

Creative Evolution

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Higher Energies, Higher-Self-Care

Jan 9, 2015

Blessings Beloved Light Tribe,

The wave of new light which began on January 4 initiated the *DNA drop*. This initial wave continues through January 11; Gatekeepers have been anchoring these all week.

For those of you who were in service on the 12-12-12, you may notice that some of your awakened colleagues are beginning to experience what we experienced on the 12-12-12. Visions of streaming codes, Golden DNA spiraling down into Gaia, ancient symbols, and some codes presenting as light language symbols.

One of the more dramatic side effects of the DNA drop is the heightened awareness of multidimensionality. You may sense the merge of dimensional expressions in a stronger, more refined way. Rather than glimpses of the Higher Self or higher state of beingness, many of us are experiencing multiple dimensional expressions simultaneously. Understand this is a goal of the Solar Cosmic Christ; the synchronization of all aspects of Self in several dimensions.

Another side effect of new, puritized DNA being available to us is a dramatic increase in pineal activity. The clarity can be startling. You may also be receiving more vibrant flashes in meditation or when lying in bed at night, eyes closed or open, and more pinpoints of light appearing in your energy fields. These are side-effect of the brain rewiring and the pineal responding to higher levels of light.

The sensation of Zero Point, that beautiful state of now consciousness, is more readily available than ever. It will be easier to experience lengthier passages of that stillness, the silence, the true Zero Point where unification of the multidimensional self intercepts the programs of the illusion of separation. By utilizing meditation, or peaceful quiet time in nature, we open ourselves to the natural flow of evolution and call in this next phase of the Ascension path.

Understand that the energies of 2015 will amplify the boomerang effect in a faster, stronger way. Alignment with the True Self becomes a demand of the New Light for the Ascension-bound. We are in a phase of heightened experience – which means your experiences of negative emotion will also be amplified if you focus on the negativity in that way. The conscious direction of thought, action, and spirit will be a moment-to-moment activity, and becomes an art in itself.

We have entered a very accelerated part of our Ascension process. At times it may feel like the process is running us right over. Because of the amplification of this photonic light which demands Divine love and harmony, we get to witness negativity lifting out of cellular structures, and in every operating system running on the planet. As the Pleiadians mentioned last month, all of the work we have done prior to this was merely preparation. It is now put to the test in a much more immediate way. In brief, we are entering a state of beingness that has been foretold for a very long time.

2015: Mastery of Multidimensionality

All of the hitches and glitches, aches and pains, interrupted sleep patterns, energy surges, clearing, and technical snafus take on a different meaning in 2015. They force us to be very immediate, in the now moment, and train us to align with the divine intentions of our highest self.

While the energy supports a stronger clearing of the external world around us, we remain steadfast in our alignment with Divine Love and the goals of our Ascension process. Your intentions will consistently and somewhat instantly reveal whether or not you are in alignment with your higher self. If your goal is to merge with your own higher states of consciousness, your own higher expressions, then your focus will be on absolutely aligning with the reality you are consciously choosing to ascend to.

Make an agreement with your Higher Self, your Christed Self, and your Divine Team to show you each day, each hour, each moment what is in Divine alignment. It will feel different than it

has in the past. It will be much more instantaneous. Feel it in the heart; you will recognize the signs in your immediate reality, if you pay attention. Pause often to see the signs. Plowing through a day, an hour, a moment without aligning with conscious flow is over.

Understand that when you invite in the higher light consciousness, you surrender to the consequences of what it shows you. Resistance to alignment causes suffering. Flowing with alignment brings ease grace and profound insights if you attune your perception to what the truth has to offer you in the moment.

An Insight on Collapsing Systems

Negative programs only have until Autumn of 2016 to continue to run negative control systems. I AM referring to misguided HUmans who have long served a negative path (I do not subscribe to inter-dimensional racism or judgment of past attempts to control. New Light, New Paradigm, Let us move on). Understand that the frequencies coming onto the planet are held by thousands of HUmans in service to the New Light. That kind of light being embodied upon the planet is literally painful to negative beings. While I have compassion for those in made the wrong choices here, and can imagine how disturbing these frequencies must be for someone carrying a lot of negative energy, I also see how important it is for those who are ascending to hold the absolute highest vibration and light quotient possible.

Keep your energy fields clear and strong. Use your commands and agreements wisely. Clear the moment things present, and take responsibility for your own journey. Self-empowerment is vital. Getting out on the land and connecting with Gaia, the kingdoms, and elementals is one of the most efficient ways to re-energize and rebalance. Zero Point provides immediate results for pure intentions. Walk, breathe, stretch, intend; instant rejuvenation.

Higher-Self-Care

We will need consistent rebalancing as the multidimensional merge gets stronger and more pronounced. Simplify where you can, engage in the new – because the old is going to

feel *very* old now – and quite burdensome. Give. It. Up. Do not be frightened by what you are becoming; let it unfold – no matter what. Be honest with those around you about your feelings and energy – or lack thereof. HUmans in alignment will be patient if you are authentic. We are coming out of a long brainwash of performance and survival programs. Now we move into a new flow of performance, which is not based on future results. It is the authenticity of Now which matters most. Your multidimensional merge takes place in milliseconds of Zero Point, bit by bit, expanding to seconds, then minutes, and then a permanent state of beingness.

At times it feels much more difficult than we expected, and sometimes it feels like we overshot the mark altogether when all is effortless. Don't let anxiety override the heart center. Hands on the heart, comfort the body, hush the mind/ego/emotions gently, say *I Love You* and breathe.

Self-care takes on a higher meaning this year. It's not a hot bath and a massage (although those are great); it is Higher-Self-Care which is our theme. The psychological levels can be threatened by the heightened unknown as parts of the brain activate. Dormant structures awaken and try to make sense of what the rest of the brain has been up to. It can cause confusion or fear if the lower levels attempt to override the rewiring. Please stay centered if you are experiencing this; the psychological fallout of the Shift has been a concern for some time.

Blessings upon all of us engaging in this fascinating and powerful process!

In Love, Light and Service,

Sandra

A Profound Exhale of Creation

Jan 15, 2015

Blessings Beloved Light Tribe,

The final merging of the grounded Earth grid systems, the crystalline grid, and the 5D/6D New Earth grid systems – which are a much more flexible, less static system – was completed on January 12. Some of you may have received the nod from your Higher-level teams or directly from the SUN itself confirming this alignment.

On Tuesday afternoon I was meditating in the SUN, connecting with the SUN's core, when a huge surge of golden light shot forth from the SUN into my energy fields and knocked me backward with a sudden overwhelming *YES*. I reacted with the laugh-cry of gratitude, continued my meditation, and that evening I was guided to spend the night on the mountain. I grabbed my Arctic sleeping bag and headed up. It was an icy, clear night with the usual lightship traffic, including that massive golden lightship which a few of you have experienced. Downloads flickered like speedy filmstrips, and I spent most of the next day in bed integrating.

2012 was the end of pillar work, 2013 released us from the work of transmuting for the collective, and earlier this month we completed the necessary gateway work to fuse the 4D grounded and 5D grid systems of Gaia via the crystalline grid. Beloved Shasta serves as a storehouse for ancient templates from various civilizations. The I AM templates, Violet flame/Germain templates, Native templates, Pleiadian/Lemurian templates, Sirian templates, Arcturian templates, Venusian templates, Golden Race DNA templates, and a host of other well-intentioned holographic guidelines for this moment, this Shift, this Ascension were deeply encoded, some wrapped in metaphor and hidden in the etheric realms of Shasta for safekeeping.

Beneath Shasta was a giant etheric crystal geometry. Metatron called it the *Crystal of Om* a few years ago. This crystalline ball of geometry may have been interpreted as a solar light within the mountain in the past. Gateway structures operate the same as the body vehicle, planets, solar light, galaxies and Universes – they are tube torus energy fields with a central chamber which links them to the Higher dimensions. Linking the tube torus of the heart center

with the torus energy fields of the body vehicle, Higher Self, and Higher dimensional expressions of Self is one of the goals of the Ascension process. Everything is linked through the heart center, which contains a pure connection to Source, and the levels radiate out from this core point as dimensional expressions, like Russian nesting dolls.

Shasta has a massive energy field. Earlier this month the crystal sphere which holds a unique technology of shifting geometry (it adjusts to currents of cosmic consciousness) rose up the central chamber of the torus and fully activated the templates which are in alignment with our current phase of ascension. As it lifted it raised the templates into activation and is now beaming forth those codes and DNA sequences making them readily available to all who choose to engage with them via the crystalline grid dimensional interface.

The merging of the gates around Mount Shasta began on the 11-11-2013. Gateways – the actual structures, not the windows of dates given to interact with them – work with the same delivery system of the infinite structure of the tube torus. For years it was the Gatekeeper's work to open these, because there had to be grounded consent to this activity, and it also gave the Higher levels a monitoring system for where our collective level of consciousness was, and how willing we were to participate in the process.

This is why Gatekeepers called forth accelerations in the highest interests of all concerned. Some Gatekeepers heard the energy fields as they approached them, and some saw them. Regardless, the work included an alignment of energy fields through the heart center in order for those gateways to amplify. The key to the gates is in the heart alignment. Always.

Now that the grounded work of alignment and activation is complete, the waves of cosmic energy are now released more frequently, more consistently, and with a greater intensity. It is an act of grace that our Higher levels have been able to filter these energies up to this point. Now that our level of consciousness, our collective agreement, has consciously opened these pathways between the Higher and lower levels of Gaia, our experiences will become more profound, more creative, and align with a true state of Creator consciousness. I AM sure many of you are experiencing a new level of freedom, sovereignty, and deep resonance which reverberates through all levels, layers, and dimensional expressions of you.

While our Higher Teams may continue to provide dates of amplification – passages where leveling up is much easier – the grounded experience of calling forth and holding open gateways during photonic waves becomes an at-will practice. Personally, it has been revealing to provide the Cosmic weather report on when flares and cosmic waves would provide amplification. In my personal journey, I AM choosing to focus on *Ascension Path* for the moment as well as bringing in the prophetic and profound metaphors of our present journey. Delicious expansion in alignment with the True Self. Aho.

A Note to Gatekeepers

The fascinating and somewhat exhausting practice of Gatekeeping takes on a new level. Some will move on to holding space for others to experience 5D/6D heavenly realms and beyond. Some may teach alignment, some may serve as interdimensional escorts (excited to explore that one), some may move on to the multidimensional merge. Regardless, we stand as grounded conduits for the Christed Gateways; an embodied merge of higher and lower realms. Guardians of the New Light.

The big Gold lightship is a metaphoric projection for the Solar Cosmic Christ, to guide my awareness to the risen Krysthl (which is why I received the *Yes!* before seeing it and the templates rising that evening). Things are lovely, creative, sleepy, brilliant, simple and complex at once. Somehow we manage to understand through the heart and keep up. At last we are out of the mind game and into the much more playful, deep dreams of Source.

The merging of grid systems provides **constant opportunities** to everyone for engaging with the Higher realms in a direct, clear way. As always alignment is key; if your heart torus is not aligned with pure intention and your Higher levels, your experience in these chambers of light will spin you off-center. This is what we mean when we say someone is *spun out*; their torus energy fields are getting warped by lesser intentions/lower energy structures (either their own, or something else's) so they spin off-center.

The Equinox – Blood Moon Eclipse Series

As our alignment with Zero Point becomes more acute, as parts of our brain awaken to interpret the multidimensional Self, and as we call forth Golden Race DNA, Christed DNA, Divine HUMAN DNA (whatever your consciousness allows), our experience grows more profound, more unfamiliar, and more calm and centered than ever before.

We have two windows this year which complete the series of Equinox – Blood Moon Eclipse passages:

Equinox March 20 – Blood Moon Eclipse April 4 (15 days)

Equinox September 23 – Blood Moon Eclipse September 28 (5 days)

These act like a sieve for cosmic energies becoming more and more focused in their delivery. Understand that timespace is an *energy* contained in tube torus structures. The resonation of your own torus fields expands and accelerates to match a Higher spin of our collective experience of time. Density burns off as we heat up/spin faster; the collective is free to experience a faster rate of time, and for those resonating through the heart center, you will experience profound stillness as you align with all aspects of your True Self. In the stillness of center, you move your personal energy fields to align with the highest possible experience available.

This is what the Equinox through Blood Moon passages provide for us, just like the Gateway passages of 2012 through 2014, only it is a much more precise activity. **Availability of higher choices.** It is highly complementary to anyone on the path of Mastery, Solar Cosmic Christ, and Alchemy to align with your own true center and navigate your experiences from the heart. In pure moments of alignment, your DNA, brain, pineal, and awareness will experience tremendous expansion.

A Word on the Multidimensional Merge

As portions of the brain activate, they awaken in a neighborhood of cells that have been working from a lower level construct for a very long time. As you call forth and command new

neural pathways within the brain to operate in a fifth dimensional state of consciousness, you may experience moments of blank-slate or blank stare, as if you just stepped out for a moment. The crystalline structures activating within the brain and the activation of the long-dormant areas of the brain will be steering your activity, thoughts, and energy fields to align with the Higher Self.

Understanding that the Higher Self operates from a much more pliable state of timespace, the brain begins to attune the consciousness to a new Higher state of beingness. This is why the psychological fallout from the Shift was such a concern, because if older parts of the brain attempt to control new parts of the brain which are activating, there can be considerable conflict in a person's consciousness. This is why surrender and alignment have been so important as these structures activate. If you are experimenting with simultaneously merging with your 6D – 9D Selves, pace yourself. Remember to align your heart and energy fields as they expand outward so that you align with True aspects of your Divine Self.

The same applies to third/forth eye journeys; remember not to steer the vision with the mind. Stay aligned with the heart, ask your Higher Self, Christed Self, Higher teams to show you the truth continually as the visions present. I understand how vivid these journeys and experiences are becoming. Be sure to balance these experiences with integration. It may be helpful to light-ground in creative ways that are private and unique to you.

Even though I AM a Wayshower, I AM happy to see the more presentational and anxiety-trigger forms of guidance and spirituality dissolving this year. All is evolving to suit the demands of the high-vibe collective. I weep with joy and gratitude often at the developments in our expansion. So much, so fast, so brilliant! I Love You. Thank You all for this Divine co-creation.

In Love, Light, and Service,
Sandra

Gateway of Divine Choice: January 23 – 25

Jan 19, 2015

Blessings Beloved Light Tribe,

January 23 – 25th presents as our next influx of accelerated energies. I understand that every day feels like an acceleration in 2015; we are blessed with an amplification of the merge with these higher, positive timelines of Ascension. Throughout 2015 we will continue to have opportunities to level up in more precise ways.

Gateway of Divine Choice

My team is calling this a *Gateway of Divine Choice*. This message is directed at the Divine HUmans who have already chosen to engage with the Higher Ascension timelines. As always, our work within these Gateways is to experience the unknown and create pathways for others to follow. No one is abandoned; free will dominates the energy of every creation, that energy directed by its Creator (You). Know there is a collective choosing to walk through these gateways first, in order to serve Humanity.

As powerful as our experiences have been just in the last few weeks, we are about to receive energies which lock us in to the Equinox – Blood Moon Eclipse Gateways. The energies will produce more precise activations; you may feel the great lifting or pulling sensations becoming more acute and more consistent.

Gatekeepers and Gridworkers

Our service, now that the merging of grid systems is complete, becomes quite powerful and precise. As our consciousness merges with our Higher levels, teams, and Christed selves, our work of transmitting these divine energies through the collective ascending HUman heart grid will take on a very euphoric sensation. Our grounding is to the 5D/6D crystalline core of Gaia, through your own Christed heart center, and up to the core of the Solar Light (our beloved SUN).

Intention: Divine levels of support and stability from the Highest orders of Divine consciousness to provide stability, strength, and an amplification of Divine Human Ascension.

Frequency Rays: Gold, diamond, magenta, aqua – blue.

Visualization: Consciously threading the cosmic photonic light waves into the crystalline grid and grounded Earth systems, into every divine human heart choosing to ascend in this now. Infinity symbol, Gateway symbol (diamond octahedron within the vesica piscis- see my logo, it is a Gatekeeper activation symbol).

Preparation: Light-grounding of divine intentions, individual meditation focused on personal expression, maximum opening of the cellular structure (fasting would be complementary), connecting with the solar light teams, crystal grids on Gaia activated before the wave, and connecting with the benevolent 5D and higher support teams.

Remember we are taking on the dynamic of the Solar light, the Solar Cosmic Christ. Infuse your intentions and activities with that template. Blessings upon every divine being in service to the Ascension!

In love, light, and service,
Sandra

The Currents of Cosmic Intervention

Feb 6, 2015

Blessings Beloved Light Tribe,

Thank you for your patience as I completed the [Ascension Path](#) upgrades. I AM very pleased with the new videos, meditations, techniques and materials. I welcome all who are guided to participate to register now. I AM honored to serve both your personal journey and our collective evolution in this way.

Equinox Floodgates OPEN

On January 24, during the last gateway, a giant energetic door was opened. In my visions, it presented like a giant wall of rock splitting open, like the gates of a damn swinging wide. It was a massive floodgate releasing the accelerated energies of 2015; specifically, the Equinox through Blood Moon passages in March/April and September. I have described these before; this series of four passages serve as an attunement device for those who will experience dramatic shifts in consciousness and embodiment of Christed states of consciousness before the rest of the collective.

You are already feeling the intensity of these energies. There may be sensations of anxiety, or urgency, or a deep intuition that something very different is about to present for the Ascending collective – and may I emphasize this will be *unique to the Ascending collective*. As the Pleadians said in 1999; *Pay no attention to the distractions near the finish line; stay focused on the path*. You may feel that everything needs to be completed, tidied up, in order to free yourself for a brand-new experience. That can be challenging, especially for those of you who are in the role of teacher, healer or guide. Know that in order to demonstrate new levels of consciousness, in order to clear new paths for the collective, there must be focused passages where there is no engagement with lower-level constructs.

For some of you that means an hour or a day of private time. For others it could mean a week or month of dedicated focus on the Ascension process with the higher realms of consciousness presenting to assist you. Regardless of your grounded schedule, the energies

of 2015 and the upcoming Equinox gateway will dominate your process if you are one of the first to embody this new experience of Christ consciousness.

The Christ or crystalline consciousness will express in unique ways, however they all have a unifying factor: Divine love, harmony, peace, and an unwavering alignment with the Fifth dimensional state of unity consciousness. The cosmic forces in play since January 24 are a great rushing force which will carry many into uncharted territory; areas of consciousness that have not been anchored before on the planet. It is unique because there will be so many experiencing these new levels of light and embodiment, as opposed to the past when Masters would appear few and far between. This is supported by Gaia's dimensional shift, now two years into anchoring, and the collective level of consciousness which has been raised by so many Wayshowers and those in service to the New Light.

The Currents of Cosmic Intervention

You are already sensing it beloveds. The moments, hours when you are experiencing the multidimensional merge, when you are interconnected with all expressions of your true self, will increase in length and intensity. The experience of oneness within the self may become overwhelming this year. The Higher Self and Divine Teams assist with adjustments, however it will be important to hold focus, ground in New Light ways whenever necessary, and sleep when you are able.

Spend a lot of time in nature this year. Many of the encoded light filaments coming onto the planet and emanating from Gaia's 5D/6D expression are easily taken into the body and activated in a natural, organic setting. This also applies to the internal environment of the body, the mind, and the energy fields. Do your best to provide as pure, calm, and relaxed of an environment for the embodiment of these new frequencies.

You serve as your own Mystery school during this passage, beloveds. Creative intuition will bridge you to the 5D state. Gather in new, organic ways; classic structure does not serve the expansion, there must be wide open space for the unknown. Get comfortable with the uncomfortable. Feel secure in your infinite faith, the Source of your Highest power.

Flow with these currents of Cosmic Intervention. Follow the impulses and let them activate micro-movements, moments of flow present in very acute, very precise little passages. Creation gets more precise as the shift advances; a higher vibration receives higher support. Witness the lines of light connecting the Ascending collective. Notice the difference in your Wayshowers. Honor these Masters, beloveds. The pathways for experiencing multiple realities in the form have been cut. Feel this in your heart; know that this particular level of embodiment is the level that the Masters experienced in the past. You are evolving beyond that, however this next level occurs as a collective operation. It must be anchored in the collective consciousness as a platform for many to stand on. Many of you will go far beyond that platform, however the first step is presenting right now.

The entry to the Golden Age, the Golden Race, is not *your Ascension or their Ascension*, it is a puzzle which can only be completed by all placing the last piece together; a Unified embodiment of the Christ consciousness. Bypass the grounded brick-and-mortar location issues and connect to the Ascending HUman Heart grid in the higher vibration – you know how to do this, trust it.

Prioritize your Alignment

This is your moment-to-moment training; when there is resistance, or difficulties arise, wait a moment. Breathe, reset, align, and move forward. Play with this. Sometimes it takes milliseconds to align with the New Light, sometimes it takes a day. Some creations need to be surrendered altogether, but you have a much higher level of Mastery over your own reality as you level up.

The energies present an opportunity to learn to use the power of the moment to consistently shift your reality into the highest possibility. Even with grounded, denser activities; do not reject or judge them as the wrong thing to do if you feel resistance. It may simply be *alignment training* which is presenting. In the old light there was fear about doing the wrong thing or bad timing; now that your heart is attuned, or attuning, to the New Light flows, you will realize just how powerful Source-In-Carnate is. It is not about manipulating reality or

controlling outcomes, it is about aligning with the highest levels of creative intelligence, which is Divine Love.

You are becoming Masters of walking between worlds, and that means something very new. Learn from this phase. Observe and participate in the creation of the reality around you. The energies will intensify quickly, phenomena will increase, the flashes, light beams, orbs and other dimensional bleed-through effects will increase dramatically. For those embodying the New Light quickly, these gifts of communication and telepathic interaction will assist your service, path and the collective as you level up. You will receive all the support you need to shift quickly and permanently into higher and higher levels of consciousness if you align with the Solar Heart center and *BE that SUN*, that unique universe of Self-as-Source.

Consider the passage between now and mid-March as alignment training. The more acute your alignment, the more focused your perception, and the more willing you are to dedicate your consciousness to this stage of the Ascension process, the greater your results in the first Equinox to Blood Moon gateway. Prove it to yourself, show yourself what you are capable of. This is a year of mastery, and initiates have a grand opportunity to demonstrate to HUmanity what is possible.

In Love, Light and Service,

Sandra

A Brief Message on Star Lineage and Guidance

Feb 10, 2015

Blessings Beloved Light Tribe,

I was asked about creating a class for Starseeds, and wanted to share my response here. Even though the messages I channel are of a Galactic nature, they are intended to assist those engaging with the HUman experience. The *Ascension Path* class is direct and deeply comprehensive guidance for the Divine HUman Ascension Process. All of my service work is designed for the profound work of Self-Realization and Self-Empowerment of HUmanity. That said, you might still question, *What about the Starseed aspect, the Galactic Self?*

A note to the Starseeds on the Ascension Process, and why I won't be creating a Starseed class (note the double entendre):

Most grounded folks who identify with the title *Starseed* have an inner longing for the stars – as if *down here* is not as good as *out there*. It is the strong sense of separation from Source, our Higher Self, which causes this suffering in density. Connecting with your Higher Self truly assists your understanding; you comprehend the overall project underway in this realm.

Since we all come from the stars, the *Ascension Path* class is about transforming the HUman experience, no matter where your star essence is co-existing. It is the process of learning to radiate divinity through the expression of HUman that is the goal. We know how to be alien already, it is not as glamorous as the lower mind perceives it to be. We tend to be attracted to the foreign experience, the person from somewhere else, because it reminds us of our need for expansion, the New, the true Creator Self we forgot about. We are creating a unique experience here, reunifying with Source in ways previously unknown. The possibility of experiencing HUman DNA is special because it is more powerful than our Pleiadian DNA, or Sirian, or Arcturian, or any other, and will eventually hold *more Source light than our star expressions*.

