, it may be different from what you expect. I understand many are having experiences with their star family or aspects of Self that would be considered Galactic. I also recognize the programs running to distract or deceive, and recommend Divine Neutrality as we move into stronger experiences. Discernment.

Know that the unification of Self must be in progress in order to grant contact. That is the free will choice, permission on both sides; unifying with your Higher Self changes the vibrational fields of the planet, creating a welcoming vibration for interaction. Vibration=Vibration.

I AM practicing incredible neutrality with first contact as it is a tenuous passage. The June gateway is supposed to unveil prearranged contracts and develop grounded liaisons. I recommend keeping a journal of notes on what is revealed for you. Much of this we cannot share just yet, however it is good light-grounding to write it down.

Immersion in the Cave

Your cave can be anything you want it to be – a home, a boat, a room, a garden, a car, a tent on a mountain. It is more about being in the state of calm stillness than a physical location, although a designated space of highest intention always accelerates the process. I AM amazed at the divine alignments occurring in my consciousness already.

I AM told there will be a need for deeply private time at some point; a period of pure cave-like isolation for our personal transformation. To support this, I AM spending much

of the Summer off on my own, and manifesting many days without any (grounded) interaction. There is more to share on all of these topics, however I AM guided to be alone with the process right now. For me, the next few months require immersion.

The personal revelations and merge with the higher realms of our consciousness are purposeful. Besides the deeper understanding of who we truly are, there is an unshakable ease which will be attained. A gracefulness becomes our resting state as the external goes through some challenging shifts. For the moment, it is time to receive from the Higher Self, the I AM template, the Christed beingness, the Source. All other distractions melt in the light of this activity. Revel in your revelations, beloveds.

Blessings for a Radiant Solstice

June 19, 2014

Blessings upon this Solstice passage! The New Light continues to reveal, inspire, enlighten. Open to it, this is a prime opportunity for expansion into the Divine.

We are blessed to have many visitors in Mount Shasta ~ it is beautiful to see radiant HUmans in town. I AM playing with the Light Tribe through the weekend, apologies for unanswered messages.

Many of us on the mountain represent hearts in resonance with the New Light; a few are fellow Gatekeepers. I AM blessed and honored by their Presence here.

In Divine Service, we hold the new vibration for all who desire to be here in spirit. When we dance around the fire, you dance around the fire. When we play music, you play music. When we pray, chant, tone, meditate, activate, amplify, celebrate, you are here with us.

There are no limitations in Divine Love ~ The Omnipresent Light of Unity Consciousness. Let us co-create the finest, brightest Solstice possible!

The Seamless Merge of Dimensions

June 27, 2014

The June Shift did not disappoint. We encountered the marker on this miraculous Ascension timeline when we merged dimensional expressions. It was seamless, profound and changes everything – again.

We have a new platform for our physical experience of multidimensionality here on beloved Gaia. We received a huge amplification to accelerate our perception of what occurred 18 months ago at the end of 2012. Now we apply our knowledge of these events with the New Light provided and attain wisdom at last. It seemed like a long journey, then it was boldly, instantly un-created for the New; a seamless shift of perception.

We are different beings, in a different area of space, dealing with different energies, creations, and many tools which we planted in the planet to assist us during this passage. With this deep realization comes acceleration for many on the Ascension path; responsible creation will be the test of Mastery during this passage.

There is absolutely no judgment on other experiences during this passage. This is not the same experience of multidimensionality we have had in the past. It is a physical merge, and in our Mastery we keep our cards close to the chest as this unfolds. I heard many folks had a hard time during the June gateway; perhaps this will provide clarity for some, and frustration for others. Repeating the whys and hows of leveling up feels like madness to me. I have deep (healthy, detached) compassion for the collective encountering difficulty with the New dynamic.

A New Conversation has Begun

I willingly, joyfully abandon the regurgitation of old Ascension rhetoric which has been discussed to death. RIP to all which is not applicable to the New. Everything has changed through this gateway, and we must focus on attuning our perception to the Now truth which breaks apart old energies and old creations. Many will try to apply old beliefs to the New, and they have the free-will right to do that as long as they need it, or as long as the collective needs it to feel comfortable during the Shift.

New Energies, New Light

I understand many perceive the New Light to be a return of an old light. I do not resonate with that definition, nor the tales of raising something which once was. Source has sent out a command for a new creation, and the remembering phase of our journey

now spawns something brand new. I feel the Golden Age/Golden Race will be different from anything we, our Master Selves, Archangelic Selves, or Galactic Selves have experienced before. There may be an exploration of old intel; I feel we have been in that passage for a while, and it now feels nostalgic.

It is BRILLIANT what happened in June

Here is a look for the mind-flow levels at what unfolded for the Forerunners of Ascension. The design of these events is brilliant:

December 2012: Dimensional Shift of Gaia and HUMANity. Holographic shadow of the old maintained as an act of mercy and Divine Will, easing us into our new reality.

August 2013 – February 2104: Old holographic templates of Self begin to collapse for Wayshowers, after running on personal and collective intent for months.

March 2014: The Return of the Christ energies enter the Planetary fields, awakening Solar Cosmic Christ codes within Wayshower/Forerunner Heart centers.

April 2014: Full Anchoring of the Christed activations through the planetary grids (stabilization attained). Many have felt like Feminine energy; I feel that is just the perception of balance after a long period of patriarchy.

May 2014: New Self Templates activated within Wayshowers. Powerful upgrade for many as DNA rewrites in alignment with the new templates. Major physical preparation for the June Shift. Some may not have known what was occurring; that time in the cave led to transformation of your path.

June 2014 Shift:

- Gaia enters an area of space which triggers the dimensional merge of higher and lower expressions.
- Unification of 3D-5D expressions within Wayshowers/Forerunners begins in a clear and physical way. Physical perceptual access to 9D (I AM template levels) available to many as the New Light activates DNA in the planetary grids (12/12/12 codes and ancient templates in many locations) and is willfully called forth. Pineal adjustments for eyes-wide-open interaction with 6D-9D aspects through telepathic union. (May be perceived as lifting of the veils.)
- Deeply personal revelations; a departure from collective experience in order to fully realize the Creator State of consciousness, pure creativity, and the effect of Divine Will on the personal path of Ascension.
- Begin to unify and greet (in the physical) the 12 Divine Aspects of divine (Christed) HUMAN Self, realization of Cosmic Christ template activation.

Current Veils in Flux (veils of perception destabilizing with the New Light):

Planetary Veils: Magnetosphere-based, influenced by Planetary, Solar, and Galactic intention. During dimensional collapse/merging of dimensional aspects, the magnetosphere thins to allow more photonic light (pure light), plasma, and cosmic particles into/onto the planet. We are experiencing significant magnetosphere penetration during this passage, breaking apart the time-space dynamics of the old 3D and 4D, allowing for rapid evolution of consciousness (jump time).

Collective Veils: Noosphere-level agreements of the HUMAN collective; currently being treated with an incredible amount of compassion by grounded teams and the Higher Realms, which are merging. Even with tremendous cosmic triggers in play, the collective agreement to honor all journeys as best we can remains intact. When the collective experiences fear/anxiety/contraction with the shifting energies, higher-level adjustments are made to honor all conscious and subconscious thought forms/creations.

OverSoul Veils: Soul Group agreements. The Ascension process/Mastery path of a Soul Group. Dependent upon the objectives of the OverSoul, affected by Soul Group accomplishments, In-Carnate choices. When a tipping point is reached in Soul release (release to higher service rather than Soul path intentions), the OverSoul dissolves this veil.

Personal Veils: Perceptual level of In-Carnate consciousness which merges with OverSoul perception during Ascension. Merge triggered by OverSoul level, dependent upon Conscious Choice of In-Carnate level to Ascend.

Divine Opportunity

With the dimensional merge occurring in June, there are opportunities to attune one's perception to the truth on all levels. Begin with the personal veils and work up. It is astounding what is available to the grounded In-Carnate Self during this passage. It also caused a significant jump in frequency; please stabilize your own lifestream in order to assist with planetary stabilization.

In the next article I will share personal experiences of meeting Star family, Divine aspects and Masters without the perceptual veils. What an amazing dream we have shared; the metaphors are rich, potent, and absolutely brilliant.

July Gateway: Deeper Revelations and Realizations

July 1, 2014

Our July gateway is July 4 -14. You may feel it arriving as this wave hits the Sun. Gaia is about to adjust to the amplification of Divine HUmans on her surface; the June revelations and embodiments of this new level of light have greatly amplified the HUman heart grid. Blessings upon everyone exploring all that is available on a personal level, and taking on these embodiments with grace. July brings expansion of what was revealed last month, and it is anticipated to be a bit more intense, in a good way. Always in a good way. Take advantage of these waves as they dissolve the personal and planetary boundaries on our perception.

The more HUmans fully realizing their personal ascension into higher states of Christed consciousness, the brighter the HUman grid becomes. It is our unification with the crystalline grid and our Higher Levels; the bringing Heaven to Earth scenario. We have a tremendous effect on the collective consciousness. As the Noosphere reflects this to Gaia, she will adjust accordingly. All is well.

Timeline Splicing

If you work with timelines, you may have learned to cut entire sections of your personal ascension timeline in order to shorten the perceived distance between key events. Many of us (not all) created this Ascension experience in the future, then went back in time to play it out and assist during the Shift. I AM one of those beings, and as I became aware of the flexibility of personal timeline choices, I decided to cut and paste the point on the timeline when the future Self and the current embodiment cross paths.

In my personal journey, I could see the moment when my future Self met my current Self, so I shortened the timeline when I would run into myself. The New Light triggers the opportunity, however the intention of *Let's do this Now* was accelerated by trimming the timeline. *Note: Splicing timelines also means that everything which was to be learned, karmic contracts, and service work are sped up to accommodate the intention. Your lessons and Soul contracts unfold in a shorter amount of linear time, which can be challenging.*

Kindwhile, I ran right into myself. I have met a few Selves; Star aspects (formerly external Pleadians), Divine Christed template aspects (Divine Will presented first), Higher Selves in 5D and 6D, and Ascended Master aspects (formerly projected as external Masters). It is a dreamy affair to encounter oneself in the physical. I hope everyone is comprehending this step properly – we have a telepathic communion occurring with a

visual projection of our Higher Selves or Higher dimensional beings right in front of us. After years of guidance beyond the veil and third-eye experiences, we have finally merged the lower dimensions so that an eyes-wide-open, clear exchange with our higher aspects can occur. It adds a new layer to the First Contact scenario, and I feel many of us are beginning to understand what that is truly about.

It is best to be in know-nothing-mode when aspects of self present. Ask questions until you attain the co-creation level. Our skills as re-creators (more of the same dynamics, beliefs, thoughts, etc.) can override and block new information. Open up! Be not afraid of what you truly are, or what you thought you were. It was a crazy, brilliant game we were playing. No judgment if you scrambled some of the Self-intel; technically you agreed to a creation. Now you get to un-create it instantly if you desire effortless surrender of those creations.

There is a deep connection to Source through these new conversations with Self. The divine fractal is so clear; the microcosm of my experience which reflects Source's experience of discussing itself with itself. It is profound for me, and I will share some of these conversations soon. Some exchanges are difficult to recreate in writing, so I AM exploring how to relay the feeling, the communion aspect without belittling the experience.

The Romance of Self

My goodness this Divine reunion feels incredibly romantic. I AM enamored with the Divine metaphor of all that we have been, all that we are, and what we are becoming in this Now moment. As the veils drop on the old experience, I AM awash in the true light of the True Self. That love extends to all of creation, and the sense of Self-as-Universe takes on another level.

Everything takes on a heightened state of Divine Love as we dissolve the philosophies and mind-level understanding of what was, and finally embody the truth of those old paradigm prophecies. For those not experiencing the new level of Divine Love on this planet, imagine all the times you have been deeply, blissfully in love and magnify it a thousand fold. It washes away all of the illusion of distortion; there is nothing here but Love. HUmanity is catching on to the truth, and the Unity grid is building strength exponentially each moment.

The Revelation of Experience

Some revelations are humorous, some challenging, all of them brilliant. I have always held a deep appreciation for what is happening to us, and I feel that is key to flowing with the New Light. The higher realms have been focusing on the *experience* of revela-

tion, reminding me that every sensation, every moment, is to be shared with all levels of Self.

In the Old Paradigm it seemed our Higher levels felt our experience. Our vibrational mismatch did not allow for the richness of our experience to be shared. Now that the great merge of Self is occurring, I AM reminded that the sensations of our embodiment – every experience, feeling, observation – has value to the Higher Realms as we reconnect and create a new expression. Share your experiences, beloveds; these are the precious moments of reunion we have been working for. It truly assists the merge to share what you see, feel, experience as the merge unfolds.

The Revelation of Unique Expression

There is a lot coming in on this subject of revelation, which is why I AM attempting to be thorough and ease into what is happening here. Our Unique experience, our unique expression, is very important as we fully realize Unity consciousness. *Let us remember that Unity Consciousness is not about being assimilated into a big Source-blob.* In the old light, we spread rumors of Oneness based on giving up our identity, surrender, and beliefs about the HUman experience. We had to go through that phase as part of our Ascension process. As these revelation passages open over the next few months, we are capable of understanding higher level intelligence. We move out of the old paradigm religion of the new age and into the next, the new, the Now of what is being revealed.

Oneness is not a faceless, nameless state. The Union at heart-level honors the billions of individual expressions of HUman on this planet, and all journeys are encouraged to explore their unique facet of Creative intelligence – after we drop the lower level domination of the old paradigm Self (Ego, emotion, mind, karma). This is why a state of non-judgment is vital to achieving the merge; we un-create the religious beliefs (that includes new age thought) when we actively pursue the Now; no more past life obsession, no fear/anxiety about the future, no need for the drama-as-motivation programs that so many depend on.

Freedom has arrived, not through the escapism of brief out-of-body journeys, but through the merging of denser physical embodiment with the Higher aspects of Self. Embodiment is unique to each expression of Source-in-form, and clarity comes after we master the surrender of what was. No more drone-like behavior, no more collective belief systems that do not serve the New Light. Each of us will bring our unique skills, creativity, and purpose through the merge. The truest characteristics of Self will make the Shift into this creative era. We are merging with an Ascended Gaia designed to support a Golden Race of pure Creator-In-Carnate; a Divine HUman embodiment which encompasses a boundless amount of consistent creativity.

As we merge with our Divine aspects and multidimensional Self, we will realize our uniqueness within the dream of Self-as-Universe. For the moment, know there is comfort in these revelations. I understand we are moving away from the *Me too* scenarios for a while. It forces us to honor our own creation, and learn to be sovereign in our new creation of Self. All of us will have our AHA moments, a good laugh at what we believed, and smile at who played what role in body and in the higher realms. It is brilliant, and the metaphors within the dream of Ascension are plentiful.

Revelation of the New Creation

Beyond the reunification of Mastery realms, Star family, finer expressions, and our grounded physical Selves, there is the New Light which brings a new creation. The summary of my experiences here lost any power when I hit this phase. I understand that many will be preoccupied with what role they played along the way to Ascension. I humbly suggest getting over the past life connections quickly, and any attachment to the roles of your multidimensional beingness. It is Spiritual Ego that desires a past or present title to cling to as truth. I understand it can be comforting when one is in the dark to hold up a torch of *what was* to light your path. But that is not the Now, and recreating *what was* is old paradigm. The unknown New is brighter than anything which has occurred here.

We are all up to this Mastery challenge – some of us are creating it as it unfolds since we reached zero point. With manifestation comes responsibility, and that is the topic of the next article, which includes a reminder to Lightworkaholics about Universal Laws of Free Will and responsible creation.