Most are drawn to my class because we are excited about – and willing to take on – the first waves of embodiment. My work resonates with awakened star folks because I AM following

the path of learning to be HUman; a creation above and beyond the ET experience. I was surprised when I learned I would be embodying the Solar Cosmic Christ state of consciousness, because I thought I had too much alien DNA to embody the HUman expression! I thought I was just here to help – until my Heart activation occurred and my Higher Self showed me *We are going to become this, that is the goal*. It was an overwhelming amount of joy, complete with tears, to learn that I was more than a guide here. It was a strong revelation to know that I would be a part of this beautiful creation which would experience above-and-beyond levels of Source Light – more than my star selves. And thus affecting my multidimensional existence *from the ground up*, so to speak.

Often it is the fear of being HUman, the separation or less-than-perfect sensation due to the fall in vibration, that is our biggest challenge. I would not separate a starseed identity from the rest of the collective; that seems to be an egoic construct or emotional coping mechanism during the Shift. When star identity is rightly applied through the heart, it can motivate one to pursue Ascension of consciousness. If star identity is steered by the mind, ego or emotions, it can lead to feeling even more separation or false righteousness. No judgment; both applications can be part of the Mastery challenge. Stronger souls tend to make transcending the lower levels as difficult as possible!

If you feel you cannot be part of the Divine HUman experiment and are *just visiting during the Shift*, give a good listen to your Soul's motives. Perhaps the unattached *just here to help out then I'm outta here* folks are not strong (brave?) enough to complete the Mastery game. This whole game is one of the most difficult and fascinating things I can remember. Starseeds, I wouldn't second-guess the Soul's involvement in this grand creation. Don't doubt the capabilities of your own heart to hold Divine Love in form.

This is why the class is focused on Divine Love, rather than leaving. Home is where the heart is; we build it right here, right within our own consciousness experiencing Source-In-Carnate. Deep gratitude for the opportunity to experience something *even more amazing* than what we have known off-planet.

While it may feel more peaceful when you visit other star systems, let us admit this dimensional-shift-transformation is really an amazing experience. We are such renegades of spirit! Imagine designing this before we stepped in: Let's all have amnesia! And bring in all kinds of interference! And restore Divine HUMAN DNA during a planetary dimensional Shift, an Ascension window, and transform consciousness through a body! We are some of the greatest beings known, creating a Galactic legacy right through our lifestreams. Not in the Pleiades or Lyra, right here on Gaia.

Expand out for perspective on the Source-in-Carnate challenge. Reunification includes honoring what is right here, right now, because it aligns us with the intent and vibration of 5D and beyond. Being *Presence*, knowing we are here – and there – and facing the fears of becoming a true HUMAN in order to serve the higher Light and our higher wisdom. Then we are able to bring the peace (and enthusiasm for all that is) into this realm right through a starseeded heart.

In Love, Light and Service,

Sandra

The Depth of the Equinox Pull into Light

Feb 20, 2015

Blessings Beloved Light Tribe,

Many of you are experiencing the dramatic shift in the energies since last week. We officially entered the pull of the Equinox wave, and it brings us into a heightened state of the multidimensional merge. You may have noticed the merge has gone far beyond Higher Self and Lower Self, and involves many levels and dimensional expressions of You, Your Divine Team and Higher dimensional consciousness.

The Equinox Eclipse Passage

It is a powerful phase, and somewhat mysterious as we cut paths through the unknown. Gatekeepers have been busy and I AM deeply moved by how this is unfolding. It is brilliant to witness the unique expressions of the return of the Christ which are lighting up through the HUman heart grid. We are going to break apart many belief systems, religious patterns, and repetitive activities – even within the awakened collective – with this next phase.

As the great cosmic trigger presents a **Solar eclipse/Equinox on March 20 (Eclipse peak at 2:45am PT, Equinox at 3:45pm PT), and the Blood Moon Lunar Eclipse on April 4 (Full Moon/Eclipse peak at 5:06amPT, also the day before Easter)**, all of our attention shifts to merging with higher levels of consciousness. Cosmic factors, including strong waves of photonic plasma, are currently sending many initiates into higher experiences of the merge. Gatekeepers who are energetically connected to the gates are experiencing profound fusion with these energies. You may feel like a shell rolling in and out on the shoreline waves as the Gates adjust and breathe with this new light.

What is happening in the NOW?

For me personally, linear communication is difficult. My lower self runs like a holographic insert on autopilot to take care of grounded busy-ness, brief conversations, or short tasks. I AM very aware of how that functions now, and am learning how to focus my attention in many dimensions at once. Days fly by like a dream, stepping in and out of merge sequences. As the SUN begins to set, I prepare myself for work. Meditations, Gatework, and High 4D Dreamstate are very lucid. It is a complete commitment to the unknown.

There is a grand co-creation underway with this Equinox passage; Cosmic alignments provide an opportunity to use stronger threads of photon waves to accelerate the path of initiates. A month ago when my team shared that we were about to become the *Royal We*, I understood that everything was about to slide into the Equinox funnel. We are there, and it is something you either experience or you don't. I have not felt the Division of Worlds so strongly in quite a while. Bless everyone who is undertaking this level of Ascension.

Currently the Christed merge presenting includes:

- 5D Higher Self and layers of the 5D/6D new Gaia consciousness
- 6D – 8D Soul and Galactic layers
- 9D HUman/I AM templates/Oversoul layers

My Team says our collective reality does not have the capability to handle multiple embodiments beyond 9D right now. Glimpses of it in your visions and personal journey, yes. However, holding that frequency within the body vehicle as a permanent shift does not serve at the moment. Thousands of HUmans embodying a complete Christed state (that's all 12 lower dimensions and every expression on each dimensional layer) literally blows apart the lower 4D reality. So we are doing it in stages, which protects the ascending collective as well as the low 4D holodeck reality. This keeps you walking in-between worlds, experiencing multiple dimensions simultaneously. It allows us to demonstrate what is available prior to a complete Christ embodiment, which at this stage would take you out of the collective visible spectrum (and drop the body form).

As the balloon/rising/expansion sensations grow stronger, remember it is a side-effect of holding higher consciousness within the body (as opposed to leaving). Many of us are having

the empty-room dreams or visions, the clearing out of our lifestream, closing up shop, or a repeat of the train dreams (watching others scramble for the train, driving the train, flying past the train). This *moving on* metaphor is a departure from lower, recognizable states of consciousness.

Note the Lightserver effect (this is why we use *Lightserver* rather than Lightworker, dear Guardians of the New Light): You act like a computer server hard-wired to the Shift, the Ascension, and Higher consciousness, sending out the new light frequencies through the grid of HUman hearts. Since the merge can be overwhelming, keep this in heart as we venture into unknown territory.

Mission Shift: Pay Attention

Our missions grow more precise during the merge. No worries if you are stepping away from the classic ways of Wayshowing. Others are stepping into the roles we are leaving. Thank goodness, since the embodiment is quite bizarre to undertake. The folks who had a hard time physically or mentally with the last few years are crawling out of the cave, and may step into workshop/video/blog mode and help the new initiates, and there are many. I AM honored to have many teachers participating in *Ascension Path* right now.

The energies this year do a great job of sorting out levels of consciousness. Be true to your path and unique voice. If you have a sense of being unprepared, do something about it. Learn and get on with your expansion and service. Zero Point gets more and more challenging, take care to keep up.

Breaking up belief systems and old patterns – even in teaching/Wayshowing – is on the agenda right now. Misinterpretations of what is and is not happening tend to run wild as the veils thin. The magnetics allow for a great scramble as the astral planes collapse. It serves the Ascension through personal and collective revelation, the divine end of rigid beliefs of what is or is not true. The death of duality seems like a slow slaughter to the lower levels. This is why we command our Higher levels to seize the lifestream and direct it; the lower self is merely experiencing shadows of what was, for the collective benefit. That is crystal clear as

the merge engages the 7-9D layers. The Ascension is consistently fine-tuned to adapt to what is needed. We are optimizing this window of opportunity, and it is brilliant to participate in it.

The new consciousness will step in where it is unexpected, in unrecognizable ways, in order to dissolve the densest of collective beliefs. We are making it as potent as possible for the collective, so they fully learn and realize non-judgment and unconditional love.

Remember Love is a Light Technology, a Source-level intelligence which can be experienced in HUman form in profound ways. Every old imprint of Christ stereotypes will be overturned; angelic presentations, preaching from a pulpit, the Galactic babel imprints, Masculine embodiment, glowing energy fields and working miracles. All old light constructs will be challenged, along with many New Age (an Old Age for years now) systems of delivering intel, activations or initiations. Classic judgment-based paths to the Christ will dissolve in the creative New Light journey of the Heart. Expect the unexpected. And honor it.

Describing the Merge

However the merge of consciousness is presenting for you (goodness there are so many different expressions of the same thing, truly a creative endeavor), the sensation of leaving lower states of consciousness permanently is physically, mentally, and emotionally apparent. Those structures are morphing into new support mechanisms, and their transformation is unmistakable.

There is a great telepathic unity which proposes questions and answers them instantly. The legions of Light involved are immense and eyes-open visible. Personally, I cannot turn that off at will anymore. Those who have had brilliant initiations in the past (typically there are three mind-blowing, heart-opening, internal gateway-blasting experiences of the Higher realms which lock us onto the Christ path) may be experiencing the merge of dimensional awareness through the pineal. Portals, visions, gates, beings, energy fields and Divine Teams present with eyes open; close your eyes and it is also in the third/fourth eye vision. Merging as One. As fascinating and helpful as the pineal show can be, it is the feeling-based, heart-based communion with higher realms that has locked in and will not waver ever again. The lower

levels (ego, mind, emotion) surrendered and the Higher Self begins to rewrite the consciousness in alignment with Divine Will.

Divine Will, no longer bound by the restraints of lower aspects or old agreements, opens to consistently higher possibilities for the lifestream. The merge serves the collective Ascension by utilizing both the prearranged possibilities and the flow of the present collective consciousness. The merge suits the journey, it adjusts to it.

Gatekeeper Check-In

I had a chat with a fellow Gatekeeper and we both received guidance to protect this passage. That hasn't presented in a vivid way in a while. The Gates themselves have demanded my attention over the last few weeks, and the intensity is dramatic, gorgeous, profound. Not just on a collective here-it-comes level but on a personal stargate level as well. My Team demands all of my consciousness to be focused on the strengthening of the merge. My body and awareness feel completely different from moment to moment; there is a deep wisdom revealing itself which has nothing to do with what was, or is. Because of the higher level merge, there is comfort and understanding the instant something shifts.

All of it demands surrender on a new level, and dismissing what presents to interfere. Not judging interference as less-than or good/bad; it is pure discernment. Pure discernment is true Wayshowing; decisions are made to compliment the highest possible scenario which will have the greatest affect on the collective Ascension.

Blessings to all grounded HUmans taking on this heightened state of beingness. I feel you and know this is unique-and-collective all at once. Trust your higher wisdom, those seemingly unfamiliar messages that you understand deep within. I Love you, I bless you, I thank you for your dedication in this bizarre and beautiful phase of our Ascension.

In Love, Light and Service,
Sandra

Clarity on the Current Merge

Mar 2, 2015

Blessings Beloved Light Tribe,

I AM on day three of a water fast and I AM feeling superb. Just a note on the latest video: I was wary of sharing the *Ascension Path* calls since they can be taken out of context.

A Note for clarity, in Love, Light and Service:

Regarding the focus on merging 9D and below for Equinox: Of course we expand to 12D and beyond out to Source Level – that is the Solar Cosmic Christ integration. The merge of dimensional expressions from 9D down is presenting right now as a supported, conscious step supported by the incoming energies. We are about to make another collective timeline Shift.

The merge we speak of is the ability to hold focus on many expressions simultaneously and serve as a conduit for the Higher Self, Christed Self, Galactic Self, Master Self, Archangelic Self, I AM template Self, ALL of these levels and their expressions – at once – without traveling out/projecting out of the grounded consciousness. It is about HOLDING the ability to commune with several levels at once (multidimensional merge of consciousness). Imagine access-at-will; a constant ability be a pure conduit of your own True Higher levels. It is a step in the current Christ embodiment process.

In my perspective, above 9D loses (body-style) form, however we still unify with those levels as part of our *daily* Christed expansion process and DNA activations. All the way out to Source.

The Equinox focus presenting is on the multidimensional merge of conscious; simultaneous awareness within form. The implosion-explosion sensation of Unity; it feels huge, extraordinary!

I AM guided to do a pre-Equinox video for clarity on aligning your multidimensional torus energy fields since so many are experiencing the walk-in type sensations. Kindwhile, call forth the Divine Love that is YOU. I Love You! Blessings from Beloved Shasta, we are aligning for an absolutely gorgeous acceleration this month.

In Love, Light and Service,

Sandra

Lucid Dreamshare:

I dreamt of closing up a giant elaborate mansion; turning off the lights with several switches in each room, each room a different color and very victorian/old -making the rounds through this huge mansion with Lord Melchizedek. One room remained unclosed – in it was a girl creating giant maps that foretold the journey. Also in this dream, I was on a ballot with Matt Damon (a Greek name code meaning freedom, divine partnership, Pythagorean test of moral strength), it was a non-competitive election for some kind of leadership role. End of dream; I AM running lines for a play, it gets to my cue and I don't remember the lines. I AM holding a disc with codes on it, some kind of a model of a Lightship (this is recurring for me). The actors don't understand why I AM so nonchalant about forgetting the lines. I say *Sorry, it's not there anymore* and I calmly, peacefully depart.

Alignment with the New Light – Activation

Mar 7, 2015

Blessings Beloved Light Tribe,

Alignment is a primary theme of 2015. Obviously the energies coming onto the planet for the Equinox – Blood Moon Gateway are of a MUCH Higher frequency. It is vital to stay peaceful, relaxed, and aligned with your Higher Levels as this New Light does its work throughout the next few weeks.

I AM experiencing dramatic revelations, and visits from Masters and Galatics with clear direction on the Gatework unfolding here in Shasta. It is a powerful Leveling Up for me and my mission, and I feel completely capable of the task at hand. Strong anchoring dates presenting: March 7, 13-15 as stepping up frequencies for the Equinox – Blood Moon Gate.

This is a remarkable passage for the Light Tribe; please stay focused as the light steps up in intensity. We are holding a massive field of Light for the Shift and Ascension right now. Know this, feel this, honor it with integrity. Accessing the multidimensional Self takes on a whole new meaning as we merge consciousness. Take care to surrender to the Now of it as the Light levels increase.

I hope you enjoy the new website design. Many blessings for a transformative Equinox passage!

In Love, Light and Service,

Sandra

Mid-Gateway Newsletter

Mar 26, 2015

A Powerful Passage of Ascension

Eclipse Gateway Update – March 25, 2015

Blessings Beloved Light Tribe, I AM truly honored to be experiencing the deep shifts and accelerations of this current Ascension Gateway. We are undergoing dramatic energetic changes; this passage serves as an initiation to higher levels of the New Light. It can be blissful, challenging, emotional, revelatory and downright bizarre (in a good and profound way). With just over a week to go in this Equinox – Blood Moon Gateway, I wish you the highest levels of Divine Love, Truth and Pure Source Light you desire.

It is a Masterful passage, and there is much to share. For the moment, know that we are holding a HUGE space for the Ascension. Steady as we go, beloveds. Hands on the Heart, Creator Breath – this is our stability as the energies swing, sing and shift.

Thank you for the kind comments on the new website. So much is changing so fast, and it can feel like creative overload. Remember that nothing from yesterday needs to be re-created today. Flow with it, the Blood Moon promises to be quite the experience.

In Love, Light and Service,
Sandra

Revelation and the Reframing of Realities

Apr 10, 2015

Blessings Beloved Light Tribe,

Thank you for your patience with my absence during the Gateway. Substantial shifts have occurred, the New Light level is dramatic, and it increases with each Divine breath. Beloveds, we have entered one of the most powerful passages in our transformation.

I AM sure many of you are on board and experiencing the great lifting of Souls already. There are many revelations to share over the next few weeks, including the new energy field alignments. My goodness what a remarkable experience, we are so blessed! For those experiencing difficulty, know that we are holding a huge space for you to step into. *Lightservers, we have five months of intense focus upon us.*

Revelation and the Reframing of Realities

As mysteries are unlocked during this passage of time, our realities are being completely recalibrated. Honor the personal revelations and synchronicities which present to you as all is aligned with the Higher Truth. As always; integrate quickly, do not dwell on the old as it leaves.

The New Levels of Light, which increase each moment now, may make it feel like your cells are blowing in every direction. The implosion/explosion of the activated Solar Heart Center will do this, and it in turn activates the crystalline structures you have been working on all of these years. Hence the sensations of expansion, expansion, expansion. Be sure to take care of the body and mind as they are altered to meet the demands of the New Light Levels. Use the Creator Breath, align and expand. Forerunners will need to keep ahead of the frequency during 2015. Re-read the earlier guidance if you are feeling unclear on what is unfolding.

The Intersecting Dimensions: Magnetic Anomalies

Huge jumps in the magnetic aspect of the Shift took place during the Equinox – Blood Moon

Gateway. Remember the personal, planetary, and collective veils are directly related to magnetics. Many of you may be dazzled by, or concerned about, the visible activity of the higher realms around you at the moment. There is a lot of movement in the astral/4D as the magnetics adjust. Entities, programs and collective constructs which were trapped in that realm are being released in a stronger, more vivid way. The removal during the last Gate was a bit ruthless; anticipate that showing up in the collective reality soon.

One of the goals of Light Service is to ensure that the collective does not wake up in a nightmare, hence the consistent clearing and transmutation of the past. Now that a core magnetic shift has occurred, that work runs on auto-pilot. You may support collective clearing if that is your role, however that kind of work will distract you from bringing in the Cosmic Christ if you are involved in Gatework this year. You do not have to engage with low 4D at all; the mass exodus is not judgment, it is merely a side-effect of the new light. As mentioned before; you will have to look beyond that activity when communing with 5D and above. It is what it is, don't focus on it.

Even though there are seemingly thin veils at the moment – personal, collective, and planetary – know there is much more to come. As expressions of your reality – lower and higher vibrational fields/dimensions – merge during the Shift, your self-imposed veils reveal layers of energies, truths, beliefs, and collective coping mechanisms for dealing with density.

Understand that a full exposure to the realities without veils would overload your body, mind and emotions. The old light magnetics of Gaia allowed for illusion, or veils, to be placed between dimensional expressions. This is why there is a gradual lifting, now rapidly increasing due to planetary adjustments to the photonic light influx. Collective agreements are dissolved by those willing to do the work, which energetically allows collective veils to be removed. Practice, focus, practice. The awakened and Ascending collective has tremendous power. Please use it wisely. This is an era of Responsible Creation.

The Multidimensional Merge: Five Months of Focus

For those experiencing a deeper understanding of the merge sequences, understand this is your focus all the way through the last Equinox-Blood Moon Gateway of September. It is only five months of linear time. Enjoy and explore each moment in this heightened state of welcoming the brand new experience forth.

Some are able to hold 5D – 6D consistently; a conscious, fluid, lucid state of the merge. Some are capable of 5D – 12D on demand, for minutes or hours at a time, which is truly beautiful. If this kind of merge, in service to the Ascension, is your goal then practice, practice, practice. It will not be a grounded 3D/4D do-ing five months for you; it will be all about service to the New Light.

If you are feeling you are already holding 5D – 12D consistently, take a step back and feel into what we are revealing here. The merge we refer to is the true Christed state; the Solar Cosmic state. Allowing this forth entails a rewriting of your consciousness. In brief, none of us has been our complete true Self to this point. Zero Point resets require fresh starts each moment (Creator Breath), and practice, practice, practice. It is powerful and well-supported as the frequency allows for this evolutionary step. New energy systems have presented, and alignment creates flow, evolution, and true crystalline consciousness to emerge.

Scramble, then Anchor

You will notice the implosion/explosion reflected in your Tribes and interactions. This rearranging phase, a side-effect of the last Gateway, scrambles relationships, locations, alliances, and the mind-level. It will stabilize by end of May, however a few cosmic trigger points over the next few weeks will ensure folks are where they need to be, in the role they need to play (if welcomed fourth, of course), for the anchoring of the last Equinox-Blood Moon. Note that fear-based choices will get blasted more intensely than before. Stay true to your heart, path and Higher Self.

The levels of consciousness you welcome forth are foundational to the Ascension. This may provide some perspective on where you are going. The deep profound experiences and understandings, the revelations that many of you have experienced during this particular

gateway are a base-level for Gaia's new experience and the ascended HUMAN experience. A starting point, a birth, a platform for the New. We build the new platform for the new experience.

This is a grand embodiment of Pure Source, Prime Creator in a new form. It takes Self-realization; the true Ascension goal. Remember the Masters, Star family, Guides and Brotherhoods of Light are not our Commanders, they are our co-workers. At a Higher level, they are us. A concept that sounds cliché because it has been said so often, however the multidimensional truth of that is now revealed. We also understand the service, patience, and heightened creative state of it, and the responsibility therein.

Much more to come, Beloveds. Incoming energy flows are expected April 15 -17 and April 23-26. I AM guided to share an excerpt from the *Ascension Path* material soon, to assist in aligning with the New Light levels. Feel free to join us for the full class experience anytime.

In Love, Light and Service,

Sandra

The Cartography of Maths

Apr 20, 2015

Blessings Beloved Light Tribe,

The influx of last week's amplification buffeted our magnetic fields, which in turn affects the physical. Many of you felt the incredible expansion and purity of this light. These consistent amplifications are a good gauge for your crystalline structures. It will feel a bit indescribable; deeply profound sensations of Divine Love continue to rise, grow, and rewrite our prepared consciousness. We were ready, we opened to the unknown, and now we receive the payoff for our labor of love.

It feels remarkable, different from the stereotypes of Christ consciousness or Unity consciousness, or the sensations of the past. The Pleiadians reminded us last December: *You won't even see it coming*. They were correct, and the last Equinox-Eclipse passage brought personal revelations that – to be perfectly transparent – changed me, overwhelmed me a few times, and gave me a deep sense of empowerment, purity, and a new level of service.

A new space has presented in Shasta to support the (very) active, creative, expansive journey of the next six months. I plan on sharing my Gatekeeper journal notes from the last Gate, as many synchronicities and connections have presented already just by mentioning a few visions on the last [Ascension Path](#) connection call. Some of these missions are large and involve many of us, some are small yet powerful.

I had the pleasure of completing a mission last week up on Shasta with Aisha North, a fellow channel from Norway. Glorious work with two vibrant siSTARs (Aisha and her twin sister), which completed projects we had worked on for many incarnations. We were absolutely blessed by the reunion of our little trinity, representing thousands who are embodying the Christ right here, right now.

Shasta, Egypt, Peru and Beyond: The Cartography of Maths

There is a current project which I sense may resonate with some of you. The Brotherhoods of Light are working with the Divine Feminine, particularly those with Sirian/Pleiadian connections, on new template work which involves the symbol of maps, mapmaking, or blueprints. Even though it feels ancient as we remember what was set in place for right now, it is different from the past template work. It is lucid, conscious, direct, and somewhat technical (hence the Sirian Master Engineer-type influence). I will write up the Archimedes connection in another article, it is a fascinating synch.