The Divine Recalibrations

July 19, 2014

Blessings Beloved Light Tribe,

You may have noticed some significant changes occurring during the last few Gateways in your personal journey. Everything is *so very different* from our old experience, and I hope the last few articles assisted with understanding the linear aspect of these unfoldments. While it is designed to reveal deeply personal aspects of your expression here, there have been some similarities which provide the old comfort of *Yes, me too* during this phase of our process.

Some of you may have experienced physical recalibrations this during these revelation Gates, which will continue for a few months. These are opportunities to willingly, consciously perceive what is your personal expression's true path, true purpose, and in many cases your true multidimensional Self.

It takes conscious engagement to experience the movement toward the New Self. It is new, and I AM sure many of you are having these sequences of *Everything has changed, I AM a different person now*. It seems to advance with every gateway. Be sure to integrate properly; it is your free will choice to default to old Self behavior out of fear or habit.

The Three Days in the Cave Scenario

In my personal journey, I had three very intense days on the mountain during the last gateway. I could barely move. What makes these readjustments different than achy days of the past is that they occur within a veil-lifting scenario. For three days I lay in my screen tent on the mountain, which provides a full view of the forest, sky, animals and activity around me. Physically, it felt like my nerves were getting stretched, my bones and joints were in terrible pain.

Spiritually, my team was close and curious. When I slept, I was completely gone. I had a Pleiadian Shaman working around me, and the kingdoms were actively assisting him. Pleiadians are responsible for stepping into the Native tribes (Aboriginal, the Americas), to bridge the Solar Christ Consciousness into the planetary grids, so you can imagine what a cosmic shaman straight from the stars would feel like. I was happy to experience him, despite the whirl of pain and dimensional flux, because I had pre-cogged three of my contacts last March and he was the last one. The first was an old friend from the

Pleiades, the second my Twin Ray who is not incarnated at this time. That sequence is complete now, and I sense the next Gateway (July 25 – 27) will be powerful.

As with any of these new experiences, I flow with it even when the body is knocked out. I slept for hours on end, managed to rise for water, and would go back to horizontal. Back in May during my three week recalibration, Yeshua shared the cave intelligence; there are passages which must be spent alone where the body will be actively igniting new meridians and new DNA will take hold within crystalline templates in our cellular structure. In the old light, it was a three day rework prior to emerging in a new form. In the New Light, we have an ascending tribe choosing to take the body along for the experience, and a completely different energy and collective to work within. None of us is sequestered in a Mystery school in the Himalayas; we're ascending in full view of the collective. This means on occasion we will have days of private time, or hours, when Divine recalibration will hold our attention – and our bodies – in a cave-like state for upgrades. When these moments hit (and sometimes you may not make it to a comfortable position), it is best to honor it and enjoy the experience. There will be several of these New Light recalibrations as we go through our process. Unlike the physical resets of the past, these are a response to templates activating within the planet designed for the best-case-scenario of our Ascension timelines; more on that soon. The cave scenario is powerful as our body consciousness changes to accommodate the demands of our Ascension.

Old Light vs New Light

There is absolutely no judgment on what was created in the Old Light. That goes for both good intentions and less-than-highest-interest intentions. Many of the metaphors, symbols, beings, stories and myths of our past were presented in a certain way because we were in density and did not understand how higher light functioned. Because we could not comprehend vast multidimensional operations, we were presented with metaphors. The Essenes offered Archangels, Melchizedek offered Brotherhoods of Light, the Masters offered Magi and miracles. Channels were presented with material in ways we could understand; beings that had certain responsibilities, karmic and chakra structures, colors and rays, geometries of ancient texts, hidden cities operating on higher knowledge, Akashic tales of past lives. Some of it is still applicable, some of it is not. It depends on your level of consciousness as to what serves your awakening, and what inhibits your understanding of the New Light.

Now that we are perceiving the truth of these metaphors, we can apply our new perspective to everything in a state of Divine Neutrality. Do you feel the difference this is making as we move through these revelation gateways? Those who freely, quickly assimilate the knowledge without judgment of the Self or the external are raising the vibra-

tion for the collective. We are dissolving a lot of turmoil in the old new-age collective by greeting these New Light revelations with neutrality. Neutrality is non-judgment; Divine Neutrality is the absence of any attachment to payback, finger-pointing, told-you-so, or they-will-get-theirs intentions.

Honestly, it does not matter how folks were presenting material for understanding. It does not make anything I have mentioned above wrong; much of it is still assisting us in our expansion, and much of it is still true to our experience here. We collectively create so many wonderful things; it is our divine right to un-create, renew, recalibrate our truths to align with the New Light. Understand that making things right or wrong is old light, old energy of duality. As we recalibrate ourselves to the New Light, the past dissolves. Divine forgiveness holds onto nothing. Poof, gone. Brand new for the Now moment.

What matters now is letting go of the old stories that do not match our recalibrated consciousness, so we may move into higher and higher New Light, creating what applies to the here-and-now. It is not deceptive to believe in something which looked true in the old light – however, it *is* deceptive to know better and continue to do it anyway. I AM sure you feel our point here; revelations work on a personal level as well as collective. The sooner we surrender attachment to old beliefs, the sooner we get on with larger collective shifts. This is why we do not have a sudden veil-lifting-for-all point on this timeline. It gives everyone the opportunity to change, to surrender, to explore what they need to explore, to reveal, or be revealed.

A Word on Free Will

As we move into fully understanding Free Will principles and Responsible Creation, we continually keep the spiritual ego in check until it learns to behave, just as the egoic level had to learn. Many continue the old light game of attack – the unsolicited comment, advice, guidance given to another without their consent. Some are unaware of how that violates free will. Some with undeveloped intuition can blatantly mistake the mind for higher guidance. Those are beginner phases of awakening, but in the Ascending tribe we must take a look at Free Will principles since we desire the accelerated journey and do not want to play in duality or the kharmic realms any longer.

Our skills are greatly enhanced as we embody the Creator State of consciousness. We see a wide-open palette of creation to choose from; our limitlessness is revealed beyond the veils and we are inspired to go New, New, New. We want experiences in this New Light and desire re-creation of our lives, service, everything to align with it. We must also understand how influential our new creations will be when they are in alignment with the New Light. This can make one cautious about creation, since so much is in flux as our perception attunes to the New Light. My highest guidance on creating right now is to relish the experience of creating, really enjoy a lengthy exploration of all that

your creation can encompass as you manifest. You will feel the freedom in that experience, and it can be a relief after so much busy-ness in the last decade to get us to this point.

Beware of being a Lightworkaholic; there is a great shift in planetary and personal energy systems right now. You might notice that old ceremonies feel old. Rituals demand upgrades; we are compelled to mix it up, shift our days and activities so we don't recreate yesterday. This is a passage of personal revelations that change everything from the heart out. Honor it, breathe it in, calm the worthiness issues, the judgment of Self, step away from the needy – or your need to be needed – for a while. This passage works on a deeply personal level; since you have been and will always be infinitely YOU, give yourself the private time you deserve.

[Deeper Revelations and Divine Recalibrations: Video Version](#)

[Deeper Revelations and Divine Recalibrations: MP3 Version](#)

For Fun – Underneath a Lenticular Cloud on Mount Shasta

July 23, 2014

Blessings Beloved Light Tribe,

The current energies can make us feel blissy, anxious, restless or still, sometimes all of these within the course of a day. Our next gateway is July 25 – 27, which feels powerful already as the light builds. Always good, another opportunity to level up and expand our consciousness.

These current gates are focused on personal revelation, a divine intervention penetrating the Ascending HUman heart grid. Divine in a true evolutionary sense, and we must remember this even when it feels bizarre. Shasta has been pulling in and throwing off some strong energetics this Summer. Plenty of strange experiences have been shared among the local tribe. Dimensional flux, veil-thinning, portals playing with time, lightship activity, and energies pulling people to the ground on the mountain. Many moments of *step away from the vortex* and *don't do anything* presenting this Summer. Quite different from day to day, it is a great method for putting the Now into everyone's agenda.

On behalf of the buzzy vibe, I put together some photos and video of watching a Lenticular cloud morph on July 22, from underneath the cloud.

The top road was closed for repaving, so I hiked up for some Sunset Gatework beneath the lenticular clouds, which had been playing with the cooler air up there. A lovely evening, no one around, gorgeous display, and the energy was very active. Felt like a fun moment to share with the tribe!

Note: There is no sound on this video. Uploaded in HD/best image quality – select HD in your YouTube settings (the little gear icon under the video). Aho!

[Lenticular Cloud Video](#)

A Note on Revelation Energies

July 28, 2014

The weekend's gateway was powerful. Note the Pineal upgrades and meridian resets (a strong circulating energy within your body and fields, as opposed to the tingling and surges). Many of us are getting the recalibrations this Summer, it is part of the Christed DNA templates activating within key points on the Earth grids.

We are aligning with our new, true selves, and it won't happen overnight – it will take several veil-lifting sessions before we can embody this new level of truth. Just when you feel you took on a brand new level, another revelation presents. It can be unnerving ~ self-care and patience assists during this transformational passage.

Let the personal revelations unfold, complete clarity on forward momentum won't arrive until the personal alignments have stabilized. It is a passage to observe and be present with the body and energy. Attempting to push forward with ideas based in the old energy, making old light assumptions on what is occurring, or over-thinking our personal evolution can cause anxiety or confusion. If clarity eludes you, be okay with not knowing until the new light reveals what is unfolding for you.

Be with this new level in an active, enjoyable way. I understand many are using this new light to confuse, trigger, or create drama when inner peace is needed. Drama as motivation is old paradigm – note when you feel emotional triggers being used to manipulate your energy. Be aware of the difference between action and reaction. Let us apply peaceful, heart-based, creative solutions to our personal and global issues. Beyond being present, Be the *Presence*.

Divine Intervention: Creating New Everything

July 30, 2014

Blessings Beloved Light Tribe,

What a magnificent end to July energetics ~ stimulating, heart-opening, expansive Light. Our next Cosmic Gateway is August 4 – 12, however I AM excited for the NOW of this Light and what it has to show all of us.

Clearing the Path for MORE

My dear 2008 Mac, a parting gift from my last employer, reflected my desire to create the brand new and stopped being of service last SUNDAY. As Divine Will would have it, this happened the day after a deep conversation with a friend when I shared that I wanted to spend August focused on this New Light and all it has to reveal to me. New Moon manifestation said **SO BE IT!** – Mac gone, no more creating with the tool that graciously supported me through this transition into the New Light. And a big YES to taking the time to experience the powers of August, which prepares us for another trigger-like energetic shift the first week of September (what a fine Birthday *Presence!*)

While my Divine Team and I manifest the abundance for a new computer, which will enable the creation of the brand new work (very excited, more on that when the moment is right), my online tools are quite limited. Purposeful and brilliant.

Some had commented on the Mac dissolution with the old energy response of **It means spirit wants you to quit.** (Pause for Higher Realm laughter...) To them I respectfully say **Oh Beloved, We are just getting started!** My Higher levels show me that the New Light requires more powerful tools, a better space (Aho to that, bring it on), and more outreach than ever in the coming months. I feel that the new skills awakening in me require new creative platforms (my goodness beloveds, I had a channel the other night that contained 12 voices at once, and somehow I comprehended all 12 simultaneously).

New Earth Communication

This phase feels very Earthy, very *New Earthy* to me. I sense it is the integration of the Galactic aspects grounding in with the New Light expansion. Remember the previous mentions of enjoying the experience, and how valuable it is to the Higher Realms as we sort out new roles, new leadership attributes, new skills, new levels of Ascension itself.

We communicate differently; you'll notice this in the vibrational mismatch of social interactions with awakened ones, the subtle moment of, **Hmmm ... There's nothing in this exchange for me.** In our Mastery, we graciously dismiss ourselves from many conversations to focus on the experience of New Light. It is not isolation – it is Divine Neutrality and Divine Self-Empowerment in a balanced, peaceful state of beingness.

Our vibrations are changing so dramatically during this passage, yet we are still in the *Bridging the Worlds* phase. There is a lot to contemplate as the new creativity takes root within us. Focus on the *patience* to welcome this expansion gradually, completely, in a full integration; it is important to working in alignment with these New Light energetics.

Flowing with the Power of August

August is typically powerful with Lion's Gate energies, Arcturian Corridor dynamics, and Solar activity. The Revelation Gateways continue and I AM guided to share some personal observations. I AM still able to post articles, however videos, photos, etc. will wait for a new computer.

I AM guided to spend most of August in the exploration and experience of these revelation energies. Plus, it's one of the few months in Shasta of pleasant climate on the mountain. I intend to take advantage while the weather is nice.

I have a more technical article coming in which I intend to post this weekend. Until then, I send Divine Light and Love to all of us during this potent passage!

Ancient Intentions Coming to Light

August 4, 2014

Current Gateway: Mastery Level Energies

You may have noticed a significant increase in the appearance of roses or similar flowers presenting in your visions. We have a focus from the Masters during this Gateway of August 4 – 12, mainly because of the deep transformations in our personal journeys in 2014. The Ascended Masters, as well-trained, pure-service liaisons of HUman Ascension, are supporting the next step in our global HUman Ascension experience: The activation of Christed HUman 12 helix DNA templates. One of their signatures is the Rose, the highest vibrational flower on the planet. Since last month's pineal amplification, the Mastery visions have been phenomenal.

Ancient Visions Coming to Light

If you resonate with the Pleiadian journey, you may know that our work with Gaia runs deep. Unfinished business led to creating opportunities in this Galaxy to balance what was not accomplished before. We were not alone in our intentions to participate in the Gaia experiment. The Maian overlays – templates from Maia, a star in the Pleiades, used to balance and dissolve Pleiadian and Arcturian karma – completed their task. You might remember the *I AM* message which mentioned this a few months ago. With overlays of the Maia (Maya, the illusion) rapidly dissolving from our consciousness, we are now operating on the true Ascension timelines. These are the prophesized paths of the Golden Race, sometimes referred to as the Golden Age.

(A side note since many have asked: Some channels have said there are no timelines any longer. I feel they are misinterpreting their intel; perhaps referring to the dissolution of timelines that are not possible at this point. Many are dropping off, we had many drop prior to the end of 2012, and continue to streamline the collective experience. Personal timelines are consistently changing; they are the tube torus time machine and what creates your experience of free will choice in a denser form. Please note there is a difference between timelines (choices of experience, both collective and personal) and the magnetic sensation of linear time in density – hours, days, years, eons.)

The HUman Ascension is the future intent of many races as a direct reflection of pure Source Light Intelligence. You may remember from previous mentions, or the Ascension Course, that we create possible outcomes in the future, then go back and experience them. Coming face to face with our future in this grand collapse of the illusion brings

forth many memories of our projected Self. Brilliant, isn't it? Pat yourself on the back for a very cool creation.

Future Agendas right here, right now

There is a beautiful dance of free will and creation which carried our intention for the Christed HUman through this passage of hundreds of thousands of years. My goodness we planted so. many. clues. in our metaphoric tales along the way that the *AHA!* moments can feel embarrassing. As I shared previously, no judgment on what things looked like in the Old Light. I encourage Light-hearted laughter as we level up this year.

While our focus may have been on the last 300,000 years (spiritual amnesia kept us a bit limited) we are beginning to remember just how old this Golden Race creation truly is. When I say remember, I mean on a personal level. We always have information circulating about who we were and what has happened here, however the recent pineal upgrades and physical recalibrations are enabling us to see our personal connection to the Ascension journey on Gaia.

All around this beloved planet are templates intended for activation and utilization during the Ascension. While photonic light, cosmic rays, plasma, and Solar codes come rushing in from the external Galaxy, there are templates which lay dormant for hundreds of thousands of years within Gaia herself. You may remember that on the 12-12-12 many Light servers were called to receive a massive influx of codes to be anchored in the crystalline Ascension grids and our physical hearts. This was a wild card of sorts in the free will creation: the codes were not guaranteed to stick or stay here, there had to be enough awakened folks in service to catch them and welcome the experience with an open heart. If you were one of those conscious light servers outside at midnight as the 12-12-12 arrived, you know what it did to our bodies. (For me, it was brilliant eyes-wide-open visions of the New Earth followed by going unconscious.)

We continue to say *something happened to me on the 12-12-12* and now we know what occurred. Those external light codes were the final factor in an accelerated Ascension timeline for the Golden Race. Many of us carried a DNA template trigger in our light signature, our unique spark of Source, which held the intention of activating the Golden Race DNA. Gaia ascended that day, and our bi-locating DNA with its new agenda, activated by the 12-12-12 codes, projected into the crystalline grids and went with Gaia as she created her 5D/6D expression, a.k.a. New Earth.

Since then we have been experiencing a merge with the higher expression, a gradual movement towards the truth of what has happened. The holographic projection of our old reality remains for our benefit, for as long as folks need it, or until the collective vote/tipping point occurs. But enough of old news, let's go ancient for a moment.

YOU LIVE HERE

Back in early June I had a unique experience on Shasta. I was on the mountain for a few days and nights doing gateway work. I had my camping hammock strung up on a flat which exposed the mountain and the full moon, a truly magical view. There was a freezing cold wind one night, and despite my ability to override the elementals' effect on my body (most of the time), I do get frustrated with the physical aspect of working on this lonely volcano. I asked my Higher levels to answer me directly: *Why Shasta? Do I really need to be here? Are we done yet? WHY SHASTA?*

My Higher Self in chorus with my Divine team yelled back, *YOU LIVE HERE!* I laughed out loud, because of all the places I have traveled to, worked in, or called a temporary home, Shasta has been the most challenging. Then, as instant as those all-powerful revelation downloads can be, the intel came in a flash which took milliseconds and eons at once. Intense light carried layers and layers of information, some of which I comprehended immediately, some I AM still unlocking as my consciousness can handle it.

Me, A Long Time Ago

The first flashes of my June download showed creating and implanting Pleiadian templates – vast multidimensional geometries – into the mountain. This was a long time ago, and I was in a Pleiadian vibration. There were councils of light, including other races, participating in the creation of these holographic templates all over Gaia. The implanting in Shasta seems to be a Pleiadian action, most likely one of our karmic tasks in this vast operation of Ascension. It synchs well with the planting of Native tribes (Pleiadian descent) who would carry the Solar Cosmic Christ prophecies to the threshold of the Shift.

Yeshua visited the Native Tribes, including the ones in Western USA, during his *missing years* to teach and activate the prophecies of the coming Golden Race, knowing his activities would be misinterpreted and manipulated in the Middle East and Europe after his Ascension. I do not know (yet) if he teleported to Shasta itself; I experience him as *everywhere* and honor him as one of the most amazing Gridworkers we know of. Goodness this has been one long multidimensional operation.

The first flash of mountain-template intel synched with a past life regression experience I had in my twenties, when my ET lineage was revealed. I stood as a Pleiadian guide on a giant mountain, while smiling white and gold-robed HUMans filed into a city of high vibration with gold walls. It was a future memory; the co-created vision of a Golden Race on Gaia. I suspect the white and gold-robed folks were a Lemurian projection, which is technically a Pleiadian in a lower dimensional suit.

My Higher Team shined the New Light on the metaphor of the *city on the mountain*. The templates/geometries are holographically implanted into the mountain. They contain Christed 12 helix DNA, pure Source Light, Divine Love activation sequences, all configured to be turned on if the Divine Intention of an Ascended HUMAN collective came to fruition. They were heavily guarded by great cosmic beings, star brethren, Archangels, Germain, and many others.

Some who visit the mountain see the intention of the templates – the HUMANITY of the future. Some see the Lemurian intentions to guard the Golden Race agenda. In the Old Light, information was shared in metaphors that many could understand, opening hearts and imaginations to the unknown. Adama may serve as a gatekeeper of that knowledge, shining light on a very complex operation via metaphor. He has silently appeared to me twice, and I do not claim to know what his role is, metaphoric or otherwise. For me, intel needs to be first-hand guidance or from someone on my team whom I trust. As always, our interpretation of the information, and the collective creation of what serves our understanding, is our free will choice. We created many things in the Old Light to help our process, and I honor them all in Divine neutrality.

Take a Breath, Keep an Open Heart

I have delayed releasing this revelation for two reasons: first, I wanted to make sure I understood what all of this is about. There is a LOT of intel which does not have to be shared with the collective. I like to keep my messages clean and centered rather than cryptic. Second, I live in a teeny town where many are very attached to old legends of the mountain. For clarity: It is not my intent to shatter belief systems, belittle co-created experiences, dissolve old programs, or exterminate businesses based on the existence of a city inside Mount Shasta. If you have ever met me, you know that is not my style.

Fortunately, my Team threw some backup in my path just weeks after the June intel arrived. I AM very grateful that Kryon (channeled by Lee Carroll) came to Mount Shasta for the June Solstice and properly honored Aurelia Louise Jones (channel for the Telos books) live on stage. He thanked her and said, *In the Old Energy, it looked like a city*. I nearly wept with joy as Kryon mirrored what I had received; the city was a metaphor for the New Earth, a new way of being. After 2 years of not aligning with the Telos myth, and a clear message last Winter that it was gone altogether (I shared that with Lauren Galey in May, but decided to leave it out of the interview), it was time to shine the New Light on what all of the metaphors truly meant.

Achieving Ascension, Strand by Strand

While Shasta is becoming a power node of great importance to the Golden Race, holding 12 helix Christed DNA templates – and many other templates for this Ascension

timeline – it will take some linear time before they operate at 100%. Why? Because the energy of 12 strands is crazy intense for our current consciousness. Christed DNA is an amplifier of pure consciousness, and will blow out nervous and lymphatic systems if it turns on all at once. So we will go double-helix by double-helix as triggers, gateways, and tipping points occur.

As the templates activate, sending out the great cosmic *GO!* through the grid systems and HUman heart grid (by the way, that is a grid which cannot be played with, use it often), we are seeing many folks having health issues. Yes, evolution is evolution; however, the collective high-vibe decision to take as many through these gates of Ascension as possible still stands. Everyone who wants the experience and to participate gets the chance to play *New DNA*. Sometimes it makes us ill. I understand why the May recalibration was so intense for me; I could not have taken on the download, or the realization of my role in it, without the Divine reset. Deep gratitude to all the Masters and Star Folks who pushed my limits in May. I love you.

Synchronicities of Revelation

All the work which has presented in Shasta now converges with this template operation. My *AHA!* moments keep unfolding; here are a few of my missions which reflect the 12 helix and Heaven-on-Earth templates:

- Part of Me, the Higher True me, does indeed LIVE here. I have been guided since I arrived to pour my blood on this mountain, asking Gaia and Shasta to remember me, commanding activation. Now I know the DNA codes in my blood have deep multidimensional roots here.
- The Living Library of the Pleiadian prophecies is anchored here (and other places I suspect), in holographic geometric light templates.
- Creation of The 12 strand DNA integration grid: built last year, now I understand why it is an *integration* grid.
- The 12 Gateways of Mount Shasta: this is why they are gold, this is why there are twelve.
- The crystalline city and Mastery retreats linger over the mountain – they provide energetic support and guardianship of a major power node and Ascension gateway.
- All the dreams of DNA, gold bars (DNA), gold shirts (Golden race), and visions of spirals, unlocking the gateways ... all of that is now linked to what I left here a long time ago.
- The 12 teleportation crystals: eventually will be used to transmit DNA activations from Shasta. They will connect the templates, crystalline grid, and liaisons carrying the DNA within (a big key there).

- Seeing my Light Signature last year: that golden octahedron pattern was witnessed by other Lightworkers this Summer. My Higher Team says that my multidimensional self serves as a gatekeeper to the templates.
- Meeting aspects of Self this year: a side-effect of the DNA templates coming on-line. When our DNA gets to a stable six strand, we will be able to do that consistently (at will).
- The *I AM a different person or losing parts of our old self* sensation: The old DNA switches on and off, like a faulty lightbulb, until the new stuff is fully wired and capable of letting the body function in this realm while being connected to many others. It does explain the profound death-of-old-Self, *What happened to me?* feeling. It also emphasizes how much of the true Self can operate on the New DNA. Very exciting, yet challenging for the physical. We are conditioning ourselves like multidimensional athletes. Some days we are sore, some days we SOAR.

I AM spending many nights up under the stars in a dreamy, trance-like state. It is good and freeing to express in light language, or discuss the Self with the Self. I feel more like myself, even though that Self is new. A memory of future Self in the present. It is a deliciously *Now* phase of our Ascension. Many blessings to all of us on this incredible journey.

A Message of Incoming Support on the 17th

August 15, 2014

On Sunday, August 17, we have unique energies coming in which will assist us in preparation for what appears to be a unique revelation gateway during the first week of September. Most of us are experiencing rather consistent intensification of the energies, and we can feel it in the kingdoms, the elementals, HUmanity, and Gaia herself. Our bodies are going through significant swings in high and low energies, as well as adjustments to our energy fields (light bodies) and mental/emotional bodies.

The last few months seem to be snowballing with cosmic purpose, so I asked my Higher Team to explain why dates are still involved. As we experience more conscious moments of the Now, the pure presence of our own divinity, why are these dates important? The Pleiadian-Sirian alliance representatives responded to this question, and I transcribed their response:

The dates are utilized for collective focus in your time-space experience. These are passages when the higher and lower realms learn to work together. Eventually your consciousness will synchronize with ours and we will not need to utilize dates. However, in your current experience of reality, dates provide the ascending collective with a sense of responsibility, focus, and unity. When gatekeepers, transmuters, and those dedicated in service to the new light unite their efforts in anchoring these waves of new light – which are associated with arrival and departure dates as they pass through the planetary grid systems – they accelerate the shift in consciousness. In your present experience of time, the shift in consciousness is accelerated to the point where you are experiencing the consistent amplification of these energies within your body vehicles. This is the result of your collective desire to anchor the new light.

When we provide passages of focus or windows of opportunity through our conduits (grounded contacts), such as gateways when large energy waves pass through the grid systems, it benefits the planetary and HUman ascension by unifying our consciousness with yours, so the higher realm and the lower realm experience become one. You can feel this in the merge-type sensation of higher and lower self when you engage in grid-work or gateway work.

Currently you are experiencing the activation of divine HUman DNA templates within the planetary grid systems which have been guarded, sealed, and in some cases forgotten for hundreds of thousands of years. This is a passage when those templates, which are similar to layered sacred geometries, work in harmony with the energies now coming

onto your planet. One could not be activated without the other. It is the combination of templates, new light, and the intent of the ascending HUmans which creates this activation. Many of the same people who created these templates are now in physical form and visiting sacred sites on the planet, vortex areas, and some more remote locations, in order to activate templates which were created by large collectives specifically for this time.

As many of you are learning, free will is a very important factor in your ascension. The mastery of free will, both in oneself and in your interactions with the external, must be honored in order to dissolve all karmic contracts and entanglements with the lower dimensional existence. This is why the DNA templates could only be activated in cooperation with the energies coming to the planet at this time, which is associated with the area of space you are in; the alignment of the Galaxy within this Universe, and your Solar system within this Galaxy.

It provides a relatively small window of opportunity, which is then broken down into smaller windows of opportunity, which you currently experience as gateways. Gateways are an opportunity to activate the templates not only within Gaia, but within your newly emerging cellular structures, known to you as the crystalline structures. They begin as etheric structures and then anchor into the physical, affecting the atomic structure and subatomic structure energetically. With your free will intention these etheric encodings become physical. This allows the free will choice of the individual to turn on the structures within, which then align with the templates in the planet creating a harmonious relationship. This honors the free will choice to receive DNA directly from the templates, activated by the new light codes, bilocating the DNA into your bloodstream, and allowing your physical body to utilize the incoming new light energies to their full capacity.

This will come in stages, and will be an experience which many will not understand. This is why the energetic challenges are feeling more intense for many. It is training you to master your own consciousness without the influence of the external. You override the collective experience by your conscious choice. You become aligned with the new light without lower dimensional interference. This is also why the current two strands of DNA will be turning on and off as the new strands come online. The old strands of DNA are easily tampered with, as they have been mapped for manipulation. When the new DNA comes online it renders the old DNA obsolete, yet the old is still functional on command. Many still repeat thought forms in the conscious and subconscious which command the old DNA to continue its old tasks. It will function in tandem with the new DNA until you consistently align your perception and consciousness with the Higher aspects of Self.

You are activating your true self, which may seem foreign after such a long absence. This is another reason why gateways, trigger points, or unified intentions are so influential. We unify to receive, honor, and anchor the true HUman into the collective consciousness and the planetary grid systems. We have described the grid of HUman hearts as a golden crystalline light grid. Feel this as you connect your hearts during these gateways and trigger points – it becomes very powerful, more and more so as the shift accelerates.

There is a strong revelation gateway which will open during the first week of September, and build consistently until the Equinox later in the month. The previous revelation gateways, which have been opening since June, have rapidly prepared you for an acceleration in DNA activation. It is very physical, which is why so many are experiencing a wider range of physical reactions to this new light.

Activation of the 12 helix DNA cannot occur all at once, or your physical body would no longer be physical as you know it. 12 helix DNA is a multidimensional structure which is similar to the structure of your energy fields; each dimension rests within the other. Each helix surrounds the other, building outward to connect to the dimensional levels of the Divine HUman structure. Eventually you will reconnect all 12 helix DNA levels, then activate a secure connection to Source. This occurs when the structure is stable and maintainable. Being aware of your many dimensional expressions simultaneously may be challenging.

The energy provided on August 17th will assist those who desire to prepare on a deeper level for the next major gateway in September. It will be focused on pineal activation, meridian alignment, and telepathic communication with your personal guides. It is a passage to learn harmony with the new energies rather than be overrun by them as they intensify.

Know in your hearts that we recognize your dedication to this journey and honor your accomplishments. We send you our highest light and graciously accept your love and gratitude. In the unity of divine purpose, we commend your courage and dedication to the ascension.

The Intensity of Divine Love

August 22, 2014

We are presented with a quickening and intensification of Divine Light which began last Sunday the 17th. For many, the incoming cosmic rays and higher level assistance escalated personal revelations. Truly this is a year of deep, lifestream-changing insights.

While the ascending collective has a responsibility to receive, anchor, and engage with these new light frequencies, the physical sensations can become intense and sometimes distracting. When my Higher Team described this influx of energy as one of assistance, I feel that many interpreted that as some kind of energetic relief. If you have been following this journey for a while, you know that the consistent message is *the energies will not be slowing down*. Rather, they will be steadily increasing to raise the vibration of our current collective reality, and assist ascension initiates in profound ways. Gridworkers may feel like they are on a bumpy plane ride as we assist in magnetic balancing; Gatekeepers may have the elevator-rushing-to-the-top-floor sensation as we merge with our Higher Teams in conduit work. Masters, we are leveling up faster than ever. Try not to overthink the new intuition; it feels different as our perception aligns with the New Self.

Many current physical sensations are side-effects of the DNA template activations, and the ever-increasing amounts of photonic light pouring onto the planet. Currently we have M and C class Solar flares, and elevated electron counts which are assisting in physical recalibrations. Walk outside often, welcome in the New.