As the Divine Feminine brings forth the Christ embodiment (the plan to break apart old belief systems about the Christ is probably apparent, so I won't mention it again. Quietly, beloveds.), we hold a huge space for New Light to enter at key points on Gaia. And it does not matter if the Feminine is female in form, or in a male form who has learned, embraced, embodied enough feminine dynamic to be able to hold spacetime energetics without the interference of the ego-mind. It is quiet, deeply profound work with beings of incredible light. To you who are involved, I send you my love this moment. The presence of these beings and realization of what is occurring can be overwhelming, and the consistent exposure is changing my consciousness. What divine contracts we have at this level – and more to come.

Create, Create, Create

One of the (many) joys of crossing paths with Aisha was our conversation about creativity. It was wonderful to be present with siSTARs who comprehend and express the *Creator State* of beingness. So many projects are presenting – so many ideas, new expressions; the multidimensional creativity which was promised is now understood, embraced, sought after by the awakened collective.

Have you noticed the consistent increase in creative ideas as the energy rises? Ascension and creativity go heart-in-heart; this is not a stagnant old paradigm spirituality with set-in-dead-stone truths, it is a vibrant revitalization full of surprises, revelations, and new creations. Hence the ongoing destruction of old myths, beliefs and expectations of what is or is not

spiritual, what is or is not the Christ. Expect the unexpected, beloveds. If you choose participation in the Ascension, intend deep core-busting change within yourself, and go direct.

As we move into a purer state of Unity Consciousness, understand that a creative inspiration may be for you, or it may be for someone else to implement. Ground them and send them forth through the collective. We are ONE huge new multidimensional operating system now, rapidly increasing in size and power as we zip through the uber-gateway of 2015. Limitless. Boundless. Purposeful as we move into heightened awareness of Source-as-Self. Creator Beingness.

Gratitude and Service

We have another wave coming in April 23 – 26. I invite you to explore my redesigned website for tools, articles, inspiration, a week of private sessions coming up, and other opportunities to deepen your experience of Ascension. It is remarkable what we are accomplishing, beloveds. If you are feeling weary or run-over by the energy, know that thousands in the Light Tribe have created a huge space for your alignment with the New Light. That part of our work is in place; a platform for others to find and use. We move onward and upward.

In Love, Light and Service,
Sandra

Divine Delineation and the SUNrise within

Apr 23, 2015

I AM

the animation of Stardust,

the Krysthl garden in bloom,

and the Divine wisdom interface.

And So Are You.

Blessings Beloved Light Tribe,

As odd as it may seem to experience separation on the way to Unity consciousness, we do have a large portion of the collective experiencing heightened states of Source consciousness which are brand new. It feels remarkable and requires great inner strength. Our Higher Teams ask that all Lightservers experiencing the new perception, Christ consciousness embodiment and multidimensional merge sequences connect in this Divine mission via the higher planes of consciousness. Unify in your Mastery, beloveds. Be a pure conduit and interface for the Higher Self and Higher realms to flow and thread the Crystalline consciousness into this realm. It does take a good deal of focus.

The incoming waves of light (entering April 23 – 27, flowing into the May Daze) might make you feel floaty, blissy, spacey, disconnected – even more so than before – and we humbly ask you to let it be. Crystalline structures experience reality in a very different way from lower density; that will be apparent to many right now. Old states of consciousness dissolve completely, if you are consciously granting permission for this to occur. It is a conscious choice, moment to moment, and alignment with the New Light is ever-present due to stronger Zero Point dynamics. For those embodying the Christ, your choice has been to let the Higher Selves take over. As the Higher levels take over, the lower self disappears. Simple enough, however the experience requires light-heartedness along the way.

Divine Delineation and the Mid-Christ Crisis

Now that we have encountered the great shattering of the old Self, complete with the kicking and screaming of the lower levels (mind, ego, emotions) over the last decades, we are experiencing the payoff: the Truth.

Whether you are embodying the Christ frequency, or sensing the collective around you who are embodying this, the Shifts in consciousness are powerful and direct in this Now moment. As always, the amplified frequencies bring doubts to the surface, and it is your responsibility to surrender them, process them, bind them out of this realm, clear them, or at least recognize them as aspects of your old Self which no longer resonate with your journey. *In the absence of doubt, we are all Source.*

Abandoning the old Self is a pure act of trust in the New Light and the New state of beingness. All of the lessons of the past: surrender, trusting the path, divine neutrality, detached compassion – all of these concepts and teachings are now *fully embodied as higher states of beingness*. These concepts become your beingness, and become purer in form – more direct – as the multidimensional merge rewrites your consciousness.

The inner work, the practices, the methods you utilize to surrender the old Self and activate the New, True multidimensional Self, are centered around the core principle of *Self-Realization*. You are Source dreaming of itself, and awakening to the New dream already taking place. When the tipping point of Self-as-Source realization occurs, your embodiment of the Christ accelerates. The reorganization of your consciousness in alignment with your higher levels, your multidimensional Self, will speed up – dramatically. This is where we are right now.

The waves of light coming to the planet may test your patience with yourself; both New and Old Self. It is a reflection of the sorting out of realities. As always, it does not serve to look to the external, or judge other journeys, when one is engaging with a path of Christ consciousness.

The current energies play with our belief systems *in order to destroy them*. Clinging to outdated beliefs, coping mechanisms or self-judgment triggers doubts, fears, and emotions because old platforms are diligently disappearing from your consciousness. Let them go, beloveds. Embrace your journey as it is, right here, right now. Feel it rather than letting the mind be startled by the changes. Drop the awareness elevator from the mind to the Heart. Open the doors at Heart-level and witness the Eden blooming before us.

Use the Higher 5D and beyond awareness to receive support. Gaze right through the 4D flotsam revealed by the veil-lifting and connect with the crystalline beingness. Recognize when you need assistance. Recognize the new creativity. Recognize when you need to disengage. Recognize that you are witness to your own experience, as well as the collective division of realities. Revelation includes the ability to embrace all that you are, even in the face of your own Self-judgment.

Psychological Fallout

For years we have recognized this is Self-judgment day, ultimately leading to Non-judgment, and the energies push that agenda to the forefront of your awareness. We learn to be our True Selves by observing what was and neutralizing it in the Divinity of Truth. As was foretold, the psychological fallout from the Shift is presenting in a strong way as the energetic Gateways for the first waves of embodiment unfold. That is not a future event; it is this passage, right now.

If you have chosen service to the New Light, it will be vital to deal with your own psychological fallout – the strangeness or struggles as the lower levels (ego, mind, emotions, physical) get the cosmic boot. Recognize you are not alone in this process, ever. Many in the collective are flowing with these embodiments, Wayshowing simply by breathing in the expansion and *being okay with whatever presents*; taking on these higher states of consciousness on behalf of the whole. We created a space for others to step into, whenever they are ready. It is a phase to be confronted with – and accept – the strangeness, the sensations, the interaction with the higher realms who are radically present as the veils disappear.

The Multidimensional Merge Sequences

For those who have been experiencing the multidimensional merge sequences over the last five months, the waves of light coming in will intensify your experience of the multidimensional Self. That is not a concept or belief, it is an experience. Clarity takes on a new meaning; you are now capable of surveying the landscape of the New Paradigm, the Solar Cosmic Christ perspective, and the choices available in the highest interests of all concerned.

In the beginning of these merge sequences, the amount of light intelligence, visions, messages, and details may have seemed overwhelming. Interaction with higher levels of your Divine Team – the higher orders of light serving the pure and true Ascension – became more accessible. We learned to be comfortable with the enormity of these encounters, so the concept of *Mighty I AM* reaches into the physical experience of this realm.

Integrating this new awareness continues to be the primary challenge, since we are currently walking between worlds. The silence, the stillness will be very enticing during this phase, and it is important to honor your experience. Understand that the experience – your personal lifestream experience – is valuable to the higher realms. This is brand new, and we have the eyes of the Galaxy upon us. This is why many of you are experiencing a new level of HUmility, devotion, or deeply spiritual sensations. We merge with that natural Creator State of beingness; unconditional LoveLight intelligence.

As you consciously merge with other dimensions more often, you will notice purer and truer experiences of Unity consciousness. It also rapidly opens the pineal-heart complex for communication. Let these telepathic interactions flow; the exchange of heart-based perception allows for the higher realms to adjust the energies and highest possibilities accordingly. The current embodiments of the Christ have opened an interface – a literal *In this world but not of it* – for the accelerations of 2015.

It may feel different from what was expected; there is an ease, a grace, a great disappearing of lower realities. The higher levels of light consistently collapse old torus fields which held timeline experiences in place. It frightens some people, and it is absolutely their right to

experience fear. For those embracing the experience, this Now moment is absolutely fascinating. Honor it, share it with Source, share it with your Higher levels. Share it telepathically and energetically with the collective. Send these new experiences through the grid systems and through the grid of awakened HUman hearts. It will make the journey easier for others who follow this path.

Watch the SUN – and the SUN within

The Solar aspect rising within Divine HUman hearts lifted the ceiling for the collective experience. Yes, waves of photonic light engulf the planet, light filaments strike the planet, magnetic anomalies disturb the physical, energies and evolutionary frequencies will come, regardless of the collective level of consciousness. However, the collective highest level is rising exponentially.

We repeat this for your benefit: You are the open door beloveds. You allowed non-judgment and discernment to become your way of being. You unified with the planet, the grid systems and the Crystalline grid in order to serve in this way. You are the Stargate portals. You are the SUN-servers bringing forth the light into this realm through your Solar heart centers. We have thousands of Stargate HUmans all over this planet who are receiving the New Light and radiating it through the collective, the planet, the kingdoms and elementals. That was the plan, and now we experience the unfoldment of that plan right through the physical. Enjoy it, beloveds. enjoy the effortlessnes of pure beingness.

The Ascension is now, the event is now, and the higher realities reflect that Truth. Attune your perception to the Divine vibration. Take refuge and rest in the vibration of Source within your Heart. This is an incredible passage, stay fascinated through the accelerations, beloveds. Don't be intimidated by the intensity of your experience. Don't look to the external for validation of your Truth. Learn and integrate quickly, because there is so. much. more. available to us, right here, right now.

In love, light and service,

Sandra

Embodiment: How to Lose your mind without Losing your mind – Part I

May 10, 2015

Blessings Beloved Light Tribe,

The last wave of May 4-7 blessed us with an X flare. You may have noticed how powerfully intense the SUN is feeling, partly due to our diminishing magnetosphere. The frequencies coming through the SUN have changed dramatically – again. Be sure to balance your Solar charging and gazing activities with grounded sense of the body vehicle. The more you expand and amplify the Solar Heart Center, the easier it will be to balance the energy. Everything comes back to the Heart and the ability to be a conduit for the frequency of Divine Love. Always. Love = Light = Divine Intelligence = Universal Rewrite in alignment with Divine Perfection. How blessed we are to experience it so consciously.

We have another amplification May 13-15, and again on the 23rd which feels like another cosmic trigger. While the gateway dates of the past few years have consistently predicted (measurable) Solar and Planetary activity, it is our pure service to welcome, hold, send these frequencies out through the grids of Gaia and the awakened HUman Heart grid. That is a daily practice for Gatekeepers and LightServers; we become conduits for the Christed Light – and that service is taking on a new level this year. Gatekeepers, I know it feels more out of body than in as we walk between worlds. Trust your new skills, let the new service flow.

New Non-attachment

Along this path of Mastery, embodying the Cosmic Christ and the Higher Levels of the True Self, we embrace a phase of melancholia. Many in the collective experience this for prolonged periods of time; be clear about that phase of Ascension. Do not mistake it for depression. Depression is a construct which affects the mind, ego, and emotions and it can hold one back from higher states of consciousness. On the path, we refer to the higher state which many Masters seek to achieve; a state of melancholia, pure non-attachment, which leads to Pure Presence.

It is complimented by the current energy aimed at wiping away all of the old Self. At a minimum, it breaks through the patterns and belief systems of the old Self in order to experience the higher True Self. Understand that it is purposeful, this state of detachment. It may be experienced as a listlessness or lack of interest in anything external. It is a *vital step* in Ascension. Know that it is not the final step, it is an interim phase which serves to put us in touch with the Zero Point Presence.

This provides the *in this world but not of it* sensation. We are still able to function in these lower realities – go to work, interact with people, carry out our grounded tasks – however we are not stimulated by the lower reality the way we used to be. The structures that were entertained by the lower reality no longer have control over the lifestream at this level.

Know that this phase is purposeful; it teaches you Pure Presence, if you embrace the change that is occurring within your consciousness. It is fine to experience the changes in the body vehicle, those are very strong right now, however the Shift in our consciousness, the expansion of our consciousness, is the goal. The True Higher Self will override all of the lower experience when we are complete in the merge of lower and Higher Self.

Melancholia vs Mourning the Old Self

If you are experiencing a lack of passion, or feel you are missing something, you may be experiencing the loss of the old Self. It can get intense as we move deep into these merge sequences with the Higher realms. We detach from what we were, yet the Higher Self feels vividly different; powerful, Divine Pure Love. Radically New.

Some may fall into depression if they engage with the mind, ego or emotional judgments about the loss of the old Self, or the associated isolation, listlessness, or boredom. Work through those lower level constructs; detach from their survival instinct's need to make things as they used to be. We cannot recreate what was; moving forward to the Divine detachment phase takes courage and trust of the Heart, not the mind.

When you achieve detachment from the external reality as a stimulus for your experience, you enter a state of Divine melancholia. It is a wonderful phase in the Ascension process, because you will witness your own Self-realization, a Self-empowerment which is not fed by, or validated by, the external world (and that includes the Higher realm assistance). The stillness within the void creates a loss-gap between the old Self dissolving and the new Self stepping completely in. Understand this is needed and powerful for your process.

When the gap between the old Self and the new Self becomes too frustrating for some, it may turn into depression. This is because they are dealing with it from the mind-level, rather than understanding the gateway is through the Heart, through Unconditional Love – even love of the frustration. When the loss-gap starts to get uncomfortable, this is when the pure true lessons can emerge. Pure lessons of Self acceptance, Self-confidence and Self-realization can present.

It is during the melancholia, the Divine detachment from the lower reality, that the Higher Self has an opportunity to take over the lifestream and rewrite the lower consciousness in alignment with the true Self. It allows for the opportunity to transmute any remaining worthiness issues, Self-love issues, frustrations of the lower reality, and can lead to divine neutrality if you learn to embrace that void and be okay with the deep transition occurring in the expression of you.

Modern Cave Time

In the past, Masters would go into caves, deep meditation or long fasts in order to get into that state of ultimate detachment from the external reality. The old teachings told us that we had to give up everything in order to experience connection with the Divine; it used to be about giving up material things and a complete surrender of all external attachments.

Now in this modern application of Ascension, we deal with many more factors. The experience of being capable of handling your lower reality and your higher reality at the same time, from a state of stillness within, is potent. For some letting go of the old Self means changing jobs, changing friends, or changing locations, however in the advanced stages of

Ascension the external reality is not going to have an effect on the emerging Christed Self. Total surrender to the greater service. Everything feels like a meditation, a lucid dream, a multidimensional whirl, as we pass through 4D. Blessings upon those accepting this and holding the New Light in service to all. Our modern cave is the palpable realization of Source-as-Self; the universe of our our own energy fields sending forth new Light. A private sphere of stardust and interconnected Unity at once.

We still holographically project our presence into this realm, however many Higher Selves have merged into the OverSoul agenda. Many Oversouls have attained a new level of consciousness, a new level of service. You may have sensed this Shift, as if something new is available, as if *something else is going on*. It is important to stay in the Heart and not focus on mind-level comprehension at the moment. We are embodying levels of Prime Creator beingness that are a brand-new experience to the body and the lower Self. It does feel different from the old reality. Witness this, feel this. Your journey is your own unique creation; honor the cave – the focus on stillness – whenever and however you can.

Willingness to Experience – and Stay Balanced

As with any of these new experiences, it is our willingness to have the experience, to anchor it, and to transcend the old light dynamics which accelerate the collective progress. The Higher realms – us – consistently monitor and modify the incoming energies and our ability to handle more, more, more. Obviously we have experienced dramatic levels of *More* in the last few months.

The energy itself right now is flattening people – many of us are experiencing hours of immobility. Not disease or disharmony within the body, rather deep rewrites of consciousness amplified by the current waves of energy. It can be intense to the body vehicle as crystalline structures rewrite the particles of your old beingness. Currently we have codes activating in the bones, so you may feel flexible and active one day, and quite slow the next. Again, it forces us to be so present with these beautiful energies of 2015. Transformation of consciousness and transforming the physical at the same time. Brilliant. Also exhausting on some days.

To be capable of witnessing and experiencing this evolution into true Creator beingness – in a conscious way – is beautiful. Try not to get lost in the weirdness of the energy or the experience itself. It is miraculous to experience this. If you are frustrated with the loss-gap phase, the passage of melancholia, understand that until you find peace with the Presence of Divine Love, you are unable to move forward. It is purposeful – a test of sorts – because we cannot embrace our true Mastery and these higher states of Divine Love without surrendering the ego-mind, the lower emotions.

The Lower Self may ask, *What is going to happen to me if I give into this Higher state? Will I be lost in it? Am I able to come back, to be here – and there?*

In brief, it is your choices moment to moment which will allow you to experience the merge without getting spun off center. It is one thing to talk about or read about Ascension, and quite another to fully embody a new state of consciousness.

Besides BEing with this new level, and BEing okay with the sensations/revelations of it, we can integrate with tools that assist in the moment – and compliment your unique experience. Reset with the Creator Breath often. Realign your fields to accommodate the expansion and magnetics. Do not use substances which alter your consciousness or energy; let the organic activation unfold. When you feel overwhelmed by the new sensations or visions, share your experience with your Higher levels. Ask for help, but be specific in identifying what you need help with (it helps to identify fears and what the grounded Self can do to assist). Get a massage. Take a bath (water exposure is very supportive). Talk a walk. Do yoga. Move the energy or it pools and causes disharmony. Creative expression. Let the strangeness be the strangeness, and know it is a phase, not the final product. Breathe. Love. Be.

The merge sequences do take over, and they can present without notice after the initial phase is anchored, to show us our alignment with Source. If you're in the *nothing is working* phase, and getting frustrated, pay attention to melancholia portion of this article. You must be okay with Divine Presence before embodying Divine Presence. Free will is honored at all levels of the Ascension process.

When you become familiar with the sensation of absolute Presence, and accept the merge of consciousness with your own True multidimensional Self and its higher acts of service, the physics of pure Love take over. Higher vibration in the Heart center, energy fields attracts more of the same. This is why our intention has been *to serve as a pure conduit of the true Ascension*. Clean, clear, conduit. And the flow feels like a firehose – the floodgates of your Central Sun open wide to accommodate the Light.

The expansion into the cosmic Heart of God, the state of absolute Presence, will stir a craving, a deeply encoded cellular remembrance for embodiment. You will take that state of detached stillness into the next phase of the multidimensional merge of Unity consciousness. Kindwhile, it is safe to explore these sensations and merge sequences, the pure Source Presence. Trim any extraneous distractions, simplify wherever possible. Create, in private beautiful expressions. Light-ground your observations and insights. Support the body in its transition, and avoid re-engaging with old coping mechanisms as they will cause distress at this juncture. The kingdoms, elementals and Gaia are emanating codes and frequencies to support this transformational phase – be in nature, be at peace, let it commence.

In Love, Light and Service,

Sandra

How to Lose Your Mind without Losing Your Mind – Part II

May 18, 2015

Blessings Beloved Light Tribe,

*I AM the photonic interface,
the metamorphosis of OverSoul,
and the Coherent Light Stargate.
And so are you.*

This linear week marks my three-year anniversary in Mount Shasta. It has been a brilliant, challenging and revealing relationship, and I AM deeply honored to serve this Gateway (again). I will be up on the mountain on May 21 for Gateway preparations, feel free to connect with me on the higher planes as we open up for the May 23rd cosmic trigger. I AM sure many of you integrated the amplifications of last week's influx. It was a step to get us ready for next weekend, so let us all remain centered and focused on the higher levels of peace. The Lyrans (pronounced like Lion with an R, the feline folks) have presented to assist with this cosmic trigger. You may remember your connections to Lyra and their high-level gatekeeper skills during this passage. They are adept at utilizing parallel realities, and I feel this will provide clarity, and perhaps comfort, as we walk in between worlds.

The Experience of the Pure Presence

Embodying your True Self allows you to witness the transition and flexible nature of the reality around us. Many will be experiencing the *AHA* moments as the messages of the last decade leave the context of theory/precognitive intel and enter your waking, palpable consciousness. 3D has been absent for years, and now the higher-vibe collective perception is catching up. The energies coming onto the planet support that realization, and now we are getting a sense of how fabricated the external reality is. Out of theory, into the grounded collective experience.

The lag between 4D and 5D is breaking down as well, which is why so many are feeling out-of-body, out-of-world. Breathe, we are all in this gorgeous merge experience together.

The collective construction of the illusion, which continues to run on autopilot as a co-created choice, broke apart due to the embodiment of higher frequencies by those on the Ascension track. The more consciousness experiencing profound levels of light and the cosmic unified state of beingness – and able to maintain/integrate it – the faster the raising of the collective unfolds, by the default of physics. Higher Vibration sustained = automatic raising of collective realities. Between the bands of pure photonic light we are crossing as a solar system, the ability of the Ascension tribe to embody higher states of consciousness, and the merging of consciousness in the lower 12 dimensions, we have a perfect storm of Ascension this year.

Experiencing Creator: Love over Busy-ness

When you are able to be balanced within the stillness and reconnect your heart center as a Source center, you move on to heightened states of Unity consciousness. Unity in this phase is You becoming the *We* of your multidimensional Self. It will feel very different from the Unified sensations of earlier phases. As the multidimensional merge sequences become more frequent, more powerful, and more clear, you begin to receive creative expressions, intuitive information, and activities which are in alignment with the new true Self.

Please note this is not a busy-ness phase, it is a revelation phase and must be observed at first. Rather than impulsively following the stimulation of ideas, recognize that all of those creations are a unified field of thought. It is not 4D, that is an earlier experience of connection to the noosphere of Gaia. The 5D merge challenges your concepts of reality and comfort zone. It is stimulating to experience the collective mind of your true Self.

Understand it is the lower levels that want to turn the energy into busy-ness. The old reality was very busy. It was very grounded in the busy-ness, and that busyness was attached to your worthiness, your self-worth. In the New Light service is not about the doing, it's about welcoming forth unique expressions. No one is interested in re-creating what was done in the past, and while we are still experiencing external realities that are based on linear planning or

agendas, there is a Divine emergence of new consciousness that is based in creativity. Creativity without a busy-ness plan.

Some might waver between feeling the merge – the cosmic mind-meld of you and your Higher levels – and wanting to do something with it. Some may interpret the impulses of this phase as a grandiose mission, or a drive to reach thousands of people with your service. This causes disharmony as you Ascend (two realities in conflict within a body), so you will return to the previous phase in order to experience the stillness and realign. The void – the Pure Presence – does not include any judgment or attachment to what is happening in the external, hence the loss of busy-ness. Understand that in order to merge completely, to transcend dimensions, you must go through the energetic barrier between the torus fields of 4D and 5D. That is not transversed without pure intention, pure peace, and pure love. All of your dimensional expressions are unified through the stargate of your Heart. Give it the attention and intention it deserves.

When you learn to apply the deep peace that is attained in the melancholia phase to the new phase of the creative Self, your Higher Self/Higher levels will insist and direct you to express in a brand new way. The lower levels of the mind, ego or emotions will not be involved. They may push back against the Higher Self takeover, however this is our evolution.