The Intensity IS Divine Love

When we serve as reflections of the higher realms of consciousness by sending them Divine Love, Divine Light, and request *Divine Will be done*, we serve as conduits for Divine Intervention. We utilize free will principles by sending Divine intent to Source, our I AM Presence, Higher Self, and divine aspects. When we send this Lovelight to our higher levels, we grant permission for our prearranged ascension contracts to fully activate. It is our active participation in becoming true creators – Divine HUmans – which calls forth the accelerations of the Shift in consciousness. As more of us step into this alchemical mastery, the more intense the clearing of the old shadows of the past paradigm becomes.

The intention of these current energies is to reveal what is true in the new light, to activate dormant areas of the brain, new DNA, higher communication systems, and the multidimensional operating systems to support them. It is fascinating to experience what

used to be theory and predictions. The ascension process is accelerating exponentially now. It continues to be unique as our true self merges with the physical self. For me, there is a keen awareness of the deep recalibrations occurring in my physical vehicle in order to keep up with my consciousness. I know the physical needs a tremendous amount of support as I expand and attune my perception to the new light. The day-to-day integrations are unpredictable; some revelations and activations are instantaneous, while others take rest and nurturing to process properly and become the new norm.

Divine Love Intensity: More than We Could Fathom

These intense levels of light activate gateways which were planted (holographically) as *possible options for our experience*. Our future Self, now present Self, and Higher Teams planned for best-case-scenario. We knew we would have to honor free will. We knew we would need help recovering from our spiritual amnesia. We knew that no other off-world or dimensional collective, no star family, master or guide would be allowed to interfere with this mastery journey of Ascension. We planted metaphoric clues to assist in remembering what we are here to achieve, until we merged the higher and lower self. The Higher Self, the future self which now becomes present, creates the conduit for Presence (Source) to facilitate Divine Love.

As our skills intensify, we become channels and conduits for new levels of love. These new levels of love may not feel like the flowing, compassionate, blissy levels of love we often experience during this Ascension process. We are feeling in the physical what pure Source Light Intelligence feels like and what it is capable of. It systematically removes density and lower level thought forms, programs, memories, and distortions from our personal and collective realities.

Those who have attained and maintain that level of consciousness will begin to feel the more intense aspects of Divine Love. In the old light, Divine Will was interpreted as a crushing, slash-and-burn vengeance by the Godhead. In the new light, we fully comprehend the through-line of this intention of highest interests of all concerned. The light does not choose; it is autonomous in its mission of harmony. You may find an intense quest for harmony showing up in your personal lifestream, as a reflection of what is occurring on a global level.

Pressure on the Lower Realms

I AM sure that many of you working with the higher realms have noticed the pressure on the lower realm thought forms, programs, conditioning, etc. Our brothers and sisters who made lower vibrational choices in their incarnations here are getting the cosmic squeeze. That applies to government, not-so-secret societies, corporations, your neighbors, and your old Self. As always, if you agree to disharmony, deception, or perpetua-

tion of lower level programs/thought forms/habits, you create drag on this new paradigm ship. Kindly throw those items overboard.

While there is a bit of struggle in those choosing to perpetuate disharmony, this is not a concern of higher levels of love. Use this as your litmus test for where you are in your process. The teachings of detached compassion and unconditional love demonstrate the difference between judgment and discernment, between separation and highest interests of all concerned. Feel the difference; understand the mechanism of Divine Love straight-from-Source.

Many feel compassion for those who made lower vibrational choices in the Earth plane. Perhaps you feel the feet-to-the-fire dynamic as the light intensifies. All is well, and I encourage any being in service to disconnect from the lower dimensional shadow of the old paradigm, especially during these revelation gateways. There is so much to be discovered in your personal journeys. Many are seeing and feeling their new true role in the Shift. Some are remembering the higher-level architectural work of designing disclosure, financial resets, and new systems. Let it be; those designs are in play for the least amount of drama possible. Anything triggering anxiety, sadness, depression, or fear is merely old programs trying to get in, or old light trying to get out of your system. It is a reflection of the global state of consciousness. Do the local clearing work when it presents. Keep the vessel clear for the New. This doesn't mean isolation, although you may be guided to your cave on occasion. Use your discernment moment to moment.

It may be frustrating to see many who enjoy the Lightworker title continuing to engage with the [conspiracy level](#) of awakening. Try not to spin off center on behalf of another's journey. Look at what is available for you to learn if you are triggered by that mess. Know that much of that engagement is karmic repercussion, as those obsessed with payback or fear triggers are those who perpetuated these programs in the past. Those programs continue to work with the egoic, mind, and emotional levels of the old DNA in the old light resonance.

As the new light activates on a global scale, you may notice mainstream efforts to trigger the truth speeding up. These are attempts to balance cosmic karma as the squeeze of Divine Love intensifies. The upcoming release of *Left Behind* is a good example of this; an interpretation of what is occurring delivered in a dramatic wrapper to get the attention of lower consciousness. As shared in the last message, the new DNA resonates at the level of Divine Love and Divine Will. It is the true HUMAN genome, and is accessible to anyone who chooses to raise their consciousness, prepare the physical vessel, and open themselves as a conduit of pure intention to serve. It is an untouchable vibration of consciousness which cannot be affected by lower vibrations.

Gateway Focus on Divine Love

Monday August 25 is our next global trigger for acceleration, and a New Moon. Go outside, the lightship activity and interaction is stronger since the 17th. Blessings upon all Gatekeepers and Gridworkers capturing these cosmic rays and being conduits for this new light. We are getting very close to a potent gateway on September 3 – 9.

It appears that September will be buzzing with opportunity and activations. If you are feeling overwhelmed by the personal revelations; or the surges of creative ideas, synchronicities, or manifestations, may I remind everyone to ground these new light energies into the physical realm by writing down your revelations and inspirations. Because things shift so radically from moment to moment now, it will assist to anchor that new light on paper or your chosen creative medium. Gratitude for your service to this new light.

A Note on Mount Shasta

If you are planning a visit to the mountain, or Northeast California, please check on the wildfire status before traveling. We have large areas of National forest burning on three sides of Mount Shasta at this time. The town and mountain are layered in smoke as I write this. The fires are still miles away from the mountain, however the smoke can irritate eyes, nose, throat, lungs ~ be advised. It is what it is, California has been in a drought for years, and forests burn to reseed and regenerate. Bless the kingdoms who are most affected by the fires. No worries, beloveds; let us remember Shasta is a volcano in this plane. Change is normal; let us adapt gracefully to our evolution.

Many blessings for a Divine week ~ I hold you in my heart.

Preparing for the Next Wave: Gateway September 3-9

August 30, 2014

Blessings Beloved Light Tribe,

We are speeding toward a powerful gateway on September 3 – 9. The energies are quite intense day to day, in a good way, as our cellular structure gets aligned for another revelation wave this week. The trigger on August 17th brought preparation for the September wave, and for many it has been energetically, emotionally, and physically intense. If you are wondering, *What the heck kind of help is this?* – view this from the [Divine Love](#) perspective. We are unifying with the truth, which commands our active participation as a conduit of Divine Will. Your beliefs and habits will be consistently challenged and attuned to that intention if you are able to maintain it as the frequencies Shift.

Cosmic rays of photonic light are accelerating our consistent requests for *More Love, More Light, More Ascension*. Realize that the proper adjustments are being made **by us** through our ability to hold this light. For those dedicated to Ascension, it is a wondrous amplification of the pineal-pituitary complex, telepathic communication, simultaneous multidimensional awareness and light quotient. It is fascinating to witness our own progress, and dissolve the old light from our perceptions. Things are getting clearer, brighter, more profound.

Revelation Gates

Revelation gateways are deeply personal. (Review the articles from May to present if you are catching up on their Ascension significance.) These photonic waves have a unique effect on the individual lifestream: they leave no stone unturned, revealing higher aspects as well as grounded fears, doubts, choices which stand between us and our Higher Self. If we are to embody and merge with the higher light, we must be capable of integrating everything which goes with it. That includes a significant increase in our multidimensional awareness, and the ability to comprehend and communicate with many dimensions at once. This has been a focus of my personal journey during the revelation gateways; learning to integrate the new skill set.

The intense sensation of *something big is about to unfold* may distract some from their process right now. Anytime there is a big trigger or uptick in the frequencies, lower-level programs get to work on stealing focus from the truth. This gate feels extremely valuable to those on the Ascension path. I recommend unifying with the collective of pure conduits if you feel social, or cave-ing with intention if you feel that isolation is the best

way for you to receive right now. Both are beneficial. My personal choice is privacy, so I may receive and integrate the maximum benefits.

Get in nature often either way. Get focused, clear, and open to receive. Meditate. Stay in the magnetic of Ascension; radiate the pure Light, intend Christ Consciousness, and be sure to utilize these energies for the highest good.

Wildfires in California

Thick smoke and ash have penetrated Shasta from the nearby wildfires, causing some to-doing as outdoors becomes more challenging. It has been difficult to work on the mountain. As I mentioned previously, if you are considering a trip to Shasta, please check on the wildfire status before traveling. The smoke has been thick for several days as the fires just Northwest of us grow in size. Outdoor activity is not recommended on days like these; the eyes, sinuses, and throat burn, and it causes nausea as the fires get closer. Firefighters are only working on containment until Autumn rains come to quench the fires. So it could be like this for a while.

Blessings upon the kingdoms, Gaia, and HUmanity as we experience these wildfires. It is a natural occurrence; however, it does create stress on folks up here, especially those with farms and outdoor functions.

A Last Note on Gateway Anxieties

Many feel the intensity and postulate what it might do to the collective. I have mentioned how Wayshowers need to be responsible when delivering intel. *This gate feels extremely important to those on the ascension path* is as dramatic as I will get with this one, unless directed otherwise. Folks get too spun-off-center when Wayshowers/channels focus on dramatic possibilities, or misinterpret gateways as *The Big One*, which pulls people into vibrations that may not be in their highest interests. I refuse to use fear/anxiety to convince folks to pay attention - that is old light manipulation. I will be honest, direct, and clear when intel presents that which may serve.

If you feel something big is unfolding – without external/online stimulation – it will be a good revelation gate for you. At this juncture, we must continue to accelerate the inner journey and not be concerned with external reflection in the media, news, friends, or political/social structures. The Shift is built on permission from the inside out, not the other way around. Keep moving forward, keep creating the realities you choose moment by moment. The energies support creation and expansion – set your intentions well and align all activity with it.

Many blessings for a beautiful, powerful expansion!

September Gateway: Awareness into Alignment

September 3, 2014

A powerful energetic wave arrived early last evening. This new light produces the *heart of Source* sensation. In this vast stillness, support for multidimensional alignment – beyond multidimensional awareness – is provided for this revelation gateway. Pure light frequencies attune our perception once again, and attempt to upgrade the physical vessel to accommodate alignment up to 12D.

What makes this light this wave unique?

The revelation energies, which have been entering since last June, show us our New Self. They assist in attuning individual perception to its unique purpose, mission, and service to the new light. The ability to abandon what was will continue to be a key factor in whether you are successful engaging with a brand new reality, which already exists.

The Divine HUman genome has the ability to interpret vast amounts of information and witness several dimensions at once. You are provided with opportunities for clarity via this new light. This clarity comes in the form of personal revelation, where divine aspects of one's expression come to the forefront and present themselves for acceptance or rejection. If the individual is ready and willing to participate with Christed timelines, these aspects will assist in embodying the New Self.

Humanity is moving forward at an accelerated rate. While this may not be apparent to those focused on external validation, the internal mechanism of the Shift in consciousness is amplifying at incredible speed. It is extremely helpful for your personal journey, as well as the collective experience, to fully to accept the revelations in the now, and deactivate the old timelines which the unawakened (and those of lower interests) continue to use as a basis for reality. They will dissolve quickly the more the high-vibe tribe actively engages with the higher vibrational experience.

True Divine HUman DNA

The Divine HUman genome carries the ability to perceive and create in multiple dimensions at once. This is what makes this passage so fascinating: HUmanity has co-created with Gaia the experience of a third and fifth dimensional planet simultaneously. As the shift unfolds, they won't be capable of coexisting because the higher vibrational collective, and the effects of photonic light on Gaia, will command autonomy simply by drastic increases in their vibrational rate.

The new light entering at this time assists in revealing the personal, unique transformation which lies ahead for many of you. It assists with precognitive function in a multidimensional way; you perceive possibilities and choose wisely what serves your intentions. This gateway directly affects your DNA; consciously call in and forth the new DNA available, if you choose to embody these new strands. When you see elevated electron counts and Solar activity, these indicate massive plasma-based influxes of new evolutionary material. Trust the Solar light to deliver what is appropriate for our journey. The New is being delivered with these gateways and waves of light on our behalf. Gaia, HUmanity, the kingdoms, and elementals are being held in a benevolent, divine space for all of this to unfold. As always, it is up to you and your level of consciousness to command into your creation what you desire.

The Creative Flow

Many of you have been receiving numerous creative ideas and intuitions because of the stimulation of the Solar Heart center, telepathic communication centers, and the pineal-pituitary complex. Your ability to receive information from the higher realms is increasing, and the grounded expression's natural impulse is to put it into action. While it may not be possible to act upon all of these creative ideas while the linear reality is still running, please realize your multidimensional self is always creating on many levels.

Many who have cleared the lower levels are no longer running on a subconscious creation of reality – the old 3D way of recreating your experience based on habits, beliefs, and emotions. Your thought forms and creative impulses are now of a multidimensional nature and will continue to expand. It may be frustrating to receive all of this creative information and not be able to act upon it in your denser reality. Ground these ideas in very simple ways; a word, a picture, or share them with others in conversation. The multidimensional aspect of these ideas creates them in parallel or higher realities, often in more complex ways than we are capable of here. It is like gateway work – crystals and symbols placed on the ground become vast geometries and crystalline structures in the higher realms. We build bridges with these creations, and the more the merrier.

When you receive a creative intuition which feels in alignment with your New Self – aligning with where you are going with your new expression – it is an intuition to act on. Even your actions are going to feel different, because your body is going through massive recalibrations during this passage. It may be slow progress; it seems the tools are manifesting for activities down-the-line. Let the intentions rest during gateways. Your focus should absolutely be on the presence of the new light, on being in the now, and leaving the do-ing of the past.

Refocusing on the Solar System

As your multidimensional operating systems expand and your perception attunes to experiencing multiple dimensions at once, please remember your service to Gaia, HUmanity, the kingdoms, and elementals right here in our local Solar system. As your level of consciousness expands to include awareness of other planets, galaxies, and star systems, billions of light particles of data flood the brain with new information that it could not interpret or comprehend in the past. Now that you are regaining the ability to interpret these particles of light, which contain information on who you are and what you are up to in other dimensions, it is important to align your focus on this journey and the Shift in consciousness. You utilize your other multidimensional aspects right here.

The new HUman, the True Self now begins to express as the presence of Source through these planetary matrixes. After experiencing amnesia for so long, after so much separation, it is easy to get lost in your multidimensional aspects off-planet, especially as things get more tumultuous energetically and physically for your expression on Gaia. While experiencing other dimensions may be fascinating, it is the through-line, the conduit you are becoming which will hold the strongest influence on the ascension of HUmanity. Always ask for information which applies to the journey right here – to the return of peace, harmony, and Divine Love to this civilization. It may be tempting to escape to the higher realms as you experience more of your True Self; however, the Mastery challenge here is one of *unification*. Escapism has its purpose in some journeys, and it is easy for the ego, mind, and emotions to convince the body consciousness that is unsafe in this realm. The belief that Ascension or the Shift is unsafe in any way is absolutely untrue, and you will need to comfort your body vehicle as the planetary reality expands with the new light influxes.