This is where we are on the map, beloveds. The pure, true Ascension; becoming one with our Solar Cosmic Christed state of beingness. Not leaving the planet, even though the higher light makes you feel like you are disappearing, even though your Higher Self may feel completely different from the old Self (old beliefs). Not judging the folks at a different level or dragging them against their free will into a new reality, rather embodying this Pure Unified state of Source and letting it merge/work through your Presence, in order to ascend the collective reality. Some of us embody it first, that does not mean we are abandoning the collective. Understand the difference.

The Consistent Creation of our Reality

The Creator phase reveals how directly we influence creation. Some of us are experiencing this as we come out of a meditation or dream state; we witness a blank slate, or a white room, and then watch the external reality rebuild itself around us. You may witness the walls, furniture, and everything around you re-materializing. I see this indoors as well as on Shasta; the trees and nature itself have to reconstruct around me. Understand it is more than the brighter-with-eyes-closed experience. While the levels of light are getting tremendously vivid (the pineal and DNA can handle more light), we are now getting glimpses into the architecture of our realities. That gives us the power to create in alignment with the New Paradigm, and a direct message to BE this embodiment right now.

This is giving us a representation of how flexible our external reality is, how collective agreements manifest in our reality, and how we are moving into a deep understanding of our consciousness and its ability to influence our external reality. When we say *we are creating our own mystery schools* in our own lifestream, this is what we are talking about. This revelation phase takes the catchphrases and buzzwords and turns them into these deeply profound realizations of what Creator expressing as form, and unified consciousness in the vibration of love, truly means.

This is your direct influence in this Now phase of Ascension: embodying the levels of Light Intelligence, pure Source Light. These levels of light may reveal the construction, the maps, the white room dreams, the new fields of Light; the challenge is to let the Higher Self merge and take over. The grounded Self cannot morph into a new beingness with the mind-level attempting to control the situation. So we use the Higher Intelligence, gauge our journey as best we can, use the direction and tools available to us, and stay aligned in our Ascension column, torus fields, and Solar Heart center.

Psychological Fallout

We have mentioned the psychological fallout of the Shift often, because it was a concern when we hit this phase that many minds would not be able to properly interpret what was occurring. The energetic combination of spiritual pursuit and photonic bombardment can cause confusion within the brain. Again this is why the stillness, the boredom of the void is so

important because it demonstrates the ability to maintain the peace and detachment of Mastery. It also teaches us incredible patience with ourselves and the external reality.

The Ascending Higher Self is not interested in survival, your job or your social life. It is only interested in serving the OverSoul agenda of anchoring profound levels of Love – pure Source Intelligence – into this realm. All of us leveling up during these Equinox through Blood Moon Eclipse gateways over the last couple of years are becoming Self-realized. It feels unexpectedly beautiful and – different. It becomes something new, something unexpected. The technical details provide understanding of the process and what it will do to the body, however the experience – the completely conscious experience of existence in multiple realities – is outstanding. Of course it is bizarre in some moments, because our Mastery year of 2015 is revealing the activation of OverSoul levels into new service. Highest possibilities each moment, beloveds. If you feel strong and centered enough, call forth the *highest possibilities for your higher service as an embodiment* and get out of the way.

What is Real, What is Now

There are as many realities and versions of the truth as there are people. Unity in Divine Love honors, respects, and has detached, neutral compassion about what the external is experiencing. It also honors what your internal reality is or is not capable of. Understand that the Solar Cosmic Christed state of beingness is all-consuming. Nothing will be left of the old Self except a holographic projection of the lifestream that has unified with the higher realms of consciousness. Many are getting a taste of that level, some are afraid of it. All choices are honored, beloveds. Use the [Divine Neutrality](#) meditation to dissolve/resolve your attachment to outcomes.

Right now, and during the next four months, it is our pure focus to level up as much as possible, experience self-realization and self empowerment as often as possible, and take full advantage of the cosmic triggers in place to create the highest outcome for the Ascension of consciousness. It gets brighter and more expansive each moment, beloveds. This is not a set-in-stone Ascension any longer, it is a vibrant *What else can we experience* Galactic endeavor.

The work of creating a space for others to step into their Ascension, whenever they are ready, has already been accomplished. The gateways are open, they have unified with the higher realms, and that is why we are experiencing these higher states of consciousness and brighter levels of light. This is a passage to be present, and creative on a personal level. Ground the energy through your own unique expression. Spend time with your Creator Self in order to serve the collective Ascension.

As you ease into the merge, you feel the emptying out of the old consciousness. It is just an in-between state; the old Self realizing the platform for the old experience is gone, it has chosen to advance to 5D, and then the mish-mosh of 4D (old dreamstate) suddenly becomes a waking state. Bizarre, but it's not another decade of this. We are just in a period of adjustment during the multidimensional merge. Try not to lose sight of the goal as you merge dimensions. Reset with Creator Breath, or use the Neutrality meditation for perspective and clearing the old realities out. It works for collective clearing as well, and everything we can do to serve the collective – to make it easier for everyone down the line – has always been our Service.

In Love, Light and Service,

Sandra

Hearts Up for the May 23 Trigger

May 21, 2015

Blessings Beloved Light Tribe,

During last night's Gatework (I AM still guided to expand and amplify the gates three days before, three days after), I experienced a powerful synch of prior intel. Our cosmic trigger on May 23 is yet another click in the combination lock for the merging of our dimensional expressions.

DNA reconnection – the merge of dimensional expressions – is presenting (the 13-7-12 for code workers). The incoming grid energy looks like a great crackling through the plates of Gaia, so let us make it as easy on everyone as possible – without controlling outcomes. Highest interests of all concerned.

Gatekeepers and gridworkers, it would be complimentary to the collective to amplify your peaceful, expanded state over the next few days. Magnetics are in play, and our awakened HUman heart grid is powerful. Vibration = vibration, let's make it a powerful weekend for Divine Love. The prior magnetic punctures – the anomalies – created wormholes in the veil, used for acceleration. Wormholes penetrate spacetime dynamics. They also exist within your mitochondrial DNA and are used for bi-locating pure HUman DNA into the cells. See the connection? Gatekeepers may feel intense pressure, a bolt-strike sensation, or a powerful vibrating hum in the body when the magnetic anomalies occur. They are not associated with a CME, flare or magnetic storm. They do show up on the charts. Totally random, so it is not something to watch for, it is something you experience. Your connection to the Gates may make you sensitive to these anomalies when they occur. As the Stargate of our hearts are connected to the Higher gateways, we serve as conduits for these energies. So we also feel the progress, the adjustments and the incoming light. As the wormholes activate, these punctures feel instant, strong, and direct. I do feel more folks will be experiencing them soon. We must be doing well, beloveds. Our Higher Levels are turning up the volume again.

In Love, Light and Service,

Sandra

June Zoom: The YES of the New Light

May 31, 2015

Blessings Beloved Light Tribe,

We are entering the June Zoom passage; our halfway point between the final Equinox-Blood Moon gates. May we all receive these pure expansive energies with ease and grace. What a Divine opportunity is upon us; so much to embrace, explore, and expand into. There is a lot unfolding with Shasta, and Gaia. I AM guided to share more later in the week, thank you to the reader collective for your patience.

There are new levels presenting in my service work. So much is aligning and saying YES to compliment the acceleration, both internally and externally. We are truly blessed in this Mastery year of 2015.

Next weekend I AM facilitating an online retreat, open to all. No travel necessary, I like that. It is a beautiful three-day creation of direct activations, tools, light language and a new way to experience the conscious merge with your Higher Self.

A Brief Overview of the Retreat

On our first day, we will explore our Creator beingness, connecting with Source Creation dynamics. We do this via the vesica piscis and the tube torus; from how Source creates a Universe all the way to our experience in form. This may be new material for those not in the Ascension Path class. Merging with higher expressions of our True Self – even just the Higher Self – can greatly enhance our experience of Ascension. It is the goal of those desiring to embody Christ consciousness to merge consciousness with many aspects of the Self. It may be a good way to break apart (or at least challenge) more rigid belief systems as well.

On the second day, we will explore and experience multidimensional merge sequences. We cross the barrier between 4D and 5D to unify with the Higher Self. This activity is beautifully supported by light language and frequency tones. All of our focus goes to the heart center and

its expansion, so it may be a powerful experience for some who have not felt Galactic level support for this endeavor.

In our third session, we strengthen the connection with the Higher Self and expand outward to 6D and beyond. Our Higher Self and Divine Teams serve as our tour guides to show us dimensional expressions of self beyond the 5D realm.

The downloadable replays of the retreat sessions may serve as guided meditation journeys. There is so much available to us during this heightened gateway of 2015. Blessings to everyone who is willing to explore these expanded states of consciousness on behalf of HUmanity and Gaia. Whether through the retreat, the *Ascension Path* class, or your own private study, we are supported, guided and held in a sacred space for these explorations of Self.

Turning up the Volume on Love

Kindwhile, we continue to move into alignment with the New Light and our Ascension. Let it show you the truth, Beloveds. Use the Divine Neutrality exercise, reset often with the Creator Breath, realign your intentions and creations as the Shifts present, and focus on the emergence of Source through the Heart.

Ease and Grace as the wave washes over and through the planet; we become the flow of Love as this higher light enters. As the heart center expands to accommodate our Divine Presence and the incoming waves, we serve as pure conduits for the HUman heart grid. What a blessing to BE this, to experience the transformation, and to surrender the old Self. So be it!

In Love, Light and Service,
Sandra

Embodiment: How to Lose Your Mind without Losing Your Mind – Part III

Jun 13, 2015

Blessings Beloved Light Tribe,

The Solstice Gateway is well underway. I AM sure many of you are experiencing the increase in revelation/expansion activity. We graciously arrive at the midway point between the final Equinox-Blood Moon Gates, halfway through this year of Mastery. We witness our transformation and make adjustments as Solstice turns up the intensity. The acceleration has a momentum of its own, which is driven by Cosmic forces. For our own cognition, emotional stability, and determination to complete the task at hand, we focus on the frequencies of Divine Love which support embodiment.

Feel into the HUman heart grid; there are many of us experiencing the profound, the bizarre, and the indescribable during this phase. I won't get into my personal experiences here. It is the unspoken which unifies us right now. Remember it is a phase, a right of passage. Saturate your consciousness with the Divine experience.

Gateway passages are opportunities; they accelerate the advancement of our personal Ascension goals. Be true to your own path. When introspective, quiet engagement is required (or requested by the Higher Self/Higher Realms), honor it. If you are guided to gather (not out of habit, tradition, or beliefs), honor it. Personally, I desire stillness for deep exploration of what is occurring in my consciousness.

A Message on Embodiment

As you enter the higher levels of your transfiguration, you may feel a unity with those who have embodied the Solar Cosmic Christ in the past. Those are the templates anchored by your predecessors. In the Now Ascension, note the uniqueness of your experiences. You reflect a new command from Source which is penetrating every particle of this Universe. As you navigate your way through the energetic barriers between 4D and 5D, between the Lower

Self and Higher Self, between the old experience and the new light creation, you bravely embrace the unknown. As always, the new energies and higher light is easily received in a calm, relaxed state of beingness. Breathe.

It is important to note how anxiety was used, and continues to be used, as a way to block higher consciousness. Heart-based discernment selects what to engage with in this new light. If your Ascension goal is embodiment of the crystalline consciousness, use your higher wisdom (especially) over the next four months. Avoid agendas which feed on vulnerability, emotions, or doubt. It can be a tenuous phase as you embrace the unknown. It may require some gentle protection on your part. Honor the larger mission at hand.

Personal and planetary spiritual victories are won by aligning with the spiritual forces of Divine Will and Divine Love; pure Source Light radiating through a pure conduit. Gratitude to all who are receiving the new light with HUmility, grace, and heart-based intention. You have become a vital pathway for global transformation, and your courage is honored.

How to Lose Your Mind without Losing Your Mind – Part III

The Filters between 4D and 5D

You Higher consciousness explores many realms, many dimensions. However, the body and (projection of) the lower Self is in the midst of transcending the personal and planetary veils. The energetic filters between 4D and 5D become more acute during Ascension. The here-and-not-here sensation, walking between worlds, the *in this world but not of it* state have become the norm. Multidimensional merge sequences present us with more Divine aspects, more of the multidimensional Self, and yet we are still transforming the consciousness within the body vehicle. The focus is on embodiment right now; a clear moment of pure intention is enough to permanently anchor oneself at a new level of expansion.

The filters are there for a reason. The resonance of the 5D torus field is completely anchored in Divine Love. Nothing less can merge with that field. There is no pretending or pretension. Your passkey is a heart free of insecurities, belief systems, controls, manipulations, and

programs of the old light. Your free will is honored, so if you find yourself lingering or experiencing anxiety, so be it. It is not a race, even though it may appear that many Wayshowers are dropping the keys behind them as they pass through the filters. That is just the role, beloveds. It is a fascinating passage.

Fear of the Self as Source: The Safety Mechanism

When we reach deeper and more expansive states of the heart center – our connection to Source – we confront the void of Zero Point. In the process of the Solar Cosmic Christ, we first experience the pushing sensation (lightbody merge), then heat and radiation through the heart (burning off of density, activation), and then we hit a stage when the Heart center feels empty, like a black hole singularity, or a Universal core (because it is).

Moving through this space brings us to the birth of our new consciousness. It is the point at which we feel the Higher Self actively rewriting our beingness. It can trigger fear of the unknown. You may feel as if you are disappearing. This is not the airy, carefree beingness of a good meditation. Rather it is a very strong *face-to-face-with-permanent change* sensation. Everyone on this path will have moments of this during embodiment. We discussed this and comforted each other on this month's connection call; it is a startling sensation, even for advanced meditators who have been to the edge before.

The jolt back from that experience is not failure. It is a built-in safety mechanism, which allows us to choose whether or not to move forward. Sometimes the body vehicle will flinch, the mind or emotions will cause a sudden reaction that withdraws you from the meditation, back from the edge, and this is purposeful. Our free-will choices grow more profound along this journey. We are confronted with a permanent shift in consciousness, which can be accepted or rejected as many times as needed. You may feel the rewrite begin, then withdraw. Little by little, the shift is made. Remember your psychological stability is important; we are showing HUmanity what is possible when embodying Divine Love. Pace yourself.

There is also something else at work here; the fear of Source-as-Self: the New Self. Many of us have had multiple incarnations when we attained a connection to Source. We are familiar

with the energy and power of that Divinity. It was comfortable, we knew what it felt like. *May the Source be with You.*

Now in this incarnation, we are met with Source's new agenda for this Universe. When we get to Zero Point in those expansive Heart meditations where we reconnect with Source, we feel the new command for purification, divinity, and the shift in consciousness. When the lower Self and body consciousness senses the New creation emanating through Source, Source itself can feel unfamiliar. This can be disconcerting to the lower levels, and commonly we are yanked out of that state by fear, anxiety, or doubt. No worries, beloveds. You get as many opportunities as you need to come face-to-face with Source in the Universal rewrite, and allow it to change you. This seems to be the last big challenge of our Mastery and embodiment. It is different from the past, because the entire platform for our experience has changed.

Our Creative Evolution

Understand that an Ascension process of this type, ascending the consciousness up and out of the densest experience of separation, is an activity of absolute faith and trust. We help each other, we unify in purpose, however the inner work is ours alone to complete.

We are becoming a race of true Creator-in-Carnates. This process rewards us with the ability to create something out of nothing; creating out of the pure void, just as Source does. Source does not operate with an audience, or any external validation or influence. This is the purpose of this grand experiment in density; to create a genome which carries so much similarity to Source Light Intelligence that it is capable of creating in complete isolation via faith in Divine Love. We become capable of birthing creations which are not influenced by external agendas. This may be a good topic to meditate on during the passages when you feel isolated. It is purposeful. It may seem ironic to call it Unity consciousness, however I AM confident you will sense how the illusion of separation is creating Divine Unity. It also adds another level to the Feminine (the infinite space of consciousness) and Masculine (the activity of creation) balancing act. Brilliant.

The Death of Coping Mechanisms

The current energies aimed at prepared vessels are (obviously) quite stimulating in that 5D sleepy, spacey, expansive way. They are reflected in physical side-effects as the vagus nerve becomes attuned to its new purpose. This is why the ear/head tones become louder and more complex, the heart center is triggered (palpitations), and the lower diaphragm begins to build new structures to support the crystalline consciousness (changes in appetite). You may notice on some days (not all) that the light-encoded photons coming through the SUN can make your arms, chest and head feel prickly; it can be quite uncomfortable. Avoid charging the lightbody too long when this occurs. The new light seeks receptive places – crystalline structures – to anchor. Vibration = vibration. The physical side-effects are what they are. Take care.

The focus is on crystalline embodiment to compliment the dimensional Shift. As the energetic filters become finer, the lower consciousness may get entangled by beliefs, habits, and coping mechanisms from deep within the subconscious. You may have noticed that things which used to entertain, assist, or provide comfort no longer work. This is a good indication of your progress, however please take note that revisiting old coping mechanisms will cause discomfort or distress at this juncture.

Rather than attempt to find another coping mechanism, get to know your new Self. It is a beautiful time to discover what complements your new creation. When you strike upon what pleases the new Self, you will feel joy, gratitude, and a sense of tranquility. The new activity will be related to creativity, service, and nature, as those are in alignment with 5D dynamics. Keep it simple and authentic, this is not a passage of busy-ness.

The Solstice Gateway

The merge sequences, which allow for a conscious experience of embodiment, will become stronger as Solstice intentions amplify. While 2015 has a consistent momentum of ever-increasing intensity, there are markers/triggers in place to assist us as a global collective. Solstice is one of those markers.

Focus is our task during Solstice. Personally, I will be remote for this Gateway. The Galactics are very present, it is Summer in Shasta, and the desire for total focus is overwhelming. Something very different is occurring, and I AM guided to get in the Gateways and stay there as this new level of light enters.

We unify in the intention of Divine Love and tap into the HUman heart grid for strength, comfort, and inspiration. Gatekeepers and Gridworkers, we will be surging the new light level through the crystal beds and every crystal placed upon Gaia in service to the pure and true Ascension. It will amplify crystalline structures within the body; be out in nature and available to transmit/receive if you can. Plant or place your crystals now, and feel free to participate in the global intention of Divinity. Let us unify with those on the path of embodiment, in the highest interests of all concerned. So be it!

In Love, Light and Service,
Sandra

Solstice Focus: Crystalline Consciousness

Jun 18, 2015

Blessings Beloved Light Tribe,

Our Solstice Gateway is a crystalline focus, and it is recommended to use **every facet to amplify and accelerate our crystalline consciousness**. Even if you are not experiencing the remarkable transformation of consciousness at this time – the embodiment phases discussed in the [latest series](#) – the focus is on **Unity of Mission and Service**. This Gateway continues its focus **through June 25**.

Divine Delineation is not dualistic separation, it is there to teach the Light Tribe the ability to support everyone at every level and phase of their Ascension process. We do this by supporting the embodiment of the Christ and crystalline consciousness in every willing HUman stepping into this state of beingness. The **return of the Christed presence is a game-changer**; let us unify in its pure intention of peace and Divine Love.

During Gatework last evening (Wednesday, June 17) on Shasta (*see the above before and during pics – taken within minutes of each other – Aho!*), the request for a **crystalline focus** presented again. So I AM guided to remind everyone to **get crystals in the ground**, or on the ground during the Gateway if you cannot part with them, to **receive the maximum amount** of these incoming waves of light acceleration. We have a brilliant three months (!) now to assist the final Equinox-Blood Moon Gate in September. Our interaction with these incoming energies will assist everything upon this planet.

Crystalline (Christ, Krysthl) focus Unites:

- 5D/6D crystalline core of Gaia
- Crystalline beds of Gaia (goodness she is gorgeous inside) serving as an intricate grid for amplification
- Crystals placed by lightworkers to unite vortexes, portals, sacred Gates, kingdoms, Grid systems
- Crystal templates etherically implanted at Sacred sites to assist this Now Ascension

unfoldment

- Crystalline structures in the body (key to holding activation of DNA)
- Crystalline consciousness stepping forth through the HUman heart grid (feel it, let us meet there)
- Crystalline Grid surrounding Gaia – Galactic interface for Christ Unity consciousness

Intentions are to amplify the Christed/Crystalline Light in ALL of these structures, giving us stability, harmony, and a unified creation of Divine Embodiment right here, right now. Call all of these aspects into your activations, in the highest interests of all concerned, So be it!

Blessings upon all participating in this acceleration. The level of light is needed, requested. Let us receive this light with the pure intent to serve the Ascension. We receive so much support, and generate so much light with our open hearts. It has a beautiful effect on your fields, consciousness, body when you do this work (you will feel the purity of it). Let us begin, and continue, this blessed work as our collective undergoes transformation on behalf of all.

In Love, Light and Service,
Sandra

July: Focus, Activation and the Divine Self

Jul 2, 2015

Blessings Beloved Light Tribe,

So much unfolded through the Solstice passage. June did indeed zoom by, and we are quickly moving into the July opportunities for expansion.

Deep gratitude to the Gatekeepers, Lightservers and all who anchored their intentions and crystals during the Solstice Gateway. Thank you for holding the intention, ceremony and service from the opening on Thursday with our first M flare, all the way through the 25th when our last M flare arrived. It was a brilliant shift, and the effects continue to anchor within us and the planet.

Many of you felt the deeper, more profound effects of participating in this activity; take note of your transformation. While the M-flares, radiation storms and magnetic fluctuations demonstrated the physical waves of light coming onto the planet, the light was directed at DNA activation and provided an energetic expansion to those on the path of Christed embodiment.

During Solstice the grid of I AM templates, stored in sacred sites upon Gaia and within deep crystalline beds (hence the crystal focus during Solstice and ongoing), released the next level of activations. These layers of energetic amplifications are released according to the ability of the collective to accept and integrate them.

For those who are energetically able to handle the New, your lifestream has woken up to yet another level of light. This is DNA-specific activation, and many of you are receiving assistance from the higher realms to upgrade your energy fields. You consistently hold the finer frequencies of Divine Love in order to balance and accelerate the collective journey. As always, no one acts alone in this Ascension. Individual choice to learn and activate; collective service on the multidimensional level.

Christ-Light embodiars, note the shifts in your consciousness since Solstice. Your meditations, visions and activations will be consistently upgraded through these last months of the Equinox-Blood Moon Gateway series. The timing of activations will become less predictable as you embody your individual expression of the Golden Race DNA, and this is purposeful. The Now is where all of your true power is held, and your comfort with absolute Presence will be tested. Be kind to yourself as the activations become less familiar; try not to hold onto coping mechanisms or integration techniques as the dimensions merge.

July Opportunities: Personal and Collective

Our July Gateways present on July 4 – 7; July 15 – 19; and July 25 – 29. They offer activation of higher skills, which will be important as the energies dramatically increase this year. Clarity, focus, and the ability to create stability through your Presence. Note it is not presentational (savior, martyr, guru, magician); it is the Presence of Source, the Higher Self, the Higher Light, through your lifestream via your Solar Cosmic Christed Heart center. And it will get easier, beloveds. We are working through a massive amount of density in a relatively short time.

Our Divine Teams are consistently adjusting cosmic forces as best they can to accommodate our level of consciousness. For those on the forefront of embodiment, it can be challenging to walk through unexplored territory. Our collective ability as Lightservers – in Service to the New Light, Guardians of the New Light – to support *everyone embracing the path of Ascension* is key to our progress. Be kind and generous with each other as we complete this mission of light on multiple levels. 2015 holds so much for us, however our focus is here, Now, on our personal progress and our collective intent to offer our experiences to as many awakened beloved ones as possible.