The Return of the Christed You

This wave of revelation will further amplify distortion and disharmony, on our behalf as Divine Will and Divine Love. It also amplifies Christ consciousness and the realization that the New Paradigm, the New Earth, the new reality is already created and anchored here. Patience and highest intentions, beloveds. This is not a space for wavering or contracting. Every time the external presents something challenging to the body or the old consciousness of your old self, hold your heart, breathe, and consciously command forth the True Self, the Christed Self, and Pure Source Light Intelligence.

It is miraculous. You are miraculous. It is a brand new experience, and I honor your courage and commitment to this journey. I know it takes a lot of work. Adjust your days, intake, activities as needed – be true to the intuitive guidance. Try not to default to *what-always-worked-before*. Many are catching on to the Akashic deletion of what does not serve any longer. That has been going on for years and will get stronger, let it go. We can align with our New Self and Ascend, or attempt to refabricate the past until the en-

ergies wipe out that possibility. Some will embrace the challenges, and other souls may decide to leave during this passage. There is absolutely no judgment on what an Over-Soul's choices are during this time of revelation. Attune your perception to your highest truth, and stay flexible as higher states of consciousness and expansion occur during this gateway.

Strongest Gate to Date? A Note for Gatekeepers

September 8, 2014

Blessings Beloved Gatekeepers,

I understand that our task can be both glorious and frustrating during these waves of New Light. Last week's (huge) revelation flashes flowed into SuperMoon intensity, and the final punch of this Gate hits tomorrow, 9/9.

I AM guided as we approach Full Moon peak to remind every Gatekeeper that our agreement to serve as conduits – and to OPEN interdimensional portals for this New Light – is KEY to prepare the collective consciousness for the Equinox-Blood Moon combo of the next few weeks.

Despite the drag on the collective consciousness (by both unawakened and awakened) when energies like this arrive, let us be diligent in our work here.

- Open the portals and gates in your sector. Expand them as wide as possible.
- Anchor the intent with crystals in the ground.
- Get fluids with your light signature on the ground (blood, water) with the highest intention as we work with the DNA component.
- When you open the torus to serve as a pure conduit, be sure to connect with the awakened HUMAN heart grid and crystalline grids.
- If guided, thread and connect the light to Shasta, she is incredibly intense as she upgrades her Central-Sun-type capabilities.

Blessings on the transmuters as well during this passage – there is a heck of a lot of clearing going on. Know your role and serve well, beloveds.

Light Filaments Bringing a New Level of the Christ

September 15, 2014

Blessings Beloved Light Tribe,

The last Gate-wave was quite intense. Gratitude to all who assisted in opening up gates and portals to bring in this New Light. It was intense work which held many personal revelations. There was a deep relief as the Gateway energies anchored after the SuperMoon. It may feel like a deep sense of peace, a sudden release of stress or worry, or a profound state of revelation beyond the veils, depending on your journey.

It was a very physical gate energy because it was preparing us at a cellular level for incoming light filaments delivered by the X flare on the last day of the gate. Note how different the last magnetic storm felt – the Light is shifting, we are attuning to our new level of consciousness. Cellular work affects the energy fields, so the last wave may have been uncomfortable for the body, especially the heart center. Remember it is the release of density and old programming which causes discomfort. Assist it in releasing, and console the body when it has a rough moment.

These energies brought a calm which feels similar to the weeks prior to the last Equinox; a preparation and knowing that something significant was about to unfold for the Ascension Process. We will be receiving another amplification of the Christ energies during the Equinox Gateway, this one aimed at activating the light filaments. You may feel it most significantly in the Heart center as the Equinox (September 22, 7:29 pm PT) approaches.

New Light Filaments Anchoring into the Cells

The light filaments – light information in a denser form to affect the physical – directly affect your DNA and its ability to rebundle into the 12 strand helix. This does not mean they all get turned on and reconnected permanently in an instant. The collective is not in agreement to allow that to occur just yet. But you will get glimpses of the reconnections depending on what your physical vehicle can tolerate.

Many of us are able to perceive and interact with a few dimensional experiences simultaneously, some for several minutes. Imagine holding that awareness for a day, a week, permanently. Imagine holding awareness of 12 dimensions, and the ability to decipher where your attention should be focused, how to co-create with all of your Selves and coordinate intentions.

This is where we are going – the Solar Cosmic Christ state operates like a Sun, not only in the alighted pure heart center, but as the center of your own Solar system; a system of unified divine aspects. The Divine HUman Christed state was created in alignment with templates which govern stars, and you will find the 12-into-the-One template reflected in your DNA patterning as well.

Accelerations become more and more acute. They are driven by the highest consciousness on the planet; HUmans actively participating in the Ascension process and calling forth higher levels of light. Those dedicated to the Shift are reaping the rewards of revelation – the meek (spiritual) are indeed inheriting the New Earth. It may seem like separation to the untrained eye; know that free will honors whether or not you choose to embrace the demands of the Divine. It must be an authentic pursuit; Ascension resonates with nothing less than a genuine heart-based path. Anything else is vanity, and that distortion is revealed as such as we travel through the process.

Equinox Gateway: September 19 – 25

Feel back to the last Equinox of March, when the pure return of the Christ energies were flooding the planet. Feel it again because there are similarities here: the clearing, cleaning energies; the messages to purify and prepare the body consciousness, the light body, and the lifestream for a new phase of the Solar Cosmic Christ. The wave before the March Equinox which brought peace, heart expansion, and an intensity of devotion to the process is mimicked this month, at a much higher level than last March. Get clear as manifestation of the Christed state becomes more acute.

Cosmic triggers like an Equinox – representing Divine balance – utilize the grounded, linear experience of time by coordinating openings between timeline possibilities. These portal-type channels open as tube toruses of light, creating links between the denser levels and the higher creation of New Earth. They provide higher light activations for the collective to receive into the body and energy fields, and shed density from the lower reality. Some in the Ascending collective use Gateways and triggers to unify with the higher realms, matching their vibration for a moment, and receiving the energies which accelerate the collective experience of the Shift and Ascension.

As always, it is a co-creation between the higher realms and our lower expressions doing this work. Gatekeepers work in tandem with the Higher realms to align/expand Gateways (more permanent structures in the Shift) and portals (flexible, can be temporary) to the higher crystalline grid systems and timelines of Ascension. These are connected by tube torus channels. Some look like gateways to the Sun, some appear more like stargates connected to Galactic levels. Feel it as portals/channels aligning to higher possibilities, and higher light flowing into our neighborhood, modified by our Sun. If you

do this work, you feel the flow of incoming light through these areas, and a very potent, vortex-type sensation in your body. Working with this New Light has been fascinating.

As always, when the New Light waves arrive, either the collective consciousness can handle certain possibilities, or it cannot. The Light does its work regardless – it is the level of intensity (a slight change or a large one) and speed of the Shift which is affected by the awakened collective consciousness. Apparently it does not matter what the sleeping folks choose at the moment, and my Divine Team has been quiet when I ask about this division of experiences. Silence may be telling, however it is not my concern right now. There is a hint given in a message, *three equinoxes until the visual.* It feels the same as the message *the merge happens in the Sun* – which is now unlocked as we understand the rebundling of DNA and the Solar light re-activation of our star Self is in progress.

It is your pure intention which aligns you with the intent of a trigger date or gateway. Conscious Gatekeepers are the grounded beings who open and anchor them for all willing to participate, until the awakened collective is capable of doing this themselves. Eventually the collective will unify their Solar Heart Centers in a dynamic grid of HUman hearts (already in progress). When the ascending collective unifies its intent, great leaps will be made in the Shift. Grand and miraculous activities will rapidly cleanse the shadow of the old planet, and reveal the true capabilities of the Golden race.

Completion Codes

The Divinity of this New Light – currently aimed at expansion beyond personal belief systems – is the preparation for a deeper unification with the Christed Self. The nine triggers this month (September 9, 18, 27) as well as the Equinox (September 22) carry completion codes to be activated and integrated over the next year. This is not the final unification for initiates, the collective consciousness is not ready for that yet. However, those on the path will receive an energetic reinforcement to dispel negative influence. It will assist those who want to (permanently) leave the wavering phase of the process (the waiting game, the event/landing/reset scenarios), and will assist with personal choices (habits, beliefs, clearing) to compliment the Christed state. Our higher levels understand how difficult focus can be when the external is getting scrambled. This energy helps – you can feel it already – to dispel frequencies and activities aimed at interference. You do have to welcome the help; it is not automatic because it is aimed at those stepping into their Creator state of consciousness.

Stay Focused, Stay Light

In this New Light it is imperative to get clear and stay focused on your desires; the nine energies assist these free-will choices in order to further unify the Higher and Lower

Self. To utilize them properly, follow the creator guidelines: 1. Firmly set your intentions with visualization, feeling, and light-grounding (physical reflection of the intent), 2. Align all of your activities, feelings and thoughts with your intentions, 3. Directly confront every moment of fear, emotion, entanglement with the old light, 4. Consciously choose to operate from your Higher Self perspective; engage your Mastery consciousness. You build new pathways in parts of the brain which have been inactive, and it does take conscious awareness to bridge the worlds of your old and new operating systems.

It takes very little effort with this new light to manifest a new feeling, a new thought, a new behavior, or activity to replace the old patterns. Practice this until it becomes the new habit.

Remember the message from last Equinox: we act on behalf of our whole Soul group. The high-vibe tribe understands the empowerment and responsibility involved in these accelerations. A word of warning: there are many grounded in-carnates making less-than-pure choices in the awakened collective right now. Those choosing to house entities who desire to disturb those on the path are getting stimulated by the interference programs. Disconnect from these persons and programs quickly, cut the cords, and move on. They aim for the emotions, and are rampant in the spiritual/awakening circles right now. It is a side-effect of revelation frequencies for folks to be confused and attack others. No judgment on their choices – just ignore them rather than getting entangled in their dramas.

There is a connection to the next Blood Moon (October 8), just as we had a link between Equinox and the Blood Moon of last April. They are a powerful trigger combo. Our next Equinox/Blood Moon combination does not occur until September 2015. Take advantage of the strong influx/anchoring duo over the next few weeks. It is a *simplify and focus* kind of passage.

The Divine return of the Christ is active, available, and amplifying through every particle of these realities. Note the difference between *information* and *experience* presenting as the Shift intensifies; the difference between appeasing the curious mind and truly activating the Heart. This delineates information received and direction applied to the lifestream. Set your intentions, use your voice to send ripples of magnetics through the field, and align all activities with the highest Divine Will.

Equinox through Blood Moon Eclipse Passages: Revealing the Shift

September 28, 2014

Everything has changed – again.

The Equinox through the Blood Moon Eclipse passage brings a deepening of the Solar Cosmic Christ that is somewhat unexplainable in linear terms. You have to feel it to know it; however, I will do my best to describe it here. For the linear levels: we have four Equinox-Blood Moon passages in 2014 – 2015, which increase in intensity as they anchor the Solar Cosmic Christ. They get more acute in their purpose, shorter in their duration. We are in the middle of one right now.

The Equinox brings the balancing point for New Light entry (the precise Equinox date/time is based on an off-planet point out in space to align perfectly with the Sun); the Blood Moon eclipse brings a finishing, anchoring energy at the end of the New Light influx. The windows for 2014 – 2015 are:

2014:

Equinox March 20 – Blood Moon Eclipse April 15 (25 days)

Equinox September 22 – Blood Moon Eclipse October 8 (16 days)

2015:

Equinox March 20 – Blood Moon Eclipse April 4 (15 days)

Equinox September 23 – Blood Moon Eclipse September 28 (5 days)

The Division of Realities

Since the end of 2012, we are different people. Layers of illusion dropped, the veils lifted, and many of us left – the old Self dissolved. Our collective perception, the collective creation of HUmanity on his planet, re-created what was familiar, repeating the old light creations in a collective agreement. Some diversified from the norm, realizing what Ascension, Resurrection, and the Shift were truly about. We went within and the truth was revealed to us.

Since then we have been blasting through the collective creation, attuning our perception to what occurred. The collective old-school-normal reality runs on old light energies. Understand it is like a car running on empty; it will run out of fuel eventually. HUmans are Creator-in-Carnate, so we get to co-create multiple versions of reality on a planet, as long as the energy supports our creation. For example, if there is not enough light in the collective consciousness to support a pure light-based creation, such as lightship travel or miraculous instant healing of dis-ease, it won't be available to manifest in the

collective reality. This principle was widely honored prior to the Shift of 2012, and in many ways it was kept in check by negative forces many did not understand. Here is the difficult part for the grounded HUman brain: none of that exists as qualified substance any more. By qualified substance I mean acceptable and sustainable in the New Light reality.

The Holographic Old Earth

The Old Earth hologram mirrors the collective choice of same-old, same-old until the gas runs out. What empties the tank on the collective old reality? Photonic Light. Unavoidable. We entered the edges of the photon belt years ago. There are areas of it which we have not traversed that are incredibly powerful, insistent, and autonomous in their force. This is a Shift in Consciousness as well as physical vessels (planet, body, kingdoms) to support the interpretation of that New Light. Old structures die off, that is evolution. Death is not ascension, nor resurrection. You are allowed to quit the old reality hologram in the physical anytime. Personally, the transcendence of it to a New Light reality is fascinating and well worth the journey to me. Patience. Take care. All of this is really amazing to behold through a physical vessel.

The Parallel Solar Light Template

I was shown a powerful vision of this galaxy completing itself; the big golden ring expansion with pure Source Light flooding back in. Apparently enough positive factors have aligned with the new creation of the new Universe, and our Galaxy blossomed with much higher realities. These higher realities were always present as possibilities, which is why so many could visit and see the New Earth, New Sun, etc. However, a collective threshold was met earlier this year during the March-April Equinox-Blood Moon passage. This is why many of us have had deep resets, realignments, revelations for most of 2014; we are resetting ourselves in alignment with the higher reality.

Watch the Sun

When I received *The Merge happens in the Sun* last year I thought it involved merging the Divine aspects through the Solar light of the heart center. Now I see that our New Earth creation has been heavily guarded by a holographic overlay of the highest possibility. When great beings come together to create a great shift in Galactic and Universal reality – commanded by Source – the possible outcomes for the highest interests of all concerned are heavily encoded into various levels of consciousness. Higher Self, Christed Self, Master, Angelic, Creator levels, Manifest levels all carry the creation in our multidimensional consciousness. So in effect, it was not really possible to hijack this plan and steer it into destruction. In a way, I feel that story may have been using the fear/drama tactics to startle Lightworkers into action. Whatever worked, all is well.

However, let us consider the parallel, unaltered, untouched reality that the lower-vibe folks missed out on manipulating. This is brilliant, stay with me for a moment. The drama planet – our old collective reality of distorted chaotic suicidal tendencies, was played out because of all the drama which needed to leave this realm. Just like old-school emotional clearing, you had to feel it in order to let it go. Did we have to feel so much war, nonsense and judgment? Yes – and some still desire it, most likely because they are unaware or afraid of other choices.

Belief systems were allowed to crush photonic order in the past, because there was not enough light here. That has changed – completely – since end of 2012. Many of us anchored ourselves on the 12-12-12 to the co-created New Solar system.

You may have heard the ancient rumors of a death seed being planted in the Sun, that the Sun is dying, that the Sun will kill us, etc. Those are metaphors for the collapse of old manipulations on a holographic projection, which could not and would not affect a pure creation of a Spiritual Central Sun and a New Earth. Death to the old holographic playground; the New is completely unaffected by the great Galactic karmic cleanse. What a grand checkmate move it has been.

I AM told to keep an eye on the Sun. I still have resistance to using dates because it feels so linear, and my Team explained the importance of triggers and cosmic events a few articles back. You are free to check the Solar and energetic charts for the year and see how they coordinate with gateways. The new Solar Light – the birth of the Spiritual Central Sun – is occurring during these Equinox – Blood Moon eclipses. An all-at-once Solar Shift would create massive instability in the electro-magnetic fields, which are connected to the New Earth overlays via the tube torus gateways. It would also blow our body vehicles apart because they are part of the physical matter affected by those magnetics. Remember the body belongs to Gaia, and we are transforming it to accommodate the New Gaia.

Sungazers, you see the new geometries emerging as the parallel version of the Sun emerges. Even denser folks can feel the intensity of Sunlight due to the decrease in the magnetosphere. The intensity of codes, activations, Christed light is just phenomenal as the Sun goes through this transformation to a Central Sun. It also calls forth the New Earth hologram – the holographic possibility that is ready, willing, and able to receive your consciousness if you are willing to participate.

A last review for the Newbies: this also means that any belief systems built in old light energies will dissipate as the parallel Sun begins to take over. Note: this is not about the brown dwarf binary star, another planet passing by, or any other old light metaphor. All of those manifestations collapsed. Many objects in the sky are now perceivable due to the dropping of the veils, the diminished magnetosphere. It also means we are not

shielded from rocks, dust, plasma, meteors, or things we used to label as shooting stars, lightships, UFOs; all of that is here, now, part of our experience. Remember it looks dense/intimidating to denser physical perception – the higher expression is always purposeful, divine, assisting the Shift. Eventually, there may be up to three stars in our Solar system as we move into more intense areas of the galaxy. That is a long way off, nothing to be concerned with at all. Actually, none of this is a concern – it is merely information to assist the journey of those on the ascension/resurrection path. There is a lot of intel which does not get shared; some of it is not applicable or helpful.

Is it helpful to be aware of the new Solar Light overlay?

For me, it explains the complete disconnect I feel in my day-to-day operation here. I experience many holographic realities simultaneously during my meditations/training sessions. It is difficult to label them as sessions; sometimes they pop up unannounced, sometimes I call them in as more focused, intentional sessions with my Higher Levels. The precursor is energetic – I will see or feel my energy fields shifting, speeding up before they occur.

I feel out of body more than in body lately. And yet, I AM remarkably grounded – I truly feel the Christed Self stepping in, like a walk-in sensation, only pure Self rather than a foreign entity. We truly are getting to know our Selves after a long separation in amnesia. My focus can cling to old light dynamics long enough for a chat, a grounded task, a visit with a friend. It takes little effort to open up to the higher dimensions. That's me – my own Self – reconnecting through my DNA as I rebundle the helix and reconnect it. I AM letting the dimensions reconnect at will since these experiences put the body to sleep after a multidimensional encounter, especially when it is more than nine aspects at once. Most of that work is done at night, or when nap time is available in the day, so I may drop off to sleep afterward.

Traveling between Holodecks

Parallel realities feel like vast holodecks. This template surrounding the Sun is *heavenly* and I use that term directly. It is here, all around us, which is why so many feel it so intently – and feel themselves dissolving into it. We chose the higher light timeline, the higher experience, and now every bit of our multidimensional self is providing link-ups to energize that experience. It feels like old Self is gone, my memories dissipate.

Last week I experienced the death of an old friend from Chicago. Oddly enough, Chicago presented strongly before that occurred – I almost scheduled a trip there because it was so strong. Chicago is a powerful node for the new America, you may remember its connection to the *I AM* books and channel Guy Ballard; the ley line convergence, the Great Lake grids, etc. It served as my home twice in this journey, and many lifetimes be-

fore. In this application, Chicago rose to the surface of my awareness as ancient templates connected with me during the Equinox. I was guided to Medicine Lake, on the remote East side of Shasta, where a profound shift was made within me – again. I crossed paths with some traveling Lightworkers from Tijuana, opened a gateway, played my medicine drum, and several golden eagles showed up. They flew in circles overhead with a few osprey for several minutes, then disappeared over the lake. I heard *Dance of the Nine Eagles*. Some of the exchanges with the kingdoms are unexplainable – just feel them when they show up; best not to question how, why, what happened.

It was a great release of the old Self, reflected in the bird tribe and the death of a Chicago friend; the release of ancient identities, and the emergence of more of my true Self. It is more of that through-line I keep speaking of; the higher purpose of the Higher inter-dimensional Self. Chicago is a power-node, and strongly connected to the templates in Shasta and those around the Great Lakes. If all you can see around Chicago is bad or dark – remember that areas which appeared to be repressed or controlled in the old light were done so on purpose. It usually indicates a place where high light templates were anchored for future use. Also remember that from the perspective of the New Light Solar template, all of that apparent damage was done to a holographic representation; the Maya, the Maia overlay, the illusion. A lot of Galactic karma was transmuted in this grand experiment of the fall from grace. And now it's over. Completely. All hands on the new holodeck, please.

The holographic realities/templates connect via tube torus energy fields, just like gateway portals. All of this work with gateways has opened up my vision and understanding of these layered realities, and how to travel in my consciousness between them. There have been powerful moments – some indescribable – of giant gateways ripping open the ceiling of my consciousness and revealing the new Galactic system. And the how-to knowledge flashes in with these stargate-type experiences. For the moment, I AM letting the unlocking portion of the download unfold as needed. I have been fatigued by the shifts in my consciousness – open to more, yet needing to integrate deeper than before.

What to do with the Old Self

Nothing. Do the linear tasks to protect the body – food and shelter – and spend more time in creating the new than un-creating the old. The New Light, especially during the Equinox-Blood Moon passages, are especially focused on supporting New Light creations. This doesn't indicate a giant endeavor with a lot of planning – it is the simple rebuilding of Self that is needed right now. This is the year for it, take advantage of the very simple lessons available. We had a drop of energy which assists with (false) belief systems in the Light tribe – the awakened collective – to break up the patterns of waiting for external forces to supply change. Use those frequencies to disconnect from

old light perceptions. Resurrection will not occur in your lifestream if it is dependent on an outside element for rescue. We unify with the Universe through our own Solar Heart Center; at the moment this means aligning your light to the highest Divine Will.

Don't torture the mind with questions and beliefs – let it go, sit in nature and soak up the photons. Every time there is an elevated electron count, get outside and welcome them into your energy fields, physical, and crystalline structures. Your mind will not make sense of it, please stop trying to perceive new light with old eyes. It just won't work. It might feel scary to have that much faith; however when you feel it, see it, know the new true Self, all else starts to dissolve. Resistance is troublesome, let whatever is within your heart be all that is happening right here, right now. Breathe.

A Light Conversation with Kelli

September 30, 2014

A replay of a powerful and fun conversation with Kelli Coffee about Awakening, Ascension, and the Shift in Consciousness.

[Video version of the conversation](#)

Blood Moon Eclipse – Now

October 6, 2014

Blessings Beloved Light Tribe,

A Brief Note since online time feels unwise at the moment. There is an incredible amount of New Light entering right now; I AM sure you can feel and witness this.

It is Highly Complementary to connect and infuse the Grids with the *Golden Crystalline Diamond* Frequencies entering right now. Connect with Shasta if you choose; the incoming light is increasing dramatically through our beloved sites and grids. If guided, assist this operation please.

Gatekeepers, we are ON it through the Eclipse passage. Pure conduits, open up and direct this GOLD with the intention to accelerate and amplify UNITY consciousness please. Connect with the Divine HUman Heart grid as well; there is great power in our unification. Get outside in the pure photons and do the work.

Have a beautiful Blood Moon Eclipse!

Utilizing the October 23-25 Trigger

October 14, 2014

Blessings Beloved Light Tribe,

Gatekeepers, Gridworkers and those in Service to the New Light: get clear, relaxed, and ready to unify. I AM sure many are sensing this upcoming acceleration on October 23 – 25; it looks like a wonderful opportunity for the Shift and Ascension timelines.

As we step into our true Creator skills and operate in the highest interests of all concerned, we are capable of assisting the collective consciousness in powerful ways. The New Light supports unified intentions of Divine Love, Peace and the Shift to Higher Consciousness. Let's take advantage of the intel and make this as powerful as possible.

Gateway Trigger dates: October 23 – 25

Gatekeepers: Opening October 21, anchoring through the 26th. Gold, Diamond, Crystalline Gates.

Gridworkers: Focus on acceleration of the Shift. Gold/Christed light infusions.

Light Servers/Lightworkers: Unified focus on Unity Consciousness, Unifying HUman Hearts of Divine Intent.

Tips for Unifying with Higher Level teams and Gaia to deliver/take in as much Light and amplification as possible:

- Get clear and purify/cleanse/vibe up as much as possible. Pure conduit = stronger influence of intent.
- No drama/anxiety: Let's make it an easy, beautiful trigger; like a Divine 5D Love-Light bath. The timelines will respond appropriately.
- Expand yourself first. Crystalline grid level, bigger if you can maintain focus.
- Anchor/amplify intention with crystals in/on the ground prior to the Gate. Link them to all involved, ask the Higher teams to assist/use them.
- Keep it simple and without stray requests. Acceleration of the Shift in the highest interests of all concerned.

Gifts Available to Receive with this influx of Light

More Ease

It may be difficult after so many challenges to go gracefully, fully into the ease of the New Light reality. Even though resistance is laughable during photonic bombardment, accepting the New Light reality is key. A new level of ease may be unsettling as the old constructs attempt to fit expanded consciousness into small, old boxes. We are coping with the death of coping mechanisms. Breathe.

Wayshowers Leveling Up

Wayshowers are able to show the way because we face the unknown ahead of the collective. We now converge as one heart, one unified field of expression. A unique creation happening within the boundaries of a unified level of global consciousness. We are merging in a Divine sense, as a Divine expression of the Christed HUman. The Solar Cosmic Christ is a template provided as a bridge to where we are headed. A wise template-builder once said, *You will do all this and more. First, the All this. Then the More.*

These levels of light may make for an ungrounded experience. This is a unique passage with new things to show us about ourselves. Share it with your Higher Levels, Gaia, and telepathically with the HUman grid. We surge the new experiences into the collective mind.

Pineal and Higher Light Upgrades

The High Heart, Pineal, Crown, Vagus Nerve (ears, throat, heart, solar plexus) may be getting a workout as the New Light increases since the Equinox-Blood Moon Gate. Also intense amounts of Light; it is extremely bright with the eyes closed. The shifts in side-effects over the last month are too plentiful to list; trust your Higher Self with the amplifications. Take care of the vessel as it adjusts – these symptoms are unique to your journey.

Tired-and-wired continues, that seems to be the new normal. The lines between waking and dreaming dissipate as the veils dissolve. It is what it is, welcome to unity consciousness. Higher Self suggests enjoying cave-time, in little bits, to let the body reconstruct into its true reflection of Self.

Perhaps you have noticed the pinpoints of light which begin with eyes open and expand if you close your eyes. I have several beings breaking through the veils, at my request, to be more visible to me (5D or above). They understand how I would like to communicate and are building those bridges with me. I highly recommend communicating – out loud for clarity – with your Team as they present in your consciousness. They respond to your level of creativity – this is a co-creation – so design it as you like. It makes it easier now that we have eyes-open interaction.

Telepathic Communication

Grounded telepathy – HUman to HUman – takes practice, and I encourage playing with it. You may have noticed the nudge to connect with someone, then when you get together it seems everything has already been shared. Get used to this; our Higher levels are getting more acute in their energetic exchanges as the grid of awakened HUman hearts gains energetic momentum.

Telepathic merges with higher states of consciousness seem to be getting clearer and easier since the last Gateway. I hear it will be easier to interpret/transmit telepathic downloads – which can be vast amounts of intel – after the next Cosmic trigger. I sense it is our unified mind which will strengthen in its desire for Love, Peace, Balance, and Purity, rather than a need for more information.

Using the Cosmic Trigger

While the collective consciousness cannot sabotage a wave of New Light, it can be steered into using it for a positive acceleration, or falling into fear. We have the rule book now, beloveds, as well as the upper hand due to the 5D vibration in our consciousness.

Feel into this message and hear the Higher calling for action during this wave. Much of it is telepathic; comprehension of New Light intelligence is growing, the acceleration will become more streamlined since so many are consciously connected this way. Keep clear. I feel a turning point in many of our lifestreams; let us share our highest intentions and put our new skills to benefit the Shift and all concerned.

[MP3 Version: October 23 Trigger](#)

[Video Version: October 23 Trigger](#)

Feeling the Love: Accelerated Timeline Shift

October 28, 2014

Blessings Beloveds,

The shift to an accelerated Ascension timeline has occurred. Deep gratitude to all who participated during the Gateway Trigger last week; our work on behalf of the highest interests of all concerned has lifted us to a more expansive, accelerated Ascension timeline. The levels of love, Christed light, and Fifth dimensional consciousness are quite profound.

I AM sure that most of you noticed the turning point – the timeline jump – during the X-flare of the 24th. It was sudden, strong, and palpable as the tube torus alignment between timelines occurred. Add it to the many magical moments of this journey as the unexplainable becomes commonplace; my Higher Levels said *Step outside, open up to the SUN, and anchor this*. A few minutes later, an X-flare that felt like pure Source consciousness. The following day, another nudge to step outside and *Witness the completion: A giant rainbow appeared over Shasta as the Trigger passage anchored our intent. Success!*

There are many things along this journey that I cannot examine too closely. One of them is receiving these gateway windows when certain events will occur. At the beginning of the month, we received dates for a cosmic trigger that was supposed to influence a planetary timeline. Magically, the biggest sunspot in 20 years began to appear over the limb of the SUN. If evidence is still needed by anyone that our Divine Teams are indeed on a Galactic level, let this serve as a smidgen of proof that we and our Higher Teams are indeed UNIFIED.

Timeline Acceleration

We collectively shifted to a higher Christed Ascension timeline. Timelines work like paths of possibility; they are possible outcomes which depend on collective choices, planetary factors, Galactic factors, and they work in conjunction with the harmonics and infrastructure of Universal intent. For a planetary shift in consciousness, including the evolution of the beings upon it, timelines are designed to support the highest outcomes depending on the collective level of consciousness. Some decisions are pre-arranged (the Shift itself) and cannot be avoided. As the Shift moves forward, the timelines respond to the evolution of the collective consciousness. As we level up, we participate in how this unfolds. You can see why we have said *Manifestation requires spiritual maturity and responsibility*.

While the overall creation of a dimensional shift requires certain events and certain levels of Light to be attained, there is some wiggle-room for free will choices (delays) of the collective. However if the intention on a Universal level is to engage in a dimensional shift, such as we have here, certain things need to happen in order for that to unfold.

As the HUman collective awakens and begins to engage with the Shift in consciousness, it is possible to speed up the process of Ascension. Now that we have a good amount of awake and Ascending humans participating fully in service to the New Light, a vibration within that collective is capable of neutralizing the past and accelerating the Shift. This is not about controlling the population, or manipulating other people's journeys. Because we work in the highest interests of all concerned, a vibration has returned to this planet which empowers Humanity to fully step into their skills as Creators.

A true-to-Source Creator being does not dominate or wish to control others in a negative way. A true Creator holds the highest intention of love, light, divinity, harmony, peace, and balance. We bring levels of light to this planet right through our own consciousness, working as a collective force, and activate higher possibilities on behalf of all. This is what occurred during the last Gateway Trigger.