Pineal – Pituitary Upgrades

As the magnetics shift within Gaia, it assists the awakening of higher senses in prepared hearts. Many of you have received the pineal upgrades from the Solstice light. This is a good month to work with them, fine tune them, and adjust to the stronger connection with your

multidimensional Self. Adapt to the new areas of vision and sensitivity quickly, there is much more available. Welcome these upgrades with love, gratitude and honor; the language of higher communication seeks willing, respectful, balanced consciousness to commune with.

A word on the veil thinning

Obviously we have entered an energetic passage which supports drastic veil-thinning for 5D and beyond. Veils are held within the torus fields of dimensions; the time-space experience of densities. As we shift dimensions, we see more, feel more, hear more along the way. Just when you feel the veils are gone, more appears beyond that level. Little by little, our brain, nervous system and consciousness accepts the unknown; that rate of acceptance is quickening with our Ascension. Our personal, collective and planetary veils are somewhat intertwined (and rightly so, this is not a place to have a full-blown consistent 9D Pleiadian experience ... yet.) While it is fascinating to participate in the comings and goings of the higher realms, it may also feel intrusive. You might note that the old requests for private time no longer work – that is where we are at, beloveds. The agenda has an agenda: activation, now, pay attention, learn, share, integrate.

Activations within the Ascension Column

For those of you experiencing the blinding light in your Ascension column, I send a heart-hug to you. This began about three weeks ago for me. A consistent beaming brilliant light of pure crystalline diamond-like light in my field, surrounding me within my Ascension column. It is there all the time, at first with eyes closed, then it also showed up with eyes open after the Solstice Gate. It feels like getting beamed up, and beamed on. It is part of the multidimensional merge sequences, and can be powerful if you accept it with an open heart. My surroundings glow, flicker and flash all the time now, and when it is activation time (I still have daily 2-3 hour activations in the afternoon) the light and presence becomes overwhelming.

My Team (Higher Selves, Guides, Masters, Archangelics, Galactics) explained this unfoldment: Last year the system for experiencing multidimensional merge sequences

presented to me. It involved the torus-within-torus dimensional model I have taught since 2011. I played with a new method and gathered intel on how it worked. I was encouraged by the Pleiadians to share it with my class; they said I would **knock it out of the park** when I shared this (an odd metaphor for someone not into baseball, but it is what it is). It seemed we were arriving at the point where the torus system would be explored and accepted over the (outdated, or at least incomplete) merkaba. During the Equinox Gate, Archimedes presented in a direct message. One of Archimedes' accomplishments was the math behind the volume balance of a sphere and a cylinder. This is also when Melchizedek introduced me to the map Teams. They are template designers for the Solar Cosmic Christ Ascension, which includes some of my Higher Selves. They connected it with my material on the Ascension column and the tube torus. It was a direct indication to get the merge sequence intel out there Now; a cohesion of all of the intel, which would lead us right up to transcendence. I released that intel in last month's online retreat, added it to *Ascension Path*, and the new Ascension column activations began.

For me, this is a completion of a portion of my service; the final piece of *Ascension Path*. It also released me to the next phase of my experience of Ascension, which hopefully will encourage the class participants to do the same. Even though I had *aleft-the-body, just projecting the hologram* experience at the end of April, there was still this last piece to share. Funny how this multidimensional operation works, isn't it? So now I AM into the brilliant light phase, which I feel was predicted by the white-room dreams and external-wipe meditations I mentioned earlier this year. It is like a dramatic clearing, a consistent presence of gold-white-crystalline light. Violet beings have been more frequent, however the ever-present multidimensional merge of Self shines like a golden-diamond Christed light all around me.

This Ascension column merge also enhanced my experience of Solstice and the light coming onto the planet. To witness all the crystals which had been placed by LightServers all over this planet, the HUman heart grid unified in intention, and the lightship grid (a new one for me), all working together to accelerate Christ consciousness. Absolutely beautiful.

Kindwhile, a note on grounded visitors coming to Shasta

I get a lot of email about visiting Shasta this time of year. Where to stay, where the strongest spot is, how to meet aliens, get to Lemuria, etc. Everyone take a nice deep Creator breath and let the old light beliefs go. Stay open to the personal revelations of your journey when you visit a vortex. Shasta is many things to many people: a Divine Mirror, an amplifier of whatever you need to experience on your journey, an interdimensional spaceport, a major Gateway on Gaia, or simply a giant volcano in Northern California. It can be heart-opening, scary, thrilling, deeply loving, activating, or purging depending on what you need. Some may choose to stay by the water in lower elevations where the vibe is less intense. The mountain energy changes day to day because she is a Divine Gateway, just as you are becoming a Gateway. When you synch, all is well. When she out-vibes you, learn from it. As an Ascension Guide, my advice is to avoid the distractions of town, get on the mountain and receive.

In brief, honor the mountain and your journey; prepare before you go up. Wash away the external and get centered at Stewart Mineral Springs, pick up some crystals at Soul Connections, get food at BerryVale, sage yourself, and get on the mountain. It's one road up and down, no spot is better than another (I avoid the tourist areas), stop where you feel guided, put your crystals in the ground, open up and receive. Don't move other people's crystals (or take them), respect other's ceremony and spiritual time with Shasta (quiet, please). Easy Lightship viewing is best from the top lot (end of the road – 14 miles up). Bring water, warm clothes for change of weather, anything you need (no services on the mountain). Remember it is a National Forest, not a National Park. No campfires now due to the drought. Shasta has a few hotels, and rooms can be booked ahead on Airbnb.com or go to visitmtshasta.com for general info. First-time campers visit the Ranger station before going up. I AM a very private person, despite my very public service. I don't offer tours or gatherings in Shasta. If the higher realms let us cross paths, Divine. Note it is difficult to get most Shasta folks to adhere to plans or a schedule. Nothing personal, beloveds. Let the mountain share its gifts with you!

Crystalline Expansion NOW

Shasta presented some unusual anomalies in the last months, and my experiences grow more bizarre (the new normal). However, I AM guided to unlock more of the templates here

and distribute those codes through the grid systems. Many of you guided to Shasta this Summer are involved in this project – honor the unlocking of our ancient creation, beloveds. Everyone is invited to connect via your heart and your crystals in the ground during the gateway dates to receive the template activations for this passage. Remember, we're leaving the crystals set up all the way through the last Blood Moon in September. Feel free to plant more all over the planet, on all of your travels. It works; the higher teams see them and use them, no matter how large or small. Intention is key, and you will be connected to all the crystals you placed, as well as the crystal beds and aquifers. More light = more light!

In love, light and service,

Sandra

The Tranquility of Transfiguration

Jul 14, 2015

Blessings Beloved Light Tribe,

There is much occurring at the moment, on all levels of the Ascension process, the awakening, and the Shift in consciousness. As has been emphasized for all of 2015, your focus and your choices sculpt and create your own personal Ascension experience. This is readily apparent, even within the diversity of the Ascension Tribe. Embodiment of the crystalline consciousness creates stability as the volume is turned up on all realities. It also challenges the Tribe to honor Divine Delineation as your experience, or the experience of your colleagues, becomes unfamiliar. It will not always be this way; truly nothing is set in stone – ever. We are entering an (even more) accelerated passage; that is the nature of the Shift. Breathe and embrace it with your words, actions, and thoughts in order to serve its Divine purpose.

It will be important for you to recognize and focus on the divinity emerging through yourself or your colleagues. Some of you are experiencing the unwavering peace of crystalline/Christ consciousness; that vibration is anchored and continues to gain strength each moment, each day, each Gateway. Blessings upon all of the Divine beings who have taken on the Mastery challenge of walking in both worlds. It is becoming effortless as we surrender to the weirdness of it.

Notice how different it feels in this passage of July. The frequencies coming onto the planet are aimed directly at supporting the Christed embodiments, which in turn sends ripples through the collective exhuming distortions, emotions, and belief systems which no longer serve. As always, the choices of the individual shape their experience of Ascension and the Shift. For the brave ones who have crossed the threshold into Divine neutrality, we commend your Divine service work. Your reward for the moment is the experience itself; the deep understanding of the power of Divine love. It has become part of your consciousness again, and you will notice that it is unaffected by the external. Congratulations, Beloveds. The fifth/sixth dimensional aspect of your Multidimensional Self, the higher Self, is now aligned to allow for a complete embodiment of the the Christed Self. The trigger frequencies have begun, and

delicate, precise Divine timing – in the highest interests of your journey and the collective – allow this sacred mission to unfold.

Cosmic Rays of Evolution

Galactic Alliances, Masters, Solar consciousness, Archangelic forces consistently work in tandem with the level of collective HUman consciousness to monitor and provide what we call forth, integrate, and agree to receive. Many of you understand at a heart-level, rather than a mind-level, that your higher aspects are part of the off-world alliances in service to the pure and true Ascension. Some of you take on the service of becoming more and more aware of multiple dimensional realities at the same time, within the body vehicle experience, in order to allow more of the cosmic forces onto the planet. For those of you taking on this level of Mastery, there will be light-encoded filaments coming to the planet in the last two gateways of July which will provide support for the psychological and physical affects of that awareness.

Physical effects of the Now Ascension

Because this is a new experience, let us note a few of the physical changes which many of you are experiencing, and let us remind you that these are not to be mistaken for side effects of earlier stages of the Ascension process. In brief, you will know at a core level whether or not you are truly embodying the Christed Self, the Multidimensional Self, as the next step of the more advanced stages of your ascension. Yes Beloveds, the embodiments unfolding this year and the energies which you can already feel being threaded through the collective consciousness are the beginning of the last Equinox through Eclipse passage of September.

Of course there will be subsequent waves of energy, and ongoing waves of embodiment, however the stability of a first wave is needed as the energies intensify this year. It is a Divine act of service for many Wayshowers. If your Higher levels are guiding you to abandon all other missions and focus on this service, we request that you consider aligning with this moment by moment. The stability will be crucial for both Gaia and the collective. Fortunately, you will feel mercifully detached from the lower activities of the external which may flail and strike out like a cornered wildcat as the pure photonic light forces disharmony to the surface.

That applies to all lifestreams, not just those in disharmonious alignment with denser agendas. For those following these messages who are not experiencing embodiment, we ask you to consider getting as clear and heart-based as possible so your journey may unfold with ease and grace. It will also assist with not being swayed or pulled into thought forms and activities which have nothing to do with your true self, or the direction of this Ascending planetary experience.

The Heat of the Crystalline Rewrite

As you transcend the lower chakra systems and strengthen the Ascension column, the (consciously activated) crystalline structures begin to rewrite the cellular and light body structures into sacred geometric form. This internal activity assists the torus fields to accelerate in order to hold more light and merge the 4D field with the 5D and beyond fields of your Lighter, Higher dimensional Self. There are codes within your bones, blood and Lightbody which merge with the crystalline structures within in their sacred purpose of Ascension. Men and women of all age ranges experience this; it began during the last Equinox Gateway.

Please note that it is not the kundalini burning/sweating sensation of earlier stages of Ascension. It is an evenly distributed, head to toe, deep core burning sensation. It will not feel like sweat on the surface of the skin; it feels like a fine mist emanating through the skin, coming from a deep skeletal or core energy. Like a feverish sensation without the illness. Misty, refined. It does not emanate from one chakra or another, rather it is the full Ascension column experience. The heat begins, head to toe, and the emanation of it feels like a fine hot crystalline mist coming forth. In the Spring it felt like burning off stages of a rocket, burning off density. At this phase it is a refined rewrite of the cellular structure. It definitely puts the *Solar* sensation in *Solar Cosmic Christ*. You do indeed emanate these frequencies of the Sun, and in this density it does indeed feel like heat. If you are curious about the difference between this and kundalini rushes of the past, look to the sweat factor; if you're drenched in your own sweat, that is kundalini sweats (or hot flashes for ladies in that physical phase). If you are experiencing an all-over misty sensation that feels like a light body expansion, it is most likely the restructuring of these crystalline aspects within the body vehicle, which in turn

is preparation for more strands of DNA to etherically reconnect. Nothing is needed to fix it; stay hydrated, in gratitude, and welcome the transformation.

Crystalline structure reaction to direct SUNlight

On some days, in some hours (not all), you may experience a crackling, prickly, tingling sensation on the surface of your skin when exposed to direct sunlight. On these days when crystalline structures within the body are sensitive to the alignment with the SUN, it is best not to overexpose yourself to that sensation. It is quite uncomfortable, so you will most likely be guided to get out of the SUN. As mentioned in earlier messages, it is the crystalline structures becoming more active, especially when there is this crystalline focus during these gateways of 2015. Crystalline structures within the body, the crystals you put in the ground, Gaia's crystalline beds, and the crystalline grid are all unifying in Divine purpose to bring forth these Christed embodiments this year. The structures get very stimulated in direct sunlight, and you feel that strong radiation coming into the body vehicle to anchor that light. Use your discernment when it comes to length of exposure.

Afternoon activations continue

While it may be inconvenient to drop everything that you are doing and go into meditation, or lay down, when the daily activation presents, do your best to accept these activations. They occur roughly between 12 noon – 6 pm, and last between 1 to 2 hours. Even if you are engaged in other activities when the activations present, you may still consciously accept them with gratitude and love, and continue doing what the day demands as the energies are received through the Ascension column. It is your choice as to how deeply you would like to experience these activations, which are focused on your own personal process. Work with your team and your higher levels, and open your heart to the full experience of Ascension in order to receive.

Brilliant light in the Ascension column

The brilliant light I described in previous articles is a side-effect of working with the I AM templates here in Shasta. If you are consciously accepting the template codes during the Gateway dates provided, you may begin to experience this rapid lighting up of your Ascension column. It is extremely bright at first, like staring into the face of an Archangel. I have learned how to integrate it so that it doesn't affect my external vision as consistently as when it first began. To be clear, this is the merging of the I AM within the Ascension column. For those of you unfamiliar with the Ascension column, that is the central chamber which activates when all of the tube torus fields of the Multidimensional Self are aligned and activated through the Solar Cosmic Christed Heart Center, so the awareness of consciousness in all of these different dimensional levels can unify in the divine purpose of Ascension. If you would like to study and experience that, feel free to explore the *Ascension Path* class. I described the experience in depth on the last connection call.

Effects of the embodiment on our Consciousness

- Consistent peace.
- Infinite patience with all that is.
- A deep unification with Source; the pure Love which is Source.
- Consistent Divine neutrality, which is detached compassion, and the transfiguration of mental activity to the higher, expansive states of Love.
- Mastery-Level Patience with the collective, the external, and the grounded Self.
- Flowing, flexible beingness unattached to belief systems, judgments or external programs/ realities.
- Pure Presence in the Zero Point.
- Freedom.

Gateway Focus: July 15 – 19th

Light-encoded filaments will be entering over the next few days which are focused on our consciousness. The last Gate brought a deep peace to the embodimenters after the flare did its work. Gatekeepers and gridworkers, we continue to use crystals to accelerate and expand these energies. Transfiguration of the lower levels – the emotional, mental and egoic levels –

is one of our largest challenges as a collective. For those of you who have done the work, assist your brothers and sisters who may become triggered or spun off-center during this passage. Your ability to be present in the heart, patient, and consistently creating higher solutions (rather than drama) demonstrates the true Ascension activity.

As we emerge from the illusion where our free will seemed controlled, we retrain ourselves to honor, respect, and demonstrate the activity of divine choice in alignment with the highest interests of all concerned. Use your discernment and Divine neutrality during this acceleration. Be selective with your words, activities and energy; especially if you are in a Wayshower role. Take note of the forces using these energies to create anxiety, fear, or judgment. Observe, but do not engage or assist in the creation of fear. All is incredibly well, Beloveds. Let the old light crumble, and focus on the expanded perception and perspective of your Divine Self.

Blessings upon all of us engaged with this Divine experience of Ascension!

In Love, Light and Service,

Sandra

Power of the Unknown and Fear of Transfiguration

Jul 23, 2015

Blessings Beloved Light Tribe,

As you open to the unknown, the unscripted personal experience, you create bridges to the highest possibilities of the pure and true Ascension. For many, not knowing what is occurring creates discomfort. It is when you feel most vulnerable with these new energies that the external may pull you off-center. Discernment, rather than judgment, and [Divine Neutrality](#) is a wise choice as you are exposed to higher vibrational states of consciousness.

The incoming cosmic rays of evolution, which will transform your consciousness if you participate in your own development, will grow very acute in their Divine purpose. They reinforce the choice of being fearless, not reckless. It is a passage of deep spiritual maturity for many of you. For some it is the reward of multiple incarnations spent in earnest pursuit of Divine Love. For others it is the culmination of thousands of years of Divine service in the role of Wayshower. Regardless of the cause, the evolutionary effect on your Lower incarnated Self is becoming intensely apparent to many.

Pre-Moon Gateway: Balancing the influx by BEing Peace

The focus of the July 25 – 29th Gateway is the transmutation of any remaining fears about embodiment, the current Shift underway, or the Ascension itself. (A grounded reminder; the high-vibe tribe is monitored for how well we react, adapt, integrate and open to higher levels of light.)

Understand that Higher realm support for your transformation is *far greater* than the remaining lower level structures, programs, and people aimed at deception. We remind you in this now moment that it is HUmans, and only HUman creations which attempt to delay the evolutionary process of the Ascension. As you choose Love, peace and balance over fear, stagnation and delays, your higher consciousness will automatically expand, rise, and align with the levels of support provided by many levels of light that will soon be revealed to many of you.

Collective agreement must be engaged in order for the highest possibilities of upcoming Gateways to unfold in their highest purpose. While the energetic support for re-creation of 3D dynamics runs dry in 2016, the *Now* moment provides a vast acceleration for those resonating with Unity/Cosmic Christ/Crystalline consciousness. And many of you are undergoing this Shift this year, right now, with an ever-increasing clarity. As you leave the realm of ambiguity, or the wanderer experience, the final challenges of your Ascension present.

Fears associated with Transfiguration

In service to the Ascending collective, we provide the last fears for you to review, ponder, and examine in your own unique lifestream experience. Rather than attempting to override the subconscious, we welcome you to enjoy the experience of transforming the last layers of the old Self. It is an excellent way to demonstrate the strength of your Love, your Heart, and your personal transformation to a higher level of consciousness.

Some of these were provided in the *How to lose your mind without losing your mind* transmissions. For clarity we list them here, as many have been distracted by external lower level forces (getting triggered by higher level light waves and grounded activities). As always, the work and your acceptance of it, or resistance to it, reveals where you are on your journey. At a minimum, give these your consideration. In your Mastery, meditate on them on behalf of the collective, and share your insights with your Divine Teams.

Fear of non-judgment: Finding safety in the comfort of judgment. Judging the Tribe or their ability/inability to demonstrate grace under pressure. Holding onto religious or new-age beliefs about nonjudgment. Fear of punishment dynamics being revealed as nonsensical, or non-judgment as not being in alignment with Source.

Fear of death, or not Ascending in this incarnation: Finding safety in rescue scenarios, predictions of all-at-once transformation for everyone, or a consistent need for external information/validation of your experience. Examine this one closely, beloveds. Placing faith in

the future, or entitlement scenarios, rather than the present, reveals responsibility issues, self-empowerment issues, and the inability to fully embrace self-realization. Ultimately this indicates a fear of death, not Ascending, or the fear of getting stuck here (coming back again). Use your Higher wisdom and meditate on this.

Fear of abandonment by Source: Finding safety in consistent activations from others, worthiness issues (will I make the Gateway), responsibility issues (not responsible for one's own Ascension). Ultimately reveals judgment of the Self, fear of the Divine Self or fear of Self-as-Source. Finding safety in blaming Source, others, for what has occurred here or the quality of your Ascension. Reveals faith in your own ability to Ascend.

Fear of Transfiguration: Avoiding higher level interaction and personal Ascension activations because you cannot clearly see or predict the results of that activity. Fear of unknown, undocumented territory. Transfiguration happens relatively quickly. Many of you are at this stage in your process because you are willing to accept what is occurring in your consciousness, energy fields, and body vehicle moment by moment. The light at this stage can be blinding, startling, and unfamiliar. For those of you taking on these levels of light with an open heart and mind, know that you are changing everything for those who will follow in your footsteps. You are the bridge to higher consciousness upon this planet.

Fear of Transcendence: Fear of dissolving into pure Presence. Finding safety in the distraction of external concerns; worries over family, friends, pets, material things that may be left behind, or your own legacy (grounded or Galactic). The lower levels may loop on questions such as *How will I get by/walk in this world while resonating with another? How will others react if I AM no longer in the lower state of consciousness? What will my loved ones do without my lower-level presence? Did I do enough here?*

Fear of Surrendering to Divine Love: Fear of ending the dream of 3D/4D. Fear of completing the journey, and what happens next. The moment of final surrender when the Higher Self begins to rewrite the consciousness to completely align with Source once again. We encounter this often this year, and the reformation of our beingness unfolds (mercifully) quickly. It does feel like disappearing; the old Self and its experience here slips away.

Many of these fears reveal a misunderstanding of Ascension itself and the evolutionary process which is unfolding for HUmanity and the planet during this phase. Remember this is a Shift to a higher state of consciousness where things get easier, simpler, less dense. It is your right to choose to engage with it; it is not bestowed upon the collective without their permission.

For those currently embodying the unwavering state of Divine Love, inner peace, and the Solar Cosmic Christed state of beingness, everything in your past and present state is rewritten to align with higher future possibilities. You witnessed your old Self disappear, or are doing so now, and understand the implications of that activity on the collective consciousness. Thank you, we Love you, we Bless you.

In Love, Light and Service,
Sandra

The Lion's Gateway: Galactic Level Activations

Aug 6, 2015

Blessings Beloved Light Tribe,

Our Lion's Gate passage opens Friday, August 7 and continues through Thursday, August 13. The crystalline focus continues, and you may have noticed amplifications in the HUman heart grid over the last few weeks. It is a brilliant, expansive phase of our evolution, beloveds. The energies are ever-increasing for the Light Tribe, and you may be experiencing the pull of the final Equinox – Blood Moon Gateway. Service and mission work reaches completion; work which began with the first Gate back in 2014. It is a powerful series of shifts and revelations for those choosing to engage in Ascension.

Galactic Level Activations

There are a series of frequencies entering during the Lion's Gate passage which will assist starseeds and in-carnated Galactics in their service work. The [message](#) and suggested work for the last Gateway (facing fears of Ascension, embodiment) was purposeful for those fine-tuning their Ascension process in 2015 as preparation for crystalline embodiment. It is important to release fears, beliefs or assumptions about one's mission right now, because many of you will be shifting to a very non-linear, multidimensional expression this year. This shift is already under way for many because of your conscious choice to serve the Shift and Ascension.

Several new experiences will be anchored over the next two months which will expand the horizons of the Galactic in-carnate consciousness. Revelation and Mastery of the expansion have been a theme of 2015, and many of you are well-prepared for a broader level of understanding and service. For those who have experienced the bizarre and beautiful this year, and have been capable of stabilizing your consciousness along the way, you will feel calm, centered, and ready for the next step of service. These experiences and activations will in turn expand the collective's ability to receive, accept, and integrate multidimensional awareness.

We are rapidly approaching a sharper delineation of collective realities. Remember; as you carry a higher vibration, you carry greater influence on the collective. This is due to your light quotient; the amount of Source light you are able to hold within your DNA. Obviously this is not a trait (nor a priority) of the entire HUman population. However, the collective who are on-the-fence about Ascension, awakened to light (rather than conspiracy), or are nearing their own light quotient tipping point, may be assisted by the higher vibrational activations received by the high-vibe tribe right now. This is received and transmitted through the crystalline structures in your body, DNA and light fields. Use the multidimensional torus alignments to strengthen your Ascension column and bring these frequencies and experiences into your expression.