You may have noticed that the X and M flares during the Gateway had no associated CME. The light delivered through the SUN contained information – light encodements aimed at acceleration of our intent, rather than the magnetosphere. Our commands for balance and harmony through our pure intention was reflected in the delivery of these these timeline-shifting energetics.

Effects of a Timeline Shift

We've had many major timeline shifts as a collective throughout the Shift in consciousness. Major events or trigger points deliver the higher experience for those with expanded consciousness. It is amazing to watch our unified skills at work. We've had plenty of practice in the last decades with group intent; now we are getting a taste of just how powerful it is to focus with pure Source intent in this New Light.

The side-effects of this recent Shift are beautiful. Expect dramatic thinning of the veils, deep personal revelations, and stronger interaction with your higher aspects. The ease and grace promised has been delivered. Enjoy it, swim in the 5D flow of it. This beautiful light provides an experience of heightened divinity, purity, and higher sense embodiment. Expect your skills to reflect your highest consciousness; keep expanding, there is so much available that is brand new to our experience. Honor it and integrate the newness into your lifestream. The days of Higher realm/lower realm separation are dissolving.

Supporting Your Higher Self

This timeline provides support for flowing fully into the Fifth dimensional experience. Mastery is the application of what you learn as the true Self is unveiled. Own your True Self and honor it properly. These consistent activations of newer self, truer self, will speed up. Integrating what you discover about yourself includes dropping habits, beliefs, patterns which supported the old self. It is important that the High-vibe tribe create new ways of being, moment to moment, to fully support this acceleration. However that applies to you, please engage with it. Take the time to reevaluate and take action on the new creations which serve this higher state of consciousness.

My Personal Journey

I have a beautiful opportunity in November to be in a quiet, private space here in Shasta. I AM seizing this gift to film a brand-new version of the Ascension Course. It will take a good load of work to create what has presented for the new expression. I AM excited for a new level of service, and I also look forward to some offline time to enjoy the New levels of Light available.

Own the New Light

Our next wave of amplified energies occurs November 4-11. Kindwhile, enjoy these transcendental states of revelation, bliss, and harmony. Continue to hold the intention of the highest experience for all concerned; it strengthens the collective experience of New Light.

Your activities do not go unnoticed, Beloveds. Know that those higher aspects of you – the Galactic, the Angelic, the Masters – are merging with your consciousness in this now moment. Hold this truth in your heart and amplify it through your deeds, thoughts, actions. *Continue to commit random acts of Light.* We love you, we bless you, we thank you!

Micro to Macro: Assisting the Acceleration

November 18, 2014

Blessings Beloveds,

The accelerated timeline which HUmanity and Gaia activated last month, triggered by a cosmic alignment for a Pure Source Light Intelligence Gateway, provides new layers of possibility for HUmanity's Ascension. While we shifted to the primary timeline of Ascension many years ago, we continually choose the secondary timelines of our collective experience. We do this as a collective, with the leadership of Wayshowers and those carrying a 5D/6D vibration in their energy fields, to draw the collective experience up into an accelerated Ascension experience.

It is a highly creative passage; the timeline Shift of October brought forth creative stimulation and an active energy. It is a great turning-up on the volume of the Shift, and as Wayshowers we take the lead in participating with these new dynamics.

Accelerated Timeline: Higher Choices

As always, our Ascension experience depends upon Micro (personal choice) level, and Macro (planetary) level as collective activity. These reflect the greater choices of the Macrocosm of Source, Universe, and Galaxy, but let us focus on our local neighborhood for the moment.

Our accelerated timeline provides strong support for action in alignment with the New Light. This continues throughout the Shift; however, the recent timeline jump may be giving you the go, go, go for creative activity. Simultaneously, we have a few very physical effects of the timeline acceleration.

Golden Race DNA template activation. Templates stored as holographic imprints within the planet were amplified during this timeline jump of last October. Technically, they activated during the Equinox-Blood Moon gateways which began last March, and continue through September 2015. The Equinox-Blood Moon gateways act like a sieve for energies, each gateway getting shorter, more precise, more focused on seeking and finding prepared vessels for Divine HUman Golden Race embodiment. These templates now serve as a grid system, working in harmony with the 5D/6D crystalline grid. It is yet another support system for our Ascension to a more multidimensional DNA.

Pliable Time Dynamics and Creativity. Time, as movement through layers of light, affects our collective experience. It establishes parameters for our dimensional bandwidth. As we accelerate to a higher dimension, our experience of time becomes more

pliable as our vibrational rate increases. Time seems to speed by, then crawl, and sometimes disappear altogether. That has been going on for a while, however there may be dramatic shifts in your perception of time.

Remember that as we engage with higher layers of future possibility, we rewrite our past possibilities. It all gets very harmonious as we create and re-create our personal and planetary timelines. You see this in your own lifestream as you process and clear emotions; expect to see this on a planetary level as we move through the last passages of the Shift.

Part of this time pliability includes a sense of nonattachment, as if anything we are inspired to do may not manifest at all, or simply is not needed. It can make the creative flow feel futile; as if the creation is done already, yet it is not manifest in form. The layers of possibility stimulate our creative ideas, yet the Unity consciousness aspect gives us the sensation that it is already accomplished because someone, somewhere has created it already. It may be multidimensional you, or another being on the planet. We are harmonizing as One, morphing our ideas and creations in alignment with the New Light in the Now. Have fun with this. Alignment with Divine Flow brings blessed creations with ease; missed opportunities or forcing a direction can cause suffering. You may have noticed your Higher levels encouraging creative activity. The purpose is to align and actively engage with your true Creator-In-Carnate self.

Revelation. This may apply to health issues, personal issues, emotional wounding, relationships, or revelations from others. Accept all of it, rewrite your beliefs and behavior to align with the truth, and do not delay processing/clearing anything that comes up. You have to feel the revelation in order to release the old experience and move forward, as opposed to looping in past beliefs or behaviors.

Planetary detox. As always we support the detoxification of the planet, kingdoms, elementals, and HUmanity with our own personal dedication to detoxifying and honoring our bodies, energy fields, thoughts, emotions, homes, land, community, all that is. Respect and bless all the elements within, especially water which plays a vital role on this planet.

Micro to Macro: Accelerating Disclosure

Timeline acceleration includes an acceleration of disclosure and reevaluation of monetary systems. It is quite foolish to wait for dark team players to reveal anything. The participation of grounded teams with the higher realms in creating new systems, which serve all of Humanity, will provide a best-case-scenario for disclosure. The levels of forgiveness, compassion, and divine neutrality upon this planet complement our progress.

We need to have critical mass which agrees with disclosure on all levels; micro and macro.

Most of us understand that a radical change in monetary systems and the reevaluation of currencies upon this planet – especially in the US – will be a challenging passage. The higher realms appeal to those who carry the New Light of service and clarity: Please assist the progress of disclosure by applying the micro-to-macro dynamics. Think Global, act local. Remember this isn't confession energy (not good or bad); it is simply speaking your truth with transparency.

Some prompts for personal disclosure: What can you disclose in your own lifestream?

What secrets do you still keep hidden from others? Is there a last hand waiting to be revealed from you? Can you express your fears? What can you share openly to reveal your true self to those around you? Can you be transparent with your personal ideas about money, government, ETs, or personal issues, or do certain areas of your life stay hidden because they would cause injury or embarrassment? Why would you expect others to do that, if you cannot? How forgiving are you of others, or yourself? Have you attained Divine Neutrality?

The energy of personal revelation is needed to trigger disclosure. Start a trend, employ this energy flow. This is not about forgiving others; it is about accelerating the momentum of disclosure. Share openly, honestly, with integrity, love, and in service to all. It energetically supports those in roles of leadership – government, finance, corporations – who have the challenging task of disclosure at hand. Even one small revelation of truth to a friend can support this energy. That's *you* revealing *you* to another person; acting as the microcosm of large organizations coming forward and revealing the truth.

Reevaluate your own interests: Are they in alignment with the highest interest of the planet, humanity, kingdoms, elementals? Face the fear of disclosure in your own lifestream in order to support a quickening of those dynamics on a planetary level. Everyone is involved in disclosure; it is not *us versus them*. Disclosure and reevaluation have been delayed by the collective decision to hide secrets, tell half-truths to one another, or contract/hoard/feel lack when financial issues present.

Light-ground **coming out** speeches for your government representatives or key players. How would you present what needs to be said? How would you infuse those words with compassion, in the highest interests of all concerned? What revelations could come to light without creating chaos? Try this, it is a great exercise in Divine Neutrality and

plants the energy in the collective consciousness. Write it down, share it. It creates the energy of movement toward disclosure, and ideas for how to handle the fallout.

Those of us working alongside the higher realms understand that we are creating the most complimentary Shift for everyone. We understand that the idea of change is still very scary to most of the population. Change this energy. Shift the collective consciousness to revelation, disclosure, and reevaluation of systems by actively choosing to reveal your own truth, personal truths, engaging in acts of forgiveness, and personal clemency.

New Paradigm Alignment

As we enter the holiday season, be sure to align your purchases, activities, and social interactions with the new acceleration. Money is energy, and maintains a powerful vibration for many upon this planet. When this energy is applied with positive intention, it Shifts the flow to a higher vibration. Send this positive energy – your vote, your agreement – to services and products in alignment with the New Paradigm. It not only aligns you with Ascension, it assists the collective Ascension and raises the vibration of our planetary consciousness. It is very important to demonstrate your agreements in a physical, light-grounded way as this higher timeline acceleration anchors into our collective consciousness.

All of those in service to the New Light, understand the responsibility we have taken on. That choice is our strength, let us demonstrate what we have learned and earned through the Shift.

November 25-26: Leveling Up

November 22, 2014

Blessings Beloveds,

A brief update: November 25 – 26 is our next wave of amplification. Gatekeepers, we are opening today (you may be feeling this already). Focus on revelation and an easy, graceful veil-lifting in the highest interests of all concerned. Harmony, Balance, Ascension.

Notes on the Disclosure Acceleration Intention

Our intention with the disclosure tool (see the [last article](#)) is to use our unified actions to create an energy which accelerates harmony, freedom, and the Ascension for everyone in the highest interests of the planet, kingdoms, elementals, and HUmanity.

Transparency is simply willingness to participate in co-creation with an open heart. I have never felt a sense of isolated Ascension; the process is not just about me, what I have attained, my own Ascension. Rather I feel the choice of Source to Ascend a collective into Unity Consciousness. There is power and peace in unified intent; we have proved that over and over. This passage feels like the next step; a true Leveling Up of our skills.

Some say unified intent does not matter; they have chosen to disconnect from the outside world as they go deeper inward. That is their choice, and I honor all paths to enlightenment - both unified and isolated. For me, the path is together, heart to heart, to explore the Shift in Consciousness and create the highest possible outcome for everyone. There have been, and continue to be, many passages of inner work to attain unwavering unconditional love. In the past, inner peace was all an incarnation could offer us. This passage offers us Ascension and a dimensional Shift, so the possibilities become much more expansive.

There are still many options for how the final moments of the 5D Shift can unfold. I choose the brightest experience, moment to moment, and hopefully inspire others to do the same.

Tools or exercises in co-creation like the Micro-to-Macro disclosure acceleration are presented as training for Unity consciousness, like a warm-up for the big energies of 2015 coming our way. It may show us what we are capable of; the power of unified intent applied in new ways. Just like Ascension itself, participation is a personal choice.

The disclosure tool also demonstrates where our belief systems are in regards to fear of big change, our capabilities, or remnants of spiritual ego. Sometimes lightwork can expose how fatigued we are by the new energies, or if we have allowed the externally-influenced mind to override the heart along this path. Divine neutrality is a learned skill which takes practice, until the tipping point on our journey when service becomes our pure existence here.

It may seem like a simple heart-exercise in discernment, light-grounding and neutrality, however I feel it is training us how to fix larger issues from a higher, more creative perspective. At minimum, it demonstrates our willingness to experience less linear, more high-vibe outcomes as they present. If light-grounding (writing it down, performing a grounded action) is not your thing, perhaps a visualization of peaceful, joyous revelations could be your contribution.

Creation Busy-ness

There is such a high amount of creative ideas flowing in, and yet the sense of *completion* is also there. Not a sense of futility, not a *no longer applicable* message, just this inner sense of here-and-not-here. It is a side-effect of the Ascension-specific energies.

I have no unfinished business or *wish I would have finished that* regrets. How blessed to feel that divine peace of a good incarnation. I also know that adjustment phases have been consistent through this Shift, so the *finished* sensation may be a passing phase (for a whole year now). I keep whittling at the new creations with enthusiasm, patience, and contentment.

There is a sense of heightened *non-attachment* that comes with this timeline jump; that term seems to have taken on a 5D meaning, as opposed to the cliché. Anything could happen. I feel absolutely ready for a new level of the unknown. It is not that I don't *care* what occurs, I don't *carry* what occurs here anymore.

What a pleasant and powerful year of revelation this has been. Leveling up means so much more than it used to. I AM deeply grateful to share this experience with all of you.

Blessings upon our Ascension!

Healing Conversations Replay

November 27, 2014

Blessings Beloved Light Tribe,

Here is a link to the replay of this week's Healing Conversations with Lauren Galey. We spoke about Pliable Time Dynamics, Disclosure, Accelerated Ascension, and a whole lot more!

[Audio Replay of the Show](#)

The Momentum of New Earth

December 3, 2014

Blessings Beloveds,

December brings us two potent gateways: The first presenting on December 4 – 11, and the second December 25 – 29. Let us explore the purpose of each:

December 4 – 11

Focus: Linking the grounded Grid systems, including the HUman heart grid, with the Unity Consciousness and crystalline grids of 5D/6D New Earth. Apparently a merge is occurring – which is a fantastic sign that after 2 years of marinating the old grids with New Light, our grids are now carrying more New Light than old light frequencies. With a cosmic wave trigger on the 7th, we will be firing the golden crystalline diamond light of the New HUman and New Earth, as preparation for the intense upgrades and energetics of 2015. The planetary merge is stepping up, and the timeline shift of last October is doing its work quickly and effectively. Visualize the merge as you work.

December 25 – 29

Focus: I was shown two images recently; the first was myself on a lightship, learning to pull in clouds around the ship to mask the shine, and dropping golden spirals of the DNA helix like a gateway spinning down to the ground. The second was DNA spirals serving as ladders to the higher Gaia during this passage. Gatekeepers, we will be calling forth the complete activation of the Golden Race DNA templates within the major sacred sites to align with the portals and stargates opening during this Gateway. Feel free to connect with the Master I AM templates of Mount Shasta.

Let the Light Work for You

A strong uptick in Solar Cosmic Christ light is expected by end of the month. We experience this growing vibration as Divine Love, Purity, and Inner Harmony. The external tends to become triggered, contract, or be confused by this light; it sets the old polarity pendulum swinging the opposite way to balance the magnetics. However, you may have noticed the pendulum does not take as many with it as it swings to the negative to balance the positive. Now it is a multidimensional pendulum with many directions, many facets. Duality is disintegrating as thousands in service demonstrate New Light dynamics of neutrality, compassion, and Divine Love. Expect the unexpected, beloveds. Don't

look for evidence of our progress in old programs; focus on the New Light, and be diligent in implementing all that it reveals in your own lifestream.

Typically, the holidays/end of the year attract strong light since so many (awakened and unawakened) celebrate, pray, gather, worship, and raise their vibration with gift-giving and assisting others. The unified activity of the holidays and New Year's resolutions creates a magnetic field which attracts light to intentions. Now that we are in Zero Point dynamics, the energy of that collective experience becomes stronger. Gatekeepers and Gridworkers, use this vibration to support your energy work. Gateways become very amplified when the collective consciousness is in resonance.