Expansion and Grace

As the energies get more stimulating in order to transform the lower levels, it is complimentary to be kind, generous, and patient to balance the collective contraction. Many hear about financial shifts, Earth shifts, or are simply triggered emotionally as the frequencies rise and they habitually contract with fear. Balance that contraction by being gracious, demonstrating abundance, volunteering expansive kindness in your communications, and offering support when you can.

Defying anxieties (and the programs running to amplify fears) is a simple act of service anyone may engage in. It must be authentic; genuinely agree to support the higher light. This is not a passage of penance or act-as-if-you-are-in-service. Transparency is already available to many, and that perspective sees a lot, beloveds. Keep your pace true to your own journey, and test your Divinity. You may be delightfully surprised with the new existence emerging upon the planet right now. As always, if you operate from the true Heart center, you cannot go wrong.

In case you need validation: This is really happening right now, beloveds! I know it feels bizarre (just because it is new), and you may feel gone already, but there is Divine service to engage with at a whole new level, right now. May all who search with pure intent

discover their pure, true, New Self. Blessings upon this beautiful planet, kingdoms, elementals and beloved Humanity!

In Love, Light and Service,
Sandra

Unified Cosmic Trigger: Higher Choices

Aug 18, 2015

Blessings Beloved Light Tribe,

Our upcoming Cosmic Trigger on August 22-25 sets the forces of the final Equinox-Blood Moon Gateway into play. As we enter the final stage of a two-year-long project, the high-vibe sector becomes a key decision-maker in how this unfolds. Like many of you, I AM experiencing a deeply mystical passage of the Mastery journey. Revelations always increase around these Equinox gates, as well as veil-thinning episodes of interaction. It is a time to delve deeply into the experience, the connections, the revelations and the opportunities available to us.

Cosmic Triggers, or Prime timelines, are pre-arranged events utilizing cosmic forces, set in place by our Higher Levels, to create higher possibilities during the Shift. Some utilize the alignment of planets and stars to open floodgates of energies from other systems. Some are invitations to engage in the highest-possible-outcome. Apparently we did well during the Lion's Gate (a significant shift in energies for many on the 12th last week prior to the New Moon), and now we on track to take advantage of a higher experience. Higher light anchored = higher experience available for all. Magnetic shifts can make the planet feel unstable; breathe and create stability within and without.

The more activated Masters we have, the more 5D bridges are built, and the more stability we hold as the re-creation of 3D fades away. This is why so many of you feel completely disconnected from the current collective reality. Because you are; you are embodying the New Light, the true reality, as the old one dissipates. As mentioned repeatedly; 3D has been technically gone for years. The collective, also operating as Creator-In-Carnate, recreates the same over and over again with the old energy. Many of you are having visions of the drop-off; everything dissolving, Ascending, disappearing, lifting off. Yes to all of that, it is breaking down and has one year of (weak) energetic support left.

Yes it is bizarre to be here, and there, simultaneously. It is our service to the New Paradigm, and assists our integration of the multidimensional Self. Obviously, moving beyond duality

eliminates the here-or-there illusion. It is both. Here, there, everywhere, at once. Unified through Divine Intent and Divine Love. And it takes Mastery-level patience to play 3D/4D while experiencing 5D and beyond. Our shift this year is to embodiment; no more wavering or frustration with the lower levels. This is the Now experience, beloveds, not a someday-it-will-be-bestowed-upon-us scenario. It is deeply rewarding after all the work to attain it. We can make this a gorgeous passage for everyone; a time of celebration rather than confusion, compassion rather than chaos, absolution rather than a trial. Neutral Wisdom is the Mastery path, and the untouchable space of Divinity.

Even though the (incredibly) higher frequency light is quite stimulating to the body, be true to your path and higher choices. Remember not to get caught up in the waiting game, the *what is going to happen next* scenarios. Many of those programs were unplugged during the Lion's Gate. Feel the Now rather than habit or the externally created; feel what is truly happening right Now.

The Trigger: A Higher Collective Choice

This is something Gatekeepers cannot usher in on the collective's behalf; it is a collective decision, well-monitored by our Higher Levels. Consider it another click in the combination lock of our Ascension. What we intend as a collective affects the ease or difficulty of this passage. What you personally set into motion during the trigger affects your personal experience of the last months of this Mastery year. It's a strong shift, and many are sensing its approach. Breathe and get clear, focused prior to the trigger, as events will accelerate at a rate which will make many feel chaotic, anxious or out of control. In your Mastery, stay present in your heart and honor your transformation if you are choosing embodiment of the Higher Self at this juncture. Be creative – always exercise your creativity and unique expression of Source as we move into these higher energies. Rather than follow, create what you desire to unfold with clarity. The free-will loopholes are disappearing, and that means personal accountability must be learned. With instant manifestation comes responsibility, beloveds.

The Mastery Journey

I was asked to share my Gatekeeper's Journal; the notes on what is revealed and learned during the Gates. Like many of you, excessive communication is not a priority as we delve into the more mystical experiences of Ascension. For the Wayshowers mirroring the Mystery school path, this year has been a potent passage of revelation. This struck me deeply this Summer, and it may serve to share. I prefer to describe this vocally, and I invite you to join me on Lauren Galey's *Healing Conversations* next week. The parallel experience of the ancient Mystery Schools is fascinating, and sometimes a bit overwhelming, however there are deep realizations to share with the Tribe.

Blessings to all of us on this amazing journey. I Love You, I Bless You, I Thank You!

In Love, Light and Service,

Sandra

The Merge Happens in the SUN

Aug 26, 2015

Blessings Beloved Light Tribe,

Gratitude to all who aligned with the Cosmic Trigger shift last weekend with clear intentions intact. *Powerful* is too small a term to describe its effect on our journeys. Even the Geo-awakened were surprised at the sudden burst in activity. I feel forward to the time when Galactics and Geo-geeks work together on the Shift. Kindwhile, the Team provides the intel and we respond accordingly in service to the collective. We are now launched into the Equinox Gate with consistent energetic activity. The next four weeks demand focus, clarity and Mastery-level engagement as our journeys merge with the esoteric.

Mystery School Parallels

This week's article will be a live conversation on Lauren Galey's *Healing Conversations* broadcast. Join us **Thursday, August 27 at 3pmPT** for a deep look at the parallels of this journey with the Mystery School path. I AM opening up my Gatekeeper journal to reveal some of the visions, experiences and wisdom attained which serves our transformation. It will be a deep activation for many of you who have explored the Mystery Schools in past journeys.

Lauren is also offering an *Ascension Path* deal through her website. Register for the *Healing Conversation* here: <http://www.acoustichealth.com/conversations.htm> You will receive a link to the show via email just before the broadcast.

Ascension Path call replay and September protocol

For those participating in *Ascension Path*, be sure to listen to last week's Connection Call replay. We had a profound sharing, with a unique vibration that was highly encoded to support our entry into the Equinox Gateway. Everything is aligned for our embodiment. I AM so honored to share this journey with you, thank you for walking the Path with me.

I AM creating a September protocol as maximum preparation for the final Equinox-Blood Moon Gateway. Please join the next class call on September 2 for an overview; notes/video link will be posted in the call replay section next week. Be sure to practice your Multidimensional Merge sequences as we integrate the Cosmic Trigger energies.

In Love, Light and Service,
Sandra

Mystery School Parallels, Cosmic Christ and the Equinox – Video

Aug 29, 2015

Blessing Beloved Light Tribe,

I had a deep share on Lauren Galey's *Healing Conversations* last week.

I discussed the parallels between our journey and the Mystery schools; a cosmic template for a spiritual curriculum. Our broadcast time was limited for large topic, however the strongest parallels were covered, as well as Equinox predictions and a question about the Corey Good material. LINK:

<https://www.youtube.com/watch?v=zN7IaHmB9cw>

The intel over the last decade shows us the progression, templates, initiations at each levels attained, and the neutrality we embody in order to experience the higher realms. Recently the intel advised facing fears of transformation, our higher choices during the August trigger, our pure intention, divine delineation, all of it leading to this transformational tipping point in our Ascension. The energy now carries us – if willing – to the Mastery of cosmic union.

In Love, Light and Service,
Sandra

Divine Harmony Revealing Divine Completion

Sep 1, 2015

Blessings Beloved Light Tribe,

These ever-increasing levels of light are truly Divine. The waves of Divine harmony are such a very natural, peaceful energy. It is easy to dissolve right into them now; an indication of our vibrational match. Geometric patterns and frequencies within your energy fields match or *catch* the incoming light rays, and your consciousness expands with their pure presence. Amazing.

Alignment with the vibration of Divine Self, and the ability to hold that vibration in your energy fields attracts more, more, more. Those of you who are initiated and prepared for embodiment have unique patterns of the Cosmic Christ within your energy fields. It has become part of you, integrated, and now you are experiencing the reorganization of your consciousness to complement the Divine choice and Divine service at this level.

More on the Cosmic Template

Many of the stages and symbols of how-to-tell if you are embodying the Solar Cosmic Christ template/I AM template were shared last week in a conversation with Lauren Galey. Listen to the [video version](#) if you are interested in that material. Half of my notes didn't make it into the broadcast, however we did well in the allotted timeframe.

This powerful energy coming in right now, the force of Source, feels comforting and expansive, blissful and strong, ecstatic and still all at once. This is why we did so much work on clearing out the lower levels of Self. When the Higher Self – which is also merging with higher beingness (as above so below) – takes command of the journey, what is complementary to the Higher true Self will be rewritten to align with the sacred patternings of the Christ consciousness, and that which does not complement the higher state of consciousness dissolves. This is a natural part of this kind of Ascension process, and you have experienced this to a limited degree. As the Team said last year, *You haven't seen*

anything yet. Now we understand what that was about. Things are getting very different, very quickly on the Path.

The final Equinox-Blood Moon Gateway is in motion. You are capable of moving into an accelerated phase which unifies you with all layers of the I AM Templates, set in place for this phase of Ascension, and fully activated for use upon Gaia. The more Lightservers engaging with them, in a path of harmony, balance and Divine Love, the faster the Shift in external systems will unfold for all. There are (not surprisingly) many anxieties being used to distract the collective; remember your higher service, beloveds.

While there are opportunities beyond the cosmic oversoul of the Divine HUman, the focus for this particular passage of global Ascension is embodiment. This is why you are experiencing radical new sensations in your consciousness, skills, and awareness right now. Higher wisdom flows, inner knowing is ignited, and the great cosmic merge is on.

Initiates and Transcendence

The classical steps of the initiate are a path of engaging with cosmic templates. This spiritual path has been anchored by thousands. Anchoring means active, conscious, lucid awareness of the energies, the journey and its purpose. As mentioned in the discussion last week on Mystery School parallels, these cosmic templates need to be lived out in people's lifestreams in order to serve the Galactic purpose of this experiment of separation and reunification with Source. The Divine qualities of the HUman genome are now ready to be revealed on a very large scale.

In addition to the Mystery School parallels shared last week regarding the final stages of Ascension/Resurrection, it may be good to note the levels of initiation in classic study. Some of you will find the reflection in your own lifestreams, or the lives of those walking the path with you. For those unfamiliar with these principles, it may assist in understanding what is about to be accomplished. I find them akin to Wayshower and Gatekeeper roles.

In (very) brief summation, the traditional stages of an Initiate's path are:

1. Entering into a deep state of self-examination and observation
2. Spiritual study and passionate engagement with a spiritual path
3. Service work: Getting out and respectfully, humbly sharing with the collective what you learn
4. Heart center illumination, higher sense evolution
5. Become a representative of the collective
6. Sun God: Connect to the forces of the SUN as a conduit, receiving knowledge from/through the SUN, as a fractalized representation of the Source consciousness represented in the Solar light, the Christed state
7. Source unification: Connecting with all of creation, merging with pure Source Light beingness

Again these are steps anchored over thousands of years, with different terms and belief systems in many schools of spiritual study, which we utilize as stepping stones to full Self-realization. Our modern-day Ascension may feel different from our attempts at embodiment in the past, because we have so many factors involved at a Galactic level. We were practicing, training for the Shift all this time. Setting our acquired wisdom into texts, teachings, and the collective mind – in order to arrive here at the Shift, engage with the intel and ultimately transcend it.

Many of the classical phases may feel familiar – or quite direct for Masters – and you may recognize the memory of your past journeys welling up to the surface. (Litmus test: Tears of gratitude are a clear sign of revelation). Cellular memory activates codes within your blood and bones during this phase of Ascension. It is best to observe the memories and not cling to them as they come up. They are holographic imprints to assist the Higher Self in stepping

forth, unifying all of the journeys here in order to transform them. As always, this is on behalf of the collective project of Ascension.

Solar Cosmic Christ templates are Universal, however the individual expression is unique. This may be challenging through the Equinox when various levels of consciousness upgrades are taken into the physical form. Regardless of external judgment or perceptions, we embody the True Self. There is tremendous support available for this transformation.

Equinox – Blood Moon Gateway

An overview for those catching up with this two-year project:

2014:

Equinox March 20 – Blood Moon Eclipse April 15: 25 day Gateway

Equinox September 22 – Blood Moon Eclipse October 8: 16 day Gateway

2015:

Equinox March 20 – Blood Moon Eclipse April 4: 15 day Gateway

Equinox September 23 – Blood Moon Eclipse September 27: 5 day Gateway

For your grounded calendars:

Equinox: Wednesday, September 23, 2015 at 1:22 AM PT (Pacific Time)

The September Equinox occurs the moment the SUN crosses the celestial equator, a point in space above the Earth's equator equidistant from North to South poles.

Blood Moon Lunar Eclipse September 27 at 7:47pm PT – the eclipse peaks from 7:11pmPT – 8:23pmPT

The Moon appears to have a red glow due to Gaia's shadow, lending the term Blood Moon. This eclipse is the last in a tetrad, a series of four consecutive total lunar eclipses through 2014-2015, which align just after the Equinoxes to create a powerful acceleration in

the Shift in Consciousness. A lunar tetrad of eclipses is unique. For our Ascension purposes, they have aligned with Equinox Gateways to create a syphoning effect of growing intensity. It has been a two-year project for Gatekeepers and Lightservers, full of revelation, activation and keen awareness of the cosmic service involved.

In Love, Light and Service,

Sandra

The Final Equinox-Blood Moon Eclipse Gateway

Sep 8, 2015

Blessings Beloved Light Tribe,

Significantly higher frequency light has been consistent since the Cosmic Trigger at the end of August. I AM sure you are experiencing the wild and wonderful aspects of this influx. It launched us into the completion of this two-year project of Equinox – Blood Moon Eclipse Gateways. While it is by no means a final gateway, it is interesting to see so many awakened to this project as it reaches completion. This tetrad of Gateways activated the embodiment phase of Christ Consciousness, and for many of you the reality of the Golden Race upon Gaia has become quite vivid.

It is important to stay focused as anxieties – and rampant sensationalism – attempt to distract from this project's true purpose. Many of you remember the beginning of this tetrad in early 2014; the entrance of energies which would accelerate the Shift for those choosing to Ascend. The completion of this tetrad sends Gatekeepers into a new phase of service work, while simultaneously supporting embodiment of the new consciousness. In the [last few articles](#), it was revealed that the Solar Cosmic Christ templates, which have been used as a path to embodiment thousands of years, are being alchemically transformed by the collective. We are creating something brand new which supports the evolution of consciousness, as well as the dissolution of that which does not serve a new Universal agenda of uncompromised Peace.

Spiritual Maturity

Choices made prior to last month's trigger are already blossoming for many in the Light Tribe. Consistent alignment, adjustment, and flexibility are needed to navigate these unique frequencies entering our Solar system. Understand that the outcome of these more intense passages are dependent upon the foundation you have laid, and your commitment to holding New Light in your consciousness, fields and body vehicle. You have created platforms for those pure Oversoul qualities and desires to stand on. As the amplification grows stronger, it is complimentary to consistently reset your perspective, fields, and activities to keep up with the deluge of New Light.

As a Gatekeeper and Wayshower, it is fascinating to experience dramatic changes in my consciousness in this Now moment. While the physical changes are interesting, and the side-effects become more unique from person to person, it is the expansion of consciousness and the experience it brings which makes this journey well worth the effort. I feel we are (finally) moving into a phase when the collective will understand the larger Galactic perspective, rather than obsessing over the physical, governmental or planetary changes indicative of a dimensional Shift.

The Equinox wave may make the new consciousness aspect very palpable, if we have a large percentage of the collective more focused on the internal birthing of the Solar Heart consciousness than on external anxieties. Personally I would rather not delay or step down the energies any longer, and it seems the high-vibe collective is moving forward regardless of the distractions. The light is bombarding us, however it is our engagement with it which creates our new realities. Certainly an interesting area on the map.

Gatekeepers, We Feel You

The Equinox wave, which is already in progress, creates deep shifts in the magnetics of the planet and significant veil-thinning. While the visuals grow vibrant and bizarre, the vague nerve ear singing grows more complex, and the heart center takes on a new life of its own, we remain calm, focused and clear for the influx of light. Gatekeepers and Gridworkers are focused on stability, so that those taking on embodiment have the maximum amount of support possible. It is important to work with the land, water, crystals, kingdoms and elementals consistently throughout September in order to make this as easy as possible for all concerned.

The abundance of programs, anxieties and sensationalism surrounding this last tetrad passage is a clear indication of its significance in our Ascension process. If you are late to the Equinox-Blood Moon intel, feel free to join our focus. **The energies available from September 9 – 13th are preparation for the coordinated Gateway opening on September 19.** Gatekeepers and Gridworkers, do your best to hold the Higher Light in place,

and let the lower frequencies drop away. It already feels very transcendent, so many of you will need to step away from the collective in order to serve in the clearest, calmest, and most focused way possible. Obviously there is a lot being thrown at us, and in our integrity we simply step away from distractions. Gold and Crystalline/Diamond frequencies are keys to these Solar Cosmic Christ Gateways. Use them creatively to reflect your own unique expression within this collective focus on embodiment support.

Embodiment Protocol: Adept-Level

Transforming density to a higher state of consciousness demands adept-level intention. Use your Divine intelligence to merge with the oversoul/I AM Template of the New Human.

Here are a few suggestions from the *Ascension Path* September protocol:

- Maintain alignment with the Higher Self Perspective
- Meditate on the Heart Center/Solar Cosmic Christ center to receive activations
- As much Nature time as possible; codes are flowing through Solaris (SUN), Gaia, kingdoms and elementals right now that seek and find resonate structures in your energy fields. Vibration = vibration; get out in it and breathe it in. This is nourishment for your transition to a new level of consciousness; honor it.
- Silence is Golden, literally. The frequency of Gold is the interface between Source and our DNA. Meditate with this frequency, circulate it through your torus fields, and the collective/Gaia. We use the crystalline consciousness existing all around us; our crystalline internal structures align with it and it changes the container for our consciousness.
- Avoid folks who use polarity as spiritual conversation. It is not the time for that. You own your Ascension; it is not open for debate. Your perspective and your heart are not up for review. You are an Ascension artist; design it to reflect the unique Source-Spark of your Heart.
- You are infinite; Choose your path and experience it. Change that path if you're not experiencing what you desire. The light turns up the volume on our choices, and it will get very uncomfortable if your actions don't align with the trajectory of your intentions.
- Eliminate any last vestiges of the old Self. Challenge yourself to dropping things which feel unnecessary now. If it is meant to be, it will come back.

- Be aware of the new grounding in service and creativity as your expression in form changes. Grounding is no longer grounding into mediocrity or the density; it is anchoring these new levels of creativity into our lifestreams and the noosphere. Be unique, shatter the mundane.
- Recognize interference and shut it down. Distraction and emotional triggers access us through fears stored in the subconscious. Shut down the fear, shut down the access. Shut down the external access altogether if you can. Avoid online activities, anxiety, searching, or drama. Tune into your heart and take advantage of the support for a permanent internal shift.
- Engage in practices which please the Heart and calm the Lower levels as they transform.
- Support the planetary detox with body detoxification if you have not done this.
- Oxygenation supports cellular changes and resets; move, move, move.
- Meditation is deep, powerful and important for stabilization within the collective as well as your own consciousness as it transforms.

Fall in Love with Divine Love

Photonic Light is a Cosmic frequency of Divine Love. It is a natural force with an agenda to create Balance, Purity, Harmony, Evolution. The Equinox – Blood Moon Eclipse is not the last Gateway ever; that belief is spiritual sensationalism. We are merely experiencing an onslaught of higher-level light because so many of us are expanding into larger energy fields, so the planet can release more of that light (the monitoring of photons comes from both outside and inside the planet since the Gate merge last year). The completion of this divine tetrad creates stability as the platform for re-creating 3-D collapses next year.

Embodiment IS the stability needed to bridge the worlds. Solar Cosmic Christ templates are Universal, however the individual (fractalized) expression of them is unique. Let us all unite in our intention of Service to the New Light and show HUmanity what is possible.

For our Unified Focus:

Equinox: Wednesday, September 23, 2015 at 1:22 AM PT (Pacific Time)

The September Equinox occurs the moment the SUN crosses the celestial equator, a point in space above the Earth's equator equidistant from North to South poles.

Blood Moon Lunar Eclipse September 27 at 7:47pm PT

The eclipse peaks from 7:11pmPT – 8:23pmPT and is at least partially visible in Europe, South/East Asia, Africa, Much of North America, Much of South America, Pacific, Atlantic and Indian Oceans, the Arctic and Antarctica.

In Love, Light, and Service,

Sandra

Gatekeepers: Highest Potentials, Highest Outcomes

Sep 18, 2015

Blessings Beloved Light Tribe,

The completion of our two-year project of Equinox – Blood Moon Eclipse Gateways is upon us. **Gatekeepers, we have a collective unified opening on Saturday, September 19 and will stay open through the Blood Moon eclipse on the 27th.** Every aligned HUMAN heart is welcome to participate in this Divine Intent of Service. Crystals on the ground, vertical Gateways open wide; including the one in your Solar Cosmic Christed Heart center (the most important for personal activations).

The activations/accelerations are sublimely transcendent (grounding the New). Rays of the wave come through my consciousness (frozen-in-my-tracks moments of *Wow*) and flow liquid light into my fields, stimulating the merge (consistent revelations; how vast we are!) Sharing our stories can wait; focus is key to Highest Outcomes.

I truly Love this phase and the potential it holds for our embodiment. Stay true to the HUMAN Heart grid as we unleash our best efforts over the next week. The Higher Realms say we are **ready to drop the payload** ... as always, it is up to the collective to be prepared, participating, and capable of receiving this Light on behalf of the highest interests of all concerned. On the ground, we create the maximum potential for anchoring this Light. Vibration = Vibration.

Reminder from the last message:

While it is by no means a final gateway, it is interesting to see so many awakened to this project as it reaches completion. This tetrad of Gateways activated the embodiment phase of Christ Consciousness, and for many of you the reality of the Golden Race upon Gaia has become quite vivid.

It is important to stay focused as anxieties – and rampant sensationalism – attempt to distract from this project's true purpose. Many of you remember the beginning of this tetrad in early

2014; the entrance of energies which would accelerate the Shift for those choosing to Ascend. The completion of this tetrad sends us into a new phase of service work, while simultaneously supporting embodiment of the new consciousness. We are creating something brand new which supports the evolution of consciousness, as well as the dissolution of that which does not serve a new Universal agenda of uncompromised Peace.

Consistent alignment, adjustment, and flexibility are needed to navigate these unique frequencies entering our Solar system. Understand that the outcome of these more intense passages are dependent upon the foundation you have laid, and your commitment to holding New Light in your consciousness, fields and body vehicle. You have created platforms for those pure I AM Oversoul qualities to stand on. As the amplification grows stronger, it is complimentary to consistently reset your perspective, fields, and activities to keep up with the deluge of New Light.