The Unknown Zone

My Pleiadian Team says that our hard work and adjustments were just a warm-up for the energies we are about to experience. We are about to receive energies which are unknown to our body and energy fields. It is difficult to predict what they will do to some forms of consciousness. The slow-and-steady progress of Ascension will be triggered into a higher gear. It feels like a combination lock; all of the factors finally aligned for a great unlocking of the unknown. It is a time to stay centered with an open-heart, simplify, and breathe in the unknown. We'll need to experience Divine flow in a brand new way as we enter the unknown zone. Hands on the heart, breathe, say thank you for the Ascension.

There have been many adjustments to the physical this year as the revelations unfolded; this continues, beloveds. Personally, there have been many moments when I wondered if my body could handle the New Light. I AM in the middle of another round of skull changes, and the nervous system/meridian/DNA activations have been exhausting. However, along with the physical adjustments comes an amplification of ease and grace, and a profound letting-go-while-still-engaging sensation as we walk between worlds. My experiences with the Higher Realms have become much more pronounced, and often bizarre as my consciousness merges with my Team. A powerful magnetic shift was felt here just before the Sedona quake this week; I expect more of that as Gaia's higher and lower grid systems merge.

Remember energetic intensity is planetary as well as personal. Send harmony, grace, peace, Divine love through all particles of Gaia, the kingdoms, elementals, and beloved HUmanity. We can take advantage of our current clarity, before a vastly different experience comes upon us during the Equinox-Blood Moon Gateways next year.

Gratitude to all who are participating in this incredible Shift and Ascension. As weary, tired, or wired as the Wayshowers may be, we are receiving the highest accolades in the higher realms. Know it, feel it, own your Service.

[Video Version: The Momentum of New Earth](#)

December Update – Increasing Momentum

December 11, 2014

Blessings Beloved Light Tribe,

The grid merge is anchoring nicely ~ magnetics are adjusting as expected. You may feel like it is *lift-off* time, with sensations of rising like a big balloon (even more so than before.) Hydrate, rest, and center in the stillness; especially those with vagus-vertigo who feel spinney. It is a wavy energy as the magnetics and plates adjust, and the 5D underwater sensation is palpable.

We celebrate our 12-12-12 Anniversary; blessings upon those who captured codes and were forever changed on that prestigious day.

Do you see the effect of this sequence of events? The personal revelations of 2014? How the merging of grids calls forth the templates of the Golden Race DNA?

We are about to enter a vivid experience of our multidimensionality. Prepared hearts, minds and vessels walk through these gateways ready to anchor the true Solar Cosmic Christ beingness. As the Pleiadians shared with us, we are entering a new level of the great unknown. Your Divine teams – those beloved beings who surround you in visions, or sit with you at the council tables each night – honor your courage and endurance. I AM sure many of you witness the divine reflection at that level; the merge of the Masters in 2013, the Galactic Brotherhoods united, the Universal ARCHetypes revealed, the fractal reflections of our guidance realms in millions embodied upon this planet.

The limits of faith are tested in density. The old light beliefs serve for a flash – thousands of linear years – and are rewritten for new light dynamics. Now we are tested with the Divine merge of Creator-as-Self. Not in theory or dogma, rather in form and en masse.

Much of the experience of true multidimensionality is beyond our comprehension. The glimpses and moments of revelation become more consistent, stronger, and more expansive. The Higher Self steps in, rewrites the old light of Self through DNA, and creates something brand new. Many of us see our Higher Selves changing, unifying with Divine aspects, taking on the new templates. Our reality reveals a slowed-down, stepped-down version of 5D as we experience the merge which occurred this year.

Recognize the unknown, the brand new experience, as it presents. As the guidance has revealed, the years of practice, adjustments, integration were minor compared to the true experience of the Solar Cosmic Christ. Source blesses all who have prepared

themselves and this planet for the Golden Race. We love you, we bless you, we thank you.

Below is the video version of the December gateway message. Light encodements are provided to assist the collective consciousness; it is your choice to receive them. Blessings upon all of creation during this passage!

[Video Version: The Momentum of New Earth](#)

Brilliant Multidimensional Intensity

December 19, 2014

Blessings Beloved Light Tribe,

I continue to be amazed by what is happening right now to our consciousness. Personally, it has been absolutely fascinating to experience the multidimensional merge so strongly. My days are a balance of delving into these experiences, along with a great amount of technical and creative work (and the litany of tech glitches as the magnetics of old realities shift to accommodate Zero Point reality. Really keeps us in the moment, does it not?) I AM sure many Wayshowers are performing the balancing act, and getting accustomed to the New Light flow.

As the intensity of our experiences, both physical and non-physical, compliments the approaching wave of New Light, we pull back and gain perspective on how this is occurring. First, a brief summary of the sequence of major events which unfolded in 2014. After, a look at the DNA drop, a message from the Divine Team, and sharing of some interesting personal experiences.

The Brilliance of 2014

We had many interesting events unfold in 2014, which support this Now moment and the possibilities therein.

The Equinox to Blood Moon Gateways March – April 2014: The first Gateway brought in the most powerful Return of the Christ energetics and activations the planet had seen to date. It also brought certain timelines, events, and galactic history to a close. Completion. You may remember the article on the dissolvment of the Maya structures; the framework for the illusion imposed from the Pleiades, designed to resolve millions of years of Galactic karma. As the Maya (named after Maia, a star in the Pleiades) ran its course, it closed the book on many an akashic tale. This left us open to engage with higher Christed timelines of Ascension.

May 2014: Many Wayshowers received a deep recalibration to prepare for the accelerated Ascension timelines. While it may have felt very physical, the aim was expansion of consciousness. You may have felt all of the old timelines, galactic karma, connections to star family lineage, or any of the stories of the past disappear from your personal emotional, mental, and egoic structures. This recalibration prepared us for a series of personal revelation gateways.

June through September 2014: A series of powerful personal revelation gateways unfolded as Gaia and HUmans merged into a higher reality. HUmans who had been working on the merge of Higher and Lower Self suddenly began to experience the unity of their Divine aspects, and a more acute perception of that union. We experienced a seamless merge of dimensions - the beginning of our true multidimensional perception in the body (as opposed to astral tripping). This allowed for a realignment with the True Self, and getting to know the true Higher Self. We also began to get familiar with the disorientation of having anything to set our compass on.

Because we moved into an accelerated future path, the past was rewritten behind us with a clarity and ease (and downright forgetfulness) of what had occurred. The memory of it may still be recalled, but you will notice that the emotional attachment is gone. This is a side-effect of not only being in the now, and allowing the personal akasha to catch up to the truth, but it also opens us up to a much grander future possibility.

September through October 2014: The second of the Equinox through Blood Moon Gateways brought an intensifying of the return of the Christ energies which are aimed specifically at expansion, expansion, expansion. Expansion of the consciousness has a direct effect on the body vehicle as it attempts to keep up with the demands of a higher vibration. This is the balancing act of the Shift itself; the body continually adjusting to the demands of the subconscious, the conscious, and the energies flowing into and out of Gaia.

October 2014: The entire collective shifts to an accelerated Ascension timeline during a weekend of powerful flare activation from the SUN. Our solar light is directly connected to our experience of time. Working in conjunction with Gatekeepers and benevolent Galactic forces, we were able to answer the requests of the high-vibe collective and shift into an accelerated Ascension experience. A faster process, in the highest interests of all concerned.

November 2014: The Higher vibration sends the ascending collective into meridian readjustments, nervous system recalibrations, and heart center expansion in order to keep up with the accelerated timeline. It is ironic how awakening requires so much sleep.

December 2014: The merge of grounded Earth grid systems, crystalline grid and 5D/6D grid systems of New Earth begins. This sets the stage for DNA drops, a stronger multidimensional experience, pineal activation, and an expansion of simultaneous dimensions. It accelerates the activation of a greater brain capacity.

Flying into the Now

Our next to Gateway, December 25 - 29, brings a more intense experience of Divine Love and a Golden Race DNA drop, which continues through 2015. This delivers the codes which were anchored into the Crystalline grid on the 12-12-12. This is why we had a merging of the grid systems, to make those Golden Race codes available to all of HUmanity. If you were one of the code-catchers on the 12-12-12, you understand how powerful those light sequences are.

If you are available during the holiday and choose to assist with this gateway, understand that we are holding a harmonious, balanced support as these pure source light frequencies penetrate the planet. Balance, peace, integrity, harmony. Gentle balancing as the magnetic grid gets hit with New Light.

These light frequencies will enable prepared vessels to awaken high quality DNA within them, and bi-locate new strands of DNA into the cellular structure. (See my video from 2013 on Source DNA.) DNA serves as a multidimensional hologram for the experience in form. We use it up to the eighth dimensional level. Ninth dimensional structures tend to abandon the use of form, where consciousness becomes very unified.

Unified or Collective DNA is a magnificent multidimensional geometry which holds unity consciousness up to 12D. As a Divine HUman in-carnate, we will eventually be capable of holding a 12 strand helix DNA structure within a 5D/6D form. Each strand will reconnect to a dimensional level. At that point, it is not your DNA and My DNA, it is our Unified DNA. It is not something that a 3D microscope will ever be able to examine. Only the effect on the physical body can be measured right now in the multitude of Ascension side-effects.

2015: Transformation of the Wayshowers

We have two powerful transformation gateways occurring in the last two Equinox to Blood Moon Gateways of 2015; the first in March, the second in September. These gateways get shorter, smaller, more focused. They act like a sieve for energies and target those who will be embodying higher dimensional consciousness, the Higher Self, the Christed Self right in front of the collective.

If it is your desire to make this embodiment physical, to be a true Wayshower and demonstrate the New ahead of the crowd, then your focus will grow more precise in 2015. You may already feel it.

The Councils which I AM involved with, which include Masters, Brotherhoods of Light and Galactics (they tend to swap out positions at the holographic table), understand that not all body vehicles will be able to endure this process.

Feel this message beloveds:

Stay focused on the Ascension as you move through these intense photonic waves of light. Know that your participation will become more acute as you move through these energies. It may become difficult to do anything else, and we honor your dedication. Understand that the little things which distract or prevent you from engaging in linear activities are merely adjustments to the Now possibilities. They may test your resolve as they manifest your highest pre-designed possibilities in the Now. Events, glitches and distractions are forcing you into conscious participation in the moment with the New Light, the True Self in the new moment.

Even if the body vehicle cannot withstand the New Light, know that if you have performed your service with a pure open heart, and transmuted all constructs of fear, that your service is honored in your mission is complete. Some of you will choose to return further into the Shift with a more resilient crystalline form. For those who do not resonate with becoming part of a Golden Race upon Gaia, your journeys here will be complete.

Many of you will be merging with the consciousness of other races, higher-dimensional beings, and higher levels of your True Self, in brief passages of telepathic communion during this phase. It may feel extremely peaceful, because it holds the pure energy of your True Self to communicate in this way and learn in this way. The more comfortable you can be with merging consciousness in order to exchange information and pure light consciousness, the faster you will transcend the old dynamics of separation.

Recent Experiences

Awareness of many dimensions in the Now moment. As our brain capacity increases and this beautiful golden-crystalline-diamond DNA comes online, we are capable of experiencing many dimensions simultaneously. If you practice this, you will notice your ability to hold simultaneous multidimensional awareness grows longer and clearer. The more DNA strands you have flickering on and the more your pineal activates, the more access you have to the simultaneous experience of Zero Point or Unity consciousness. It also causes an increase in light flashes and bright pinpoints of light in your energy fields as the piezoelectric activity of the pineal increases, and portions of the brain reactivate.

New races. I have noted interaction with many different races; races I do not recognize at first. My colleagues have introduced me to beings I used to know, asking me, Do you recognize who this is? Gosh I stare wide-eyed at many higher-dimensional beings lately. Apologies, beloveds! While it is difficult to be the one awakening from this long amnesia, I do feel a great amount of support and patience on the other side of the veil. I love you, I bless you, I thank you.

Ocean Lightship Visits. I experienced the lightships under the Ocean last week. I found myself walking along a corridor next to the exterior, and I nearly broke focus when I realized I was breathing water, underwater. Since my experiences are quite lucid, I paused just before my grounded body panicked and calmly took a few deep inhales of clear, water-like substance. The walls of the ship were a transparent crystalline-light material, which had a luminescent glow. This was in the Pacific Ocean; we were working with the Pacific rim plates.

As many of you have heard, the Pacific rim plate system has been a concern for some time. Understanding that Gaia will expand to accommodate the new energy, you can see why so many of us are working on stabilizing magnetics to make this as easy of a transition as possible. That does not mean that we are preventing earthquakes or plate shifts, because those are a very natural side-effect of the collapse of the magnetosphere. They open up caverns where water may flow downward, preventing too much land mass loss from rising sea levels. Expansion occurs during every Shift/Jump time, and our dimensional shift provides additional factors to consider.

Regardless of the work designated to these underwater ships, the experience of peace, focus, and unity of service made me feel absolutely at home.

The Christmas Gateway

During our beloved Christmas gateway December 25 -29, we will receive a significant and sizeable wave of Light. Merry Christmas Presence! You may feel it approaching. (My parents and I were visiting via facetime this week, and they witnessed me pre-cog a Solar Flare, just moments before it unleashed. How beautiful to share that experience with them!)

We have shifted to a new area of space, again, which includes the entire Galaxy as a unit. Our alignment with this higher Ascension timeline brings forth higher possibilities. Our mastery challenge includes precise choices, moment to moment. Embodying the crystalline consciousness is an intense process. It is not something which happens all at once, nor will it unfold for everyone holding form at this time. Gosh I wish it did, because it is such a powerful experience - perhaps the most powerful you can have in a body. This year taught me patience at a Master level, and compassion at a Source level. It is what it is, all is well.

As we go through the sieve of Equinox to Blood Moon Gateways next year, our untouchable aspects present. Untouchable at the level of your consciousness, not your body vehicle. While it would be nice to experience all of this grand expansion in an isolated environment (like the old Mystery schools), it is not the point. 2015 brings forth palpable, recognizable transformation of the grounded Self. Utilize cave-time when you

need it; usually a day or an hour are just enough to rejuvenate and stabilize the body vehicle as your consciousness expands your energy fields.

Reach out to support and receive support from the HUman heart grid. The sensation of isolation is physical, connect through the heart to feel true unity consciousness.

DNA preparation

For many of you, your choice to engage in the Ascension process included a great deal of cleansing and clearing metals, toxins, parasites, karma, negative thoughts, subconscious emotion, ego, mental and emotional constructs so that the cells would be ready for these intense energies. The cleansing and clearing of the cells – a structure which is supposed to last for hundreds of years – becomes vital to supporting DNA activation.

Out of the trillions of cells in your body, not every cell will have to be clear and ready to take on new strands of DNA. This is a good thing as our current environment does not support a 100% clear cellular structure. When the new strands are taken in, or the dormant Golden Race DNA within your cells activate, they will replicate into neighboring cells as the energies increase and the collective consciousness expands upon this planet. 50% preparation, 50% Divine timing.

Pace yourself and know it is not a competition. There is no judgment upon whether you can handle it or whether it destroys the body vehicle. I know all of this may sound technical, and that is part of my role, however the point is participation. The point was to transcend density by experiencing Divine Love in all of its many expressions. Approach all of this activity with a pure heart and the pure intention to serve pure Source Light Intelligence and the objectives of your True Presence.

A Blessing of Grace

Let us all send the highest quality light waves of harmony, peace, balance, Divine Love, Divine Light, and Divine Ascension through every particle of this planet, the kingdoms, the elementals and Beloved HUmanity during this beautiful passage. Blessings upon all of us in service to the Ascension of consciousness!

In Love, Light and Service,

Sandra