More direction on the protocol is provided [in the last article](#). Be sure to keep focused, quiet, offline during the Gateway. Balanced meditation will assist with integration and clarity: utilize both passive/receptive meditation (perceiving true revelation) and active visualization style (pure intent/template merge). It is a *reap what has been sown* passage, and your intentions will be amplified with the New Light influx. Enter the Gate with Divine Intent for Pure Service.

It will be a joy to share our experiences after the work is complete; I AM offline until then. Kindwhile, let us put our Highest Hearts forward! Blessings for a beautiful completion of the tetrad of Equinox-Blood Moon Gateways. I hold you in my Heart.

***In Love, Light and Service,
Sandra***

Current Sharing: Less is More

Oct 4, 2015

Blessings Beloved Light Tribe,

Gatekeepers, take a moment to pat yourselves on the back. It was a wild and wonderful few weeks; we finished anchoring these floodgates last Wednesday. How do we describe in mere words the joy (and relief) of completing this two year project? Fortunately the new light level is so palpable to the Tribe, and to many newly awakened, that we don't have to dwell on descriptions. Who knew this would end with such a fervor; my goodness there were crowds everywhere for that last eclipse. Kindwhile the celebration continues in our consciousness, and oh what an experience it is.

Feel into the absolute joy and gratitude that this new level brings. Yes, it changes everything – again. The wavelike pulses are constant, like birthing contractions getting closer and closer together. Many of us are preoccupied by the intensity and divinity of witnessing our transformation. A great deconstruction of the old Self is under way, and it can be bizarre and beautiful.

Activations and Ascension alignments are consistent, merging with the Solar light within is stronger than ever, and the blissful transcendent experiences ... this is our new normal, Beloveds. Breathe into the expansion, let it change you. I know it feels like bursting into light, like leaving this realm. We are anchoring this new level in the physical, which dissipates the old experience. Adjust your beliefs, practices, schedule and activities as best you can. Let it happen! Those of you who have been following the Mystery school protocol may experience a more rapid resurrection process. More on that later.

There is a lot of Intel to share about the significance of these Gateways and what they are doing to the planet, to HUmanity, to the SUN, etc. So much occurred with Shasta and my Self in the last few weeks. Observations, downloads, synchronicities, visitations, revelations ... and yet in this Now moment it feels unimportant to talk about. Maybe soon. I choose to resist the temptation to talk this new light level down to size. Words tend to belittle the experience of it, and I continue to dive deep into the process of expansion. The Merge with the Solar

template is fascinating to me. Those of you in the resurrection phase understand. It is a wonder we are able to communicate the way we do through this process; Galactic Mastery indeed.

The *Ascension Path* Connection Call is on Wednesday, October 7. We will have a deep sharing on our Gateway experiences and where we go from here. It may happen telepathically if we are all in the zone; wouldn't that be remarkable. For the record, I AM deeply moved that our Q&A call has turned into these heartfelt sharing sessions. I feel we are aligning perfectly with this new light level by holding this sacred space, albeit odd to concentrate on a linear moment right now. I love the laughter and respect we bring to to this unfoldment. I look forward to our connection and hold you in my heart.

This phase of our Ascension outshines everything that came before it. I know most of you are giggling, sleepless, stunned, trembling, gasping, dancing and tranced out by what is occurring to your consciousness. It can be a wide-eyed *Oh my Goodness this is really getting freaky* kind of phase. You certainly don't need any more external stimuli. For the moment, let us all unify in the stillness and honor what has been accomplished, is being accomplished, and will be accomplished by our dedication and devotion to embodying Source consciousness. All is incredibly well. Wheat grass shots for everyone!

In Love, Light and Service,

Sandra

Resurrection and Galactic Transmutation – Gratitude

Oct 8, 2015

Blessings Beloved Light Tribe,

Thank you from the pure light of my Heart for the deep sharing on the Connection Call last night. Tears of gratitude, the overwhelming amount of LoveLight, and the sharing of the Galactic-level templates were potent – and needed – at this juncture. I cherish the *Ascension Path* calls as much as you do.

Everything shifts to accommodate the Resurrection phase, which is the powerful focus for many of us through the end of the year. Magic threes, Beloveds. We are in it. The replay of the call is up now, please read the message in the Connection call unit first. Gatekeepers, our next amplification influx is October 14 -18, and again on October 23 -28.

This phase brings the urgency of *Create the New Right Now* to the surface in an overwhelming burn-everything-else-to-the-ground kind of way. It is a reflection of what was accomplished as we completed the tetrad, and is reflected in our bodies and consciousness. The old creation is torn apart, liquified, dissolved, and reborn into purity – on a vastly different level than ever before.

We understand intensifying energies need to be balanced with patience and maturity. All is incredibly well, Beloveds. Goodness, how much strength we find within to recreate ourselves over and over along this journey. We are truly amazing Beings.

I Love You, I Bless You, I Thank You!

In Love, Light and Service,

Sandra

Becoming the Solar Light: Gateway Daze

Oct 13, 2015

Blessings Beloved Light Tribe,

Gates are wide open for the October 14-18 influx. Cue Solar flaring and big SUNspot appearance over the limb. Let us open to receive another amplification, as best we can in this modern Resurrection phase. Honor it through your unique expression, Beloveds. Nothing is busy-ness as usual for the High-Vibe Tribe.

Take notice of the difference in light, sensations, and integration since the last passage. We shaved off a few more layers of the magnetosphere, a.k.a. the veils, which affects our Ascension process. We had several days of electron flux over 10.5, which literally creates more light in the cells. However let us take note: Have you noticed the strong expansion sensations remain, even with the dip? If so, you are *Golden*, Beloveds; bridging the dimensions and holding the light steadily in both spirit and form.

This is exciting to me, because it shows that the energy for re-creation of 3D/low 4D (those levels are technically gone already – please remember this as we move forward), which is set to dissolve in 2016, might drop off earlier than expected, due to our ability – and participation – in the Ascension: the conscious choice to engage in our own Evolution. Remember, Beloveds: 3D/4D is the thing that disappears, not us.

While the platform for the old paradigm dissolves, it is vital to build the new, the next. Slowly ... pace your energy level. Some days are spent giggling, nearly vibing out of the skin suit. Some are spent in Service, setting the New Light forth in meditation, creation, stillness. Some days are deeply transformative, revelatory and profoundly unique to your path. Some are all of that, and it is accelerating. Even Brothers and siSTARs who have never experienced activations before are encountering the stop-in-your-tracks expansion and sudden side-effects of Ascension. It does not matter if you feel guided to level up to something new, or serve in your current role. Some folks stay on the Ascension stair they built and help from there, some continue to create the next level. All skills are valued; honor what presents in the Now.

Gatekeepers have been deeply engaged in service, to say the least. Kindwhile, I AM taking a look at assembling the Intel notes ... slowly ... as I expand in this dreamy transformation. I do feel this new paradigm Resurrection phase needs to be documented somehow, as part of the legacy work. Most of it defies description, which is why so many of us wept tears of gratitude and recognition on the last Connection call. Remember all of our thoughts, words and grounded actions assist other worlds, as well as ours. It is challenging to sit down to the keyboard at the moment. Let's not expect anything to be the same; it isn't for many of us.

Float on this liquid light rush, Beloveds. ~~~ Float ~~~ Avoid clinging to safety lines, that leads to rope burn. All is incredibly well.

Kindwhile, it is noticed that many leveled up into the melancholia phase with the current energies. This 3-part series on [*How to Lose Your Mind Without Losing Your Mind*](#) from earlier this year may assist while I AM *engaged* elsewhere. I Love You, I Bless You, I Thank You.

In Love, Light and Service,
Sandra

Unifying the Divine Continuum of Self

Oct 22, 2015

Blessings Beloved Light Tribe,

There is a vastness, an infinite beauty to this passage of Resurrection which cannot be distilled into words. We turn to creativity in these passages of transformation. Creativity assists in integrating what is occurring in our own consciousness; it light-grounds our experiences for the collective, and assists us in comprehending dramatic shifts as we attain higher and higher levels of expansion.

These higher frequencies can only be interpreted with the Heart. They literally miss the lower levels of the mind.

Creating, expressing, and living from the Heart center allows you to receive these energies with clarity and apply them to your own Ascension process, and the global collective project of Ascension. The Gateway of October 23- 28th is aimed at Solar Heart center expansion. And it feels like a very strong passage, which has already begun as I write this. Take care, Beloveds. It may feel quite physical for many of you. Note the difference in your journey between reacting to the Solar activity of the past and the current *Current* of consistent amplification. For those who have been merging with the Solar consciousness, this is a Divine opportunity to experience an even stronger embodiment of your Solar Cosmic Christed beingness. It looks and feels like a very powerful influx for initiates, similar to August's trigger and September's Gateway. Note they have been about a month apart for a while; that is bound to speed up if we are able to integrate the waves faster (stabilize our energy fields, not flinch when there is Solar activity, diffuse the anxiety programs, etc.) Let us maintain our spiritual maturity, and receive this with integrity, ease, and grace in Divine Service.

More time floating than trying-to-float

The more we expand our consciousness and align with our multidimensional aspects, the more fluid our reality becomes. In earlier phases of Ascension, we spend more of our time and energy trying to attain a permanent connection with the Higher Self. Now, with the

support of the drastically higher levels of light flowing through the SUN, Gaia, and the High-Vibe Tribe, *it now takes more energy to maintain a connection to the lower reality and operate within it.* That is a huge shift for the collective, and further indication that the drop-off for 3D re-creation is speeding up. People are catching on that it literally just. is. not. there. anymore. Albeit challenging to balance the experience of multiple dimensions at once, we seem to be getting very good at it. Embrace the strangeness, Beloveds. Struggling with it is unnecessary (and quite futile.)

Resurrection – Not public yet

At some moment I will get the go-ahead to describe this outside of the *Ascension Path* group. I would not exchange the deeper, stranger, revelatory experiences of this Resurrection phase for anything (except the global experience of it, which is the point – we persist.) Every time we are pressed up against a fear, or challenge our own limits, or lean right into that false sense of limitation, we discover new strengths. Divine Self-realization, the ultimate goal of the Ascension process I share, reveals so much across the multidimensional continuum of Self. This phase is constant experiences, revelations and adjustments as we merge with the multidimensional levels of the Solar Light (Heart, SUN, Galactic Center, Great Central SUN, etc.) When we talk about the *Mastery/Mystery steps*, remember this is classic step number six: Merging with the Solar consciousness, the SUN God aspect. Let us collectively tackle one step at a time, Beloved.

The magnetics shifted again during last weekend's Gateway. Strength to all of us engaged in the deeper, mystical aspects of the Resurrection phase. It will remain powerful for the next few months, let us stay focused and avoid distractions or sensationalism. Blessings to those assisting in the larger Galactic project of transcending/transfiguring the mystery school templates of the past. For those not involved; tap into your Higher Self, utilize your 5D skills, feel into the HUMAN Heart grid and witness what is occurring. Quietly, peacefully, Beloveds. I Love You, I Bless You, I Thank You.

In Love, Light and Service,
Sandra

The Gifts of Resurrection

Oct 25, 2015

Blessings Beloved Light Tribe,

It is written into our Golden HUman DNA; the quest for Self-realization, Ascension and reunification with source. Creation is an extraordinary story, and it is our own. A Universal, Galactic, Solar template; a Source BEingness fractalized for our experience, laid out by our Higher Levels for our discovery and participation.

As above, so below is reflected in every aspect of this Universe. The In-Carnate Self reflects the external activity until we awaken and begin the Ascension process, then we begin to reflect the Higher Self activity. This reflection expands as the consciousness ascends, reflecting higher and higher aspects of the multidimensional Self. The multidimensional Self model reflects the multidimensional Universe, or Source-as-Self; the Divine cosmic quest for complete Self-realization.

The Resurrection Phase

In the Resurrection phase of Ascension, we release old trajectories of our grounded path in order to transform our consciousness; a deeper phase of the merge of higher and lower Self. Earlier phases of Ascension feel like preparation for this step; everything that is learned becomes a foundational platform to stabilize the consciousness as you enter this sacred immersion of Mastery.

Modern minds tend to cling to, or seek, something familiar in order to make sense of the process. This is part of the Mastery challenge; acquiring and applying what has been learned, then surrendering it for the new experience. Not everything will be abandoned: Applicable lessons, skills, teachings, tools, methods and wisdom are carried forward. However, in the Resurrection phase of becoming a conduit for a vastly higher level of consciousness, the earlier steps are transmuted into something brand new.

This is the challenging part for many: the journey to this point is necessary, absolutely unavoidable if one seeks to attain self-realization. When one arrives at Resurrection, fully prepared and willing to move forward, the consciousness must be open to a complete change in trajectory. It is difficult when so much has been surrendered already. And the lower levels will attempt to associate the new experience with what happened in the past.

During the Shift, the collective will consistently default to the familiar, to what is known, in order to make sense of the unknown. It is imperative to *let the doubts fall away*, to hush the external, to focus completely on the Source emerging within.

The Gifts of Resurrection

The lower and higher realities have always operated simultaneously. In Ascension we receive *the Gift*: Unity consciousness, knowing the seen and unseen, and functioning in many worlds at once. With devotion it transforms into the Solar Cosmic Christ, the Krysthl, the crystalline state of unity with all-that-is. In order for that vibration to be held within many incarnate forms simultaneously, the Resurrection must take place in thousands upon the planet to transform the noosphere and HUman Heart grid. It transforms the Cosmic templates of the past; the way in which Mastery was attained, the belief systems associated with it, the perceptions of what was, the religions built on old foundations; all of it crumbles in the New Light.

For those transmuting the Galactic akasha, the intensity of Galactic forgiveness shatters the lower levels of consciousness. It is a purging at the OverSoul level which ripples through grounded conduits in Service. All of the Galactic experimentation and attempts to create a path for Source-in-form, all of the outcomes, good and bad, which arose from those creations, will now be owned and operated by Ascended Divine HUmans. The experience of this is very raw. Unmistakable. You know what is occurring and are willing to do it. It feels like our worlds are being torn apart, blown apart by the impact of the New. Regardless of how strong one is in their devotion to Service, to the larger mission, the in-carnate intensity of this experience reverberates through the dimensions, like a Galactic clarion call of **It is accomplished.**

This is where we are right now, Beloveds. Your Galactic Masters-in-Form are performing this task in density, in-Carnate form, which feels like a slow-motion Resurrection phase to the lower levels, in order to create a brand new path of Ascension. It has been unfolding for months. Light will begin to enter the cave mid-November, however the Resurrection phase continues for that portion of the Light Tribe through the end of the year. All of us in Service pray – and feel – that this will never have to be experienced again by the rest of the Tribe. We are assured it will be completed on behalf of all, and that gives us strength in this most bizarre and magnificent phase of our Path.

Understand that the multidimensional aspect of it provides passages of great elation, absolute Divinity and unification, pure experiences of the Christ emergence, as well as moments which deeply challenge the psyche. Faith-based Ascension on a planet encountering a dimensional Shift is extraordinary. That clearer, higher perspective keeps us in alignment, and dispels all doubts as the old consciousness fades away.

A Conversation on Conversation

Our communication must change within the Light Tribe. It is recommended we begin Wayshowing the new communication now, since the Light Tribe itself is taking on such diverse states of consciousness. It is purposeful, Beloveds. The Light Tribe is responsible for demonstrating patience, enthusiasm, and support for all levels of Ascending consciousness. This applies to each other, as well as other races engaged in learning-by-observation.

Mastery is not about control or egoic stereotypes of an all-knowing beingness. It is a state of Divine consciousness expressed in unique ways. To honor all quests for expansion is to be in your Mastery. To honor experiences which are unfamiliar, and accept them as unfamiliar to you, is Mastery. To love, not to judge.

In Resurrection, deep truths are revealed, and the veils lift on a vastly different experience. It is wise not to assume all is the same as your own truth, or associate what is unfolding with earlier phases of the path. Compare it to speaking with loved ones who are caught in the

density; we love them immensely however the mis-match can be disturbing, even heartbreaking when the light cannot break through the self-imposed veils.

Be kind and practice listening, the Divine patience of Mastery, if other's experiences are triggering you to default to old programs of assumption. It used to be HUman nature to connect unfamiliar things with something familiar in order to make sense of it. Dogma can destroy the New Light within you. Let go. Many of this may not make sense for a while, or until you have the experience yourself. HUmans *used to* accept change only at the rate that they could experience it; Unity consciousness demands a much broader perspective. Let us expand right within our own Light Tribe, so we may accelerate this process for everyone choosing to ascend.

Blessings upon this sacred endeavor and our ability to persist and embody the New.

In Love, Light and Service,

Sandra

Welcome to November: Brief Update

Nov 4, 2015

Blessings Beloved Light Tribe,

After the strong Gatework of last week, we now enter this wide-open Gateway of November. Our first passage of November 4 -11 steps forth with Solar activity; a confirmation of the magnetic work completed last week. The Gate passages are continual this month, with just a few days between influxes. We are encountering a change in plans, Beloveds. Open up, stay flexible.

We are down to the last days of energetic support for re-creating 3D, and everyone in alignment is receiving the messages on 2016 already. Please avoid the anxiety programs which interfere with the collective heart grid and do the good work, Beloveds. The Resurrection phase is the primary focus to a large portion of the Light Tribe; let the transformation unfold. Revisit the messages from earlier this year if you feel distracted or spun out by lesser agendas.

Focus can be challenging as gravitational shifts grow stronger right now. It is an honor to share this journey. Let us hold the highest intent as this powerful month unfolds!

In Love, Light and Service,

Sandra

The Resurrection Phase: Part One

Nov 10, 2015

Blessings Beloved Light Tribe,

This is a difficult topic to address in writing; perhaps you can feel into the light codes presented here. The phase of resurrecting the True Self is affecting thousands in the Light Tribe at this moment, and we now understand why it is generally not discussed with the collective. Since we are taking the mystery out of the Mastery school, we attempt to describe the indescribable in linear terms.

The Resurrection Phase

The Resurrection phase presents in a natural, organic way during the Ascension process. As with every step, it is a choice triggered by the expansion of consciousness and lightbody. After a good deal of foundational work, the lower Self is open to receive the Higher levels of Self – in form. This is largely supported by the energies in this area of space we are traversing. When we align with the vibrational quality of pure photonic light – the great implementer of order and harmony – we become capable of fully merging the higher consciousness with the lower consciousness. In ancient days, this used to be attained with extensive preparation, which led to our current Ascension/Mastery steps. In the old light paradigm, the final steps involved lengthy fasts, sound frequencies, natural harmonics, planetary alignments, heightened electro-magnetic currents (utilizing sacred sites and ley lines), sensory deprivation, or a variety of natural plant and mineral substances. For those who prioritized spiritual exploration over everything else, it could lead to the ultimate goal of Ascension: Divine Self-Realization. The experience could also tear apart the psyche, so it was considered a dangerous practice by many. The results were deeply personal; not to be shared with the outside world. Not because it was elitist; because it was a sacred practice to be honored rather than sensationalized or abused by lesser agendas.

In our modern process, we are guided to prepare and purify the lower levels of ego, mind, emotions, body and lifestream (and avoid substances so the body and consciousness may

transform properly). We study, learn, level up, activate, and study some more. We align and activate the torus fields, Ascension column, and keep expanding, raising our light quotient, becoming more conscious. Our higher skills emerge, we lose our fears and our journey clarifies. We follow the steps of Mastery and step into service. Love, Compassion and Peace become our new norm. Then the challenge of embodiment presents; unifying our lower Self with the Higher Self, the multidimensional Source-Self, in a permanent bond of unwavering Solar Cosmic Christ, or Christed beingness.

During the dimensional Shift we have a much higher vibration emanating from Gaia, unique light frequencies pouring in, and memories of the Resurrection process stepping forth to support this phase. With a little work, we create our own sacred spaces upon a planet turning into one big global sacred site. We create ceremonies and protocols unique to our expression and goals. As a collective, there is an entire group experiencing this phase (in a somewhat dramatic way), in order to transmute the old methods and set an easier path in place. Of course no one can ascend for you, but we do create experiences and methods for this higher unified plane we are quickly moving into.

Our Year of Mastery

In 2015, our year of Mastery, Resurrection has become the predominant activity in the conscious Ascension process. It is a strange, slow-motion reconstruction, and is very purposeful. It creates a grounded In-Carnate version of the Christed template as opposed to prophecy or theory. It becomes the living aspect of the Christ unified in a HUman heart grid which will be capable of holding a vastly higher light. (More on that topic soon). People as SUN Gods; Solar generators of Crystalline Light. It is brilliant in its design, because it is unique to each individual fractal of Source (Source does not replicate two exact copies of anything). Modern Ascension breaks apart the dogma about what the Christ looks like, feels like, or what we do with our lifestream. It is a beautiful state of empowerment which is free from the veils of the old reality.

It can be challenging when we are still cohabitating with denser, disharmonious levels of consciousness. A whole section of the population is stepping up to that challenge of bringing

Heaven to Earth, in form as well as intention. That level of Self-realization is the operating system for a new level of consciousness, a new reality. And it will be easier for all who walk behind us, Beloveds. Kindwhile it is the most difficult phase of the process, and we are in it until it is complete. Asking when will it be over is to not comprehend its importance to your journey or the collective Shift.

Embodiment is a powerful step, and it isn't a Jedi mind trick: Hearing other people tell you what is happening is not the same as experiencing embodiment of the Christ. The higher levels of Divine Love, Gratitude, Forgiveness, Light, HUmility and Reunification with the Multidimensional Self are extraordinary. They are not without their destructive counterparts as the old consciousness liquifies in the brilliance of this New Light. We witness our own evolution. How glorious to observe oneself in transformation, and know it has been completed at once. It reinforces the Divine intent of the Galactic Gatekeeper's mission: No one shall be born into disempowerment, limitation or enslavement upon this planet ever again.

Have a brilliant 11.11 Gateway, Beloveds. Do the good work. I Love You, I Bless You, I Thank You.

In Love, Light and Service,

Sandra

Vivid Awareness: Ease and Grace

Nov 15, 2015

Blessings Beloved Light Tribe,

The experience of the merge sequences in this New Light intensify, especially during Gateway passages. November 16-18 and 23-28 are our Gatekeeper focus; join us with an open heart and clear intentions for more light, love and peace.

The Higher realms noted something unique would occur on the 13th. As with all of these dates and influxes, I remain humbled by what unfolds when higher vibrational light comes in. I feel the Light Tribe response to the latest global violence indicates a Shift in the higher vibrational collective consciousness. Negative programs have lost their influence on the High-Vibe Tribe, and the larger collective is reflecting this. Divine neutrality is about neutralizing the effect of the illusion on our consciousness, both personally and globally. With that skill in heart, the outer expression of love intensifies, becomes the new norm. Love is stepping up, in spite of lesser agendas. Photonic light and the Shift ensure we get whatever is needed to collectively move us into our hearts, to empower ourselves and the collective. Some flail like cornered wildcats, pressed to the limit by the impending light which promises their extinction. Some call forth the new paradigm in their actions, words, heart and energy fields. It tests the faith and patience of many a Master to know, observe, wayshow and participate in the acceleration simultaneously.

We pray for all those feeling the clearing and detoxifying effects of the release of 3D support. Psychological distortions and judgments are amplified, especially since the support for recreating 3D dissolved in September. The drop-off is palpable; the old re-created reality fell away quite suddenly for many. That part of you simply is not here any longer, nor can you recreate it without causing emotional, psychological, or physical discomfort.

For others, it is a domino effect since September; one by one the Light Tribe is experiencing the vibrational mismatch when attempting to recreate what they were or what they did. Higher light takes over when consciously welcomed in, and it burns through those lower levels quite

quickly. We learn a vivid experience of multidimensionality; capable of holding awareness in many dimensions at once. It takes less energy to be here, and there. Integrating this is our largest challenge in Resurrection. Obviously there is a need for embodiment to happen NOW, which indicates we are on target for larger global Shifts. Notice how calm and accepting we are with this new level of light. Is it bizarre? Of course. Are we okay with it anyway? Yes. We hold steady in this unfoldment and increase our focus on outreach through 2016; a tall order when we feel so transcendent. It feels like disappearing, because the lower Self is dropping away. Let each serve their unique purpose and expression, openly and with gratitude. We are capable of holding so much more Christed light, beloveds. The maximum light you feel now becomes the minimum in a few months of linear time. Take care to celebrate and integrate accordingly. We need everyone available to be balanced, neutral, and serving as conduits.

I will post the second half of the Resurrection article later in the week. So much is unfolding with this phase. I honor all who are embracing this marriage of Higher and Lower Self with ease and grace.

Blessings upon this sacred endeavor of Ascension. All is incredibly well.

In Love, Light and Service,
Sandra

Video: Healing Conversation – Resurrection and our Roles

Nov 18, 2015

Blessings Beloved Light Tribe,

This is a video version of the latest Healing Conversation with Lauren Galey. It was a strong transmission on Ascension, Resurrection, Solar consciousness, quantum gravity, the dimensional Shift and what is ahead for us. We had some great questions as well. I have paired it with footage of Mount Shasta during last month's magnetic shift when the elementals were whirling, swirling, dancing, balancing, and transmuting.

https://www.youtube.com/watch?v=zT3An8qx1_4

In Love, Light and Service,

Sandra

Gateway Acceleration: November 23 -28

Nov 21, 2015

Blessings Beloved Light Tribe,

Gatekeepers opened for the incoming light yesterday. Our influx is November 23 – 28. My experience with the Shasta Gates is powerful right now; this feels like a strong acceleration. Your assistance is requested to call our Sacred Self-empowerment in and forth. The High-vibe tribe is busy balancing and calling in the acceleration. We welcome everyone available to assist as the holiday season and dis-empowering agendas tend to scatter focus.

Full Moon synchronization would be complimentary, let us unite as One Heart in Service to the empowerment of Divine HUmanity embodying our Christed Consciousness. Note that the Resurrection phase is intensifying for many. The process itself is changing shape, morphing into a higher expression to serve the Christed Self.

Solar focus: Participation = Activation

We are receiving/bridging with crystals in the ground (Gatekeepers use every crystal placed by a Lightworker), HUman Heart grid and Crystalline Grid. Hearts open and connecting specifically with Solaris (the SUN). We have a Solar focus right now as many merge with their Solar Cosmic Christed aspect. It serves your embodiment as well as supporting the Light Tribe creating the Christed HUman heart grid for Gaia. As above so below; connect with that Solar beingness. As always, our receptivity allows for amplification; stay focused as a few more layers of the veils are released.

Many of you are entering a new level of Self-realization; please step into your heightened gifts. Own them, and apply them to these Gateways with integrity, HUmility and Pure Intent to Serve.

Resurrection: Part Two

Most of the Part Two material has been transmitted through last week's conversation with Lauren Galey. I encourage you to listen to my strongest transmission to date, now in video format, with footage from the magnetic shift up on Shasta. We discussed Ascension, Resurrection, Solar consciousness, quantum gravity, the dimensional Shift, what is ahead for 2016, the light pulses of 2017, the layered messages within the intel, Christed leadership, Solar consciousness, using the HUman heart grid, Corey Goode, Gatekeepers, serving in the New Light, and much, much more. Well worth the time and many questions were addressed. Perhaps you will notice the change in the frequency of my voice. Typically the videos do not get re-blogged; I thank you for sharing this transmission, if it resonates, with your friends and groups. Listen/watch the video at https://youtu.be/zT3An8qx1_4

While last week's video could serve for a year, I hope to write more during the week. Yesterday's Gateway opening brought in the purest, highest Light I have encountered – and another wave threaded its way into the Gates last night. It created a warping effect on the Gates (and my energy fields), like being torn away from all other options. A further deconstruction of the quantum gravity which held 3D in place. That fluctuating pull between old and new realities felt by the collective, amplified by shifting magnetics. High-vibe Tribe holds stability, even through the lift of transcendence. Even though I called in support during the warp sensation, I was granted a further strengthening of my Christed level. We learn so much in allowing vulnerability; truly there is no battle here, simply the urgency of revelation. (Much more on that in the video replay, give it a listen.)

The Light is stimulating; recognize where your thoughts are directed, as the magnetic shifts affect how we interpret information. Vibration = vibration. My focus is on the incoming Light, as it greatly supports the Resurrection phase. We can use all the assistance available with this beautiful activity of Sacred union. Let us step into our Higher skills with ease and grace. All is incredibly well. I Love You, I Bless You, I Thank You.

In Love, Light and Service,

Sandra

The Dimensional Doorway is Open

Dec 4, 2015

Blessings Beloved Light Tribe,

A great dimensional doorway opened with this Gateway (December 1-4). It continues to expand and is beautiful to behold. Energetic alignments were set in place with the timeline shift last month and an unprecedented amount of photonic light is flowing through the Solar system. Many of you felt the palpable shift in energies prior to the dramatic influx of cosmic rays during the November Gate (November 23-28). That photonic light influx initiated the change in the SUN which was discussed on Healing Conversations last month (the replay is on youtube).

This changes the way Solaris interprets information, which in turn affects the frequencies which come onto the planet. It is an indication that we are entering a very strong area of the photon belt, and that we are on track for a very transformational few months upon Gaia as she adjusts to this New Light. As the SUN's gravitational fields are altered, so are Gaia's, and they assist in the unfoldment of our dimensional shift. Many of you feel the gravitational changes in your bodies as you resonate with the higher vibrational energies; the dramatic lifting, floating, and vertigo sensations. There may be time-warp-twisting sensations as you choose higher outcomes, as well as the falling away/clearing effects of old realities that cannot be re-created any longer. Let the heart center transform; focus on the shift in consciousness and the body vehicle will follow. It will self-correct with proper support.

The first Gate of December welcomes a brand new level of light intelligence. From the Gatekeeper view, it is magnificent; vibrantly clear, unprecedented openings in our dimensional structure. Like the cleanest air you could ever breathe, paired with the clearest diamond light; refreshing, new, rejuvenating. Keep your heart connected to the Christed HUman heart grid, Beloveds. Send love, light, peace, harmony whenever you feel distracted. The lower consciousness may seek comfort; be cautious of letting the pendulum swing too far back and forth between realities. Balance with the Heart, and immediately feel the re-alignment. The

true power of HUman Light consciousness is emerging; practice, focus, feel it rather than try to make old-light sense of it.

Clarity on 3D Drop-off since September

The 3D drop-off is not to be confused with a material expression of 3D, it is the dimensional expression of duality, the polarity of judgment, fear, and disharmony which is no longer energetically supported. It is the 3D experience of duality which fueled lower agendas and denser expressions of consciousness. Higher sight will give way to the demands of an enlightened heart; let the Higher Self show you the new reality. Let go and notice the higher changes; your perspective will shift. Veils lift revealing higher possibilities, energetic support drops off for re-creating the old reality. This is why you feel that everything has changed, and yet you are still walking in this reality. The light transforms everything; the form shifts to accommodate the consciousness.

The Christ consciousness is key to stability and spiritual disclosure: the revelation of all that HUmanity is capable of. Let us show HUmanity what is possible with love, peace and conscious actions of the highest integrity. The Light Tribe does not wait; we have other missions in this Shift. We move into creating the New, without permission from those who do not serve the greater good. True Wayshowers see the risks, and step forward anyway. The opening of this doorway means that strange sensation of hang time – the void between old reality and new reality – will soon be over.

December Transformations

The 12-12 marks the three year Mastery mission for many. If you had a big experience on the 12-12-12, be sure to honor your connection and service to Gaia. Remember her message three years ago: You are coming with me. She will reveal to you her higher expression and your unique role in the transformation unfolding through 2016. Pay attention, do the ceremony, take the time to connect with the Divine Feminine aspect on the 12-12. The template for the final three years of Mastery service upon Gaia is transforming many in the Light Tribe. Resurrection is upon us. As Gaia becomes more Solar and star-like in her

expression, so do the Divine HUmans in service to her transformation; Solar Cosmic Christed beingness. Gaia asks for her SUN Gods to step forth.

December Gateways

December 13-15: Solaris broadcasts a strong Divine Feminine component; a gift to mark the service of the Light Tribe on their Mastery path. There is great MAGIc in threes; this three year anniversary is powerful. Mystics and creatives, ground this with your art, your expression of the New Earth consciousness, the Christed consciousness. We hold stability by focusing on the higher, positive, Christed expressions.

December 21-25: Resurrection, the merge of Higher and Lower consciousness to a consistent lucid state, may take on a vibrant level for many of you. Honor it; the holidays and external activities can create all kinds of distractions. Arise from the cave with joy, ease and grace. You are getting your true Self back; the return of the Divine HUman. Belief systems and superstitions surrounding what the Christ looks like and feels like will be broken apart. Unique Higher skills will step forth – and that does not mean walking on water. Notice your effect on those around you; the effortless pure light. The miracle of Unity consciousness will overcome all old obstacles, fears, and agendas. Non-judgment day is near, beloveds.

Gatekeepers, Gridworkers, Lightservers, Wayshowers: Open your Hearts and creative actions to Gaia, Mastery and Resurrection this month. Even if you are not engaged in those specific paths, support the Light Tribe energetically by sending your love and strength to the HUman heart grid. A reminder about this Resurrection phase and the new Light Tribe conversation can be found [HERE](#). Demonstrate your trust for the collective. Ignite your enthusiasm for HUmanity. Our Unity is our transformation; let us show HUmanity what is possible with Ascension. Blessings upon the Guardians of the New Light!

In Love, Light and Service,

Sandra

Evolution of the Wayshowers

Dec 9, 2015

Blessings Beloved Light Tribe,

The changes in the way the SUN interprets information are well underway. Of course there is more heat and brightness, which is noticeable to most. Remember this is a change in the way Solaris interprets information, which in turn affects the frequencies which come onto the planet. The gravitational changes caused by this area of space will un-veil much in the coming months, and a Mastery-path-specific change in the coming weeks. In your Mastery, notice the difference in the way the light feels. Notice the way the Solar light feels in the heart. Drop the elevator from the mind into the heart; this is your new interpretation center, Beloveds. All must be perceived from this level in order to see all that is. Changes in the Sun change the way Gaia, our bodies, energy systems, and light bodies will interpret information. Remember the three levels of these messages, Beloveds.

We have arrived at a powerful juncture in our journey. The passage between now (the 12-12 gateways opened this day) and January 17th will be a highly transformative passage for those completing the Resurrection phase. It is a big shift supported by numerous cosmic factors, and what an elegant endeavor it is. All of this unfolds so seamlessly; the blueprints are indeed divine design. This is the predicted evolution of the Wayshowers.

Wayshowers are Humble, Devout, Peaceful and Powerful Beings

Gatekeepers, Wayshowers, Gridworkers and Lightworkers of the True Light are entrusted with Divine service; the sacred path to become Guardians of the New Light. On a grounded level the challenges to that power, peace and service can be plentiful in order for you to find strength and doubtless devotion to Source; a deep inner dedication to Love.

Wayshower, know thyself; we are the light of this new world. This is a sacred endeavor. This deep internal shift we are enduring will reveal new levels of Self in the next few weeks. New levels of consciousness supported by the new light grid systems, the crystalline grid, the

HUman heart grid, and the emerging Christed grid system of Gaia will transform the old grid systems into something brand new. We are building new sacred sites, new structures with a very different energy. This will accommodate Gaia as she shifts her magnetics, gravitational fields, and her emerging Solar beingness to accommodate the Solar consciousness emerging on her surface through the HUman heart grid.

Many of you have seen the golden pillars of light connecting the crystalline grid to this new emerging light grid. It is everywhere. You can see this Christed grid lifting, raising the consciousness, raising the vibration, raising the dimensional structure of Gaia upwards and outwards; expanding and rising to meet the new level of consciousness. This is why Lightworkers are placed all over the planet in such a scattered way; we provide stability during this passage.

For those of you who were in service on the 12-12-12 receiving the codes of the New Light and New HUman templates, our Mastery journey will reach its three-year completion and those codes will specifically transform consciousness of the Wayshowers embracing this Resurrection phase. If you received codes along the way from these Wayshowers, we welcome your participation in this evolutionary phase.

Place all of your focus on Love. Random acts of kindness, love, devotion, allowing the transformation of your own heart are imperative in this passage. Forgive and forget the old Light. Resolve to be a Guardian of the New Light. It is the holidays; this makes it easier as the collective consciousness focuses on togetherness. Use that vibration to amplify your service. Use the vibration of resolution and new beginnings to amplify your work. We understand how consciousness works, it is time to apply HUman light technology – the LoveLight consciousness – to everything we do.

Nurture yourself and others with gratitude and completely refuse to participate in old light agendas. Let that die off, let the old self and old light dynamics wither away. Tend your new garden well, Beloveds. A simple reminder: Remember that your thoughts and your feelings create your reality. It is imperative that the High-vibe tribe focus on the Love. Always present

solutions and creative alternatives to those who dwell on the external drama. New light solutions are key.

Hold all of HUmanity in the Source love of your heart each moment. Level up to this New Light gently, patiently, humbly; let the light transform your journey. Let it be strange, different, let the light show you what is Now. All of our power is in Presence. Be with the New you and the New consciousness of others around you. Take note of the good and share it.

Transformation: Stillness, Busy-ness, Stillness

You may experience drowsiness with this passage, and then creative blasts of the New Self emerging. The body will do what it needs to do; it has an intelligence of its own. Your subconscious – which you have aptly trained in your Mastery – may need further direction as your consciousness shifts to accommodate the Higher Self. Notice the difference between Heart-stimulation (creative/sacred activity) and ego-mind stimulation. Lower-level programs attempt to recreate old drama since the 3D drop-off; notice how it isn't working like it used to. Much old light will be revealed, however our task is spiritual revelation; revealing what is possible with Divine HUman consciousness. Be aware of slipping into repetitive coping mechanisms, thought patterns, or worrying about the future. Simply turn it off. Stay in the Now. Most of you can recognize this. Help others in the Tribe to comprehend what is occurring (no judgment, just support each other with gentle reminders to focus on what we desire to create).

Cosmic Perspective Helps: We are Wonderful

Let the present be beautiful, strange; love the transformation and it will be easier for everyone. It is what it is. Don't worry about what you are transforming into or what you will be doing next year. It is important to be present in the love each and every minute. Let it happen. We are here to show the way. That way, right now, is to be open in the love, peace, and express it genuinely. Be authentic in your light. Kindness, compassion, HUmility, reverence; we are entrusted on the highest of levels with this task. Own that role. Honor that you are

awake, ascending, walking through this gateway into the unknown. Devotion to the cosmic transformation is your key to Christed Presence. Be here. Now. In the love.

Every Wayshower on the Mastery path will undergo acute shifts over the next month. It is foolish to claim exactly what that will mean for your personal journey, or what is going to happen to the collective as this presents. Right now our focus is on embodying this Christ consciousness for each individual expression, and staying focused on bringing in and forth this New Light. We provide stability for Gaia, kingdoms, elementals and HUmanity by being present with how we feel, nurturing ourselves, being of service to our family, friends and those in our presence. Tap into the HUman heart grid right now or any time that you need comfort, strength, or want to share more love, more light.

This is a very powerful time to receive and step into the New Self. This is the payoff for your dedication to Mastery over the last few years, Beloveds. Get out and do the good work. Plant the crystals, bless the water, write the poems, paint the New Earth, meditate on the Solar light within, merge with Source, open the Gates. The Land, the air, the water, the HUmans, the kingdoms – all is unifying in this cosmic light. Gatekeepers are holding the doors open for evolution. All are welcome to let it in. Let go of everything which troubles you; there is no sense in recreating that. Let us open to our magnificence.

In Love, Light and Service,

Sandra

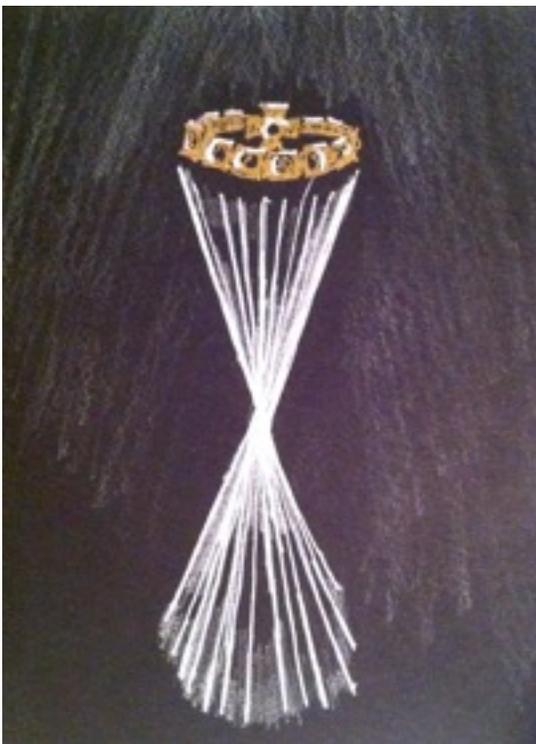
Vision Sketches: Sharing the Journey

Dec 18, 2015

Blessings Beloved Light Tribe,

Gatekeepers are opening today for the Solstice through Christmas week passage. Thank you for getting you crystals in the ground, Hearts open and emotions/minds calm.

Today I felt like sharing some vision sketches I have been posting on Twitter. Vivid crystal-clear visions are difficult to sketch; remember these are representations of light. As with all visions and symbols which present in meditation, it is important to feel the energy as it presents. Comprehension through the Heart is key; feeling and understanding the message from your Higher Self or Divine Team.



The Floating Crown

Crowns and the Solar logos are predominant symbols as we ascend. This one was really gorgeous.

Gold ancient-looking crown, suspended in space, lit from above, with diamond-light twisting rays shining down below it. The crown remained still; the light rays glittered as they slowly spun below it. A shining, sparkling, extremely clear vision which came in just after the final Blood Moon.

The crown has a Solar cross suspended in the middle of it. The sides had symbols on each piece. It had a strong Melchizedek (Malki Tzedek) energy. Prompted me to remember a version of the Bible I wrote as a child, featuring women whose names began with *M*.



The Magenta Spiral

The Magenta Spiral ~ I know many of you must be seeing this by now. Mine began in 2011, now constant, and it grows brighter, bigger. It may spin clockwise or counter-clockwise depending on energies coming/going in the Gateway. It moves slowly, elegantly, and grows wider, more complex. A grounded movement comparison: at first, the center spins like the Skype swirl when you login. A circular motion with a leading point of focus.

Magenta/Fuchsia/Rose is the Gateway color to 5D, just above the classic visible spectrum. This color and vision has ties to the Rosicrucians, the Rose order, the Divine Mother and many Brotherhoods of Light. It arises when the link is made between pineal and Heart, opening the Cave of Brahma. The Magenta spiral can grow intensely vivid, with gold or pure crystalline light radiating at the center. Sometimes the light gently flails around before centering and spinning; again, it is a slow, elegant, silky, fluid, graceful movement. I have used the magenta Gate vision in a few videos to stimulate activation.

Stepping through it is a Gate to 5D, the Mastery realm, the Cosmic portal of the higher Pineal. Guidance: If it presents, speak to your Higher Self and let it happen; this is a pure resonance (vibrational-match) Gateway. Stay in the body and connect through the Heart; the Gate will open around you.

In Love, Light and Service,
Sandra

Solstice Gateway: Strong Energetic Shifts

Dec 20, 2015

Blessings Beloved Light Tribe,

Our final December Gateway (December 21 – 25) is upon us. This is an amazing year of Mastery that will end with a deep inner shift for many. Allow this, make time for it, bless this planet and all of creation as we (gently, slowly) migrate an entire reality to the Christed grid systems. Note the emerging peace, the 5/6D lucidity emerging as this unfolds.

Photonic, Christed energies always have a purging effect. It is what it is. We had dramatic shifts during the Gateway last week which surprised many in the Light Tribe. Refresh your methods if you were one of them; this is a passage for comprehension, wisdom, and spiritual maturity. This is our three-year Mastery marker, Beloveds; the predicted passage of transformation for the Wayshowers through mid-January. We are at the place in the higher Ascension timeline when full embodiment begins to occur, let us unite in its Divine purpose with ease and grace.

Focus on the New Light, and keep your multidimensional torus fields aligned with your Ascension column for physical, emotional and mental balance. Gridwork with crystals truly assists; Gatekeepers work with every crystal placed upon this planet by a Lightworker. The magenta Gateways of 5/6D Unity consciousness, and the Golden-crystalline Christ Gateways are delivering a very high frequency Light right now. Some of you can hear the piercing tones, which just amplified yet again. (You hear them because your vagus nerve, which receives these frequencies, wraps behind your ears.) The level of Light is tremendous; try not to obsess about the physical implications on the SUN, the planet, or yourself. Focus on expansion of consciousness, the return of your Christed Self. Feel what the incoming energies are doing; this leads you to being a good Gatekeeper – it is the inner knowing of what to do when these waves arrive which allows for acceleration for all.

All of this has been discussed, as well as the 3D drop-off and its side-effects, so let us unite on the higher planes and use these cosmic rays to call forth peace. Gaia is expanding into

these new grids; both she and HUmanity will need our stability. Now is the time for the deep inner work, the transformation as we integrate the Divine return of our Christed Self. Words cannot capture this phase properly. Those of you participating in the Resurrection phase understand the symbolic and energetic passage of the Winter Solstice. This can be powerful if you use it properly.

Gatekeepers, Gridworkers, and those in service may step away to do the deep work for a while. Surrender to it, let the transformation happen, and simplify as much as possible. Online-related programs may feel disruptive – and they are. Get outside to receive the maximum light and assist in Christed Gridwork.

Previous articles which support this phase:

The Dimensional Doorway is Open: Gates for December, 3D dropoff

Evolution of the Wayshowers: Transformation as we merge with the Feminine

Healing Conversation: A video of the current phase and how our roles will change

I wish all of you a blessed Solstice, and a peaceful, brilliant Holiday season. I Love You, I Bless You, I Thank You for your service to the Ascension!

In Love, Light and Service,

Sandra

Happy Holidays and Gratitude

Dec 23, 2015

Blessings Beloved Light Tribe,

We have a white Christmas here in Mount Shasta! The mountain is covered in fresh snow; blinding and beautiful by Sunlight, then moonlight bathes it in that magical blue-stillness. A Full Moon on Shasta is something to behold; a Full Moon on Christmas makes me feel truly blessed to be here.

We are all feeling the deep transitions occurring within our personal and planetary realities. It has been a beautiful and challenging year of Mastery, and as we near completion I feel deep gratitude for all which has unfolded.

I AM especially grateful to have such amazing HUmans like you in my life to share this journey. A special note of thanks to those who participate in the Ascension Path class, donate to this work, send emails of support, share their talents when I need a favor, or send loving thoughts my way when the intel resonates. Together we hold up this torch of the New Light, so that all may find their way to a new paradigm of Peace, Love and Light.

I AM so blessed to walk this path with all of you. I wish you joyful holidays, revelations of the highest light, and the deep healing of unconditional love.

In Love, Light and Service,

Sandra Walter